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Only good news

Wednesday
January 20, 2016

Volume 52 | Number 37

SERVING MARTIN COUNTY PLUS ADJACENT MINNESOTA & IOWA COUNTIES



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TOKHEIM-CHRISTIANSON - Kelly Tokheim and Blake Christianson were married June 20th, 2015 at First United Methodist Church in Swea City. Pastor Todd Hartsock performed the ceremony. Parents of the couple are Steve and Robin Tokheim of Swea City and Mark and Michelle Christianson of Manson, Iowa. Matron of honor was Jayna Hoover of Ankeny. Bridesmaids were Courtney Haag, Heidi Demmer, both of Des Moines and Lauren Christianson of Cedar Falls, Iowa. Junior attendants were Maggy Totzke, Libby Totzke, both of Fairmont and Lauren Wernimont of Austin. Best man was Mark Christianson. Groomsmen were Jay Anderson of Glenwood, Brian Siems of Ottumwa and Josh Mitchell of Waterloo, Iowa. Guests were ushered by Tim Richter, Quinn Johnson, Lewis Rolling and Trevor Amy, all from Swea City area. Music was provided by organist Donna Gadbury of Algona and vocalist Joy Tokheim of Osceola. A reception was held at the Fairmont Holiday Inn. The couple will be graduating in May of 2016 with degrees in the medical field. The bride will be a Nurse Practitioner, while the groom will be a Physical Therapist.

A free hot meal will be served at St. John Vianney Catholic Church, 901 South Prairie Avenue, on the fourth Sunday of every month. Join us this Sunday, January 24th at 6:00 p.m. in the hospitality area. All are welcome.

Prairieland Antique Tractor Association will meet at McDonald's on Thursday, January 21st, at 7:30 p.m. The public is welcome.

St. James Lutheran School in Northrop will be having their **Annual Pancake Brunch** on Sunday, January 24th from 10:00 a.m. to 12:30 p.m. in the school gymnasium. They will be serving pancakes, sausage patties, apple-sauce, beverages and all the trimmings. Free will donations with proceeds going toward student tuition aid at St. James Lutheran School, Northrop.

To Our Friends and Neighbors

Since our marriage, we have spent every Christmas in Fairmont. We could not have wanted a better place to spend all our Christmases. We were disappointed not to spend this past one in Fairmont. Mike has been hospitalized in Minneapolis since December 8th and he is now at Presbyterian Homes in Bloomington. If all goes well, we hope to be back in Fairmont in the next week or so. We have been greatly touched by all the cards, letters, prayers and statements of concern by all our wonderful friends and neighbors in Fairmont. The doctors, nurses and therapists keep us so busy that we cannot answer all of your cards. Please accept this brief statement as a grateful acknowledgement of all that the loving community of Fairmont has done for us. Thank you and God Bless you all.

Michael and Elizabeth Garry



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Red Rock Features Works of Kiester Resident

"Embellishment - The Art of Buttons and Twigs" by Wendy Nickel of Kiester featuring a variety of quilts, wall hangings, weavings, wearable art, and accessories on display now at the Red Rock Center for the Arts in Fairmont.

Wendy is a farmer's daughter, a 4-H alumni, a graduate of MSU with a degree in home economics. The learning, creativity and inspiration continued in her career as a local high school teacher. She continues to study

needlework and design in her retirement and is grateful to her mother as well as her students for the examples they set for her in pursuit of making art. The exhibit will be on display through February 26th.

Gallery hours are Tuesdays through Fridays 10 a.m. to 3 p.m. and Thursdays until 6 p.m.; evenings and weekends by appointment. A Meet and Greet Artists Reception will be held on February 13th, 1:30-3:00 p.m. The public is encouraged to attend. Free admission and refreshments will be served.

Wendy is also teaching a series of fiber art classes for K-2nd graders during the month of February. Call CER at 507-235-3141 for more information or to register for classes.



The Fairmont Chamber of Commerce has been notified of a **Publishers Clearing House scam**. People are getting calls from someone claiming to be from Publishers Clearing House and in order to collect their winnings they need to send a Western Union or money gram. If you know of someone who may be confused or think the call is legitimate - make a call to them and explain to them that it is a scam. You would never receive a call and be asked to send money.

