



# PhotoPress

Only good news

**Wednesday**  
**February 2, 2022**

**Volume 58 | Number 39**

**SERVING MARTIN COUNTY PLUS ADJACENT MINNESOTA & IOWA COUNTIES**

## Veterans remembered in new book

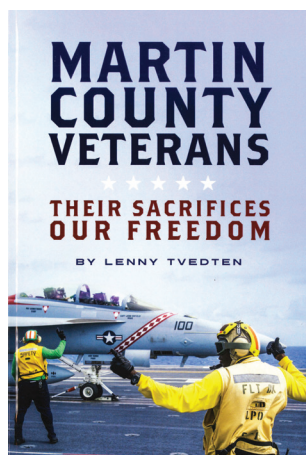
**Jason Sorensen, Freelance Journalist**



Lenny Tvedten needs no introduction to the Martin County community. His work as an educator and as executive director of the Martin County Historical Society is well known. Tvedten is also an author, documenting local history for generations to come.

Tvedten's latest book "Martin County Veterans Their Sacrifices Our Freedom" has been out for a little over a month. The book is a compilation of local veterans' experiences in the military, both past and present. Tvedten, himself a veteran, shares that he took great joy in the project

and he was pleased that so many veterans were able to respond to his initial request for their stories.



Tvedten said that remembering the sacrifices

of veterans ought to be important for all of us, stating that without them we might not be enjoying the country that we have today.

"Would we be a free country? Who knows? It's important to remember every veteran that did their part to make our country what it is."

When asked if there were any particular stories that stood out to him, Tvedten said that he felt the significance of each one.

"They were all very good and unique in and of themselves," he said. "They were all different, some were related to combat others were desk jobs like mine."

Tvedten pointed out stories such as Leo Mau, who received a Presidential Citation for his ac-

tions in World War II, or Jack Blien who was cited for his bravery in the extraction of a seriously wounded soldier during his second tour of duty in Vietnam.

"I don't want to say one was better than another because they all served, whether it was in an office or on the front lines carrying a gun, on a ship, or flying a jet. The way I look at it is that everybody who was in the military all had a specific job to accomplish, and it's all a big team working together for a positive outcome."

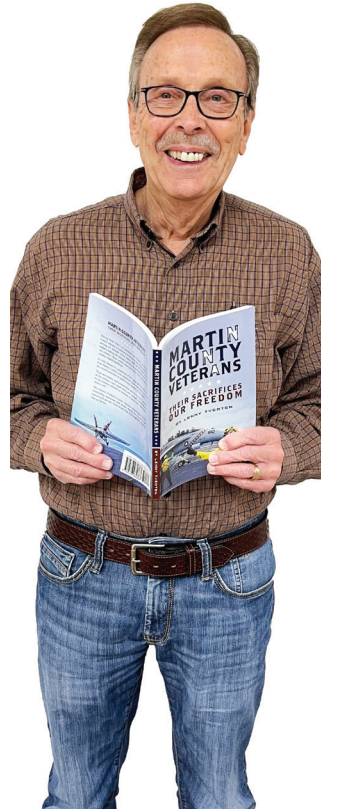
One veteran featured in the book is Justin Wedel, a former student of Tvedten. Wedel shares that he was happy to be contacted Tvedten, and believes older veterans' stories are especially

worth preserving.

"I personally enjoy reading about other people's experiences," he said. "I was happy to add to the collection, but I was more interested in reading other people's stories. When the book came out, it was nice to see stories from the older generation when we are not hearing their stories as much."

"I think that anyone who volunteers to join the military for any length of time has committed a selfless act, and everyone has their own experience in the military. But usually, all we hear in the news is all the recent stuff and we are hearing less of the older stories."

Another featured veteran is Brenda McEwing, a Sherburn native. When McEwing heard



*Continued on page 6*

**Fairmont, Trimont, East Chain, Truman, & Welcome**

## Recycling 2022

### THINGS TO REMEMBER ABOUT THE RECYCLING PROGRAM

These rules apply to curbside collection in Fairmont, East Chain, Trimont, Truman, Welcome and all the drop county sites for RURAL residents. For recycling programs in other communities, you should consult your local city hall.

Use the BROWN & YELLOW Recycling Cart correctly.

Each household has been issued one BROWN & YELLOW recycling cart on wheels.

These recycling carts must stay with the house if you move. They are the property of Martin & Faribault County Recycling Program.

Have your cart on the curb unobstructed by 7 a.m. on collection day.

The curbside recycling pick-up schedule is available from Hometown Sanitation, 507-235-5665. In Trimont, Truman and Welcome printed schedules are available at your city hall. Schedules are also available on Hometown's Sanitation's website [www.hometownsan.com](http://www.hometownsan.com).

Drop sites in the county are for **RURAL Residents**, not city residents and/or business. DO NOT leave garbage at these drop-sites!!

There is no curbside collection on the 5th week of any month.

Pick-Up during major holiday weeks (New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving, Christmas Day) is delayed one day.

### Clip & Save!



### WHAT TO DO

All items placed in the BROWN and YELLOW recycling cart must be **CLEAN** with no dirt or food residue. Food containers must be washed out. Labels on cans are OK.

All recyclable items are placed in the BROWN and YELLOW recycling cart and co-mingled or mixed together.

### ACCEPTABLE ITEMS - MUST BE CLEAN

- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"> <li>Newspaper, Magazines, Miscellaneous Paper Products</li> <li>All white and colored writing paper, computer paper, magazines, and newspapers including inserts</li> <li>Junk Mail</li> <li>Corrugated cardboard (the double-walled cardboard with the wiggly center) (Flatten boxes before putting in cart)</li> <li>Phone Books</li> <li>Magazines including Reader's Digest</li> <li>Catalogs</li> </ul> | <ul style="list-style-type: none"> <li>Boxboard from chip, cereal, and cracker boxes</li> <li>Newspapers and shiny inserts</li> <li>Please do not bundle newspapers in anything other than brown paper grocery bags</li> <li>Tin or Aluminum Cans</li> <li>Food and pet food cans</li> <li>Soda and beer cans</li> <li>Clean aluminum foil and aluminum foil pans</li> <li>Glass</li> <li>Clear, green, brown or blue food or beverage container glass</li> </ul> | <ul style="list-style-type: none"> <li>Wine, beer and other alcoholic bottles</li> <li>Soda bottles</li> <li>Salad dressing bottles</li> <li>Plastic</li> <li>All plastic bottles and jugs with a screw top lid or that have a neck smaller than the base</li> <li>Two liter bottles</li> <li>Plastic milk jugs</li> <li>Bleach bottles</li> <li>Yogurt Containers</li> </ul> |
|---|---|---|

### Proper Curbside Placement of Cart on Recycling Day

- Use the BROWN and YELLOW recycling carts; the yellow barrels from the former recycling program will no longer be an acceptable recycling collection device. They will NOT be emptied.
- Make sure that the front of the cart faces the street.
- Place your cart 5 feet away from all obstructions, including cars, poles, and at least one foot away from additional carts.
- Please don't load your cart with more than 100 lbs.
- If your cart is damaged or broken, please call 507-776-3232.
- MATERIAL LEFT OUTSIDE YOUR CART WILL NOT BE PICKED UP.

### WHAT NOT TO DO

**NO plastic bags!** This also means no plastic bag liner in the recycling cart.

**DO NOT place garbage in these recycling containers**  
**UNACCEPTABLE ITEMS - DO NOT PLACE IN YOUR BIN**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>NO Garbage</li> <li>NO Hazardous Waste</li> <li>NO Scrap Metal such as metal pipe, hangers, wires or automotive parts</li> <li>NO Hot or Cold ashes</li> <li>NO Concrete, rocks, gravel or wood</li> <li>NO Pizza boxes, egg cartons, or ice cream cartons</li> <li>NO Snack food bags (like chips or popcorn bags)</li> <li>NO Fast food containers, cups or wrappers</li> <li>NO Styrofoam, foam cups, foam containers or styrofoam peanuts</li> <li>NO Bubble wrap</li> <li>NO Plastic toys or furniture</li> <li>NO Plastic film or grocery bags</li> <li>NO Plastic wrap or dry cleaning bags</li> <li>NO Softener's Salt bags</li> <li>NO Milk bags</li> <li>NO String, twine, cotton balls</li> <li>NO Paper, towels napkins, tissues</li> <li>NO Baby diapers</li> </ul> | <ul style="list-style-type: none"> <li>NO Garden product containers such as pesticide containers</li> <li>NO Cups, coffee filters, tea bags</li> <li>NO Waxed paper or waxed anything like milk cartons, drinking boxes, frozen food boxes</li> <li>NO Candy or gum wrappers</li> <li>NO Bathroom waste paper</li> <li>NO Photos, slides transparencies</li> <li>NO Aerosol cans, paint cans</li> <li>NO Paper, towels napkins, tissues</li> <li>NO Motor oil gasoline containers</li> <li>NO Light bulbs, pens</li> <li>NO Drinking glasses</li> <li>NO Window glass, mirrors</li> <li>NO Pottery, ceramics</li> <li>NO Disposable razors, needles</li> <li>NO Toys, dishes, glasses, medicine containers</li> <li>NO Plastic cups, silverware, trays</li> <li>NO Toys, dishes, glasses medicine containers</li> <li>NO Dead animals</li> </ul> |
|---|--|

If you have any questions about carts or what can be recycled call  
**Billeye Rabbe at 507-776-3232**

If you have any questions about routes or collections call:  
**Hometown Sanitation, 235-5665 or 1-877-545-4877**







**Carol White will be celebrating her 80th birthday on February 10th, 2022.**

**Cards will reach her at 306 N 2nd Ave E, Truman, MN 56088.**



**MEL LANGFORD will celebrate his 75th birthday on Wednesday, February 2nd. We will celebrate his birthday on Saturday, February 5th at the Fairmont VFW, 1500 Albion Avenue from 9:30 a.m. to 11 a.m. with rolls, coffee, juice, and milk. Come and wish him a grand birthday. No gifts, please, your presence and well wishes will be greatly appreciated.**



**Marriage License Applications**  
Randal Duane Aukes and Denise Gay True  
Leah Celeste Bradley and Jacob Dalan Barber



**HUMANE SOCIETY DONATIONS - Girl Scout Ambassador Troops #33665 and #37836 recently donated \$200 each to the Humane Society of Martin County. Pictured are Sharon Chrysler (Humane Society) and Emily Sokoloski (#33665) with the checks.**



