



PhotoPress

Only good news

Wednesday
February 6, 2019

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SERVING MARTIN COUNTY PLUS ADJACENT MINNESOTA & IOWA COUNTIES

Behind every business there is a story worth knowing

by Bryan Sweet, Sweet Financial Services

I have had people ask what inspired myself and my team at Sweet Financial to host an event that focuses on helping single moms build their financial plan. The inspiration behind this event was that I was raised by a hard working single mother, and couple named Roy and Jean. All three had really different personalities, and together they shaped who I am today.

My selfless mom was a dedicated loving parent who always put food on the table, a roof over our heads and though I'm sure she had struggles, she never made them known. From Mom, I learned hard work and positive attitude. I am still blessed with Mom

in my life today, and I've set up a foundation in her name, The Marilyn Sweet Borchardt Foundation, that helps single hard working moms like mine send their children to college.

My parents divorced when I was three and my dad left my mom and I on our own, and because he did, my aunt Jean and uncle Roy stepped into my life. They both took a very active role in my youth. I'd spend summers with these two wonderful people. Roy was a business owner and Jean was a principal.

Roy was bigger than life! Gregarious, outgoing and engaging, people flocked to Roy. His business was always a success and he

was everyone's "go-to" guy. He role modeled by always going above and beyond to take care of people. He often talked about how important it was to treat people with respect. Roy's the reason I run my business today the way I do. Roy died in 2017. (Thank you Roy for being my father figure).

And then there was Jean. Again, Jean was a principal, and very education oriented. But more than that, she lived on a quest for learning, knowledge and personal growth. Jean planted in me the seed for my passion of being a "coach junkie" and for creating the "Dream Architect" process we offer our clients. At 90 years old, Jean is still a life-

time learner, and still showing me what it means to keep dreaming and keep growing.

I don't see not having a father growing up as a bad thing that "happened to me." Instead, I see it as a good thing that "happened for me" because I got Mom, Roy and Jean, my three heroes who showed me the value of working hard, always taking great care of people, and thinking big.

It is one of my goals in life to help hard-working single moms who may be in a challenging spot financially, to overcome those tough times and prosper. This is why in honor of my own mom who worked hard to support me, I created the Marilyn Sweet-Borchardt Education Foundation which was started to help single women who have children going to college. It currently



Bryan Sweet and his mother, Marilyn Sweet-Borchardt.

provides scholarships to two young people per year, but will continue to expand.

For more infor-

mation you can visit our website at <http://www.sweetfinancial.com/about/giving-back/>.



Women Forward
SWEET FINANCIAL

Your Bigger Future: Financial Freedom for Single Moms

Are you a hardworking single mom? Do you know you need a financial plan but just haven't found the time to put one in place?

Do thoughts of your financial future keep you up at night?

Please join us as we will be sharing **6 Essential Tips** to help you create your financial plan.

Date: Tuesday, February 19th

Time: 5:30pm

Place: Red Rock Center, 222 E. Blue Earth Ave., Fairmont

Appetizers & Wine will be served



RSVP Here: womenforwardsvp.com/rsvp-financial-freedom (complimentary and open to the public event)

Questions? Email marsha@sweetfinancial.com or call 507-235-5587 ~ Please RSVP by Friday, February 15th

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Marriage License Applications

Sandra Marie Mattila and Kyle Arthur Engstrom

Kids ages 7-10 who are interested in learning to code should sign-up for **Code Academy** at the Fairmont Library. Join us on Tuesday, February 19th at 4 p.m. Due to space limitations, please pre-register at the library by stopping in or calling 238-4207. There is no cost to attend this event.

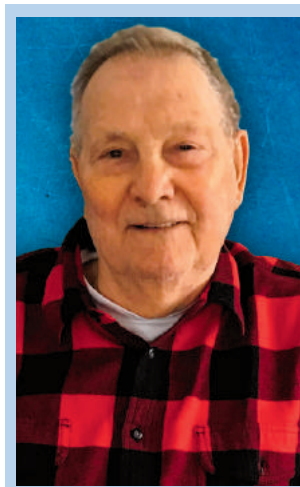
Community Covenant Church in Huntley, MN is serving a **Wednesday Night Community Supper** each week. On Wednesday, February 6th they will serve lasagna, salad, breadsticks and special K bars. February 13th will be chili or soup, corn bread, veggie tray and cake. Menus are subject to change at the whim of the cooks. Free will offering.

A free interactive learning day featuring the **History of Pirates** will be presented at Martin Luther High School, Northrop on Thursday, February 7th. Presentations will be from 9-11 a.m. for grades 5-8 and Noon to 2:15 p.m. for grades 9-12. The public is invited to attend. The event is sponsored by the MLHS Parent/Teacher's League.

The Shepherd's In to offer free soup meal

On Saturday, February 9th The Shepherd's In will serve a free soup meal at the Parsonage in front of the Martin County Historical Society building. This is the third free soup meal offering by the newly formed nonprofit. Time for serving will be noon to 2:00 pm. All are invited regardless of need. Come, join us for good food, fellowship and fun.

The Shepherd's In nonprofit was formed in 2018 with a mission to provide assistance that helps people improve their situation. They will accomplish this by operating a soup kitchen; support strong family relationships; utilize nutritious, fresh, local grown food; and support the human mind, body and



ZIEMER 80TH - Robert Ziemer of Ceylon will celebrate his 80th birthday on Wednesday, February 13th. Greetings can be sent to him at PO Box 342, Ceylon, MN 56121.



LUHMANN 80TH - Sharon Luhmann of Jackson will celebrate her 80th birthday on Friday, February 8th. Her family wishes to honor her with a card shower. Cards and birthday wishes will reach her at 615 N. Sverdup Avenue, Jackson, MN 56143.

spirit. "There are so many people in our community that need a moral uplift and a warm meal. We hope to provide that through our work with The Shepherd's In," said Curt Moeckel, Founder. "We are beginning our mission with a soup kitchen." Thank you to the Martin County Historical Society who are donating the use of their Parsonage for our first soup meals.

The Shepherd's In is accepting donations to accomplish their mission and they can be mailed to The Shepherd's In, 1446 30th Street, Ceylon, MN 56121 or by giving them directly to Mr. Moeckel. Questions can be directed to theshepherdsin@gmail.com.

Arc Family and Friends will meet in the George Room at the Fairmont Holiday Inn on Monday, February 11th at 6:00 p.m. Questions, please call the Arc office at 507-235-8580 for further details.

The East Chain United Methodist Church will host the monthly **Community Coffee Party** from 8:30 to 11:00 a.m., Saturday, February 9th. They will serve rolls, donuts, coffee, tea, hot chocolate and juice. Everyone is welcome. Free will offering.



SATHOFF 40TH - Michael and Teresa Sathoff of Fairmont will celebrate their 40th wedding anniversary in Siesta Key, Florida. The couple was married on February 9th, 1979 in Las Vegas, Nevada.

Truman works to "Raise the Deck"

A new sign recently went up on Highway 15 in Truman. The pool deck (concrete pad surrounding the pool) needs to be replaced and the Truman Pool Commission is looking for community support to make it happen.

The deck has been patched numerous times over the past 52 years as repairs to it and the infrastructure below have necessitated, but come this spring the plan is for the entire deck to be removed. At that time crews will be able to inspect all of the pipes and base layers below, making any other necessary repairs or bringing in additional fill that may be needed before replacing the concrete.

The commission has been informed that there will likely be only a short favorable window in the spring to complete the work and is hoping to have the necessary \$50,000 ready to go when that time hits.

Donations for the project may be directed to City Hall, PO Box 398, Truman MN 56088. Questions may be directed to Faith Clow 507-236-6817.



ready to go when that time hits.

Noon Lunch with the Arts

Just in time for Valentine's Day!

Come to the Red Rock Center for the Arts in Fairmont on Tuesday, February 12th and enjoy a noon hour of love songs and more, featuring Bruce Boldt of Windom on the guitar and Al and Nancy Jensen from Heron Lake, guitar and flute duo.

Bruce manages the Prairie Wind Folk Music and Bluegrass Festival and Unsung Songwriters and enjoys traveling the country getting to know singers and songwriters everywhere. Bring a sack lunch if desired. Coffee and refreshments will be served.

**COUNTY OF MARTIN
NOTICE OF PUBLIC HEARING
Revisions to the County Fee Schedule**

PLEASE TAKE NOTICE, that the Martin County Board of Commissioners (Martin County, MN) will be conducting a Public Hearing on **Tuesday, February 19, 2019, at 10:00 a.m.** in the Martin County Commissioner Room, 201 Lake Avenue, Fairmont, MN 56031. The purpose of the public hearing is pursuant to Minnesota Statute 373.41 regarding proposed fee changes to the Martin County Fee Schedule.

Anyone interested in viewing the proposed fee schedule may do so at the Martin County Coordinator's Office during regular business hours, Monday through Friday, 8:00 a.m. - 5:00 p.m. or view on the County's website at www.co.martin.mn.us

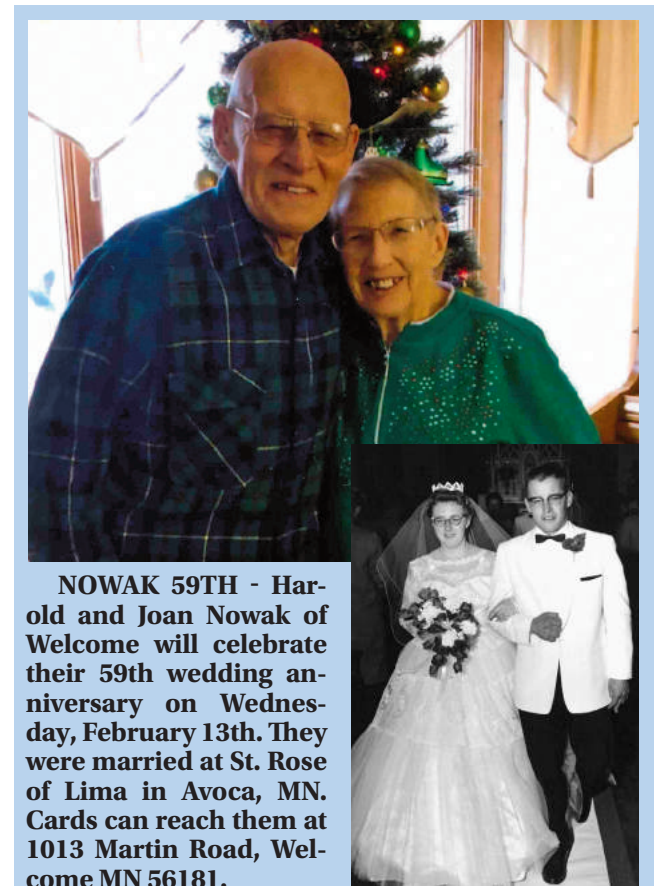
All interested parties are encouraged to attend the hearing and provide comments either orally or in writing on the proposed fees. If you are unable to attend the public hearing, you may submit written comments to the Martin County Coordinator's Office, Room #100, 201 Lake Avenue, Fairmont, MN 56031 prior to the Hearing date.

Questions about the proposed fee changes can be directed to Scott Higgins, Martin County Coordinator at 507-238-3124.

By Order of the
Martin County Board of Commissioners
Dated this 22nd day of January 2019.



TESDAHL 50TH - Laurie and Judy Tesdahl of Fairmont will celebrate their 50th wedding anniversary on Valentine's Day, Thursday, February 14th. They were married February 14th, 1969. Cards can be sent to them at 53 Cottage Street, Fairmont, MN 56031.



NOWAK 59TH - Harold and Joan Nowak of Welcome will celebrate their 59th wedding anniversary on Wednesday, February 13th. They were married at St. Rose of Lima in Avoca, MN. Cards can reach them at 1013 Martin Road, Welcome MN 56181.

"Sweet Treats and Reads" at the library

Kids in grades 3-6 are invited to join us for Sweet Treats and Reads at the Fairmont Library!