2016 Fairmont Soccer Association **Annual Meeting & Traveling Registration** for U11-U17 Boys & Girls will be on Sunday, January 31st, 2016 at 4:30 p.m. at Fairmont Elementary School, 3rd-6th Lunch Room. Please Enter Door #21. For more information, visit www.fairmont-soccer.org.

A retirement open house for **Dennis Trushenski** will be held Friday, January 29th from 9:00-5:00 at First Farmers & Merchants. Refreshments will be served. Wish Dennis a happy retirement!

Professional Society Recognizes Local Insurance Agent

The Society of Certified Insurance Counselors (CIC) recently honored Jay A. Burmeister of Borchardt Insurance, Fairmont for



dedication and leadership in the insurance industry.

Jay was awarded a certificate of achievement, recognizing five consecutive years of active affiliation with the Society of CIC. The CIC designation car-

ries meaningful prestige in the insurance profession as it signifies commitment to advanced knowledge and customer service.

The Society's President, Dr. William T. Hold, CIC, CPCU, CLU, cited, "This accomplishment is an outstanding achievement within the insurance profession. The high standards maintained by Jay reflects positively on clients, associates and the insurance profession as a whole."

The Society of CIC is the founding program of The National Alliance for Insurance Education and Research, the nation's leading source of continuing education programs for the insurance and risk management industry.

Truman Historical Association 4th Quarter 2015 Memorials

The Truman Historical Association acknowledges these memorials received October 1st through December 31st, 2015:

In Memory Of:

Robert Hall: By Larry & Elaine Armstrong

Donald & Joyce Malherek: By Bryce & Kathy Huemoeller

Donald Malherek: By Curtis & Pat Jones

Joyce Malherek: By Larry & Elaine Armstrong, Thomas Dodge, Elsie Langford, Floriene Nolte

Evelyn Burk: By Curtis & Pat Jones

Delora Drayfahl: By Curtis & Pat Jones

Merlyn Boesch: By Eldor & DeLores Pfeil

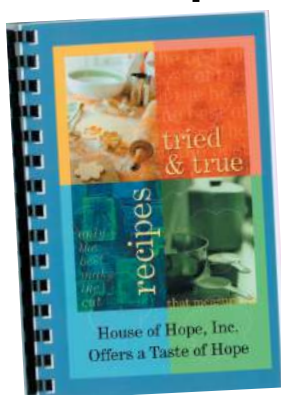
John Berg: By Edna

Thayer

Valora Gieseke: By Edna Thayer

Lois Sackett: By Al-lene Clow, Doyle & Arlene Peterson, Craig & Marilyn Carrigan, Laura Kueker, Melvin & Mary Evans, Gary & Linda Wassman, Roxy Brummond, Marvin & Marlene Ratike, Lonnie & Connie Smith, Arlen & Bonnie Bock, Barbara Schultze, Gregg & Denise Leiferman, Greg & Cindy Graif, Clifford & Charlotte Dobie, Debra Manley, Marlen & Helen Halverson, David & Cathy Sorenson, John & Holly Brummond, Karen Lester, Nathan & Lori Rusert, Thomas & Brenda Zehnder, Sharon Valentine, Lowell Boesch Family

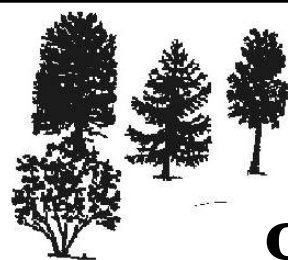
A Taste of Hope



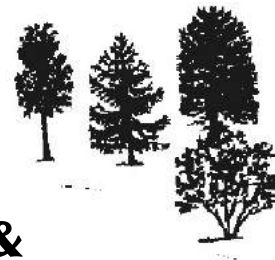
Need an idea for a bridal shower, birthday or graduation? House of Hope Cookbooks \$5. Now on sale at the Photo Press.