**HAROLD KNUTH toured the South Pacific in 1945. This ol' sailor will turn 95 on February 6th. His family would like to celebrate this occasion with a card shower. Please send well wishes to him at 534 30th Ave., Dunnell, MN 56127.**



**WANDA WILSON turns 90 years young on February 7th. Birthday wishes may be sent to her at 610 Summit Dr., Room 101, Fairmont, MN 56031.**

**Tracy Muhlenbeck of the Five Sisters project was the speaker at Fairmont Rotary Club on Monday, January 24th at Green Mill. For more information on the amazing work they are doing to help women and their families in crises or how you can help support this program or have them come speak to your organization, please visit their website fivesistersproject.com.**

## Are you invested properly? Get a second opinion.



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**SECOND CHANCES DONATION - A very special thanks to the Fairmont Eagles Club for their \$500.00 donation to Second Chances, in addition to the fundraiser that brought in an additional \$275.00. All funds are to be used for entertainment and sporting equipment. Pictured right is Jerry Nutt, Eagles gambling manager and past president, presenting a check to Brenda Duncan of Second Chances.**



**BOMGAARS DONATION - The local Fairmont Bomgaars store held a Night of Festive Fun & Fall Shopping for ladies. The goal was to raise awareness of women's health issues and passed along a 20% discount for the ladies in attendance. A donation of the evening's total sales was pledged back to Lutz Cancer Center at Mayo Clinic Health System in Fairmont. Bomgaars is proud to announce the donation of over \$890. Pictured left to right are: Peggy Garbers, R.N., Mayo Clinic Health System in Fairmont Community IMPACT Team; Brenda Jones, R.N. Lutz Cancer Center, Mayo Clinic Health System in Fairmont; Marie Morris, M.D., Medical Director, Mayo Clinic Health System in Fairmont; Mike Dehrkoop, Manager, Bomgaars Fairmont.**

## 25 YEARS AGO IN THE PHOTO PRESS

### WEEK OF FEBRUARY 5, 1997

Marnie Brodt was stepping down as manager of the Sherburn Senior Dining program. Dorothy Miller of Sherburn was the new manager. Brodt continued to manage the

Fairmont program as she had done for the past 15 years.

Bill's TV & Appliance was entering the final stages of its Going Out of Business Sale. All merchandise from the Blue Earth store was now in the Fairmont store.

Archie Whitman's Bird Watchers Corner ended his column with the

Thought for the Day: February is nature's way of making sure that we appreciate May.

Fleet and Farm Supply advertised a Red Wing Shoes End of Winter Sale. Two pair of Red Wing white cotton socks were given with the purchase of any pair of Red Wing boots or shoes.

## 50 YEARS AGO IN THE PHOTO PRESS

### WEEK OF FEBRUARY 5, 1997

The Civic Summer Theatre, still less than 10 years old in Fairmont, re-elected four board members: Robert Brodt, president; Mrs. Elizabeth Woodward, treasurer; Mrs. Kenneth Abrams and Marlin Gratz.

Joe Klein was year-around theatre director.

An early morning burglary at Roger's Jewelry, where an estimated \$800 worth of watches, rings and other jewelry were taken, was followed the next day when \$700 in cash was taken from a safe at Skaden's Standard Service. The robberies were not believed to be related and the police had no clue, as both crimes occurred during

the night.

Two Railway Motors workmen retired with a combined total of 89 years of service. They were Archie Morton, 46 years, and Robert Luedtke, 43 years.

The Fairmont Cardinals won over Blue Earth, 70-36 on the Fairmont basketball court. The Cards, 4-9 for the season, strangely enough were 3-2 in the South Central conference, resting in third place.

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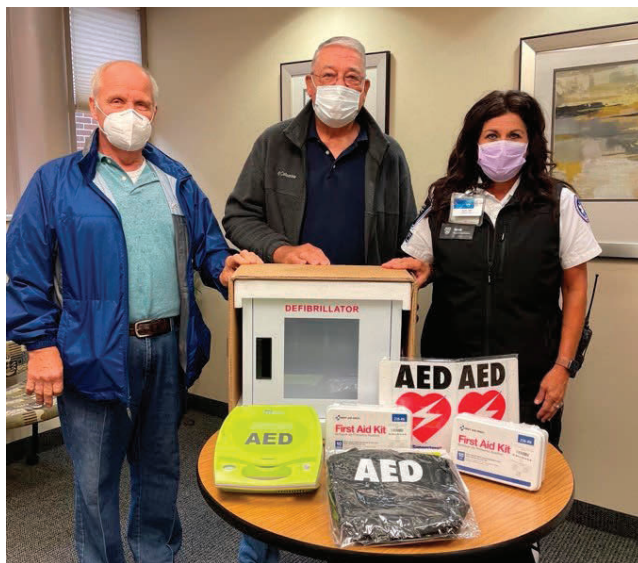
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**Karen Luedtke Fisher, Publisher**  
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**CHESSE CLUB** - This is the 3rd year Fairmont Area Schools has offered an after school K-12 Chess Club. The club is for both experienced and novice players. Older students share mini-lessons that teach strategies and skills to the group. The Club includes 11 sessions and an optional Chess Tournament in which students are invited to participate. The club advisor is high school teacher Angie Simmering. Chess Club is made possible through a Partners In Education grant. Pictured: left to right, Front: Luther Malo and Wylee Fredrickson. Back: Sophia Strait and Lucy Malo.



**AED DONATION** - Mayo Ambulance and Mayo Clinic Health Systems in Fairmont have partnered to donate an automated external defibrillator (AED) to the Knights of Columbus Council #1575 in Fairmont. The medical device is located in the Knights of Columbus building. The AED was funded through a Hometown Health Grant. Pictured receiving the AED (left to right) are Knights of Columbus Building Corporation President Andy Lucas, Building Corporation member David Vogel and Mayo Clinic Health Systems and Mayo Ambulance representative Sandy Krusemark.



**THE NEW OWNERS of the Old 16 Bar and Grill of Welcome are Renee Amis and Chris Taylor. The Old 16 Bar and Grill is the former Kortess Bar.**



### CREST New Volunteer Training

There will be a training session for anyone who is interested in becoming a CREST volunteer and the opportunity to meet seniors and brighten their lives. The training will be held on Thursday, February 10th at 6:30 p.m. at the CREST offices, located at 820 Winnebago Avenue, Suite 2 in Fairmont.

CREST volunteers provide "Live In Home Services" such as friendly visiting, telephone reassurance, home helper, minor home repair, transportation, and respite care. Your time with area seniors will make a difference in their lives and enhance yours as well.

The need for volunteers at CREST continues to grow, so if you're looking for something interesting to do and touch the lives of those you help please give the CREST office a call at 235-3833 and request a volunteer registration form. Fill it out and then bring it to the volunteer training on February 10th.

### Laverne and Lucy at Red Rock

Get ready to laugh and enjoy a fun night on the town. Laverne and Lucy, a musical comedy duo is set to take the stage at the Red Rock Center for the Arts in Fairmont on Saturday, February 12 at 7 p.m.

Laverne and Lucy pride themselves on

delivering side-splitting comedy with live-high energy music in a variety of genres. Although the show is traditionally targeted towards an adult audience it is suitable for the whole family to enjoy. Advance tickets are now on sale.

### Human Rights discussion

Human Rights will be discussed at the Martin County Library. This free event will be held at 7 p.m., Wednesday, February 9. All are welcome.

A major portion of the evening will take the time to understand the purpose of the Minnesota Human Rights Department.

How can Minnesota become discrimination free? Is it possible to create a more equitable and inclusive culture in Minnesota? The Minnesota Department of Human rights enforces

the Minnesota Human Rights Act, passed in 1967. This law is one of the strongest civil rights laws in the country. Interestingly, the law states that "Discrimination threatens the rights and privileges of the inhabitants of this state and menaces the institutions and foundations of democracy."

**FAIRMONT HIGH SCHOOL CLASS OF 1962, spouses and friends will meet for lunch 11:30 a.m. Thursday, February 10th at the Pizza Ranch in Fairmont.**

**Fairmont Eagles** 1228 Lake Ave • 238-2555

• **Monday Night Bingo 7pm**

• **Kitchen open at 5pm**



[martincountylibrary.org](http://martincountylibrary.org)

# CHECK IT OUT!

@ the Martin County Library

Everything We Didn't Say by Nicole Baart. Juniper Baker had just graduated when Cal and Beth Murphy, her neighbors, were murdered. When her younger brother became

the prime suspect, June's world collapsed and she left, promising never to return. Until now. Officially, she's back to help manage the local library. But really, she's returned to fix her relationship with her teenage daughter—and to solve the Murphy murders once and for all. She knows the key to both lies in a secret that's haunted her for nearly fifteen years.

How Not to Fall in Love by Jacqueline Firkins. Harper thinks romance is a marketing tool. Nothing more. Her best friend Theo is her opposite. One

date and he's already dreaming of happily-ever-afters. When Theo finds himself nursing his umpteenth heartbreak, Harper offers to teach him how not to fall in love. Theo agrees, as long as Harper proves she can date without falling in love. As the lessons progress and Theo takes them to heart, Harper has a harder time upholding her end of the bargain. If she confesses her feelings, she'll undermine everything she's taught him. Or was he the one teaching her?

### Dr. Castillo joins Madelia Health



Madelia Health announces the addition of Dr. Nicolas Castillo to our Madelia Clinic provider staff. Dr. Castillo is a primary care general practitioner and will see patients of all ages in his practice. In addition, he will see some patients in Truman at the Heartland Senior Living facility. He is fluent in both

Spanish and English.

Dr. Castillo was born in Los Angeles, California, and grew up in Chile in South America. After serving in the U. S. Navy during the Desert Shield Operation, he pursued his undergraduate degree in Florida at Saint Leo University in Saint Leo, and at the State College of Florida in Bradenton. He then attended medical school at the Medical University of the Americas in St. Kitts-Nevis, West Indies. Dr. Castillo did his medical residency at Virginia Commonwealth University (VCU) - Riverside Family Medicine, in Newport News, Virginia. Prior to

joining Madelia Health, he practiced medicine at Memorial Hospital of Lafayette County in Darlington, Wisconsin.

Dr. Castillo and his wife, Ana, recently moved to the Truman area. Ana is a Certified Medical Assistant, and will be working in the Clinic in Madelia too. In his spare time, Dr. Castillo loves woodworking, fishing, and the great outdoors.

Dr. Castillo has joined our Family Practice team, and he looks forward to caring for patients here. For an appointment please call the Madelia Clinic at 507-642-5200.