We'll have treats, book-related activities and talk about new books we're

reading or excited to read!

This event is free and no registration is required. Join us on Mondays at 4 p.m.: February 11th, March 4th and April 8th.

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- ◆ Registration for the 2019-2020 school year begins Feb. 21 for **PreK—Gr. 3**.
- ◆ Shop at our Scholastic Book Fair!
- ◆ K-3 Info Meeting at 6:00 p.m.

For More Info:
www.fairmontchristian.org
(507) 235-5513
Look for us on Facebook!



Hugoson Pork hosted the MN Chamber of Commerce Leadership Minnesota group in January. According to Bob Gardner, the CEO of Gardner Brothers, “Leadership Minnesota is a truly unique experience for Minnesota’s business leaders. In 10 days, a group of 35 individuals will get to hear the stories of some of our leading Minnesota companies, see inside their operations and better understand the challenges and opportunities facing our economy, our companies and our state. The access is incredible and the conversations are important. I am a much better leader inside and outside of my company having gone through this experience.” (Submitted photo)

Girl Scout cookie sales begin

Martin County/Fairmont Girl Scouts are getting ready to sell cookies starting Saturday, February 9th and ending Sunday, March 24th. Cookie booths will be at Hy-Vee, Fareway, Shopko, and Wal-Mart and will be opening on February 16th. They have the following line up of cookies. All cookies are \$5/box.

THIN MINTS®	PEANUT BUTTER SANDWICH
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	LEMONADES
	GIRL SCOUTS S'MORES
	C A R A M E L CHOCOLATE CHIP-New Gluten Free cookie.

If you do not have someone come to the door, we will find a scout in your area. Please contact Karen at 236-1193.

Fairmont Area Baby Café to move to new location

The Fairmont Area Baby Café, which opened in 2018 as part of a national network of breastfeeding drop-ins, is moving to a new location. Open 9-11 a.m. Wednesdays, Baby Café is moving Wednesday, February 13th from the main classroom at Mayo Clinic Health System in Fairmont to Fairmont Elementary School, 714 Victoria St., in Fairmont. Open hours are not changing. “Relocation to the elementary school allows Baby Café to be closer to Early Childhood and Family Education offices and services, as well as preschool, which include many of the same attendees of Baby Café,” says Amy Long, site administrator of Mayo Clinic Health System in Fairmont. “The location is more convenient for many of our moms.” Baby Café combines breastfeeding information with a relaxed, informal environment where mothers can chat and learn about breastfeeding from skilled practitioners and one another. Infants also can be weighed and assessed by certified lactation professionals. “About 80 percent of women breastfeed their newborns after leaving the hospital, but almost 60 percent of those women are unable to reach their goals for breastfeeding duration because of challenges such as latching and low milk supply,” says Sandee Vaske, nurse manager for the Family Birth Center at Mayo Clinic Health System in Fairmont. “Baby Café is staffed by professionals with lactation education and experience to help mothers overcome the challenges and meet their breastfeeding goals.” Baby Café is a free resource brought to the community through a partnership with Mayo Clinic Health System, Martin County WIC and Community Health Services of Faribault and Martin Counties. The Café is open to anyone interested in any aspect of breastfeeding – prenatal women, mothers, partners and supporters – with the intention that all mothers will be able to access the information and support they need to breastfeed. For more information, contact Vaske at 507-238-5038 or Patti Kasper at 507-238-4757.

Ordinarius performs at Fairmont Opera House



There was nothing ordinary about Ordinarius and their stunning vocal harmonies and South American fare. The seven person a capella group from Brazil is currently on a U.S tour, making a stop recently at the Fairmont Opera House. Using their voices as the primary instruments, Ordinarius draws their style from Brazilian and international music origins. The group has recorded several albums and has been nominated for music awards in their home country. The show was made possible by Dr. Roger and Beth Neist and Family and Barbara J. Berg. Photos © 2019 by Joseph Kreiss Photography for the Fairmont Opera House



MCW Dollars for Scholars Help Night February 12

The MCW Dollars For Scholars board will hold an informational meeting on Tuesday, February 12th, at 6:00 p.m. at the Martin County West JR/SR High School computer lab for all MCW seniors and their parents. We will explain how the scholarship application system works and how it is scored. We will also help in filling out your application. The scholarship application deadline is March 15th, 2019. Students who wish to apply should start by creating or updating their online student profile at: dollarsforscholars.org. Martin County West Dollars for Scholars will be awarding scholarships to MCW seniors that apply as well as Post-Secondary students who re-apply. Graduates are encouraged to reapply during their college careers. To register contact Nate Klima at MCW: JR/SR High School 507-764-4661 or Deb Schwager at 507-236-5213 for any questions or information.

MLHS Chili Challenge rescheduled to Feb. 8

The Chili Challenge, sponsored by the Class of 2021 at Martin Luther High School, Northrop had to reschedule the challenge when the Polar Vortex changed plans for pretty much everything last week. A new date has been set for the Chili Challenge and it takes place Friday, February 8th from 5:30 to 7:30 p.m. during the Jags Boys Basketball home game. Come taste the chili and then vote for your favorite. Cost is \$5 per person, which allows you to try samples of all the chili varieties entered in the contest and then vote which you like best. This event is open to the public. Money raised goes to the MLHS Class of 2021.

The Fairmont Area Chapter 254 Korean Vets will be having a social gathering on Thursday, February 14th, 2019 at the Pizza Ranch in Fairmont at noon. All members and spouses are invited to attend. For more information, call Gary Schwieger at 507-238-1675.

The Ceylon Fire Relief Association is having an All-You-Can-Eat Pancake Breakfast on Sunday, February 10th from 9 a.m. to 12 p.m. at Legends 2 in Ceylon. Serving pancakes, sausage, french toast, eggs, juice. Free will offering. Proceeds will go toward the Ceylon Summer Festival.

"Finally Get Help with Numbness and Pain in Your Feet!"



Advanced Treatment is Now Available to You if You are Suffering from the Debilitating Effects of Neuropathy or Plantar Fasciitis!

Call to receive a FREE Information Packet about this new exciting technology.

"My foot pain was an 8 or 9 on a scale of 1-10. After treating myself twice a day for a month and a half, my foot pain is down to a 2 and almost completely resolved." -Frank W.

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- Painful burning, tingling feet?
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Grace Lutheran Church in Fairmont hosts an open door meal Wednesday evenings from 4:45 to 6:00 p.m. each week. Wednesday, February 6th they will serve spaghetti. On February 13th it will be scalloped potatoes and ham. All meals include beverage, fruit, dessert cookie/bar, peanut butter/jelly sandwich. Suggested donation is \$3.

CBD Oil: The Latest Trend

Guest Columnist

Dr. Scott Burtis, M.S., D.C., Burtis Chiropractic Center



Every few years a hot new trend appears in natural health or a new company comes along touting the latest miracle food, or vitamin, or whatever. Back in the '70s Laetrile was going to cure cancer. Cancer is still here and Laetrile is almost unheard of. Amway was the big multi-level supplier of vitamins and natural supplements. Amway has been replaced by Shaklee, Melaleuca, etc. The government convinced us that low fat was the way to go. Now we know that was a huge mistake.

In the '80s it was the Atkins diet, bee pollen, and Ayurvedic medicine. Herbalife came to the forefront and captured many people's attention and money. The Atkins diet has evolved into keto and paleo diets, bee pollen is no longer a big thing, and Ayurvedic medicine has lost its edginess. Herbalife has been upstaged by hundreds of other companies as the Internet came in the '90s and exposed us to many other things. Ionic foot detoxes were another big thing in the '90s that have since been proven to be a scam.

And now we have the latest trend, CBD oil. It's edgy (after all, it comes from marijuana, right?), it's all natural, and anyone and everyone can prescribe it. It's legal for the most part. And people are shouting its

praises. Is it worth the hype, or should you stick to tried and true things we know work? Let's take a look.

CBD oil has been touted as being a great anti-inflammatory and pain control product. There is even some early research showing it improves a couple of rare kinds of seizure conditions. I have had people come in asking about it saying their friend suggested it, or their trainer, or in a few cases even their licensed health care provider. What does the research say? If you search PubMed for CBD and pain you will find that there are only two research studies that have looked at CBD and pain - one for cancer-related pain and one for wound pain. There is a dog study that "suggests" it helps with comfort. Outside of that there is quite a bit of personal testimony that certainly means something when you add it all up, but there is very little research that "proves" that it works.

What about other conditions? A 2017 study to see if CBD oil helps with multiple sclerosis was inconclusive. There was an Israeli study in 2017 that showed that CBD oil helped ease the side effects of girls who had severe reactions to the Gardasil vaccination. Other than that there just isn't much to validate all the claims about CBD oil.

A research article published in the journal Molecule in May 2018 noted that after checking CBD oil from 14 different companies, the actual level of oils from a majority of the sources varied greatly from what the manufacturers said was in the bottle. Another study published in the fall of 2018 in the Journal of Applied Toxicology noted that CBD oil lowered testosterone levels in mice by 76%. Keep in mind that taking a high dose of CBD every day can cause abnormal blood tests. A dose as low as 300 mg a day can worsen Parkinson's disease. And CBD can increase serum levels of some prescription drugs including antiepileptic and warfarin.

So please don't assume that the CBD oil you buy is accurate or without potential side effects. Before you try something trendy you may want to see how well researched it is. If you search PubMed for research on CBD oil, you will find there are only 58 articles available. If you search fish oil you will find over 31,000. A 2018 publication of Harvard Medical School had this to say: "Some CBD manufacturers have come under government scrutiny for wild, indefensible claims, such that CBD is a cure-all for cancer, which it is not. We need more research but CBD may prove to be an

option for managing anxiety, insomnia, and chronic pain. Without sufficient high-quality evidence in human studies we can't pinpoint effective doses, and because CBD is currently is mostly available as an unregulated supplement, it's difficult to know exactly what you are getting. If you decide to try CBD, talk with your doctor - if for no other reason than to make sure it won't affect other medications you are taking."

I have to say that I agree. So it looks like CBD oil is just the latest trend. My guess is you won't hear much about it in 10 years. In the meantime stick to the tried and true. A 2007 study comparing fish oil to hempseed oil (an early version CBD) showed blood changes with fish oil but none with the hempseed. And fish oil is very established as an effective and safe anti-inflammatory with many collateral health benefits, as long as you buy high grade, high quality fish oil.

Part Two: Choose Your "Expert" Wisely
People often come to our office seeking expert advice on nutrition and functional medicine. Usually they follow that advice and have great results. But occasionally they will come back and tell me that they ran something by their doctor and the doctor said not to follow my recommendations. I will share a few examples.

Patient A was seeking help for their spouse's medical condition. I made some recommendations

that had numerous other references that showed I had been accurate. The patient brought this information to her medical doctor, but she still recommended against the supplement. The patient still has not recovered from her condition.

The important point to be made is this: CHOOSE YOUR EXPERT WISELY. Very few trainers, nurse practitioners, medical doctors, etc. in our area have any actual education in nutrition. (Dr. Parnell is a notable exception.) Just because a medical professional has an M.D., N.P., or other initials after their name does not necessarily mean they have the knowledge to be giving nutritional advice. When you want a second opinion on the advice you receive, choose your source wisely. Your neighborhood multi-level marketing "guru" is not going to have the depth of knowledge as someone who has a Master's Degree in Human Nutrition, as I do. Nor is your average M.D., or the guy at the local nutrition store who may know a lot about weight lifting and nothing about herb-drug interactions. If you do choose to use nutrition and functional medicine for your family's health care, you will need a highly-qualified expert to guide you. There are only a few highly qualified people in this area that fit that bill. I promise that I will continue my research and education to keep up with the latest information and research so I can be that expert for you.