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St. Martin's Episcopal Church Hosts Fundraising Luncheons

As part of St. Martin's Episcopal Church's mission, a bi-monthly soup luncheon is served, with proceeds going to an organization chosen by its members. Proceeds from this month's luncheon, which was held last Friday, January 15th went to the Fairmont Lakes Foundation.



St. Martin's Soup Luncheon Personnel (left to right): Rob Laird, Thom Peterson, Chuck Johnson, Ron Lutz, Brenda Duncan, Jim Simpson, Chuck Grinolds.



Mike Katzenmeyer, chairman of the Fairmont Lakes Foundation, was on hand to promote the Foundation's lakes stewardship programs.

Hawkins Chevrolet Announces Addition to Sales Staff

Hawkins Chevrolet is proud to announce that



Jesse Walters is the newest addition to the sales team at Hawkins Chevrolet in Fairmont.

Jesse grew up in Fairmont and graduated from

Fairmont Area Schools in 2008. He graduated from University of Wisconsin-River Falls in 2012 with a BA in Environmental Studies. After college, he began a sales career with the Walser Subaru in Burnsville, MN. In 3 years, he became the #1 Subaru salesperson in the Midwest Region.

Recently married, Jesse and his wife decided to fulfill their dream to move home to raise a family and horses in rural Fairmont.

Hawkins Chevrolet is a locally-owned dealership established in 1967 in Sherburn, and moved to Fairmont in 1989.

Martin Luther High School to Host Family Fun Day

The Martin Luther High School, Northrop Class of 2017 will be hosting a Family Fun Day on Saturday, January 23rd from 10 a.m. to 5 p.m. in the St. James Lutheran, Northrop Gymnasium. The Class is constructing an expertly crafted life-sized BOX

MAZE that participants can try to find their way through from beginning to end! Candy prizes will be given out. Cost is \$2 for adults and \$1 for students. Children 4 and under are free but should be accompanied by an adult.

Martin Luther High School Fur Trader Historical Experience

Area students are invited to Martin Luther High School, Northrop on

Tuesday, January 26th for the Fur Trader Historical Experience presented by Arn Kind.

The event is sponsored by the Martin County Library. The program begins at 9:15 a.m. for Grades five through eight. (Snow date is January 28th.) A presentation for Grades nine - 12 will be at 12:30 p.m.

The event is free and open to the public. It is funded by a grant from the Minnesota Arts and Cultural Heritage Fund.

Red Rock to Feature "Relativity" on January 30

Red Rock Center for the Arts proudly presents Relativity, on Saturday, January 30th at 7:30 p.m.

This musical quartet features Fairmont natives and identical twin sisters Sandy Morin Jensen and Linda Morin Wilson accompanied by Toby Jensen on guitar & vocals and Mike Hildebrandt, a Minnesota Rock & Country Music Hall of fame fiddle player,



to round out the group. Combining outstanding vocals, guitar, mandolin and fiddle, as they present a variety of originals, current top 40, classic & folk rock to create a fun and eclectic evening of music. Tickets are on sale now at Hy-Vee in Fairmont, online at www.redrockcenter.ticketleap.com, or for a higher charge at the door.

Sherburn Man Elected to Board of Allied Charities of Minnesota

Allied Charities of Minnesota, the trade association representing Minnesota's local charitable gambling organizations elected its Board of Director's leadership and five at-large members at its December 2015 meeting in St. Paul.

Statewide leadership elected for one year terms included President Chuck Kruger, Rochester Voiture 40/8, Vice President Rich Jaranson, North Country Snowmobile Club, Bemidji, Treasurer, Bob Matson, Saint Paul Festival and Heritage Foundation, and Secretary, Genny Hinnenkamp, Irving Community Association, Duluth.

Also elected were five one year At Large Directors including: Louis Karsnia Fergus Falls VFW, Amanda Jackson Spring Lake Park Lions, Mark Healy Community Charities of Minnesota, Mankato, Nancy Lee Loftsgard Minnesota Flyers Gymnastics, Pelican Rapids, Doug Hartke Fox Lake

Conservation League, Inc., Sherburn. The leadership and at-large directors are elected by the twelve regional directors on the Allied Charities Board.