### CER offerings

Computer Classes  
Microsoft Word: Intermediate, February 12, 8:00 a.m.-3:30 p.m., CER, \$89

Microsoft PowerPoint: Basic, February 14-15, 6:15 p.m.-9:15 p.m., CER, \$89

Archery Classes  
Archery I Grade 5 and up, February 14-18, 6:00 p.m.-7:00 p.m., Fairmont High School, South Gym,

\$41.  
Archery II Grade 5 and up, February 14-18 7:00 p.m.-8:00 p.m., Fairmont High School, South Gym, \$41

Club Invention  
DIY ORBOT, Grades 1-6, February 14, 15, 17, 22, 24, 28, 3:30 p.m.-5:00 p.m., CER, \$15

Red Rock Center  
Offers many classes, go to the CER webstore to see what all they have and get

signed up.

Pre-registration with payment is required at Fairmont Community Education and Recreation located at Southern MN Educational Campus (SMEC)

115 South Park Street, Suite 131 Fairmont, MN 56031

For more information, contact 507-235-3141 or [www.fairmont.k12.mn.us/o/cer](http://www.fairmont.k12.mn.us/o/cer)

### Painting with Designs by Kandvas

Grab your friends, family, and your creative spirit to paint. The instructor will talk you through the process, from mixing paint colors to what sort of brush strokes to use. Beginners welcome. The best part is YOU DON'T NEED TO BRING ANYTHING, just your willingness to have fun. Class fee includes canvas, all

painting supplies, and use of a protective smock. Registration closes February 7th.

Thursday, February 10th, 6:30 p.m. Class will run approximately 2 hours at Southern Minnesota Educational Campus, Room 135, 115 S Park Street, Fairmont. Please enter through door #1.

Pre-registration

with payment is required at Fairmont Community Education and Recreation, located at Southern MN Educational Campus (SMEC), 115 South Park Street, Suite 131 Fairmont, MN 56031.

For more information, contact 507-235-3141 or [www.fairmont.k12.mn.us/o/cer](http://www.fairmont.k12.mn.us/o/cer)



## Obituary Notices



### Eunice M. Bulfer, 102

Memorial Service for Eunice M. Bulfer, age 102,

of Fairmont, MN, will be 2:00 p.m. on Saturday, February 5th, 2022, at the Lakeview Funeral Home Chapel in Fairmont with inurnment in Fairview Memorial Park in Fairmont. Visitation will be one hour prior to the service. Eunice passed away on Saturday morning, January 29th, 2022, at the Lakeview Methodist Health Care Center in Fairmont. The Lakeview Funeral Home and Cremation Service in Fairmont is assisting the family with arrangements.

Eunice Marian (Unke)

Bulfer was born on May 24th, 1919, in Rutland Township, Martin County, MN. She was the daughter of Irvin and Lena (Stock) Unke. Eunice graduated from Fairmont High School in 1936.

On November 12th, 1939, Eunice was united in marriage to Arthur Zoeller in Fairmont. The couple resided on the farm in Silver Lake Township until moving to Cadillac Avenue in Fairmont in 1974. This union was blessed with three children, Sharon, Fred, and Linda. Eunice and Arthur shared forty-four years together before Arthur passed away on December 9, 1983.

On May 19th, 2001,

Eunice was united in marriage to Louis Bulfer Sr. at St. John Vianney Catholic Church in Fairmont. Some of her happiest years were spent with Louis. They shared fourteen years together before Louis passed away on September 23rd, 2015.

Before getting married to Arthur, Eunice worked as a telephone operator as well as a secretary at the Martin County Court House. She later worked at Stokley VanCamp where she earned many promotions for all of her hard work.

During her free time, Eunice enjoyed sewing and cooking. She was a good cook who was always ready to feed you.

She also played the piano at home as well as at the church where she was raised. She was a very kind and loving person who always loved to talk and visit and tell stories. Eunice's long-term memory was the best that most have ever seen.

Left to cherish her memory include her daughter-in-law, Charleen Zoeller; grandchildren, Tammy (Todd) Cox, Jamee (Tara) Bohlsen, Jason (Heather) Zoeller, and Jana Zoeller; great grandchildren, Lacie, Serina, Michael, Sabrina, Garrett, Gage, Parker, Sutton, Hunter, Cedar, Matt, and Oakley; great-great grandchildren, Lauren, Mylah and Alayna; brothers, Rol-

and (Shirley) Unke, Willis (Martha) Unke, and Wayne Unke; numerous step-children and their families; nieces, nephews, cousins, other relatives and friends.

Along with her parents, Irvin and Lena Unke, Eunice was preceded in death by her husband, Arthur Zoeller; husband, Louis Bulfer Sr.; son, Fred Zoeller; daughters, Sharon Zoeller, and Linda Bohlsen; brothers, Leo Unke, Robert Unke, and Ronald (Karen) Unke; sister, Joyce (Syvert) Boyum; and sister-in-law, Jean Unke.

[www.lakeviewfuneral-home.net](http://www.lakeviewfuneral-home.net)



### Susan M. Selbrade, 70

Susan M. Selbrade, 70, passed peacefully at home after losing her long battle with liver dis-

ease on January 24th, 2022. Lakeview Funeral Home and Cremation Service in Fairmont will be handling the details. Sue wished to delay memorial services due to the Covid spread. A private memorial picnic will be held at her acreage during the summer months. Condolences can be sent to Jeff at 272 240th Ave., Fairmont, MN 56031 (no gifts please).

Sue was born May 16th, 1951 in Faribault, MN, the daughter of Orlando "Brick" and Ethel (Kelly) Simons. The family moved to Fairmont in

1955 where Sue attended Catholic, then public schools, graduating in 1969. Sue later attended Willmar Vocational School and worked at several jobs before retiring from 3M in Fairmont.

Sue married Jeff Selbrade on April 1st, 1971 and finally settled on her loved acreage outside of Fairmont, where she raised her family, her horses, her dogs, and many cats. Sue loved her family and loved to travel, camp, and to scrapbook with her many friends.

Sue was never shy about saying I Love You,

well we Love you for a long, long, time and will miss you.

She is survived by her husband, Jeffrey Selbrade, son, Jasen Selbrade, and daughter, Christina Larson and fiancé, Robert Henry, grandsons, Brett Tietema, Nikia and Baily Selbrade, granddaughters, Cearra Selbrade and Kaylee Larson, great-grandchildren, Olivia and Addisyn Tietema.

Sue is also survived by her sisters, Kathy (Richard) Jorgensen, Fairmont, MN, Betty Kropp, Minneapolis, MN, JoAnn (Jer-

ald) Hagen, Welcome, MN and MaryLou Lenort, Fairmont, MN, sisters-in-law, Louise Schaal, Waseca, MN, Phyllis Nordeen, Mpls, MN, Janice (Greg) Miller, Janesville, MN, Linda Selbrade, Waterville, MN, Mary Selbrade, Welcome, MN, brothers-in-law, Roger Selbrade, Fairmont, MN, Gene Selbrade, Fairmont, MN, Stan Selbrade, Willmar, MN, and many nieces and nephew

Sue was preceded in death by her parents, Orlando and Ethel Simons, father and mother-in-law, Roy and Marjorie

Selbrade, brothers-in-law, Guy Kropp, Edwin Lenort, Steve Nordeen, James Selbrade, Randy Selbrade, Christopher Selbrade, Clinton Selbrade, sister-in-law, Shirley Selbrade, infant grandson, Adam Tietema, and nephew, Chris McCoy.

Please no cards or gifts. A memorial donation will be made in Sue's and her loved King Charles Spaniel "Kelly" name to the Martin County Humane Society.

[www.lakeviewfuneral-home.net](http://www.lakeviewfuneral-home.net)



### Evelyn E. Helvig, 95

Memorial Service for Evelyn E. Helvig, age 95, of Fairmont, MN, will be 11:00 a.m. on Friday, February 4th, 2022, at Grace

Lutheran Church in Fairmont. Inurnment will be in Waverly Church Cemetery at a later date. Visitation will be 5:00 to 7:00 p.m. on Thursday, February 3rd, at the Lakeview Funeral Home and will continue one hour prior to the service at the church on Friday. Evelyn passed away on Sunday morning, January 30th, 2022, at Heartland Senior Living in Truman, MN. The Lakeview Funeral Home and Cremation Service in Fairmont is assisting the family with arrangements.

Evelyn Elaine (Garbers) Helvig was born on September 17th, 1926, in

Fraser Township, Martin County, MN. She was the daughter of Arnold and Lillie (Schultz) Garbers. Evelyn attended Fraser country school and later graduated from Welcome High School in 1945.

On February 11th, 1951, Evelyn was united in marriage to Bruce Helvig in Fairmont, MN. The couple resided in Waverly Township until moving to Fairmont when they retired. This union was blessed with two children, Jonathan and Jennifer.

Evelyn spent her time raising her children as well as the numerous other duties that being a farm wife

requires. She was a member of Waverly Lutheran Church and more recently a member of Grace Lutheran Church as well as the Fox Lake Golf Club and Interlaken Golf Club. During her free time, Evelyn enjoyed golfing, playing bridge and just about any other card game, and going to casinos. She most loved the time she was able to spend with her children, grandchildren, and great grandchildren.

Left to cherish her memory include her son, Jonathan (Karen) Helvig; daughter, Jennifer (Jon) Saxen; grandchildren, Mandy (David) Brosna-

han, Stephen (Elle) Helvig, Daniel (Kendra) Helvig, Taylor Saxen, and Alex Saxen; great grandchildren, Amelia (Mia) and Fynn Brosnahan, and Eliza, Jack, and Grayson

and Merle Garbers; sister, Ardis McKean; brother-in-law, Robert Helvig; and sister-in-law, Alice Albertson.

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### Jon P. Nutt, 50

Funeral Services for Jon P. Nutt, age 50, of Fairmont, MN will be 11:00 a.m., Saturday, February 5th, 2022 at the Christian Church of Fairmont. Burial will follow the funeral service at Oakwood Cemetery in East Chain, MN. Visitation will be held

Friday, February 4th, 2022 from 5:00 p.m. to 7:00 p.m. at the Lakeview Funeral Home in Fairmont and will continue one hour prior to the service at the church on Saturday. Jon passed away Saturday, January 29th, 2022 at the Mayo Clinic Health System in Fairmont. The Lakeview Funeral Home in Fairmont is assisting the family with arrangements.

Jon Paul Nutt was born December 6, 1971 to Ronald and Sherrill (Spielman) Nutt in Fairmont. Growing up he attended school in Fairmont and was a member of the 1989 graduating class from Fairmont High School. Following his high school graduation Jon furthered his education in Jackson and later again in Mankato.