In the third case a patient had been receiving care for PCOS, a condition that affects fertility. I had made some recommendations which her fertility doctor in Rochester overruled, saying that there was no research on the supplement I had recommended. I printed out a few research articles

after confirming that there was research to back this up. The patient came in the following week and said their medical doctor said that one of the two supplements was not approved by the FDA. Within fifteen seconds I found proof that the FDA had approved this supplement three years ago. They chose to follow their medical doctor's outdated advice. The patient's spouse continues to go downhill under medical care.

Patient B had gone to their doctor and been told that the levels of vitamin D3 I had suggested were way too high, and that they had seen many cases of vitamin D toxicity. A research article published in the peer-reviewed journal Human & Experimental Toxicology in 2015 reports there were only 3 cases of vitamin D3 toxicity in the United States from 2000-2014. So either the doctor was misstating the facts, or she was not reporting this situation, which would be a very serious breach of protocol. That patient chose to listen to my recommendations, and their autoimmune condition is improving slow but sure.

Patients often come to our office seeking expert advice on nutrition and functional medicine. Usually they follow that advice and have great results. But occasionally they will come back and tell me that they ran something by their doctor and the doctor said not to follow my recommendations. I will share a few examples.

Kids' Maze



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Canceled drives straining Red Cross blood supply

The American Red Cross is reissuing its emergency call for blood donors to give now after multiple snow storms, frigid temperatures and the government shutdown further reduced lifesaving donations.

In January, more than 4,600 Red Cross blood and platelet donations went uncollected as blood drives were forced to cancel due to severe winter weather blanketing parts of the U.S., and additional cancellations are expected this week. Weather travel advisories may cause even more donors to delay their planned

donations. Donors in areas affected by winter weather are asked to make an appointment now to give once it is safe to travel.

All eligible donors, especially blood donors with type O blood, are urgently needed to help restock the shelves for hospital patients.

Upcoming blood donation opportunities locally:

Blue Earth:

Monday, February 11th 12:30 - 6:30 p.m., Hope United Methodist Church, 12080 380th Ave.

Friday, February 22nd 12 - 5 p.m., Peace Lutheran Church, 2090 Commerce Drive

Ceylon:

Thursday, February 7th: 1 - 6 p.m., Legends 2, 103 E. Main St.

Fairmont:

Tuesday, February 19th: 12:30 - 6:30 p.m., Holiday Inn, 1201 Torgerson Drive

Wednesday, February 20th: 12 - 6 p.m., Holiday Inn, 1201 Torgerson Drive

Thursday, February 21st: 9 a.m. - 2 p.m., Holiday Inn, 1201 Torgerson Drive

Donation appointments can be easily scheduled by using the free Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

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What's Cooking

with Kathy Lloyd

Everyone loves Bacon!

At least most people do! I just recently came across a great snack bacon recipe. This time of year when its so cold out we tend to stay in our cozy homes and maybe have friends over to play cards or just to visit. Times like those calls for a snack, it seems like food in our culture means hospitality! That is probably why many of us are over weight!!

Bacon Cracker Snack:
1 pkg. butter crackers, like club or townhouse
8-10 slices of bacon
1 cup brown sugar
a pinch of cayenne pepper
a pinch of ground black pepper

Heat oven to 350 degrees, line baking sheet with tin foil or parchment paper. Align crackers on a wire rack on the baking sheet, leaving a little space between crackers. Slice bacon in thirds, place bacon length wise on each cracker, sprinkle about 1 heaping tsp. of sugar on top of bacon then sprinkle lightly with peppers. Bake 20 minutes until brown sugar melts and bacon crisps. Cool before removing from racks and eating. Enjoy!

Have a great week!

HyVee Dieticians to provide free screenings

For the second year, Hy-Vee, Inc. will provide free biometric screenings throughout its eight-state region during Heart Health Month in February. Hy-Vee dietitians working out of Hy-Vee Healthy You Mobiles will offer the free biometric screenings to customers at 150 Hy-Vee stores. Appointments will be taken on a first-come, first-served basis while supplies last.

Screenings will take place at the Estherville, Iowa Hy-Vee store on Thursday, February 7th from 7 to 11 a.m. and at the Fairmont Hy-Vee store on Wednesday, February 13th from 7 to 11 a.m.

Abiometricscreening is a combination of measurements and readings about certain health factors that may help in identifying potential risk factors for chronic diseases or

conditions, like heart disease, hypertension or diabetes. The dietitians will collect a blood sample from a finger prick that will be used to determine cholesterol levels, triglycerides and glucose levels. They will also take resting blood pressure, measurements of height, weight and waist, and will calculate body mass index.

The entire screening process typically takes 15 to 20 minutes and all results will be reviewed and received during the screening.

Hy-Vee is partnering with Quaker Oats Company to help make these screenings possible. Avocados from Mexico is also a supporting sponsor of the event. Each person who receives a screening will be given a Heart Health giveaway bag that includes samples, coupons and educational materials.

bridal registry

Free gift when you register.

Krista Kezbers
Walker Olson.....March 30

Megan Suter
David Wyatt.....May 25

Sierra Schrader
Jacob Hartke.....June 15

Sterling
The Drugstore with More
Five Lakes Centre
Fairmont, Minnesota



LETTERS TO THE EDITOR

Thankful for support of CREST

On behalf of the CREST Board of Directors and staff, we would like to express our sincere gratitude and appreciation to all those who financially supported CREST throughout 2018 and during the Annual Appeal.

Because of your generosity we will be able to continue to reach out to those in need in Martin County with Live At Home Services, Caregiver Support Services, and Volunteer Opportunities.

We are so thankful that you believe in our organization and support us with your monetary gifts.

We look forward to another year of enhancing the quality of life for those we serve in 2019.

Rob Stauter
CREST Executive Director

* * *

Thank you to Fairmont residents

I am writing to thank Fairmont residents for sharing the true meaning of Christmas with children in need this past holiday season.

Because of the generosity of donors in Fairmont and across the United States, Operation Christmas Child, a project of Samaritan's Purse, collected more than 8.8 million shoeboxes in 2018. Combined with those collected from partnering countries in 2018, the ministry is now sending more than 10.6 million shoebox gifts to children suffering from poverty, natural disasters, war, disease and famine.

These simple gifts bring smiles to the faces of children around the world. Packed with fun toys, school supplies and hygiene items, these gifts bring joy and are a tangible expression of God's love. Since 1993, Operation Christmas Child has

collected and delivered more than 157 million gift-filled shoeboxes to children in more than 160 countries and territories.

It's not too late for people to make a difference. Though drop-off locations serving Fairmont shoebox packers are closed until November 2019, anyone can still pack a personalized shoebox gift online at samaritanaspurse.org/buildonline. Information about year-round volunteer opportunities can also be found at samaritanaspurse.org/volunteer-withOCC.

Thank you again to everyone who participated in this global project—many who do so year after year. These simple gifts send a message to children worldwide that they are loved and not forgotten.

Dana Williams,
Operation Christmas Child

* * *

A Special Thank You

A special thank you to the Knights of Columbus for delivering meals this past brutally cold week.

Thirty two people in the Fairmont area enjoyed a hot meal because of their extra effort. We are blessed to have twenty volunteer groups; Mayo Clinic, Lakeview Healthcare, Rotary Club, St John's Vianney, Lion's Club, Christian Church, St John's United,

Area College Student News



Zachary Hansen from Truman has been named to the Dean's List of the College of Arts & Sciences at the University of South Dakota for the Fall 2018 semester.

To qualify, students must successfully complete a minimum of 12 credit hours with a grade point average of 3.5 or higher.

* * *

The following students from the area graduated in December 2018 from University of Wisconsin-Stout in Menomonie, Wis.:

Fairmont, MN

- Hayley Jones, BS Health Wellness & Fitness,

* * *

The following students have been named to the Dean's List for the Fall 2018 semester at Buena Vista University:

- Brenna Horkey, of Fairmont
- Derek Hunwardsen, of Fairmont

* * *

The University of Wisconsin-Eau Claire extends congratulations to the 2,681 students named to the fall 2018 Dean's List. Their academic performance has been outstanding and we recognize

these students with pride. Students from this area who were named to the Dean's List are:

Fairmont, MN

- Shantel Quist, BFA interior design, Senior
- Sarah Jacobson, BS art education, Sophomore

* * *

Emily Kim, of Fairmont

Students named to the Dean's List must have a minimum grade point average of 3.5 for the semester, based on a 4.0 grade point system, and must have taken at least 12 hours of coursework.

* * *

Riverland Community College is pleased to announce the students whose academic achievement placed them on the 2018 fall president's and dean's lists.

President's List

To be eligible for the President's List students must have completed 12 credits per semester with letter grades and have earned a grade-point average of 4.00 on a 4.00 scale.

Area students who were recognized included:

Fairmont

- Kelsy Junkermeier, President's List

* * *

Area students who were recognized included:

Fairmont

- Kelsy Junkermeier, President's List

martincountylibrary.org

CHECK IT OUT!

@ the Martin County Library

Have you noticed that items on your library card now renew for you automatically? This new option began in 2018 and allows the computer to auto-renew any items still checked out on your card. So when life gets busy and you can't return your items, they will renew and automatically give you extra time. Or if you forgot to call us or go online and renew your items manually, no worries! The computer takes care of it for you. Occasionally, an item will not renew because someone else is waiting for it, or you've renewed it too many times. But typically, just about everything will automatically renew for you and give you a little more wiggle room to finish your book or movie or whatever it may be!


PhotoPress

Only good news

Picture Peddler

Deadline Mon at Noon for Wed's publication

1 week, your picture and 20 words for \$17; Run 2 weeks, your picture and 20 words for \$27. We'll take the picture at the Photo Press for an additional \$3.50



2017 CADILLAC XTS
Option loaded, heated/cooled leather seats, 33,000 miles, sale price \$24,995.
Welcome Motor Co., 1310 N. State St., Fairmont, MN, 235-3447, welcomemotorcompany.com

MARTIN COUNTY HUMANE SOCIETY

The Carl Nettfee Memorial Animal Shelter
522 E. MARGARET ST. • FAIRMONT, MN • 238-1885
pawprints.petfinder.com
Email: pawprints01@hotmail.com

HOURS: Tue & Thurs 6-8 p.m. • Sat 10 a.m.-2 p.m.



A FEW OF OUR CATS AVAILABLE FOR ADOPTION:

TIGER is a female dilute calico cat, 6 years old. She is playful and energetic, and she seems to prefer men. Tiger will need time to adjust to her new home, as she hasn't been fond of living in a cage and doesn't like to be put back in. Tiger is going to make someone a wonderful companion.

INKY! Our Inky is a 2 or 3 year old black female kitty who loves to play and play and play. Super friendly and loving, Inky is front declawed. She's ready for her new home and can't wait to have a family of her own!

A FEW OF OUR DOGS AVAILABLE FOR ADOPTION:

FRANNY is a tri-color shepherd mix, about 60 pounds. Playful and friendly, she came in with Foxy, who is an all red shepherd mix. Like 12 month old Franny, Foxy is also playful and friendly. **FOXY** is about 8 months old. Both are good with other dogs, good with kids and love to give kisses!

WE'RE SELLING ROSES!! Only \$20 a dozen, they're the perfect gift for valentine's day!! Call the humane society today to order!! 507.238.1885

OBITUARY notices

Larry A. Hartwig, 51



A Celebration of Life Service for Larry Allen Hartwig, 51, of rural Welcome, was held Saturday, February 2nd, 2019 at St. Paul's United Church of Christ in Welcome. Burial was in the Welcome City Cemetery in Welcome, with military honors by Welcome American Legion Post #553.

Larry was called to his eternal rest Sunday, January 27th, 2019 as the result of a snowmobile accident near Welcome. Kramer Family Funeral home handled arrangements for the family.