Allied Charities is a non-profit trade association that works with local charities, local and state government and the citizens of the State of Minnesota to help better understand the impact of our missions for our local communities and the state in general. Each year the gaming charities put \$200 million into our state economy through our operations (\$100 million), community donations (\$50 million), and state taxes (\$50 million).

In addition, Allied Charities of Minnesota represents local charitable gambling organization before the MN Gambling Control Board and the Minnesota Legislature and other governmental offices on rules and laws effecting charitable gambling in Minnesota.

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Taking Control of Your Health: Emotional Health

Guest Columnist

Evie Anderson, Wellness Advocate, Essential Oils Educator

Direct questions to me: 507-236-5377; message me on my Facebook page Evie's Essentials

Emotional health is an integral part of overall health; as physical and emotional health are intricately linked. The number of people who hide their feelings, stuff their emotions and/or have no idea what impact those feelings and emotions have on their physical health is mind boggling. There is also another cross section of people who understand how their emotional fragility is impacting their life, but feel helpless or ill equipped to affect change.

After having "been there" for a large portion of my life, you can understand how excited I was to begin learning about essential oils and the power of Essential Oils and Aromatherapy for emotional health. With this passion for more information, I have spent the past few years making emotional health a focus of my essential oil study and research. Armed with this information I have been traveling to cities in Minnesota, Iowa and South Dakota presenting classes on emotions, feelings,

ior and emotions, and find ourselves less prepared to handle life's challenges, including our relationships. Can you imagine your daily life, your job and your relationships, if you could reduce the amount of your emotional

Can you imagine your daily life, your job and your relationships, if you could reduce the amount of your emotional baggage as well as finding better ways to manage your stress?

baggage as well as finding better ways to manage your stress? Even our children find themselves on an emotional roller coaster as well; and our schools are finding themselves dealing with these issues in growing numbers. For example: In California, 25% of 7th graders, 31% of 9th graders, and 33% of

It's a fact that our sense of smell exerts a great deal of influence over thoughts, memories, moods, emotions, and behaviors. I actually believe that our sense of smell, (the one sense that has a direct connection to our brain), is one of our most underused and underappreciated tools available for enhanced wellness; and one I want everyone to explore. Aromatherapy allows us to harness the olfactory power of plants. Using the biologically active compounds in a highly concentrated form, found within the oils of the plants, we can enhance our emotional health.

What I want you to understand however, is that I am referring to PURE, THERAPEUTIC GRADE ESSENTIAL OILS FROM PLANTS, NOT untested or synthetic oils or fragrances and perfumes which can be toxic and are typically loaded with allergenic compounds and can include such things as chemicals, pesticides, insecticides, weeds, molds and more.

If you would like to begin the journey to better emotional health....If you would like to learn more about the power of essential oils...if you would like to learn how to understand your emotions and how to manage your moods and stress, I invite you to be my guest at an emotions class that I will be teaching in Mankato on February 9th. If you wish to attend this free class, please contact me for more details. My contact information is at the top of this column.

Enhance your life by better understanding the complexity of your emotional health. Join me at the class in Mankato February 9th or contact me to learn how....until then.

**according to 2011-13 data as reported on kidsdata.org a program of the Lucile Packard Foundation for Children's health.*

11th graders reported that, in the past year, they had been so sad or hopeless every day for at least two weeks that they stopped doing some usual activities.* Can you imagine the increased potential of these children, the increased efficiency of the schools and the enhanced harmony in the homes if these children could be taught to understand their emotions, to learn to manage them and have support in the home to do so?



moods, mood management and stress in the workplace; and what an interesting tour it has been. I have to say however, that the tremendous response to those classes doesn't surprise me, because emotional issues are a concern expressed by my clients, almost on a daily basis.

When our emotional health is fragile or compromised, we tend to have less control of our behav-

Minnesota Schools Support Healthy Eating Resolutions

With the start of a new year, making smart food choices is a common resolution for many families. Local schools have committed to ensure healthy options are both appealing and accepting to the pickiest of palates - children.