On October 20, 1989 Jon was united in marriage to Laura Maidl in Sioux Falls, SD. This union was blessed with three children, Elizabeth, Thea, and Joshua.

Jon worked at AgCo in Jackson for many years before starting his career at Valero. He was a faithful member of the Christian Church in Fairmont where he was active as a deacon. Jon thoroughly enjoyed the outdoors, whether it was fishing, hunting, boating, or working in his yard and garden, he just loved to be outside. Jon spent much of his time camping at RJ Campground, nicknaming his camper the "Nutt Hut", and spending time with his friends and family. Most of all, Jon loved his family. He rarely

missed his children's sporting events and was so proud of his granddaughter, Sidney, "papa's little peanut".

Those left to cherish his memory include his children, Elizabeth (Tieg) Arens of Sherburn, MN, Thea Nutt (fiance, Skyler Cuning) of Fairmont, and Joshua (fiance, Alanna Olson) of Fairmont; granddaughter, Sidney Cuning; wife, Laura Nutt; step father Dennis Slater, many siblings, nieces, nephews, other extended family and many friends.

Jon was preceded in death by his parents, baby sister, and mother and father-in-law.

[www.lakeviewfuneral-home.net](http://www.lakeviewfuneral-home.net)

## DEATH notices

January 22 - Fred A. Zoeller, 77, Fairmont. Lakeview Funeral and Cremation Service.

January 24 - Susan M. Selbrade, 70, Fairmont. Lakeview Funeral and Cremation Service

January 29 - Jon P. Nutt, 50, Fairmont Lakeview Funeral Home and Cremation Service

January 29 - Eunice M. Bulfer, 102, Fairmont. Lakeview Funeral Home and Cremation Service

January 30 - Evelyn E. Helvig, 95, Fairmont. Lakeview Funeral Home and Cremation Service

### IN MEMORIAM - ONE YEAR AGO

January 17 - Patricia M. Kneeland, 82, Fairmont.

January 18 - Wilbert A. Sieg, 90, South Branch.

January 21 - Grace A. Mulso, 85, Welcome

January 24 - Harvey L. Sathoff, 85, Dunnell



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**Continued from page 1**

about Tvedten's efforts, she said she believed the project was so important that she decided to fly in from Atlanta, GA to meet with him.

"It was an absolute total honor to have been asked to do something like this," she said. "My experiences in the military were very challenging, but I do enjoy putting it out there for other people who may be able to relate or are possibly going through their own challenging times.

"It's very nice to have gotten the book, and I've read about half of the stories by now. It's refreshing for me to read and see that we're not in this alone.

"I know we have VFW's and the Legions and other places for veterans to go to, but there are a lot of veterans who don't have that opportunity. So it's nice to know there are others out there, and being from the hometown makes it special."

McEwing went on to say that she also believes it is important to capture such stories before they are lost to us, and said she is thankful for Tvedten's efforts.

For his part, Tvedten went on to say that everyone featured in the book played an integral part in the end result, noting that he found it both interesting and inspiring to read all the different accounts. "They're the real authors, I

just put it together," he said. "I'm really glad I did it."

Books can be purchased for \$20 at GoodNews Bookstore, Martin Co Historical Society, Fleet Farm, and Fairmont Photo Press.

**Fairmont United Methodist Church** plans free drive-up meals on Wednesday, February 9th and Wednesday, February 16th. Meals will be served from 5:00 p.m. to 6:00 p.m. or until the food is gone. Use the drive through in front of the church at 119 East 2nd St. The menu for February 9th is scalloped potatoes and ham, and the February 16th meal is cheesy chicken noodle casserole.

## Day PeeWee B results

The Day Plumbing and Heating Pee Wee B played Mason City Mohawks Saturday. 10-5 Fairmont loss.

Josh Newville was goalie and had 17 saves.

Luther Malo had a goal with assist from Tyler Pankow and Dayton Draper

Caden Wickert had a goal with assist from Bryce Ihrke

Preston Geerdes had a

goal with assist from Tyler Pankow Hunter Olson had a goal with assist from Dayton Draper

Hunter Olson had a goal with assist from Preston Cephress

The FYHA Pee-Wee B sponsored by Day Plumbing and Heating participated in a tournament in Northfield this weekend. Results below:

Fairmont Vs. Mahtomedi- Fair-

mont win 10-6 Kaden Olson (goalie all week-end) had 27 saves.

Preston Cephress scored 3 goals and had an assist

Bryce Ihrke scored twice and an assist.

Noah Meixell scored twice

Preston Geerdes scored twice

Caden Wickert scored once.

Hunter Olson had 3 assists.

Dayton Draper

had 2 assists. Kaden Olson had an assist.

Fairmont vs Rosemount- Fairmont loss, 2-1

Kaden had 42 saves.

Noah Meixell scored with assist from Hunter Thate.

Fairmont vs Prior Lake- Fairmont loss 10-1

Kaden had 34 saves.

Preston Cephress scored the goal.



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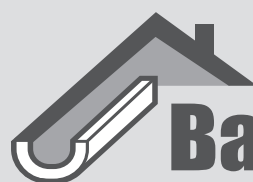
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# Give Your Heart Some Love

Guest Columnist

Dr. Scott Burtis, M.S., D.C., Burtis Chiropractic Center



February is Heart Health Month. With Valentine's Day in the middle of the month it may sound a little cliché, but it is a great reminder to all of us to take care of our heart, to not take it for granted, and to give it some love. February is also "Bike to Work Month," but I think we Minnesotans will be skipping that one! So then let's focus on our hearts. Heart and cardiovascular disease are the number one killer in the U.S., and with the comorbidity aspect of Covid drawing our attention to heart health, it becomes very important to remind ourselves to give our heart a little more love.

Fun fact: your heart beats about 100,000 times a day. Men should average between 50-80

beats per minute while a woman's average is a little higher. Typically, a lower beats per minute average means your heart is working more efficiently and is healthier. Each beat requires a symphony of orchestrated signals and feedback to keep things going well. Your heart rate should actually have variability in how often it beats. This is measured as something called heart rate variability (HRV). Low HRV is a bad thing. Things like exercise, massage, and chiropractic have been proven through research to increase HRV. A lot of smart watches measure HRV for you and can keep track.

Two huge factors that contribute to heart health are diet and exercise. Hopefully, if

you have been told you have heart issues, your care provider has recommended changes in your diet and exercise to strengthen your heart. There is no pill that can medicate you out of a bad diet or lack of exercise. You know those commercials, the ones that say, "When diet and exercise fail, use our drug"? Please understand that diet and exercise rarely fail; the hard truth is that it is usually the patient who fails to do these things, and often the doctor fails to even try suggesting these, opting to go right to drugs to manage heart health. That is the failure!

It helps to get good dietary advice. Back in the 1970s we began the "low fat" era, in which doctors told us to switch to margarine, cut back on ALL

saturated fats, and avoid oils of all kinds. Today we know that that was really bad advice. Our nation is sicker and fatter than ever thanks to a generation following this advice. We know that margarine is horrible for your heart, and that butter is actually good for you. We know that there are some saturated fats that are really good for you and that some oils — olive, avocado, and coconut, in particular — have astounding positive effects on your health. If your health care provider ever recommends the old advice, find a new provider!

There are a number of natural supplements that can assist you on your journey to a healthier heart. Niacin improves blood vessel opening (vasodilation), red yeast rice can help lower cholesterol naturally, vitamin E is an antioxidant that also helps control cholesterol, and CoQ10 is a vital supplement especially if you are taking any statin drugs. If you are over 40 years old make sure your CoQ10 is

the reduced kind (ubiquinol, not ubiquinone); it actually makes your heart muscles stronger! Lowering your overall inflammation is vital to heart health as well. Fish oil and high-quality curcumin are supplements that can help with that. We have all of these and more available in our office at Burtis Chiropractic Center.

Finally, chiropractic has been shown in research studies to lower blood pressure naturally. As said before, it also raises HRV, proving it is in-deed good for your heart. So have a great Heart Health Month. Get back to your chiropractor, stop in to Burtis Chiropractic and buy some high-quality pharmaceutical grade supplements, and give your heart the love it deserves!

The Bottom Line

1. Heart and cardiovascular disease are the number one killer in the U.S.

2. Diet and exercise are major contributors to heart health. There is no pill that can

medicate you out of a poor diet and lack of exercise. Make sure your provider has current, relevant dietary advice.

3. There are many ways functional medicine can help your heart health including chiropractic adjustments and a variety of natural supplements.

Dr. Burtis, MS, DC, CFMP, has been providing natural healthcare to the Fairmont area at Burtis Chiropractic Center for over 30 years. He uses a combination of chiropractic, nutrition, and functional medicine to help individuals restore and maintain health and healing through individualized care plans. The mission of Burtis Chiropractic Center is to provide transformational healthcare that takes an individual's life to the next level. We strive to be a solution for families to experience transformational healthcare and help create vibrant and resilient lifestyles that can be passed to future generations.

## FLF Fishing tournament results

FLF Fishing tournament results

The 7th annual Fairmont Lakes Foundation ice fishing tournament, held on Saturday on the five Fairmont lakes, had 150 fishermen registered from Minnesota, Iowa and South Dakota. A new category this year was for the most pounds of yellow bass caught. A total of 190.28 pounds were weighed in. Zack Hurlburt of Lone Rock, Iowa weighed in the most yellow bass at 64.06 pounds. Riley Shumski of Fairmont, 35.45 pounds, Jason Karsten of Estherville, Iowa, 16.94 pounds and Hunter Grathwohl of Fairmont, 11.27 pounds.

First place winner was Riley Jurries of Estherville, with a 10.08 pound pike.

Second - Michael

Mahlstedt of Winnebago, with a .33 pound crappie and 1.6 pound walleye.

Third - Bret Bonin of Fairmont, 1.38 pound walleye

Fourth - Jennifer Lasch, 1.3 walleye

Fifth - Damion Mahlstedt of Winnebago, 1.17 pound walleye

Sixth - Michael Mahlstedt of Winnebago, 1.00 pound crappie

Seventh - Mike Schaffer of Lake Crystal, .88 crappie

Eighth - Elizabeth Mahlstedt of Winnebago, .78 crappie

Ninth - Blake Pederson of Bancroft, Iowa, .70 crappie

Tenth - Sandra Gurriz of Fairmont and Michael Heenan of Fairmont, tied with .68 in crappies

Effective this Sunday, February 6, Sun-

day services at St. Paul Lutheran Church, Truman, will be at 9:00 a.m. only. Sunday

School and Bible study will be after services at 10:15 a.m.