Larry Allen Hartwig was born on September

18th, 1967 to Dwain and Barb (Ziemer) Hartwig in Minneapolis. He was confirmed at St. Paul's UCC in Welcome. Larry graduated in 1986 from Welcome High School. He enlisted in the Navy and served four years at Whidbey Island, Washington and then in the Persian Gulf aboard a ship. He was honorably discharged in 1990. Larry returned to Welcome and worked at Weigh-Tronix in Fairmont and then AgCo in Jackson and was presently employed at C & B Equipment in Truman as a mechanic. Larry was married to Lori Prafke in 1993 and they had two children:

Samantha and Cole and were later divorced. Larry enjoyed horseback riding, snowmobiling, hunting, fishing, cooking and watching Longmire, feeding the birds and spending time with his family and friends.

He is survived by his children, Samantha Hartwig of LaCrosse, Wisconsin, Cole Hartwig of Mankato; his parents, Dwain and Barb Hartwig of Welcome; sisters, Kim (Gene) Shoemaker of Granada, Lori (Rodney) Sukalski of East Chain; brother, Kevin (Wanda) Hartwig of Welcome; big brother, Warren Nasby;

five nieces and nephews and twelve great nieces and nephews and other relatives and friends.

Larry was preceded in death by his fiancé, Karen

Schmidt; his nephew, David Sukalski; his grandparents and great grandparents.

kramerfuneralhome.com

DEATH notices

January 27 - Larry A. Hartwig, 51, rural Welcome
Kramer Family Funeral Home
January 28 - Burnette R. Droegemueller, 100, Fairmont. Lakeview Funeral and Cremation Service
February 1 - Rita R. Studer, 84, Fairmont (formerly Sherburn) - Kramer Family Funeral Home
February 3 - Lois L. Champine, 96, rural Ceylon
Lakeview Funeral and Cremation Service

In Memoriam One Year Ago This Week

January 29 - Deloris L. Kastning, 90, Truman
January 29 - Loville M. Hartmann, 84, Northrop
January 29 - Gregory G. Nordstrom, 68, Huxley, IA (formerly of Fairmont and Trimont)
January 31 - Robert J. Zoeller, 87, Granada
January 31 - Richard M. Hall, 88, Dunnell
February 2 - Morgan R. Tennyson, Jr., 77, Truman

Shirley L. Egan, 89



Shirley Egan, age 89, of Walker Westwood Ridge in West St. Paul, died January 22nd, 2019, following a

stroke.

Shirley Louise Brownell was born January 2nd, 1930, in Minneapolis, to Jay William and Ida Lydia (Ortman) Brownell. Shirley was only 12 years old when her mother died. Her father died five months before Shirley graduated from Minneapolis Central High in June of 1947.

Shirley worked as a bank teller until her marriage to Hilary Orlin Egan June 17th, 1950. They lived in Minneapolis, Rochester, St. Paul and Marshall. Shirley joined the Charter Class of the new Southwest Minnesota State College (now Southwest

Minnesota State University). In June of 1971, she graduated and taught as an elementary teacher for a year. Shirley was then hired by SMSC in 1972 as a paraprofessional in the Education Lab where she worked for the next ten years. In 1982, she transferred to the Business Office as an account clerk where she worked until her retirement in 1989.

Her hobbies included gardening, traveling and genealogy. Shirley and Hilary were Florida snowbirds for several winters. In 1992, they moved to Clearwater, Florida. They relocated to West St. Paul

in 2009 to be closer to family. In recent years, Shirley enjoyed puzzles, books on tape, computer games, Skype chats and catching Jeopardy. Although her hearing and vision were failing, she kept her marbles and her sense of humor.

Shirley was widowed in July of 2017 from Hilary Egan, her loving husband of 67 years. They have five children: daughter Teresa Egan of Oakdale, her daughter Melissa Montgomery and great-grandson Derrick Montgomery, Jr. of Oakdale; son Peter and his wife Carol Egan of Mendota Heights, their

children Ellie Egan of Minneapolis and Kevin Egan of Sejong, South Korea; son Tom and his wife Betty of Fairmont, their children Elizabeth Egan of Shelton, WA and John and his wife Rachel Egan and great-grandson Olin of Blaine; daughter Mary and her husband Robert Kittleson of Ceylon, their children Jaci and her hus-

band Alan Sinnett and great-grandchild due in April of Lincoln NE; Carter Kittleson of Sacramento, CA and Nolan and his wife Beth Kittleson of Ceylon; son Patrick Egan of Minnetonka.

A joint memorial service for Shirley and Hilary, and interment at Fort Snelling National Cemetery are pending.

Lois L. Champine, 96



A celebration of life service for Lois L. Champine, 96, of Ceylon, will be held in the Spring with burial held in the Lake Belt Cemetery near Ceylon.

Lois entered the hospital in Fairmont just hours after her husband, Bob passed away. Her health deteriorated rapidly and she passed away Sunday afternoon, February 3rd, 2019, at Mayo Clinic Health System in Fairmont, exactly two weeks following the death of her husband. Lakeview Funeral Home and Crema-

tion Service of Fairmont is assisting the family with arrangements.

Lois Laverne Champine was born in Whitten, Arkansas, May 9th, 1922, to James Melvin "Mel" and Edna Nancy (Phillips) Ennis. The family moved to Cassville, Missouri. When Lois was 13 years old, her mother passed away from ALS, and Lois helped raise her younger siblings. After graduating from High School, Lois moved to Kansas City, Kansas. She later moved to Wichita, Kansas, where she worked

for Boeing Aircraft. Lois then moved back to Kansas City and worked for Bendix Corporation until moving to Rogers, Arkansas, to work for Daisy BB Company.

In 1977, Lois was united in marriage to Robert Champine and moved to Ceylon, where they farmed together for more than 30 years. Lois was as much at home on a tractor as she was in her kitchen. She was active in the Methodist Church in Ceylon. Lois took up quilting and her handiwork and

canned goods took many prizes at the county fair.

Left to mourn Lois is her sister, Barbara Hendrix of Washburn, Missouri; sister-in-law, Marilyn Will of Northfield, MN; as well as many nieces, nephews, grandchildren and great-grandchildren.

Lois was preceded in death by her parents; husband, Bob Champine; daughter, Beverly Shooket; grandson, Jerry Hauck; four brothers; and one sister.

lakeviewfuneralhome.net

The Photo Press reserves the right to edit (as necessary) any obituary that is submitted for placement. All obituaries must be submitted by noon Monday of the week it is to be placed. Any photos submitted must be in high resolution. Questions on the obit policy can be directed to Jeff Hagen at 238-9456 or jeff@fairmont-photopress.com

The Guy From Just Around the Corner

By Al Batt

My neighbor Crandall stops by.

"How are you doing?" I ask.

"Everything is nearly copacetic. I know only a couple of things and I'm pretty



sure one of them is wrong. I know what I know because I read a lot of T-shirts. I just wrote a message for a T-shirt. 'Remember, there is a "me" in menu.' That should make me rich. I weighed 10 pounds when I was born. Now look at me. Talk about the effects of inflation. I know I should get more exercise, but there is no nation like vegetation. This is the time of the year when I've been known to flip a slipper at

a TV weatherman. I try to think about baseball to take my mind off winter. I've been following that game since I was old enough to throw a rock. My neighbor Scooter is headed to Florida soon to watch some spring training games of the Twins. Scooter finds it difficult to be positive when the temperature is negative. In the winter, he'll drive only one direction -- south."

Naturally

The thingamajig with the doohickey connected to the whatchamacallit brought good news. The eastern North American monarch population estimate for the winter of 2018-2019 has a population size of about 15 acres according to WWF-Mexico and the Comisión Nacional de Áreas Natura-

les Protegidas. This is the largest population since 2007 and an increase of 144 percent over last year. The Monarch Joint Venture reminds us that everyone can make a difference for monarchs by creating habitat, educating others and monitoring monarchs.

The weather report had been threatening. A volcano of winter had erupted. It was cold enough that my imaginary fire log went out. You don't need to touch the flames to feel the warmth.

I leaned into the wind. The wind leaned back. A canvas of fresh snow showed the marks made by small travelers making their way to here and there. I'm glad they shared their tracks with mine. I look and wonder. No walk

is just a walk.

There were rainbow-colored sundogs in the sky. They were caused by the diffraction by ice crystals.

I'd checked with Hartland Harry, our local groundhog. He woke up a bit cranky. He told me he had no idea when winter would end and if he did, he wouldn't tell me. He differs from Punxsutawney Phil. If Phil sees his shadow, Phil says we'll have six more weeks of winter. Harry is from Minnesota. He'd say we'll have only six more weeks of winter.

"March of the Penguins" was a great documentary film. The "March of the Pine Siskins" would be, too. Many of the tiny birds had found the feeders in my yard. They joined other birds in a feeding frenzy that heralded nasty weather. The

bills of some starlings had begun to turn yellow. Even at nearly -30, that's a sign of a nearing spring.

I headed down the highway, looking at the road and glancing at raptors. Red-tailed hawks patrolled highway margins. When snow covers much of raptors' hunting grounds, highways allow a prime place to pursue prey like voles.

I drove in the vicinity of Albert Lea High School. There was a wild turkey standing nonchalantly in the middle of the road as cars went by on both sides of the big bird. It was obviously a turkey with street smarts.

Birds are important. I watch a good number of high school athletic events involving teams from the Big South Conference. There are 13 teams in that league. Six of them are nicknamed

after birds. New Ulm and Windom are the Eagles; Fairmont, Luverne and Redwood Valley are the Cardinals; and Waseca is the Bluejays.

Q-and-A

"Are there any athletic teams nicknamed for plants?" There are. This list is by no means inclusive and some are named for parts of plants, but here you go. The one I am most familiar with is the Blooming Prairie Awesome Blossoms. Others include: Ohio State Buckeyes, Toronto Maple Leafs, Moorhead Spuds, Indiana State Sycamores, The Roses (an English rugby team), Scottsdale Community College Fighting Artichokes, Delta State (Mississippi) Fighting Okra and the Cedar Rapids Kernels (a minor

**Continued on
page 14**

Dining and Entertainment

Fairmont Eagles

1228 Lake Ave • 238-2555

Thursday, February 7 • 7pm: Meeting

Friday, February 8 • 5-7pm: Burger Night
Burgers \$5

Sunday, February 9 • 4-8pm: Steve Lang & Bob Petrowiak Show

Monday, February 11: Kitchen opens 5pm • Bingo 7pm

Tuesday, February 12: Fish Supper 5-7pm • Dart League 7pm

Fridays: Full Menu Available • Full Service Bar • Everyone Welcome! f

ST. JAMES LUTHERAN SCHOOL

Menus subject to change.

FEB 7 - 13

THUR: Pancakes, ham, green beans, strawberries.

FRI: Chicken fajita, fixings, pineapple.

MON: Calico bean hotdish, corn muffin, cheese stick, apple.

TUE: Hot beef sandwich, cheesy potatoes, corn, mixed fruit.

WED: Chicken noodle hotdish, green beans, bread, blueberries.

TRUMAN AREA

Menus subject to change due to inclement weather, shortages or delays in shipping.

FEB 7 - 13

THUR: Pulled pork sandwich, sweet potato fries, coleslaw, fruit salad, fruit.

FRI: Pizza, CA veggies, spinach salad, pears, fruit.

MON: Chicken nuggets, rice, broccoli, spinach salad, fruit.

TUE: BBQ sandwich, tator tots, veggies, orange, apple.

WED: Corn dog, baked beans, spinach salad, fruit salad, fruit.

Upcoming Events



Sat. Feb. 9
7:00 pm
Tickets \$15

LEGENDS II Pub & Grill
CEYLON, MN • 507-632-4696
Good food, good friends, good times!

ST. PAUL LUTHERAN FAIRMONT

Menus subject to change due to inclement weather, shortages or delays in shipping.

FEB 7 - 13

THUR: Cheese pizza, corn, broccoli, pears.

FRI: Mini turkey corn dogs, tator tots, pepper strips, orange.

MON: Cheese stuffed breadsticks, peas, carrots, mandarin orange & pineapple.

TUE: Tacos, corn, cucumbers, grapes.