School foodservice professionals, members of the nonprofit Minnesota School Nutrition Association (MSNA), support resolutions for healthy living by serving well-rounded school meals and healthy snacks that meet federal nutrition guidelines. Schools have strategies for encouraging student consumption of whole grains, lean proteins, low-fat dairy and a wide variety of colorful fruits and vegetables available to students daily - many of which can also be used at home:

Make it colorful - Children commonly eat with their eyes, if it looks bright and fun, they are more likely to give it a try.

Get them involved - Let kids choose from various healthy options like toppings or fillings

or let them help make and assemble meals.

Taste tests - Provide opportunity for children to sample small portions of new foods.

Dip it or dunk it - Offer low-fat dressings, yogurts, or hummus to make it fun to eat raw fruits and veggies.

Explore the map - Provide a variety of foods from different cultures and cuisines.

"Parents and families resolving to eat healthier in the New Year can feel confident that schools are leading by example for their children. Techniques we use in the school cafeteria can be a resource to families helping to incorporate nutritious new foods or healthier versions of recipes at home," said Julie Powers, RDN, LD, SNS, Minnesota School Nutrition Association President Elect and Supervisor of Nutrition Services for Stillwater Area Public Schools. "The new year is a great opportunity for students, parents and school communities to recommit to healthy eating and work together to reinforce positive habits,"

added Powers.

Schools have been offering more whole grains, fruits and vegetables and limiting the calories and unhealthy fats in school meals long before initial requirements under federal nutrition standards took effect in 2012.

Effective last school year, cafeterias must now also meet new limits on sodium, ensure all grains are whole grain rich, double the amount of fruits or vegetables offered at breakfast and ensure students take half cup of produce with every meal. Schools must also meet strict Smart Snacks in Schools rules, which limit calories, fat, sodium and portion sizes for foods and beverages sold in school vending machines, snack bars and a la carte lines during the school day.

As Congress reauthorizes federal school meal programs this year, MSNA members are urging more financial support to help maintain efforts to serve healthy meals that students choose and consume.

Fairmont Chamber seeks Businesses of the Year nominations

The Fairmont Area Chamber of Commerce is seeking nominations for Business of the Year, in three categories:

Large Business of the Year (over 15 employees)

Small Business of the Year (15 employees and under)

Rising Star (less than three years in business)

To be considered for a Business of the Year award, the organization must be setting the standards for excellence and innovation with their business practices and

community involvement. The business must be a member in good standing at the time of nomination and through date of ceremony and must not have received a Business of the Year Award in the last two years.

Anyone residing or doing business in Martin County is invited to nominate their favorite business in each category. Feel free to nominate your own business. Nominations must be received by Tuesday, February 9th at 4:00 p.m.

Winners will be honored at the Fairmont Area Chamber of Commerce Annual Banquet on Thursday, February 25th, at 6:00 p.m. at the Holiday Inn.

As in past years, the recognition ceremony will also honor past board members and 2015 committee chairs.

Go to www.fairmont-chamber.org for more information and to print a nomination form, or call the Chamber at 507-235-5547.

We need help delivering only good news.

We have openings for carriers in these Fairmont areas:

•**Route 4** - 1100, 1200 blocks of North Main, 1100 to 1600 blocks of North North and N. Park.

•**Route 6** - West Anna, West Christina, West Margaret, Ida, Larsen Lane, 1600 block of North North.

•**Route 7** - 1100 to 1600 blocks of N. Elm and N. Park and adjacent streets.

•**Route 8** - 700 to 1000 blocks of N. Elm, North North, N. Park and N. Prairie.

•**Route 12** - Albion Place, S. Main, 200 to 700 blocks of S. Park and adjacent streets.

•**Route 18** - 1100 to 1600 blocks of N. Prairie, 1000 block of N. Hampton, 300 block of Winnebago and adjacent streets.