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# A Valentine's Day dessert whipped up in an unusual way

Decadent treats and Valentine's Day go hand in hand. Couples typically exchange gifts on Valentine's Day, and those gifts are often accompanied by something sweet.

Romantic dinners still have a place at the Valentine's Day table, as the Statista survey found that 29 percent of respondents intended to sit down for a romantic meal as part of their celebration. Homemade desserts can be a great way to show that special someone just how much they're loved. If cooks want to employ the element of surprise, then this recipe

for "Ginger Cake" from Will Budiaman's "The Essential Kamado Grill Cookbook" (Rockridge Press) won't disappoint. Firing up the grill is sure to pique a loved one's interest, and the slightly spicy finished product marks a departure from more traditional desserts.

## Ginger Cake Serves 8

**1 cup (2 sticks) unsalted butter, cubed, plus more for the pan, at room temperature**  
**2 1/2 cups all-purpose flour**  
**2 1/2 teaspoons baking**

**powder**  
**4 teaspoons ground ginger**  
**1 teaspoon kosher salt**  
**1 2/3 cups packed light brown sugar**  
**4 large eggs**  
**1/2 cup whole milk**

1. Bring the grill to 350 F with the cooking grate and heat deflector installed. Butter the bottom and sides of a 10-inch cast iron skillet.

2. In a medium bowl, mix together the flour, baking powder, ginger, and salt.

3. In the bowl of an electric mixer, cream together the butter and sugar on medium speed for 3 minutes.

4. Reduce the speed to medium-low and add the eggs one at a time. Mix for 1 to 2 minutes or until light tan in color.

5. With the machine running, add the milk.

6. Add the flour mixture, scraping down the side of the bowl as needed, until fully incorporated. Transfer to the skillet.

7. Put the skillet on the grate. Close the lid and cook for 1 hour or until a knife inserted into the center comes out clean.

8. Put on a wire rack to cool completely before serving.

**Cooking tip:**  
Cutting butter into small cubes and arranging them in a single layer will help them soften more quickly.  
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# Valentine's Day is a time to bring smiles to the faces of loved ones — particularly the special someone in a person's life.

Gifts that appeal directly to spouses or significant others may be the standard, but gifts

couple can use together can bring them closer together. The following are some great Valen-

tine's Day gifts couples can enjoy together.

- **Quirky mugs:** Mug sets come in all shapes and sizes and express various sentiments. Some even feature interlocking designs designed to symbolize that

couples are two pieces of one puzzle. Kissing mugs, which look like lips touching when they are brought together, are perfect for couples who enjoy their morning coffee together. Look for them at [www.uncommongoods.com](http://www.uncommongoods.com).

- **Matching robes:** Plush terry cloth robes need not be reserved for luxurious stays at premiere hotels. Coordinating robes can be monogrammed and worn on lazy days when gathering in front of a cozy fire.

- **Charcuterie set:** A romantic meal is the start of any Valentine's Day celebration. Invest in a compact charcuterie board with two matching wine glasses and enjoy the set on date nights at home.

- **MasterClass lesson:** Purchase a MasterClass

to guests can purchase monogrammed or custom-carved bean bag toss boards.

- **Fancy coffee maker:** Couples who spend more time in take-out coffee shops than they probably should can brush up on their barista skills at home. There are plenty of coffee makers on the market that can help couples whip up lattes, cappuccinos or espressos with ease.

- **Wine club membership:** Couples who enjoy sampling the latest vintages and flavors may enjoy a wine sub-



instructional (www.masterclass.com) and learn photography tricks or insider tips from established professionals together.

- **Travel excursion:** Jet set to an exotic locale with a planned adventure. Parents can arrange for a sitter, friend or relative to look after the children so the trip provides some one-on-one time. This trip can serve as the second honeymoon couples dream about.

- **Custom cornhole set:** Couples who love tailgating or opening up their homes (and yards)

scription. Winc.com is just one of the delivery services available. Or couples who prefer to be a little more hands-on can experiment with winemaking kits.

- **Hot tub:** What can be more relaxing than soaking in a warm bath of bubbling water? A backyard hot tub turns up the heat on relaxation and time spent together.

- **Tokens of love:** Matching or coordinating bracelets, necklaces or even tattoos can serve as enduring symbols of a couple's love.

Valentine's Day gifting may be even more enjoyable when gift-giving focuses on presents couples can enjoy together. TF222700

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## Ag Update:

### Guest Columnist



**Kent Thiesse, Farm Management Analyst; VP, MinnStar Bank**

Phone: (507) 381-7960 • E-mail: kent.thiesse@minnstarbank.com

#### FINANCIAL MANAGEMENT STRATEGIES FOR 2022

Projected crop production profit margins for many producers in 2022 are likely to be much tighter as compared to 2021 margins. Crop revenues for many producers will likely continue to be quite strong in the coming year; however, expenses for crop inputs, such as fertilizer, chemicals, fuel, repairs and labor are likely to increase substantially in 2022. Commodity prices and gross revenue per acre for corn and soybean production increased considerably during the 2021 crop year, which is a trend that is likely to continue into 2022. The profit margins in the livestock sector also improved in 2021 but are also likely to narrow in 2022 due to increased production costs. Credit availability for agriculture should remain good for farm businesses that are on a solid financial base; however, both short-term and long-term interest rates are likely to begin rising during 2022.

Financial volatility remains quite high in farming today. Following are

some financial strategies for farm businesses to consider during these highly volatile times in the farming business:

- Keep the "Current Position" (cash available) segment of the farm business strong.

- Pay attention to the level of "Working Capital" and the "Current Ratio" on your Farm Financial Statement. During these times of improved profit margins is probably a good time to re-build Working Capital in a farm business that may have been depleted in recent years.

- It is usually a better option to use excess cash revenues from the farm operation to pay down short-term farm operating debt, rather than to make significant extra payment on term loans.

- If there are any excess crop revenues from 2021 grain sales beyond repayment of the 2021 Farm Operating Loan, it is probably best to prepay some 2022 or 2023 crop expenses.

- Remember to account for CCC grain loans, financing with crop input suppliers, short-term loans from family members, etc. when analyzing

the Working Capital for the farm operation.

- Look at ways to manage production costs and other expenses.

- Try to be a "optimum-cost" producer ..... thoroughly analyze seed, fertilizer, chemical, etc. crop expense decisions for 2022 crop production and look for ways to manage those input costs.

- Be cautious when making reductions in crop production costs, so not to significantly impact yield potential ..... optimizing crop yields is still very important to the "bottom-line" for farm profits.

- Be cautious about paying excessive cash rental rates on rented land and make sure that rental rates are still profitable. Also try to negotiate reasonable rental rates with existing landlords.

- Negotiate "flexible lease" contracts with agreeable landlords that sets a manageable base rental rate, with the opportunity for a bonus rental payment if final crop prices and/or yields increase.

- Review other direct and overhead expenses in the farm operation and look for any adjustments.

- Review other ways to manage financial risk.

- "Fine-tune" the farm's grain marketing plan, based on the "cost of production" that is updated regularly, which includes set price targets and deadline dates as part of the marketing plan.

- Don't get caught up in the "market hype or chatter" ..... pay attention to how changes in the corn and soybean market prices affect your own farm business. Don't miss the profit opportunities.

- Look for positive profit margin opportunities in livestock production and take advantage to "lock-in" both cash expenses and market prices when those margins exist.

- Take time to analyze the best farm program options and crop insurance strategies for your farm operation ..... these decisions can be a key to having a sound risk management strategy.

- Excessive spending for family living and non-farm expenditures can be a "hidden expense" in the farm business. Include the non-farm expenses and other family living expenditures that are reliant on farm income in the farm cash flow planning process.

- Pay attention to the repayment ability on Term Debt Loans.

- In addition to declining Working Capital, a low "Term Debt Coverage Ra-

tio" is a key ratio in analyzing the financial strength of a farm business. This ratio is the cash available for debt repayment divided by the total principal and interest due on all intermediate and long-term loans.

- Make wise decisions on the use of available cash for farm machinery and capital improvement investments, and make sure that the investments are needed for the farm operation.

- Term loans that are set up to finance machinery purchases and capital improvements may require payments for several years, which need to be factored into cash flow budgets for 2022 and beyond.

- Look for opportunities to sell any farm assets that are no longer needed in the farm business and use funds for capital purchases, added working capital, or to repay some term debt.

- Carefully analyze decisions to purchase farm land.

- There is likely to be a lot of farm land for sale in the coming year and some farm operators are likely to have some extra cash available. Be cautious not to get caught up in the hype of: "Buy now, because they don't make any more farm land". Make sure that any land purchases are financially sound for the long-term future of the farm business.

- Shop around before settling on a high dollar purchase of farm land, as there may be opportunities to find comparable farm land, as far as land quality and production capability, for less money.

- Compare the cost of owning the farm land to the likely annual land rental rates over the next few years to secure increased crop acreage.

- Compare the cost and potential return of the cash investment to purchase additional farm land to the cash investment and return of improving existing farm land with upgraded drainage, etc.

- Be sure to include the required annual real estate loan principal and interest payments, along with real estate taxes, into future annual cash flow planning for the farm business.

- In addition, do a "stress test" on the real estate purchases to make that those real estate loan payments still have a positive cash flow with a 10 percent decline in net farm income.

- Communicate with family members, farm partners, and ag lenders.

- When financial matters and farm profitability in the farm operation improve, such as in the current situation, it is easy to revert back to bad management habits. It is still very important to discuss and properly analyze farm financial strategies with family members, partners,

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ag lenders, and other consultants in the farm operation.

- Meet with your ag lender early to discuss your farm operating credit needs for 2022, and to consider possible capital or real estate purchases and adjustments for the coming year.

- Utilize farm business management advisors, crop insurance agents, marketing and crop consultants, and other professionals to assist with farm management decisions. View your Ag Lender and

other professionals as consultants to assist with key financial and business management strategies in the farm operation.

- Discuss planned machinery and equipment purchases and potential land purchases, as well as the projected cash flow impacts on the farm business, prior to finalizing those decisions.

- Discuss grain and livestock marketing plans and analyze the impact that marketing decisions could have on cash flow projections.

- Discuss any financial concerns early, either farm-related or non-farm concerns, while there is still time to make any needed financial adjustments.