WED: Roasted turkey sandwich, baked beans, celery sticks, peaches.

FAIRMONT AREA

Menus subject to change due to inclement weather, shortages or delays in shipping.

Breakfast menu can be found online.
FEB 7 - 13

THUR: K-6: Boneless chicken wings, dinner roll, blueberry parfait, baked beans, tossed salad, banana, strawberries.

JR/HS: General tso's chicken rice, dinner roll, peas, c broccoli, apple, pears.

FRI: K-6: Lasagna style pasta bake, breadstick, nachos fun lunch, broccoli with cheese, caesar salad, orange, peaches.

JR/HS: Mini turkey corn dogs, tator tots, green beans, cauliflower, pepper strips, orange, pineapple chunks.

MON: K-6: General tso's chicken, rice, stir fried veggies, berry parfait, peas, tossed salad, orange, peaches.

JR/HS:

Cheese stuffed breadsticks, peas, carrots, broccoli, apple, mandarin orange & pineapple.

TUE: K-6: Tator tot casserole, dinner roll, turkey ham & cheese sandwich, carrots, pepper strips apple, pineapple chunks.

JR/HS: Softshell tacos, refried beans, rice, corn, jicama, cucumbers, grapes, applesauce.

WED: K-6: Chicken nuggets, dinner roll, chicken caesar wrap, tator tots, celery sticks, grapes, fruit cocktail.

JR/HS: Turkey sandwich, baked beans, coleslaw, celery sticks, banana, peaches.

HOT MEALS ON WHEELS

Hot Meals on Wheels are Monday through Saturday for convalescents and persons who cannot purchase and prepare adequate meals. Meals are prepared by Lakeview Methodist Healthcare and volunteers deliver in Fairmont between 11 a.m. and noon each day. This is a community project and is non-profit and not government funded. For more info on Hot Meals on Wheels, contact Karen Toupal 507-236-8781.

SENIOR DINING WEEKLY MENU

Senior Dining is served each weekday at 11:30 a.m. at Friendship Village Monday thru Friday. Meals catered by Lakeview Methodist Healthcare. To reserve your meal, call 238-1650 between 9 a.m. and noon the day before. All area seniors welcome. LSS Senior Nutrition is made possible in part under the Federal Older American Act through an award from the MN River Area Agency on Aging under an area plan approved by the MN Board on Aging.

FEB 7 - 13

THURS: Tator tot hotdish, peas & carrots, rye dinner roll, jello with fruit.

FRI: Lemon pepper fish, red skin potatoes, broccoli, chocolate pudding.

MON: Beef stroganoff, corn on the cob, eclair.

TUE: Chicken cordon bleu, hashbrown bake, brussel sprouts, jello.

WED: Hamburger, tri-tator, bush beans, angelfood cake.

Kids Against Hunger concert fundraiser photos

Fairmont Area High School (FAHS) students, led by Senior Eric Head, held a "Kids Against Hunger" concert at the FAHS Performing Arts Center on January 23rd, 2019 to

help raise funds for the upcoming Kids Against Hunger Food pack, taking place February 16th, 2019 in Fairmont.

A number of students performed for the ben-

efit that night, along with selling root beer floats and t-shirts for the fundraiser.

Thanks to Eric Head for organizing the event and for all the students

who took part, on stage and behind the scenes.

Photos by Tari Stradtman.



Charlotte's Web at the Fairmont Opera House

New York-based Theatreworks USA paid a visit to the Fairmont Opera House recently presenting the children's play "Charlotte's Web" based on E.B. White's classic novel.

On stage, the five-actor troupe performed all the book's characters, such as Charlotte the barn spider, Wilbur the little pig and Templeton the rat, among others, much to the delight of the children and parents in attendance.

After the show the actors took time to meet with members of the audience, pose for pictures

and sign autographs.

Another set of performances were held Wednesday, February 6th for several hundred area school kids. Sunday's show, and tickets for the student performances were sponsored by The Schmeckle Foundation. Cost for bus transportation was covered by the Martin County Area Foundation.

Theatreworks USA is the nation's largest and most prolific not-for-profit theatre for young family audiences.

Photos by Joseph Kreiss Photography for the Fairmont Opera House





Jeff's Jottings

We can now all look back and say that we made it through "Polar Vortex 2019"! That was some brutal cold temperatures last Wednesday and Thursday and everyone had some kind of story to tell about their experiences during the event. My pickup barely started Wednesday morning and made a lot of noises while it was warming up. I spent the day waiting for the Photo Press newspapers to arrive at the office. Usually they are delivered by



8:30 or so, but shortly after 8 a.m. I received word from our printers that none of their trucks would start and they were working on getting them going. Our business (like many others) was closed that day, so I took advantage of that to do some catchup paperwork. At 4:30 that afternoon the truck with the newspapers finally arrived. We had already told the carriers to not deliver on Wednesday and even wait until later Thursday and into Friday to deliver the paper. Thank you to all our readers for understanding the reason for the delay of the paper last week!

"What is it?" answered!

It took two weeks, but we finally had someone figure out what our "What

is it?" item was. Ronnie Leiding of Ceylon was the only one

who was able to correctly answer the mystery item. The item actually is a 1920 Billmount Master Wrench Angle Socket Wrench. According to John Feld of Swea City, who brought it in, it was used for Ford Model A's and T's. So there you have it. Another "antique." I don't have any more items right now, even though a number of you said you have some you will bring in for future columns. It is understandable why you haven't brought them in, given the brutal weather we have had lately! If you have an item you think would be a good piece for this column, stop in or email me some photos along with a description. My email address is: jeff@fairmontphotopress.com

Teams needed for KAH Food Pack

On Saturday, February 16th, a number of volunteers will be gathering at the St. John Vianney Catholic



School Gymnasium to take part in the annual "Kids Against Hunger" Food Pack. The is the 11th year that this event has been taking place in Fairmont and last year our teams packed the one millionth meal for the Fairmont site since the beginning. Last year the group raised over \$37,000 to help feed those in need, both locally and abroad. We are still in need of some teams to help fill up our two to four p.m. shift on the 16th, so if you have a group that would like to have fun and help others, visit KAHfairmont-mn.weebly.com and go to the "Sign Up Genius" tab. The first two shifts are filled up, but we are always looking for more teams to take part. Don't have a team but still want to help? We are always looking for individuals to take part. We will pair you up with a team that is short of help so you can be a part of the "Kids Against Hunger" 2019 food pack.

Food, food and more food!

Here are a few things to let you know about before I go this week: • The Wednesday Evening Supper at Fairmont United Methodist Church will take place from 5 to 6 p.m. and will feature scalloped potatoes, ham and green beans. All meals also come with peanut butter and jelly sandwiches, dessert and beverages. A \$2 donation is suggested. • Grace Lutheran Church in Fairmont continues its Open Door Meal Wednesday, February 6th from 4:45 to 6:00 p.m. in the fellowship hall. They are serving spaghetti. All meals include beverage, fruit, dessert bar/cookie and peanut butter and jelly sandwiches. A \$3 donation is suggested for this meal. • The Wednesday night supper at Community Covenant Church in Huntley from 5:30 to 6:15 p.m. They will serve Lasagna, salad, breadsticks and Special K bars. Free will donation. • The Free Community Meal at First Congregational Church

in Fairmont was rescheduled due to frigid temps last week and will be held Wednesday, February 6th from 5:30 to 6:30 p.m. at the church. They will serve potato Bar with all the fixings. • Friday, February 9th is the Chili Challenge at Martin Luther High School, Northrop from 5:30 to 7:30 p.m. during the boys Jags home basketball game. • On Saturday, February 9th will be The Shepherd's In Soup Kitchen free soup meal at The Parsonage, 304 E. Blue Earth Avenue in Fairmont. Serving from noon to 2 p.m. • Sunday, February 10th the Ceylon Fire Relief Association will be having an all-you-can-eat Pancake Breakfast from 9 a.m. to noon at Legends 2 in Ceylon. Proceeds go toward the Ceylon Summer Festival. Have a great week!

Drive safely - visit a shut-in or family member - Eat, Play, Shop Local - Support Kids Against Hunger!

Jeff

"Just the other day"

Guest Columnist

Tom Palen, broadcaster, pilot, writer



"Conveniently Inconvenient"

It never ceases to amaze me, the things we will do in the name of convenience. Sometimes I wonder if we go too far? For example; our ancestors cooked over an open fire, which assumedly was outdoors. To make life easier, the woodstove was created. It served multiple purposes, two of which were cooking and heating the house. Wood became a bother for cooking, so someone invented the gas and electric range.

With this modern appliance, there was no wood to cut or messy ashes to deal with, (unless you burned dinner really bad.) Over time the range was no longer fast enough so someone invented the microwave oven. Very convenient...unless you let a bowl of oatmeal boil over, or reheated uncov-

ered leftover spaghetti or pasta. Have you ever seen a microwave oven after an egg exploded, or popcorn burned? In any case, it might have been faster to build a fire for cooking outdoors, than to clean the inside of the microwave.

Another great example of convenience is the television. In the old days people would go to town for entertainment, maybe take in a show at the movie theater, if they could afford it - if not, just watching people on Main Street, was entertaining enough. But we wanted more entertainment and we wanted it in our home so we didn't have to go outside. Thus, the TV was invented.

It was a kid's job to get up and change the channel or adjust the volume

whenever instructed to do so by Dad: the head of household, who was home from a hard day at work. But little kids grew into teenagers. As their interests changed, they were spending more time out with friends. Dad had to get up and change the channel himself. Oh, he might have tried asking his wife to change the channel, but as time went on, we demanded more conveniences, and soon it became necessary for Mom to work outside the home as well to help pay for all this convenience. At the end of a hard day at work, she was just as tired, if not more so, than he was. The invention of the remote control would keep peace among them.

The remote control was so handy with the TV, we started making remote

controls for everything - and they're great...when you can find them. With many remote controls, you also have to figure out how to use it and make sure you have the right remote control!

One day, I was trying to change the channel to find a show I wanted to watch, but every time I pushed a button, the ceiling fan came on or off; went faster or slower or reversed in direction. Obviously, I had the wrong remote. When I grabbed what I thought was the right one, it turned the lights on and off, yet another remote seemed to adjust the furnace setting, or inadvertently turn on the stereo. By the time I found the correct remote... You see, I can be a little OCD at times and it drives me nuts when...

To read the rest of this story, visit our website at fairmontphotopress.com or stop in to request a printed copy of the full version.

The **Prairie Star Quilt Guild** will meet Monday, February 11th, 2019, at the Evangelical Covenant Church located at 901 Woodland Avenue, Fairmont. There will be a work day starting at 9:00 a.m. for the Service Project Veterans Lap Quilts. The board will meet at 12:30 p.m. and the regular meeting will begin at 1:30 p.m. There will be a show-and-tell followed by a short program. The evening group will meet at 5:30 p.m. Membership is open so please join us.

A **Meet and Greet Artist Reception** will be held for Matt Petrowiak of Fairmont on Saturday, February 9th, 3-5 p.m. at the Red Rock Center for the Arts. View Matt's collection of drawings, paintings and photography, meet the artist behind the work all while enjoying light refreshments. Free, and everyone welcome.

Fairmont United Methodist Church continues its **Wednesday Evening Suppers** from 5 to 6 p.m. at the church, 119 E. 2nd Street in Fairmont. This Wednesday, February 6th they will serve scalloped potatoes and ham and green beans. Next Wednesday, February 13th it will be A&W Swiss burgers, baked beans and chips. All dinners include peanut butter and jelly sandwich, beverage and donated desserts. A \$2 donation is suggested.

Arc Different Drummer Dance Club will have a **Valentine Dinner and Dance** from 4:00-7:00 p.m. on Sunday, February 10th at Fairmont's Holiday Inn. RSVP's for the dinner and/or if attending the dance (music by Switch Blade) will be taken up until noon on Wednesday, February 6th. Please contact Pat Kietzer at 507-848-5017.