•**Route 26** - Cambridge, 200 to 400 blocks of Forest, S. Hampton,

S. Prairie, 300 and 400 blocks of Victoria, 300 through 400 blocks of Willow and adjacent streets.

•**Route 27** - Blinkman, 300 to 400 blocks of Budd, 700 to 900 blocks of S. Hampton, S. Prairie, 300 and 400 blocks of Victoria and adjacent streets.

•**Route 29** - 300 to 600 blocks of Albion, Lake Park Blvd. and Lake Park Place, Linden Dr. and Sisseton Dr.

•**Route 32**: Budd Lake Drive, Cedar, Circle and Homewood, 100 to 500 blocks of Woodland.

•**Route 33**: 900 to 1300 blocks of Albion, Maple Street, Redwood Dr. and adjacent streets.

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What's Cooking

with Kathy Lloyd

Baily House Apple French Toast

A cozy Breakfast bake

It's almost too cold out to do much of anything, so I have been cuddled up covered with two blankets, reading a good book and watching football this weekend! Today I may do some cooking so I can warm up the kitchen with the oven on.

I entertained some friends for brunch and made a new recipe I received from my friend, Jean Potter. She got it from a bed and breakfast she and her husband stayed at in Georgetown, Ohio. It can be made the night before and it's a great dish if you are serving someone who is a vegetarian because there is no meat involved. I had thought I needed a topping of some sort, but that really isn't needed. The apples and the brown sugar/butter mixture at the bottom of the pan makes plenty of syrup to spoon over the top of each piece of French toast.

Baily House Apple French Toast:

1 cup packed brown sugar
1/2 cup butter

2 Tbsp light corn syrup

Cook in sauce pan 4-5 minutes, until thick; pour into a 9x13 inch baking pan.

Top with:

5 tart apples, peeled and sliced

Beat together:

3 eggs

1 cup whole milk

1 Tbsp vanilla

Cut one loaf of **French bread** into thick slices. Dip each slice into egg mixture for 15 seconds, then place on top of apples in pan. Cover and refrigerate overnight. Bake at 350 degrees for 35-40 minutes uncovered. Have a great week and stay safe and warm!

Preventing Frostbite During Bone-chilling Minnesota Winters

With the recent cold, winter blast and more frigid days on the horizon, people heading outdoors should be aware that frostbite can occur within a short amount of time. Mayo Clinic Health System wants to remind everyone that prevention is key.

If your fingers, nose or toes start to hurt or have a prickling feeling, it's a warning to get out of the cold.

Other signs and symptoms of frostbite include:

- Numbness
- Red, white, bluish-white or grayish-yellow skin
- Hard or waxy-looking skin

• Clumsiness due to joint and muscle stiffness

• Blistering after rewarming, in severe cases

It used to be said that you should warm up a frostbitten area slowly. Mayo Clinic Health System providers say that's not the case. Warm up the affected area as quickly as possible with gentle rubbing. As the blood flow resumes, the frostbitten part will begin to hurt, sometimes a lot. This is a good

sign, meaning the tissues are still alive.

You may soak the affected area in warm water for 15 to 30 minutes. Don't rewarm frostbitten skin with hot water or direct heat, such as a stove, heat lamp, fireplace or heating pad - this can cause burns.

If you need to head outside, limit the time you're outdoors in cold, wet or windy weather. You should also:

- Dress in several layers of loose, warm clothing
- Change out of wet clothing - particularly gloves, hats and socks - as soon as possible
- Wear a hat or headband that fully covers your ears
- Wear mittens rather than gloves
- Keep moving

You may have leftover numbness for several months after minor frostbite, but this does not require medical attention. However, if tissues turn black, see a doctor so that the threatened tissues can be preserved.



martincountylibrary.org

CHECK IT OUT!

@ the Martin County Library

Our Adult Winter Reading Program has hit full stride—have you signed up yet? Don't miss

out on this fun program! We also have several special events happening during the Winter Reading Program. Stop by the library for a brochure with complete event information, dates, times and locations.

Be sure to check our website for our special Winter Reading Program events as well! www.martincountylibrary.org



Ask A Trooper: Foreign Driver's Licenses

by Sgt. Troy Christianson, Minnesota State Patrol

Question: I have a former foreign exchange student coming to visit us here in Minnesota. He wanted to know what the requirements are for driving in our state and using his foreign driver's license.