*Note --- For additional information contact Kent Thiesse, Farm Management Analyst and Sr. Vice President,*

*MinnStar Bank, Lake Crystal, MN. (Phone --- (507) 381-7960)*

*E-mail --- kent.thiesse@minnstarbank.com Web Site --- <http://www.minnstarbank.com/>*

# "Moon Shadows"

Guest Columnist

Tom Palen, broadcaster, pilot, writer



It had been one of those nights when I slept so well I awoke before the alarm went off. I put on my robe then went to the kitchen. The LED lights on the humidifier glowed, illuminating my path down the hallway. The dim lights seemed a little brighter because my eyes were dilated; still, the soft green light was easy on my eyes.

My dog slept peacefully on her bed next to ours. June didn't wake nor follow me down the hall. That was very unusual as she's always is excited about her first visit to the yard in the morning, breakfast, and perhaps the prospect of someone throwing her toy to play catch, even in the dark.

No, today I walked down the hall alone. I wondered how cold it was outside. I knew the temperature was supposed to drop below zero, and the winds were forecast to provide us a bitter wind chill. The house was chilly, so I pulled the collar of my robe, closing it more snugly.

The stillness of the morning was gentle. Outside I heard the metallic sound of something moving; it almost sounded like rusty hinges on an old sign swaying back and forth in the winds. But there are no signs near here. Maybe it was coming from the neigh-

bor's sawmill just down the road.

I stopped in the hallway to listen. It was like sweet music with an easy rhythm trying to lure me back into a slumber. But, it would remain a mystery from where the noise came. I was not interested in finding its source – just its song.

Although my steps were silent, my bare feet were getting cold. I adjusted my robe again and went back to the bedroom for my slippers. Each step I took produced a soft clacking noise as the heel of my slippers contacted the wooden floor. It's a sound that annoys my wife, and I didn't want to wake her, so I continued, tip-toeing to the kitchen. At least for a few steps until I was distracted, then returned to my usual step.

I heard the boiler kick on in the basement. Then, the radiators sounded off a moment later as the hot water ran through the cold pipes, changing their temperature. It makes a crackling sound, like wood burning in a campfire. It is a beautiful sound that fills the soul with comfort and warmth; it's a sound of assurance that heat is on the way.

Down the hall and across the living room, I could see a brightness coming in the windows. The grey clouds

had cleared during the night, letting the moon shine brightly, casting her light over the frigid north woods and into my house.

In the kitchen, there was something odd about the windows. They were moonlit but with darker areas shading parts of them. I could see it from the end of the hallway in the living room windows as well. The illusions were very distinct in the large bay window, where it almost looked like cobwebs had filled the corners. But too much area was affected, and the lines were much too coarse to be cobwebs.

I realized I was seeing shadows cast from trees and branches in our yard by a very bright moon in the dark sky. The Light bounced off the white snow bed in the yard, making the morning brilliant.

The brightness coming into the house created framed squares on the oak floor. Each is like a painting with a unique pattern of moonlight and shadows. It was simply amazing.

...my silhouette...I was being followed...was I awake or was I dreaming...

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## SCHOOL LUNCH MENUS | February 7 - 11

### FAIRMONT JUNIOR/SENIOR HIGH

<b>7</b> <div>American Classics<ul style="list-style-type: none"><li>• Sloppy Joe</li><li>• Tater Tots</li></ul><b>2Mato</b><ul style="list-style-type: none"><li>• Italian Sausage Pizza</li><li>• Classic Cheese Pizza</li></ul><b>Grill</b><ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Tater Tots</li><li>• Spicy Chicken Sandwich</li></ul><b>On the Go</b><ul style="list-style-type: none"><li>• Blueberry Parfait with Granola</li><li>• PB&amp;J and Cheese Fun Lunch</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Red and Green Bell Pepper Strips</li><li>• Fresh Broccoli Florets</li><li>• Fresh Orange Wedges</li><li>• Pineapple Tidbits</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Yellow Mustard</li><li>• Low Sodium Ketchup</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>8</b> <div>American Classics<ul style="list-style-type: none"><li>• Chicken Fajitas</li><li>• Cilantro Lime Brown Rice</li><li>• Shredded Cheddar Cheese</li><li>• Salsa</li></ul><b>2Mato</b><ul style="list-style-type: none"><li>• Classic Pepperoni Pizza</li><li>• Classic Cheese Pizza</li></ul><b>Grill</b><ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Baked Beans</li><li>• Crispy Chicken Patty Sandwich</li></ul><b>On the Go</b><ul style="list-style-type: none"><li>• Strawberry Parfait with Granola</li><li>• Ham &amp; Turkey Chef Salad</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Sliced Cucumbers</li><li>• Sliced Fresh Apples</li><li>• Chilled Peaches</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Yellow Mustard</li><li>• Low Sodium Ketchup</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>9</b> <div>American Classics<ul style="list-style-type: none"><li>• Meaty Spaghetti Sauce</li><li>• Spaghetti</li><li>• Garlic Breadstick</li><li>• Roasted Green Beans</li></ul><b>2Mato</b><ul style="list-style-type: none"><li>• Bacon Cheeseburger Pizza</li><li>• Classic Cheese Pizza</li></ul><b>Grill</b><ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Roasted Green Beans</li><li>• BBQ Chicken Sandwich</li></ul><b>On the Go</b><ul style="list-style-type: none"><li>• Blueberry Parfait with Granola</li><li>• PB&amp;J and Cheese Fun Lunch</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Celery Sticks</li><li>• Caesar Salad</li><li>• Strawberries</li><li>• Applesauce</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Yellow Mustard</li><li>• Low Sodium Ketchup</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>10</b> <div>American Classics<ul style="list-style-type: none"><li>• Popcorn Chicken</li><li>• Potatoes Au Gratin</li><li>• Whole Grain Dinner Roll</li></ul><b>2Mato</b><ul style="list-style-type: none"><li>• Meat Lover's Pizza</li><li>• Classic Cheese Pizza</li></ul><b>Grill</b><ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Potatoes Au Gratin</li><li>• Spicy Chicken Sandwich</li></ul><b>On the Go</b><ul style="list-style-type: none"><li>• Strawberry Parfait with Granola</li><li>• Buffalo Ranch Chicken Wrap</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Broccoli Salad with Raisins</li><li>• Fresh Carrots</li><li>• Chilled Diced Pears</li><li>• Fresh Orange Wedges</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Yellow Mustard</li><li>• Low Sodium Ketchup</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>11</b> <div>American Classics<ul style="list-style-type: none"><li>• Cheesy French Bread Pizza</li><li>• Marinara Sauce</li><li>• Sliced Carrots</li></ul><b>2Mato</b><ul style="list-style-type: none"><li>• Classic Pepperoni Pizza</li><li>• Classic Cheese Pizza</li></ul><b>Grill</b><ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Sliced Carrots</li><li>• Crispy Chicken Patty Sandwich</li></ul><b>On the Go</b><ul style="list-style-type: none"><li>• Blueberry Parfait with Granola</li><li>• PB&amp;J and Cheese Fun Lunch</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Cherry Tomatoes</li><li>• Fresh Cauliflower Florets</li><li>• Fresh Golden Delicious Apples</li><li>• Tropical Fruit Cocktail</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Yellow Mustard</li><li>• Low Sodium Ketchup</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>
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### FAIRMONT ELEMENTARY

<b>7</b> <div>Classics<ul style="list-style-type: none"><li>• Classic American Cheeseburger</li></ul><b>Alternate Entrees</b><ul style="list-style-type: none"><li>• Turkey, Cheddar &amp; Bacon Ranch Wrap</li></ul><b>Sides for All Meals</b><ul style="list-style-type: none"><li>• Baked Beans</li><li>• Fresh Cauliflower Florets</li><li>• Fresh Orange Wedges</li><li>• Unsweetened Applesauce</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Skim Milk</li><li>• Chocolate Skim Milk</li><li>• Skim Milk, Lactose Free</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li><li>• Tartar Sauce</li></ul></div>	<b>8</b> <div>Classics<ul style="list-style-type: none"><li>• Chicken Chicken Patty Sandwich</li></ul><b>Alternate Entrees</b><ul style="list-style-type: none"><li>• Ham &amp; American Cheese Sandwich</li></ul><b>Sides for All Meals</b><ul style="list-style-type: none"><li>• Hash Brown Patty</li><li>• Fresh Cherry Tomatoes</li><li>• Fresh Banana</li><li>• Chilled Peaches</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Skim Milk</li><li>• Chocolate Skim Milk</li><li>• Skim Milk, Lactose Free</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>9</b> <div>Classics<ul style="list-style-type: none"><li>• Cheese Stuffed Breadsticks</li><li>• Marinara Sauce</li></ul><b>Alternate Entrees</b><ul style="list-style-type: none"><li>• Sunbutter &amp; Grape Jelly Sandwich</li></ul><b>Sides for All Meals</b><ul style="list-style-type: none"><li>• Seasoned Broccoli with Cheese</li><li>• Fresh Carrots</li><li>• Fresh Golden Delicious Apples</li><li>• Mixed Fruit Cocktail</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Skim Milk</li><li>• Chocolate Skim Milk</li><li>• Skim Milk, Lactose Free</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>10</b> <div>Classics<ul style="list-style-type: none"><li>• Chicken and Gravy</li><li>• Whole Grain Dinner Roll</li></ul><b>Alternate Entrees</b><ul style="list-style-type: none"><li>• Turkey &amp; Cheese Sandwich</li></ul><b>Sides for All Meals</b><ul style="list-style-type: none"><li>• Mashed Potatoes</li><li>• Fresh Broccoli Florets</li><li>• Diced Pears in 100% Juice</li><li>• Strawberries</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Skim Milk</li><li>• Chocolate Skim Milk</li><li>• Skim Milk, Lactose Free</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Light Ranch Dressing</li></ul></div>	<b>11</b> <div>Classics<ul style="list-style-type: none"><li>• Italian Meatball Sub</li></ul><b>Alternate Entrees</b><ul style="list-style-type: none"><li>• Ham &amp; Turkey Chef Salad</li><li>• Whole Grain Dinner Roll</li></ul><b>Sides for All Meals</b><ul style="list-style-type: none"><li>• Baked Crinkle Fries</li><li>• Fresh Celery Sticks</li><li>• Sliced Fresh Apples</li><li>• Chilled Pineapple Chunks</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Skim Milk</li><li>• Chocolate Skim Milk</li><li>• Skim Milk, Lactose Free</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>
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### SOUTHERN PLAINS