There was an error in last week's Photo Press that was incorrect information on the AARP Tax Aide. The following is correct: AARP Tax Aide is providing **free income tax returns** in Fairmont. Volunteers will be available to complete income tax returns from 8:45 a.m. to 4:00 p.m. Tuesdays and Thursdays through April 11th. They are located at St. Martin's Episcopal Church in Fairmont, next to the Martin County Library. Call 507-230-4400 for an appointment.

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2018 Tax Update

Guest Columnist

Sara Pierce, Pierce Accounting & Tax Services

President Trump signed the new tax bill on December 22nd, 2017 passing the largest tax update since 1986. With a bill this large there has been a lot of regulation released in 2018 and final regulations on some of this was just released January 21st, 2019.

There are new tax brackets and rates for 2018. The new tax rates will be 10%, 12%, 22%, 24%, 32%, 35%, and the top bracket is 37% for over \$500,000 for singles, \$600,000 for those filing

married joint. This is a drop from 39% for over \$415,050 for single and \$466,950 for those filing married joint. As taxpayers look into roll-overs, distributions and other changes in income they are advised to take a look at the new brackets.

A second major change is the standard deduction. The deductions are now: \$24,000 for married filing joint, \$18,000 for head of household, and \$12,000 for all other taxpayers. Another important piece to this is

the personal exemption is effectively suspended so it is not as great a thing as it seems on the forefront. The personal exemption for 2017 is \$4,050. One thing to keep in mind here - Minnesota is still under the rules of 2016 so if you do not itemize on your federal return some items may be deductible on your Minnesota return.

A few other changes in this same area that take effect for the 2018 tax year:

- The over all limitation on itemized deductions is removed
- Home mortgage interest deduction is limited to the first \$750,000 in debt (\$1 million in debt acquire prior to 12/16/17)
- \$10,000 deduction limitation on state and local taxes not paid or accrued in a

trade or business

- For cash donations to qualifying charities the income limitation has increased to 60% (from 50%)
- Miscellaneous itemized deductions subject to the 2% floor have been suspended. These include appraisal fees, certain IRA fees, and some job expenses.

Employers should look at having accountable plans if they have employees that deduct home office expenses.

The child tax credit for dependents under the age of 17 has doubled to \$2,000 per qualifying child. Taxpayers may also qualify for a \$500 nonrefundable credit for qualifying dependents other than qualifying children. There was not a change to the definition of dependents. In order to receive the child tax credit the taxpayer must include a Social Security number for each qualifying child.

The Kiddie tax laws had a major change that may affect how trusts and estates

are treated. Under prior law the Kiddie Tax was a huge advantage because the income would be taxed at the taxpayer's (kid's) tax rate. Trusts and Estates would be set up so the income would be distributed to the child and taxed at the lowest tax bracket. The House and Senate recognized the taxes they were missing out from this and decided that now the unearned income from the trusts and estates will now be taxed according to the brackets applicable to the trust and estate. Any earned income (wages) will be taxed according to the bracket the child is actually in.

For tax years prior to 1/1/18 Alimony payments have been deductible on the payer's return and included as income on the recipient's tax return. For all agreements that are executed after 12/31/18 this will no longer be the case. Alimony and separate maintenance payments are not deductible by the payer. The treatment of child support is not changed.

Moving expenses in relation to a job change will no longer be deductible after 1/1/17. This change does not affect members of the armed forces on active duty that move pursuant to a military order. These expenses are still deductible on the Minnesota tax return.

A very big change that is creating a lot of confusion and discussion is the exclusion of 20% of qualified business income from a partnership, S corporation, or sole proprietorship. Final regulations for this this qualified business income tax deduction (QBID) were just released 1/21/2019. There are several exemptions, limitations, and other stipulations that it would be hard to go into detail in just one paragraph. My advice is this: if you are a business

owner talk to your tax preparer and advisor. The deduction has so many factors to it that include business income, wages earned, and business property owned. For some, this will be a tax benefit and for others this will not make a difference. There are also limitations based on what industry you are in. If your industry is highly specialized, (medical, consulting, advising) you fall into the "specified trade or business" category and subject to special limitations. Before you rush out to make changes to your ownership and business type take the time to sit down and go over the numbers with a professional.

Net Operating Loss limitations have been added to the law for taxable years beginning after 12/31/17 and before 1/1/26 for taxpayers other than corporations. Excess business losses of a taxpayer other than a corporation are not allowed for the taxable year. These losses are carried forward and treated as part of the taxpayer's NOL carryforward in subsequent taxable years. NOL carrybacks of post 2017 tax years are no longer allowed.

Minnesota tax returns for 2018 are essentially a whole separate tax return for the 2018 tax year. Minnesota cannot conform yet to federal tax law and therefore is essentially remaining under the 2016 tax law. It is important for all tax filers to remember this and still provide their tax provider with everything they would in prior years as far as expenses and possible deduction items.

A reminder for the 2018 tax year is the opportunity for a tax credit or subtraction when setting up a 529 College Savings Plan. In the past there was not any tax savings for setting these up until the college student began drawing on it. The student was able to take distributions to use specifically for college (tuition and text books) and not pay tax on the distribution. For the second year Minnesota is offering an opportunity for the contributor to get a tax benefit. The taxpayer has the option of taking up to a \$500 credit or subtraction

Continued on page 12



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Where are the SweetHearts?!

By Clair Robins

SweetHearts have gone missing. They are the most popular brand of the most popular Valentine's Day candy, and they're not on shelves this year.

As a result, conversation hearts' reign as the top Valentine's Day candy will end this year - with sales falling by an estimated 80%.

Conversation hearts candies are the little hearts with cute sayings on them: Be Mine, Marry Me. They are the most popular candy for Valentine's Day season - which is estimated to generate over \$1.8 Billion in candy sales.

If the biggest brand vanished, would conversation hearts still be the most popular candy? Not even close.

SweetHearts were made by the New England Confectionery Company. Necco, for short. And despite the Great Necco Wafer Panic of 2018, the company was not able to be saved. Necco is dead, and so are SweetHearts for now.

There are competing brands, but SweetHearts is the original, most recognized and most favored. SweetHearts' hold some level of sentimental value for most people in the US. Their nostalgia factor is strong.

Thus, when talking about conversation hearts, you're pretty much talking about SweetHearts.

With over 19 million pounds sold each year, we estimate that over 80% of the conversation hearts purchased are SweetHearts brand.

It's not really possible to lose 80% and keep the throne.

So where does that leave overall conversation hearts

sales this year. Down big time, we estimate.

SweetHearts were made by the oldest continually operating candy company, the New England Confectionery Company. Necco, for short. They had been making SweetHearts since 1886.

Last year, Necco announced they needed to sell the company, and the fate of SweetHearts - as well as their other brands - was thrown into limbo. Would someone buy Necco, or buy the individual brands, or would Necco and SweetHearts just die?

On July 24th, 2018 the factory was shut down. Factory workers were told not to show up to work the next day.

In the end, Necco was bought in an auction by Round Hill Investments. They turned around and sold the SweetHearts brand to Spangler Candy Company in late September 2018. While all that time ticked away it became less and less likely that SweetHearts would be available for 2019.

That's where we are now. No SweetHearts this year, but next year is looking good.

Novelists profile Valentine shopper types

J.S. Fletcher and Kathy Newbern, founders of YourNovel.com, are still going strong after nearly three decades of personalizing romance novels for couples far and

Continued on page 16



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Financial Gifts for Valentines...of All Ages

Valentine's Day is fast approaching. This year, consider going beyond the flowers and chocolates and think about providing financial-related gifts to your loved ones of all generations.

Here are some gift pos-

sibilities to consider:

- For your spouse or partner – Your income – both today and in the future – may be essential to the ability of your spouse or partner to maintain his or her lifestyle and even to enjoy a comfortable re-

tirement. Consequently, you need to protect that income and be prepared to replace it. So, why not use Valentine's Day as an opportunity to review your disability and life insurance? Of course, you don't have to evaluate your insurance needs and add new coverage all in one day, but the sooner you act, the more you can relax in the knowledge that you've helped give your spouse or partner a more secure future.

- For your children or grandchildren – If you want your children or grandchildren to go to college, or to receive some type of technical education that can help them launch a good career, you may

want to provide some type of financial assistance. And one education-funding vehicle you might want to consider is a 529 college savings plan, which offers tax advantages and high contribution limits. Plus, it gives you, as owner, considerable flexibility – you can always change beneficiaries if the child or grandchild you had in mind decides not to go to college or a technical school. (Be aware, though, that a 529 plan can have financial aid implications, so, at some point, you will want to discuss this issue with a financial aid counselor.)

Another financial "gift" you could give to your children is a bit more indirect, but possibly just as valuable, as a 529 plan – and that's the gift of preserving your own financial independence throughout your life. If you were to someday need some type of long-term care, such as an extended nursing home stay or regular visits from a home health aide, you could find the costs extremely high. Medicare typically pays few of these costs, so you will likely

need to come up with the funds on your own. You can go a long way toward protecting yourself from these expenses – and



avoid having to burden your grown children – by purchasing long-term care insurance or some type of life insurance with a long-term care provision.

- For your parents – One of the best gifts you can give to elderly parents is to help make sure their estate plans are in order. This is never an easy topic to bring up, but it's essential that you know what responsibilities you might

have, such as assuming power of attorney, to ensure that your parents' plans are carried out, and their interests protected, in the way they'd want. Toward this end, you will need to communicate regularly with your parents – and if they haven't drawn up estate plans yet, you could arrange for them to meet with the legal, tax and financial professionals necessary to help create these plans.

Just as the definition of "love" is broad enough to include all the people most important to you, so is the range of financial gifts you can give your loved ones. Start thinking about these gifts on Valentine's Day – and beyond.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Valentine's Day candy quick facts

- 43% of people said they will buy themselves a box of chocolates this year.
- It takes manufacturers 11 months to produce enough for those 6 weeks.
- 58 million pounds of chocolate are bought during Valentine's Day week.
- Vodka infused with candy remained popular with conversation hearts last year.
- The peak selling period for conversation hearts is only 6 weeks long.
- Children receive 39 percent of all Valentine's Day candy and gifts.

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Continued from page 9

up to 50% of the total contribution. Another great thing about this credit is the benefactor does not need to be a dependent or a Minnesota resident and the plan does not need to be a Minnesota plan. Another option is the student can contribute to their own 529 plan and claim a credit as long as they are not claimed as a dependent on another return.

Another tax benefit that Minnesota is offering again for the 2018 tax year is the subtraction of taxable Social Security income. Once a taxpayer has a certain amount of other income (this includes wages, Required Minimum Distri-

butions, Interest, and any other income) up to 75% of Social Security Income can become taxable at the federal level. The subtraction is up to \$4,500 if filing married joint, \$3,500 if filing single or head of household, \$2,250 if filing married/separate. This subtraction does phase out once the taxable income exceeds thresholds, but should result in a savings for most taxpayers.

Are you a teacher considering earning your master's degree? There is an opportunity for a tax credit here also. The credit is available to any teacher beginning the Master's program after June 30th 2017 and is available once the degree is earned. The degree must also be in

the core content directly related to the teacher's licensure field. The credit is equal to the lesser of \$2,500 or the cost of tuition, fees, books, and instructional materials.

Minnesota is also now offering a credit for student loan payments. The credit is available to Minnesota residents only. The nonrefundable credit is limited to the least of \$500, earned income for the year, and a figure that is based on amount of interest paid or actual loan payments made. If you are filing married jointly each taxpayer can take the credit and it is claimed on the new MN Form M1SLC.

Are you a Minnesota resident paying taxes to Wisconsin? Great news -

there is a credit available for this again. Another item passed in 2017 for taxpayers who are having issues in determining residency is the location of the taxpayer's CPA, attorney, or financial advisor will no longer be used as a determining factor. This is a great victory for many people who chose to move but wish to keep the same professional advisors.

There were also changes made to the treatment of installment sales of pass-through entities in Minnesota and the acceleration of gain. If you are an owner of an S-Corporation or partnership and considering a sale you are advised to meet with your tax advisor to get advice on how to best take advantage of this or

avoid extra tax.

For decedents passing after December 2016 the estate exclusion is increasing to \$3 million by 2020 in \$300,000 increments beginning in 2017. Minnesota residency of the decedent is a factor here as well.

Beginning in the tax year 2018 Minnesota is now offering credits on the sale or rental of agricultural equipment. There are some hoops to jump through to qualify for this credit but proper planning should make it easier to attain. One important thing to know right away is the farmer does not qualify for the credit if the sale is to a related party, unfortunately.

Minnesota legislature has released most forms

and information to help guide tax preparers and taxpayers through this process. There are many other changes regarding business structures, treatment of income and depreciation that have been made or stayed the same on the federal level. You are encouraged to set up a time with your tax preparer or advisor to sit down and talk about these before making any changes. Between the internet and the news there is a lot of information out there, some of it incorrect, misleading, and outdated and can cause confusion. As a CPA myself and the many others around here we are all doing our best to keep up with the latest news and regulations for our clients.

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1 Card of Thanks

ROSE - The family of DeElda Rose wishes to thank relatives and friends for the beautiful flowers, cards, memorial gifts and sharing of your memories, love and sympathy with us in our time of sorrow. We are grateful to Pastor Anthony Christoffels for his words of comfort, to Glenn Henriksen and Bill Hansen for their uplifting music and to the women of Trinity Lutheran for the beautiful luncheon served. *39-1tcc-1*

7 Help Wanted

ADMINISTRATIVE ASSISTANT/CLIENT SERVICE. 15 - 20 hr/wk, may lead to full time. Must be detailed oriented, organized, able to prioritize and have excellent PC skills, ability to learn new procedures and handle all client services with professionalism. Confidentiality is a must! Email resume to: **davidp.johnson@ipl.com** NO WALK INS. *36-4tc-7*

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The Martin County Sheriff's Office (County of Martin, MN) is accepting applications for a seasonal part-time Water Patrol Deputy position. The Water Patrol Deputy Sheriff maintains law and order within the Martin County area lakes, patrols assigned area to enforce laws, investigate crimes. Will receive law enforcement training on Aquatic Invasive Species (AIS). This person may also be an unlicensed Deputy that assists with investigations and Patrols through assigned areas and observes boating violations. Investigates illegal or suspicious activities of persons, and quells disturbances. Conducts public instruction and enforcement on Aquatic Invasive Species (AIS) matters for boaters and general public. Attend law enforcement training for AIS.

Minimum qualifications include:
High School Diploma / GED, Associate degree with principle coursework in criminal justice, police administration and law enforcement preferred and currently licensed by the Minnesota Board of Peace Officers Standards and Training, or eligible for licensure upon appointment. Successfully pass criminal background checks. Must possess a valid Driver's License.

Subject to written examinations, must pass physical and psychological examinations, and must pass a thorough background examination satisfactory to the county. The current hourly rate is \$18.00-20.00/hour (depending on qualifications), not eligible for full time employee benefits package. Weekend work is required and the number of hours and shifts will vary.

For a complete job description and required application(s), please contact: Job Service at Fairmont Workforce Center, 400 South State Street, Five Lakes Center, Suite #180, Fairmont, MN 56031 or call (507) 235-5518. Required applications can also be obtained on our website at **www.co.martin.mn.us**. Completed application forms are to be submitted to the Fairmont Workforce Center only.

Applications close 4:00 P.M. on February 15, 2019.

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WARRANTY DEEDS

Jon Marvin Balcom, Kathy Lorraine Balcom to Douglas A. Willner, Lot 2, Block 1, Center Creek Addition, Granada

Aaron J. Pearson, Krista F. Pearson to Aaron R. Speltz, Amanda R. Speltz, Lot 9, Block 3, Center Creek 2nd Addition

Dawn D. Willner, Douglas A. Willner to Michael John Nelson, Sr., PT N½ Lot 2, Block 12, Original Plat Tenhasen-Ceylon

Linda K. Small, Micheal W. Small to Bright Lake Farm Limited Partnership, PT 21.38 AC w/easement of SW¼NE¼, 9-101-31

Michael Eugene Heckman, Stephanie Lynn Heckman to Dustin Person, Lot 3, Block 1, Westwoods Addn

CONTRACT FOR DEED

Christine E. Wohlford, Timothy J. Wohlford to Andrew J. Craig, Lot 5, Block 2, Original Plat Monterey

QUIT CLAIM DEEDS

Connie M. Helmers, Dennis N. Helmers to Craig Drager, Gaylord Martin, Lisa Polz, EXC 4.00AC of SW¼, 29-102-33

Jeffery R. Krumwiede, Jeffrey R. Krumwiede, Kathy E. Krumwiede to Kellie Jo Krumwiede, Lots 12 & 13, Block 15, Lake George Addition

Tyler Bromeland to Jessica Roeschen, EXC E190', Lot 1, Block 1, Welchlin Addition

D-DEED

Luverna Hartmann Estate, Ronald J. Arens Per Rep to Carole J. Lohmann, Lot 202, Block GS6, Belle Vue Estates Condo No 1

The Garden Bug
Making your own ant bait

Mix one part borax with 3 parts powdered sugar. Fill tiny containers (such as bottle caps) with the bait, and place them where you suspect ants are entering your house. If you see trails of ants, place small containers of the mixture directly in their path. They will carry the bait back to the nest, unable to differentiate between the borax and sugar, and the borax particles will eventually kill the entire colony. Keep leaving out bait until no more ants are seen wandering. - Brenda Weaver
Source: www.diynatural.com

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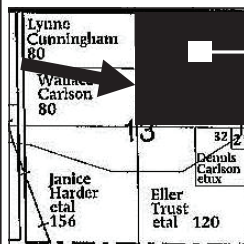
Notice of Upcoming Watonwan County, Minnesota Very High Quality 152.5 ACRES +/- Odin Township FARMLAND AUCTION

Friday, February 15, 2019 @ 11:00 A.M.

In case of a Storm/Blizzard check our web site www.danpikeauction.com.

The alternative storm date would be Monday, February 18, 2019 @ 11:00 A.M.

Sale Location: The auction will be held at the Odin Community Center just west of the Odin State Bank in Odin, Minnesota.



PROPERTY LEGAL DESCRIPTION
The Northeast Quarter (NE1/4) except the 7.68 acre building site area in Section 13, Township 105N (Odin), Range 33W Watonwan County, MN. Containing 152.5 acres more or less.

For property information booklet & more information go to

www.danpikeauction.com

OWNERS: Cunningham Family Farms LLP & Robert R. Cunningham

ATTORNEY FOR THE SELLER:

Zachary R. Strom of the Sunde, Olson & Kircher Law Firm

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Dustyn Hartung & Darwin Hall

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Continued from page 6

league baseball team). There used to be another minor league baseball squad in California named the Visalia Oaks, but they changed their nickname to Rawhide. I'm sure there are more plant-based nicknames.

"Why do blue jays carry so many seeds in their mouths?" It's because they don't have pockets.

Thanks for stopping by
"Whoever you are, no matter how lonely, the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting, over and over announcing your place in the family of things." -- Mary Oliver

"I rest in the grace of the world, and am free."
— Wendell Berry

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Al Batt 2019



Sports are for the birds. Photo by Al Batt.

LAFF - A - DAY



"It's just our tough luck to get a dog with a lousy memory!"

AG-LAND AUCTION

79.61 (A) - BARELAND
Kesselring Children - owner
Mike, Sue, Romi & Annette

**FRIDAY, FEB. 22, 2019
9:00 AM**

Farm Location: from Blue Earth, MN 6 miles west of Hwy 16 to Guckeen, MN. Then north on county blk-top #1. 1 1/2 miles, then west on 130th Street 1 mile.

Legal Description: 79.61 (A) M/L, East 1/2 of NE 1/4 Section 1, Pleasant Prairie Township (102N) Range 29 West, County of Martin, State of Minnesota. (North of I-90)

**AUCTION WILL BE HELD AT THE
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25 YEARS AGO IN THE PHOTO PRESS

WEEK OF

FEBRUARY 9, 1994

Maynard R. Senf, a long-time resident of Fairmont, was named Executive Director of Friendship Village, a Federal Housing and Redevelopment complex in southeast Fairmont. Senf was selected from more than 20 applicants to succeed the late Harold Striemer, who had held the position since the complex was built 20 years earlier.

A half dozen Fairmont students, plus a Martin Luther High School student joined more than 1,300 high school singers participating in the 44th annual Dorian College Vocal Festival in Decorah, Iowa. Local participants included Melissa Hartman of MLHS; David Flinck, Thad Larson, Brandon Nasby, Joe Newlin, Suzanne Schermerhorn and Michelle Steuber, all of Fairmont High School.

Ribbon cuttings were held by the Fairmont Ambassadors for two Fairmont businesses. Comprehensive Nurse Consultants, Inc., made up of owners Lori Boisen, Pam Hansen, Michelle Mosloski and Marilyn Green were pictured at the business, located at 112 W. 1st Street, Suite 103. Fairmont Family Chiropractic had recently completed a major addition and remodeling

and were pictured at their building at 112 N. State Street. Pictured cutting the ribbon were owners Monica Burtis and Dr. Scott Burtis.

50 YEARS AGO IN THE PHOTO PRESS

WEEK OF

FEBRUARY 9, 1969

Fairmont National Bank re-elected officers and directors at their annual meeting. Ray L. Haeckel, John H. Haeckel, W.H. Norman, C.W. Musser, Richard G. Wade and Edward A. Fillmore were re-elected directors. Officers were Ray Haeckel, president; Richard Wade, vice-president; John Haeckel, cashier; and James Haeckel and Herman Greife, assistant cashiers.

Harold Milbrandt and Beryl Bromley had retired from the Railway Motors. Their total time on the job was 67 years.

Fire destroyed Nu-Tech Electronics of Fairmont, located at 1205 N. Dewey Street. Damage was estimated at \$150,000. Owners of the 2-year-old company, all from Fairmont, announced plans to rebuild. Owners included Greg Legg, James Gardner, Conrad Gaarenstrom, Leion Kirk, George Hultgren, Roy Donkersgoed and Richard Paulson, who were officers, plus shareholders in the corporation. The building was owned by Rupert Hodgman.

UPCOMING AUCTIONS

FRIDAY, FEBRUARY 15, 2019 AT 11 A.M. - CUNNINGHAM FAMILY FARMS, LLP & ROBERT R. CUNNINGHAM - High Quality Watonwan County 152.5 Acre Farmland Auction Sale Location: Odin Community Center in Odin, MN Call 507-847-3468 or www.danpikeauction.com for more information. **DAN PIKE AUCTION COMPANY & ASSOCIATES.**

THURSDAY, FEBRUARY 28, 2019 @ 10:00 A.M. - RUTH DRAUT REVOCABLE TRUST - 312 Acres +/- Multi Parcel Farmland Auction located in sections 13 and 24 Sioux Valley Township, Jackson County MN. Sale to be held at the American Legion Hall, 413 Main Street in Lakefield, MN. **WEDEL, KAHLER, PIKE & ASSOCIATES**

THURSDAY MARCH 14, 2019 @ 10:30 AM - RUTH DRAUT REVOCABLE TRUST - 60 Acres +/- Single Parcel Farmland Auction located in section 27 Allison Township, Osceola County Iowa. Sale to be held at the Ocheyedan Town Hall, 869 Main Street in Ocheyedan Iowa. **WEDEL, KAHLER, PIKE & ASSOCIATES**

NEW PRIVATE LISTING! 212.20 ACRES +/- BARE FARMLAND located in Section 5 of Tenhasen Twp, Martin Co., MN. **FOR SALE BY PRIVATE TREATY, PLEASE CONTACT DUSTYN HARTUNG AT 507-236-7629 FOR PRICE, TERMS, ETC.**

NEW PRIVATE LISTING! 232.32 ACRES +/- BARE FARMLAND located in Section 16 of Waverly Twp, Martin Co., MN. **FOR SALE BY PRIVATE TREATY, PLEASE CONTACT DUSTYN HARTUNG AT 507-236-7629 FOR PRICE, TERMS, ETC.**

PRIVATE LISTING: 25.4 Acres +/- Hunting & Recreational Land. Located in Section 31 of Verona Township, Faribault Co., MN. For sale by private treaty, please contact Dustyn Hartung at 507-236-7629 for price, terms, etc.