<b>7</b> <div>American Classics<ul style="list-style-type: none"><li>• The Perfect Sloppy Joe</li><li>• Tater Tots</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Red and Green Bell Pepper Strips</li><li>• Pineapple Tidbits</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>8</b> <div>American Classics<ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Baked Beans</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Sliced Cucumbers</li><li>• Sliced Fresh Apples</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>9</b> <div>American Classics<ul style="list-style-type: none"><li>• Meaty Spaghetti Sauce</li><li>• Spaghetti</li><li>• Garlic Breadstick</li><li>• Roasted Green Beans</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Celery Sticks</li><li>• Strawberries</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>10</b> <div>American Classics<ul style="list-style-type: none"><li>• Popcorn Chicken</li><li>• Potatoes Au Gratin</li><li>• Whole Grain Dinner Roll</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Carrots</li><li>• Chilled Diced Pears</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>11</b> <div>American Classics<ul style="list-style-type: none"><li>• Cheesy French Bread Pizza</li><li>• Sliced Carrots</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Cauliflower Florets</li><li>• Fresh Orange Wedges</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>
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### ST. JOHN VIANNEY

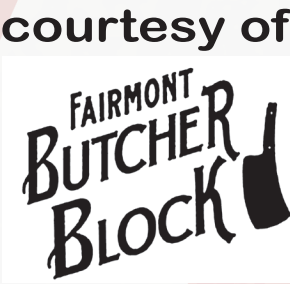
<b>7</b> <div>American Classics<ul style="list-style-type: none"><li>• Sloppy Joe</li><li>• Tater Tots</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Red and Green Bell Pepper Strips</li><li>• Pineapple Tidbits</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>8</b> <div>American Classics<ul style="list-style-type: none"><li>• Classic American Cheeseburger</li><li>• Baked Beans</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Sliced Cucumbers</li><li>• Sliced Fresh Apples</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>9</b> <div>American Classics<ul style="list-style-type: none"><li>• Meaty Spaghetti Sauce</li><li>• Spaghetti</li><li>• Garlic Breadstick</li><li>• Roasted Green Beans</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Celery Sticks</li><li>• Strawberries</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>10</b> <div>American Classics<ul style="list-style-type: none"><li>• Popcorn Chicken</li><li>• Potatoes Au Gratin</li><li>• Whole Grain Dinner Roll</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Carrots</li><li>• Chilled Diced Pears</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>	<b>11</b> <div>American Classics<ul style="list-style-type: none"><li>• Cheesy French Bread Pizza</li><li>• Sliced Carrots</li></ul><b>Extra Extra</b><ul style="list-style-type: none"><li>• Fresh Cauliflower Florets</li><li>• Fresh Orange Wedges</li></ul><b>Milk &amp; Condiments</b><ul style="list-style-type: none"><li>• 1% Low-fat Milk</li><li>• Chocolate Skim Milk</li><li>• Lactose-Free Skim Milk</li><li>• Ketchup</li><li>• Yellow Mustard</li><li>• Mayo</li><li>• Light Ranch Dressing</li></ul></div>
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Menus Subject to Change. We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.



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J O J Z S I X M Z G J N O D S E T M U K R O L R B V R X R X S D T O J G L R R L  
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Q S M S P O M O F S X A P B I P X K M I K L D G U N X N P B I W B K L Y E E H E

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The winner of this  
puzzle will be drawn on  
**February 4, 2022**



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56031 or drop off at our office in the mail slot on left side of door!

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**BLOCKER SAVE** – Cardinals Hadley Artz makes the save on New Ulm's Madalyn O'Connor shot. The Cards lost to the Eagles 6-1 last Tuesday night. *Courtesy fairmontsports.com*



**POKE CHECK** – Cards Shaye Dietz knocks the puck off the stick of New Ulm's Michelle Smith. Austin defeated the Cards 2-0 Monday night. The Section 2A playoffs start Thursday, February 10 at a site and time to be determined. *Courtesy fairmontsports.com*



**SLOT SHOT** – Fairmont Cardinals Eli Anderson shoots on Redwood Valley goalie Camden Cilek. Anderson had 2 goals and two assists in the Cards 8-4 win over Redwood Valley last Friday night. *Courtesy fairmontsports.com*



**HAT TRICK** – Cards Alexander Moeller slides a shot past Redwood Valley goalie Camden Cilek. Moeller earned the "Hat Trick" with back to back second period goals in Fairmont's win. The Cards travel to Waseca Thursday night and host Rochester Lourdes/Dover-Eyota Friday night. *Courtesy fairmontsports.com*

## Fairmont/MCW Red Bulls Stampede Past Tigers and Cobras

The Class AA #8-ranked Fairmont/Martin County West Red Bulls defeated Section 2AA foes Windom-Mt. Lake, Morris Area/Hancock Area/Chokio Alberta's and the Class AA #11-ranked Hutchinson at the 4th Annual Red Bull Stampede Saturday in Fairmont.

The Red Bulls downed the Windom-Mt. Lake Cobras 62-15, MAHACA Tigers 45-25 and the Hutchinson Tigers 42-29. Maddex Faber, Class AA #4-ranked Jesse Potts, Class AA

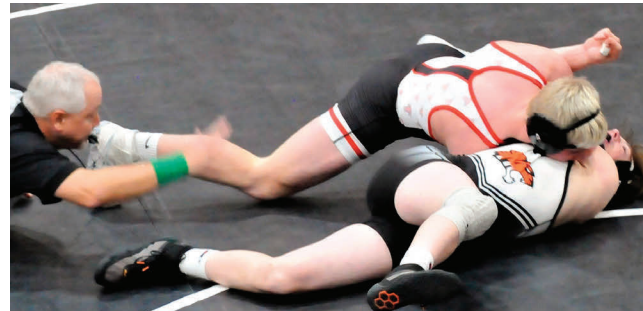
#7-ranked Kain Sanders, Aden Welcome, Carver Rohman, Riley Allen and Alec Thompson had pins in the first match against the Cobras.

Rylan Cutler, Gage Cyphers, Rohman and Class AA #5-ranked Max Olson had pins in MAHACA win. Cooper Steuber, Cutler, Potts and Olson had pins in the finale vs Hutchinson.

The Bulls (17-0) take on St. James and Windom-Mt. Lake Thursday night in St. James.



**BUTCHER HOLD** – Red Bulls Ryan Cutler scores some back points against Windom-Mt. Lake's Thavien Xayachak. Cutler scored a 11-1 major decision in the Red Bulls 62-15 win over the Cobras last Saturday. *Courtesy fairmontsports.com*



**SIX GAGE** – Red Bulls Gage Cyphers pins Morris Area/Hancock Area/Chokio Alberta's Noah Amundson. The Red Bulls defeated the Tigers 45-25 last Saturday. *Courtesy fairmontsports.com*



**PRESSED TO THE MAT** – Red Bulls Cooper Steuber's pin of Hutchinson's Andrew Soderlund was the third pin in a row to overcome the Tigers 10-0 lead. The Red Bulls went on to win 42-29 last Saturday. *Courtesy fairmontsports.com*



**RED BULL MILESTONE** – Class AA #7-ranked Kain Sanders recorded his 100th wrestling win with a pin against Windom-Mt. Lake's Eagan Maras Saturday at the 4th Annual Red Bull Stampede. Pictured with Kain, sister Avery, parents Derek and Amy. *Photo courtesy Amy Sanders.*



**ARROW FOUL** – Pipestone's Kayla Hubbling fouls the Cards Abby Cihoski. The Cards flew past the Arrows 83-38 Thursday night. The Cards travel to Blue Earth Friday night. *Courtesy fairmontsports.com*



**JAZZY SHOT** – Jazlyn Geerdes puts up a shot as Card teammate Olivia Ortega and Pipestone's Keera Pottratz look on. *Courtesy fairmontsports.com*

**COACHES VS CANCER**  
7th Annual

**Friday - February 4th, 2022**  
Boys Basketball JV and Varsity Games  
Fairmont Cardinals vs Blue Earth Area  
JV at 6:00 pm and Varsity at 7:30 pm  
at Fairmont High School Gym

**COACHES VS CANCER** is being sponsored by the Martin County Relay for Life. Many families have been affected with the loss of a loved one. Some have friends that are battling cancer right now as we try to raise awareness to our students, athletes and families of how we can help fight the battle.

**Paper Basketballs** can be purchased from any basketball player or family for a donation of \$10. Those basketballs will be displayed on the wall behind the Fairmont side.

**Raffle: 5:30 pm - Varsity half-time** for various baskets and gift certificates donated by businesses and families.

**Tickets are 1 for \$3 / 2 for \$5**

**Winners will be drawn during varsity half-time.**  
Please check the table to see if you are a winner and collect your basket.

The Cardinal Boys basketball team will have its 7th Annual Coaches vs Cancer event this Friday night and will host Blue Earth Area.



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**WARRANTY DEEDS**

Secretary of Housing and Urban Development to  
Dustin Zellmer, Stephanie Zellmer, Pt. Block 3, Oles  
Addn., Truman  
James Robert Sawatzky, Rachel Elizabeth Sawatzky  
to Katherine Nicole Johnson, Patricia Ann Johnson,  
Lot 3, Block 2, Larsens Subd.  
Jeff Andrews, Kathryn Andrews, Kathleen Howard  
Worthley, Kathleen Howard Worthley to Anthony  
Peters, Dannielle Peters, Pt. S $\frac{1}{2}$ SW $\frac{1}{4}$ , 16-102-33  
Shelly Abitz, Atty.-in-fact, Fern E. Hand to Donna R.  
Hand, James A. Hand, Pt. Govt. Lot 1 w/esmt., NW $\frac{1}{4}$ ,  
29-101-30

Diane Hamilton, Stephen Hamilton, David  
Karstens, Deanna Karstens, Douglas Karstens, Nan-  
cy Karstens, Carol Solvik to Edward N. Olmstead,  
E.40/ Lot 4, Block 1, W.34' Lot 5, Block 1, Steens  
Addn., Monterey

**QUIT CLAIM DEEDS**

Dale S. Moeller, Debra J. Moeller to Dale S. Moeller  
Trust, Debra J. Moeller Trust, Dale S. Moeller,  
Trustee, Debra J. Moeller, Trustee, SW $\frac{1}{4}$ , W $\frac{1}{2}$ SE $\frac{1}{4}$ ,  
23-103-31, SE $\frac{1}{4}$ , 27-103-31, SW $\frac{1}{4}$ , 26-103-31, Pt.

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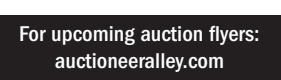
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**UPCOMING AUCTIONS**

**Thursday, February 10, 2022 @ 10:00 a.m.-THE MURPHY COMPANY LLC-** 241 Acres +/- of Bare Farmland located in Section 17 and 29 of Prescott Twp., Faribault County, MN. Auction to be held at Average Jo's Bar & Grill at 115 E 6th St, Blue Earth, MN. Hartung, Kahlers, Wedel & Associates

**Tuesday, February 22, 2022 @ 10:00 A.M.- STENZEL FAMILY-** 160 Acres +/- in Section 34 of Rome Twp., Faribault County, MN. Sale to be held at Average Jo's Bar & Grill at 115 E 6th St., Blue Earth, MN. Hartung, Kahlers, Wedel & Associates

**WEEKLY EQUIPMENT SALES ONLINE AT:  
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For upcoming auction flyers:  
[auctioneeralley.com](http://auctioneeralley.com)

N $\frac{1}{2}$ SE $\frac{1}{4}$ , 22-103-31, SE $\frac{1}{4}$ SE $\frac{1}{4}$ , 22-104-32, Pt. SW $\frac{1}{4}$ , 34-104-32, Pt. Govt. Lots 5, 6, NW $\frac{1}{4}$ , 7-102-30, Pt. S $\frac{1}{2}$ NW $\frac{1}{4}$ , 26-103-31, Pt. SW $\frac{1}{4}$ , 34-103-31, Pt. SW $\frac{1}{4}$ , 34-103-30, Pt. SE $\frac{1}{4}$ , 34-103-30, W $\frac{1}{2}$ NW $\frac{1}{4}$ , 36-103-31, Pt. E $\frac{1}{2}$ NE $\frac{1}{4}$ , 35-103-31  
Eugene A. Krause, Janet R. Krause to Jonathan E. Frette, Kathryn E. Frette, Judy M. Hvamstad, Karen J. Masso, E $\frac{1}{2}$ SW $\frac{1}{4}$ , 23-104-30  
**TRUSTEE DEEDS**  
Beverly M. Fretty, Beverly M. Fretty Revocable Trust to American Legion Post 36 Inc., Pt. NE $\frac{1}{4}$ NE $\frac{1}{4}$ , 5-102-30

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(507) 236-8322

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Bruce Peters  
bpeters@fairmont.org  
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Thu Feb 17, 2022 at 6 p.m.  
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For more information phone:  
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**WELCOME  
TOWN MEETING**

Thursday, February 10, 2022  
at 7:00pm  
Welcome Legion Hall  
Will be discussing the  
future of the Welcome  
School location.

**STATE OF MINNESOTA  
COUNTY OF MARTIN  
DISTRICT COURT  
FIFTH JUDICIAL  
DISTRICT  
COURT FILE NO.:  
46-PR-21-1195**

**NOTICE OF AND ORDER FOR  
ADMINISTRATIVE HEARING ON  
PETITION FOR FORMAL  
PROBATE OF WILL AND  
APPOINTMENT OF PERSONAL  
REPRESENTATIVE AND NOTICE  
TO CREDITORS**

**Estate of Anna S. Agerbeck,  
Decedent.**

Due to Supreme Court Order ADM20-8001, It is Ordered and Notice is given that on March 7, 2022, at 8:45 a.m., the above matter will come before this Court, located at 201 Lake Avenue, Fairmont, Minnesota 56031, for administrative review, on a petition for the formal probate of an instrument purporting to be the decedent's Will dated July 24, 2019, and for the appointment of Jeffrey Jensen, whose address is 1090 400th Avenue, Esterville, IA 51334, as Personal Representative of the decedent's estate in an unsupervised administration. The hearing will be held remotely by Zoom. Contact Court Administration for instructions to attend.

Any objections to the petition must be mailed, e-mailed or filed on the Court's electronic filing system, together with the filing fee, prior to the above date. If the petition is proper and no objections are filed, the personal representative will be appointed with the full power to administer the decedent's estate, including the power to collect all assets; pay all legal debts, claims, taxes, and expenses; sell real and personal property; and do all necessary acts for the decedent's estate.

Notice is further given that, subject to Minn. Stat. § 524.3-801, all creditors having claims against the decedent's estate are required to present the claims to the personal representative or to the Court within four (4) months after the date of this notice or the claims will be barred.

Dated: 01/19/2022  
By the Court  
Darcy Bentz  
Judge of District Court  
Cathy Celander  
Court Administrator

Attorney for Petitioner  
Zachary R. Storm  
Sunde, Olson, Kircher &  
Zender, P.L.C.  
108 Armstrong Blvd. South  
PO Box 506, St. James, MN  
56081  
Attorney License No.: 0396136  
Telephone: 507-375-3352  
Facsimile: 507-375-4483  
email:  
[zstorm@sundeolson.com](mailto:zstorm@sundeolson.com)

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Press January 26 and  
February 2, 2022*

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Elliot Belgard

**Vice Chairman:**

Richard Koons

**FIRST DISTRICT**

(Elected Position, Term up 12-31-24)

Elliot Belgard

213 N 3rd Av E

Truman, MN 56088

507-776-2106 (H)

507-236-1173 (cell)

e-mail: [elliot.belgard@co.martin.mn.us](mailto:elliot.belgard@co.martin.mn.us)

**Chairman**

**SECOND DISTRICT**

(Elected Position, Term up 12-31-22)

James Forshee

1306 School St

Fairmont, MN 56031

e-mail: [james.forshee@co.martin.mn.us](mailto:james.forshee@co.martin.mn.us)

**THIRD DISTRICT**

(Elected Position, Term up 12-31-24)

Kathy Smith

529 Budd Lake Drive

Fairmont, MN 56031

507-236-3489 (cell)

e-mail: [kathy.smith@co.martin.mn.us](mailto:kathy.smith@co.martin.mn.us)

**FOURTH DISTRICT**

(Elected Position, Term up 12-31-22)

Richard Koons

1172 125th Street

Welcome, MN 56181

507-236-2902 (cell)

e-mail: [richard.koons@co.martin.mn.us](mailto:richard.koons@co.martin.mn.us)

**Vice Chairman**

**FIFTH DISTRICT**

(Elected Position, Term up 12-31-24)

Steven Flohrs

1056 230th St.

Ormsby, MN 56162

507-639-3071 (H)

507-236-5995 (cell)

e-mail: [steve.flohrs@co.martin.mn.us](mailto:steve.flohrs@co.martin.mn.us)



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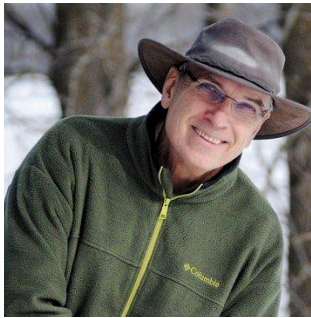
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## Naturally By Al Batt

Two crows swaggered up the drive. I suspect it was the same pair in the same place yesterday, but I couldn't say for sure because I don't have cawer ID. They stayed close together as if they were vel-crows.

The blue jays were not subtle in their comments about a great horned owl in the yard. When I looked in their direction, I could see the suggestion of a cat's ears in a tree. The blue jays saw more than that. They saw danger from an enemy. The owl's presence made the jays an offer they couldn't refuse. They expressed their outrage with gusto. A great horned owl is under a lot of pressure. They nest in the winter and their name begins with "great." That has to be a strain. I anthropomorphize to further my understanding.

Another day passed without a single sighting of the Bath Bigfoot. Ru-

mors insist the Bigfoot family there is larger than the population of Bath before it became a ghost town. That would mean there are at least two Bath Bigfeet or Bigfoots. Seeing the avalanche of common redpolls in the yard more than makes up for the lack of any Bigfoot sightings.

There is an emptiness in winter. I miss things. The ticks weren't bad last year. There have been years when I've been a tick magnet. I don't miss them or the mosquitoes, but I do miss the "click-it" sounds of barn swallows. They kept the skies busy. Insectivorous barn swallows needed to catch an early flight out of town. They are never here in the winter, but I still miss them.

In 1902, Frank Chapman wrote one of the earliest guidebooks: "Handbook of Birds of Eastern North America." Of the American goldfinch, he wrote: "Their flight is expressive of their joyous nature, and as they bound through the air they hum a gay 'per-chic-o-ree.' Their love song is delivered with an ecstasy and abandon which carries them off their feet, and they circle over the fields sowing the air with music." The goldfinch, which my father called the wild canary, is the state bird of Iowa, Washington and New Jersey.

### Q&A

"What are the advantages for a bird to be part of a flock?" The behavior offers many benefits, which can vary by species. Protection. A flock offers more eyes to spot predators and then mob, distract or confuse them. Foraging efficiency. More birds find the best food. Finding mates. Continuing education. Young birds learn from their elders. Flying in formations can conserve energy and increase communication effectiveness. Roosting can aid in identifying predators and offer shared body warmth.

"Will birds roost together in cavities in cold weather?" Many cavity-nesting birds roost in natural cavities, nest boxes, or roosting boxes. Bluebirds, chickadees, titmice, nuthatches, woodpeckers, screech owls and Carolina wrens nest in cavities and readily use nest boxes. Nuthatches and bluebirds find warmth by roosting together. Winter wrens are noted for that behavior.

"What wild birds lay the most eggs in a clutch?" Some birds lay a single egg; others lay clutches of eggs. Gray partridge up to 22 eggs, ring-necked pheasant 15, wild turkey 17 eggs, mallard 13, wood duck 16 and black-capped chickadee 13 eggs. These numbers don't factor in

any dump nests, which are the work of more than one female. Ostriches can lay up to 50 eggs per nest and I've read of a rhea having 80 eggs. You can bet rhea parents don't remember all their offspring's names.

"Is there a simple way to tell a house finch from a purple finch?" The male purple finch is purplish and looks as if he had been dipped in red wine or raspberry juice. This color bleeds onto the back and wings. A male house finch has localized color, reddish only on the

head, breast, and lower back. The upper back and wings are a streaky brown. If the flanks from below the wings to the tail are streaked with brown, it's a male house finch. If the flanks are white, with a hint of pink, it's a male purple finch. A female house finch has a brown face, while a female purple finch has a strong facial pattern marked with a contrasting white eyebrow.

"What do pheasants eat in winter?" Pheasants find food by scratching through the snow to get

to grain in farm fields. Moderate thaws allow south-facing slopes to expose food. They will eat grasses, leaves, roots, fruit and nuts.

Thanks for stopping by "Is life not a thousand times too short for us to bore ourselves?" —Friedrich Nietzsche.

"Joys come from simple and natural things: mist over meadows, sunlight on leaves, the path of the moon over water." —Sigurd F. Olson.

Do good.

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An ostrich can lay up to 50 eggs in a clutch. If you think that is a soccer ball by her feet instead of an egg, treat yourself to something nice for being right. Photo by Al Batt

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