PRIVATE LISTING: 48.5 Acres +/- Hunting & Recreational Land. Located in Section 6 of Jo Daviess Township, Faribault Co., MN. For sale by private treaty, please contact Dustyn Hartung at 507-236-7629 for price, terms, etc.

PRIVATE LISTING FOR SALE: 4,000 head finishing hog site in Sec. 16 of Iowa Lake Twp., Emmet Co., IA CONTACT DUSTYN HARTUNG 507-236-7629 FOR INFO ON PRICE, TERMS, & INSPECTION!



For upcoming auction flyers:
auctioneeralley.com

• Allen Kahler, 764-3591 • Ryan Kahler, 764-4440
• Kevin Kahler, 235-5014 • Dan Pike, 847-3468
• Doug Wedel, 236-4255 • Dar Hall, 327-0535
• Dustyn Hartung 507-236-7629 • Leah Hartung 507-236-8786
• Chris Kahler, 507-230-6006

**105 South State Street, Fairmont, MN
(507) 238-4318**

Red Bulls 1st at Cougar Invite



Lucas Jagodzinske Jesse Potts Jaxson Rohman Payton Anderson



Connor Simmonds Nathan Simmonds Jacob Rahn

Seven Red Bull wrestlers captured crowns to help Fairmont/Martin County West win the Mankato East Cougar Invite last Saturday. The Red Bulls walked over eight other teams and outdistanced runner-up Watertown-Mayer 237.5 to 129.

Individual champs for the Red Bulls included -

106 Jesse Potts (31-8), 113 Lucas Jagodzinske (28-4), 120 Jaxson Rohman (35-3), 126 Connor Simmonds (35-4), 145 Payton Anderson (32-7), 160 Nathan Simmonds (30-8), 220 Jacob Rahn (27-10). Other wrestlers, 2nd Place - Mario Maldonado, 2nd Place - Tristan Lange, 2nd Place - Garrett Myren, 4th

Place - Blake Jagodzinske, 5th Place - Everardo Hernandez, 6th Place - James Joyner.

Fall Semester Honor Roll released for Martin Luther High School

The following students have earned Honor Roll status for the 2018-19 Fall Semester at Martin Luther High School, Northrop.	Emily Sokoloski*	Abby Calkins*
	Lily Cyphers*	Caleb Roiger*
	Alyssa Wiederhoeft*	Lizzie Oothoudt
	Abbie White	Jordan Wiederhoeft
*Honor Roll with Distinction (3.5 and above)		
Honor Roll (3.0 - 3.44)		
(Students are listed alphabetically in each grade)		
9th grade		
10th grade		
11th grade		
12th grade		



UP ICE - Cards Corene Moeller guides the puck up ice as teammate Anna Nordquist and Mankato West's Lindsey Hays trail the play. The Scarlets downed the Cards 8-1 last Saturday. Photo courtesy Greg Abel

fairmont

sports.com

LIVE CARDINAL WEBSTREAMING VIDEO

Sports QUIZ

by Chris Rich:week

1. Since 1969, how many times have the Boston Red Sox won the A.L. East title?

2. Two Minnesota Twins were 20-game winners during the 1990s. Name them.

3. Four head coaches for the University of Oklahoma football team have recorded at least 100 career wins. Name three of them.

4. In the 1973-74 season, Elmore Smith of the Los Angeles Lakers established a record for blocked shots in a season (393). How many players have surpassed that number since?

5. Colorado's Nathan MacKinnon set an Avalanche record when he started the 2018-19 NHL season with goals in his first six games. Who had held the mark?

6. Which Asian men's soccer team has appeared the most times in the World Cup?

7. In what year did Roger Bannister record the first sub-four-minute mile?

Answers

1. Ten times.

2. Scott Erickson (20 wins in 1991) and Brad Radke (20 wins in 1997).

3. Bob Stoops (190 wins), Barry Switzer (157), Bud Wilkinson (145) and Bennie Owen (122).

4. Two — Mark Eaton (456 in 1984-85) and Manute Bol (397 in 1985-86).

5. Mats Sundin did it in the first five games of the 1992-93 season when the franchise was located in Quebec.

6. South Korea, with 10 appearances.

7. It was 1954.

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St. Paul Lutheran's Boys basketball team took first place at the Sioux Falls Tournament January 11th-12th. They beat Lakefield (57-11), Worthington Christian (47-39), Sioux Falls Lutheran (54-25) and Inwood Christian (37-29) to take home a championship! (Submitted photo)

Fairmont PeeWee A Hockey results

The Carlson Dental PeeWee A hockey team played two games this past weekend

Saturday for Hockey Day the PeeWee A team hosted Hutchinson and defeated the Tigers 6-4. Scoring for Fairmont was Hank Artz with 2 goals with an assist from Connor Gronewald. Brock Lutterman and Tyson Pankow each had an unassisted goal. Connor Gronewald had an assisted goal from Brock Lutterman and Jace Tevel Dahl had an assisted goal from Hank Artz. Goalie Ethan Geerdes recorded 35 saves.

Sunday the Pee Wee's traveled to Worthington and defeated the Trojans 7-1. Unassisted goals for Fairmont came from Hank

Artz and Connor Gronewald. Brock Lutterman had 2 assisted goals from Hank Artz and Connor Gronewald. Jace Tevel Dahl had an assisted goal from Hank Artz. Brock Lutterman provided 2 assists to help Kegan Roloff and Tyson Pankow net a goal each. Goalie Ethan Geerdes recorded 9 saves.



CRASHED ICE - Cardinals Eli Anderson and Redwood Valley's collide going for the puck. Redwood Valley blanked the Cardinals 9-0 last Friday night. Courtesy fairmontsports.com



The East Chain 4-H Club met at the Martin County Arena on Sunday, January 13th, 2019. Roll call was taken by answering the question, "Where would you like to go on a dream vacation?" The club celebrated one January birthday.

A discussion was held about how to fund the Community Pride Project for 2019 and what projects the club wanted to partake in. Club members were notified about scholarships and activity deadlines that are coming up this next month. The next Council and Federation meeting will be on January 28th, 2019.

The club did not have any demonstrators that evening. Members then enjoyed a night of ice skating.

Respectfully,
Misty Geerdes



SOFT TOUCH - Zach Jorgensen puts up a shot in the lane as Cardinal teammate Wyatt Frank looks on. St. Peter knocked off the Cards 65-54 last Friday night. Photo courtesy Greg Abel



Fairmont Dance Team stopped for some fun after one of their performances at sections in Delano last Saturday. Their next performance is Tuesday at the varsity basketball game. (Submitted photo)

Just Like Cats & Dogs

by Dave T. Phipps



Continued from page 10

wide. Imagine you and your Sweetheart starring in a book. How romantic.

The husband-wife team note that business historically peaks during the Valentine season. It's the perfect holiday to give such a dedicated memento. What's interesting are the types of Valentine shoppers they see, such as:

The Romantic: plans to dazzle their special partner with something never seen before. Every year they set out for something sizzling, sexy and unique to get the heartstrings strumming the song of love. And with such a wide variety of books to choose from, YourNovel.com has these romantics covered.

The Procrastinator: buys roses and chocolates at a roadside stand on the way home from work on February 14. But not to worry, the company's eBooks are available within a few hours even on the Day of Love.

The Overachiever: Chocolates - check! Roses - check! Candles - check! Fancy undies - check! Um, anything else? After all, it's already January 31. That buys enough time to get a lovely hardback romance novel with a photo of you two on the front cover.

Deployed: is currently not in a position to go for the usual stuff or receive it. YourNovel.com has served many clients who are deployed or whose partners are away from home. A

personalized romance novel is easy to ship worldwide and a fabulous way to say "I love you" from a distance.

Doghouse Bad Boy: needs a grand gesture to make up for some grievous error (real or imagined). YourNovel.com has all kinds of stories to choose from to make amends in a romantic, special way. Read it together on the couch then act out the sexy parts - each book comes wild or mild.

Non-Believer: "It's just a made up holiday." Better to be safe than sorry when it comes to the significant other who may not hold the same opinion. Besides, personalized gifts are timeless, and romantic novels are sure to captivate for years to come.

"Over the years," says Newbern, "our books have been called the 'Ultimate Vanity Valentine,' and we've been called 'Computerized Cupids.' We love that job title."

Fletcher has a final piece of advice. "Don't get sucked into believing the Big Lie: 'It's OK, Honey, you don't need to get me anything for Valentine's.'"

Regardless of your shopping profile, a novel starring you and your real-life Sweetie is sure to impress as a forever keepsake.

Details: In the U.S., printed books, hardback or paperback, usually arrive within a week; eBooks within 24 hours. Call (800) 444-3356 or visit www.YourNovel.com for more information.

"New year, new life" Eagle Scout project

By: Jenny Heckman

Many young men join Scouts for many different reasons, whether it be learning how to fish and camp, rock climb or learn life skills like personal management, first aid and family life, etc.

Some enjoy Scouts because they get to go on adventures they would not otherwise get to experience. Along with these experiences, a Scout can obtain the highest rank in scouting, which is to become an Eagle Scout.

Only a small percentage ever achieve this goal, but in order to do so, one must do a major project once they become a Life Scout. These projects need to be something that serves hu-

manity in their community and leaves an impact either physically or emotionally.

Adam Heckman, age 15 of Fairmont, recently joined together with several friends and family from the area on January 5th, 2019 to have a work day to complete his project.

The work day benefitted the House of Hope for people in recovery. He led his volunteers in assembling 25 "New Year, New Life" gift bags, which included tied blankets and several donations from the local community, like calendars, pens, water, haircuts, socks, candy, books, playing cards, water bottles, post-it notes and writing cards, to name a few.

Heckman's whole intent was to assemble 25 bags, as that is the max number of residents in the facility at any given time. Over 20 volunteers came out to help make this day possible by either cutting and tying blankets, sorting materials or filling the bags. The idea for this project started after family talked to the House of Hope staff and didn't know if the project could be completed by Christmas and they said that even after the New Year would be great because new residents come in and they could benefit from it too. This is how the "New Year, New Life" themed gift bags were created.

This project could not

have turned out like it did without the great volunteers at the LDS Church, Troop 5 scouts, family, friends and local businesses who either helped or donated supplies to go into the gift bags. The bags were finally delivered to the facility January 18th, 2019, where the staff members were very grateful for the donations.

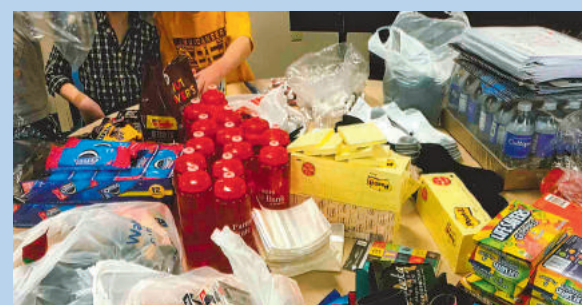
Even though this project is done, Adam still has a few things to complete before he can apply to become an Eagle Scout. Adam is a member of Troop 5 in Fairmont and is a freshman at Granada-Huntley-East Chain School.



Adam with some of the donated items.



Volunteers work on the tied blankets.



Tables were piled with donated items.



Heckman with the completed gift bags.



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