Answer: This is a good question and the answers can depend on a few things.

Foreign Tourists

Foreign motorists from any of the countries who are party to the United Nations Convention on Road Traffic (Geneva, 1949) and the Convention on the Regulation of Inter-American Motor Vehicle Traffic (Washington DC, 1943) who visit the United States as tourists can drive legally using their valid native country's driver's license for a period to not exceed one year from the date of arrival. Tourists from countries who are party to these conventions can also legally drive their own private cars bearing valid license plates issued in their native country for a period not to exceed one year from their date of arrival. Foreign tourists who are not from those countries not part of the United Nations Convention on Road Traffic, must obtain a driver's license and license plates from a state upon arrival in the U.S.

Foreign Students

Foreign students attending school in the U.S., who are at least 16 years of age can drive with their home country's valid license for up to one year. After one year, they must meet the same licensing requirements as a Minnesota resident.

International Driving Permit

Visitors may carry an International Driving Permit (IDP) obtained by their home country, as authorized by the conventions. The IDP serves as a translation to be used in conjunction with the visitor's valid driver's license. An IDP is not a license to drive.

Residence or Employment Established

If an individual from another country comes to Minnesota and establishes residence or becomes employed, they are no longer considered a tourist or a student. They are then required to obtain a Minnesota driver's license within 60 days of establishing their residency.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson at Troy.Christianson@state.mn.us

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals W

ZCTW XCT CJY UTKRBT LQFVT

URNTY ZFVC CTN KQNNTWV

IJDDJWV HWFICV, XCT ZTWV

UJKH VR XLQFNT RWT.

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Area College Student News

Ridgewater College congratulates **Eric Wenner** of Odin, on being named to the Dean's list for Fall Semester 2015. To qualify, a student must maintain a grade point average of 3.5 or higher and be enrolled in at least twelve credits.

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PEACHES and BABY are a duo seeking a home together. Peaches is an orange shorthair spayed female & Baby is a black shorthair neutered male. These two big lovers are already fixed, up to date on shots, and housetrained. The adoption fee for this pair is only \$50.

A FEW OF OUR DOGS AVAILABLE FOR ADOPTION:

LILLY and LACEY are 'sisters' who are around 3-4 years old. Lilly is a Shepherd mix who is brown with a black mask. Lacey is a sleek Black Lab mix who has white toes and a white tip to her tail. These girls are housetrained, energetic and seeking a home together where they will be indoor dogs. They are currently residing in foster care, so contact us today to arrange to meet them!

BLUE is a handsome fellow who is almost all blue except for some white markings. Blue is a Pit Bull mix who is already neutered and up to date on shots. He is a happy fellow craves human attention and contact! When you meet him he's all wiggles from the nose to the tip of the tail.

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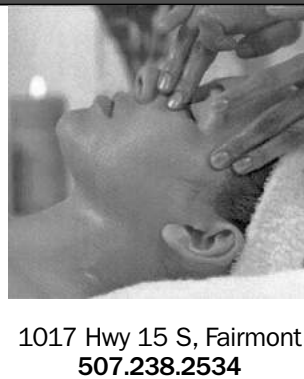
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Wed - 5-8 pm: Taco Night -3 Tacos/\$6⁹⁵
 or 1 Giant Burrito/\$6⁹⁵
Thurs - All Day: 60¢ Wings - *dine in only*
Fri - All Day: Cod Dinner - \$6⁵⁰

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FAIRMONT AREA

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JAN 21 - 27

Elementary hot breakfast can be found online.

THUR: Breakfast K-6: French Toast Sticks, orange, milk. JR/HS: Breakfast Pizza, Cinnamon Toast Crunch, apple cinn. muffin, PB&J, Apple, OJ, milk. **Lunch** K-6: Italian Pizza Pasta Casserole, breadstick, turkey and cheese sandwich, carrots, caesar romaine salad, raisins, bread, mashed potatoes, caesar side salad, carrots, orange wedges, cranberries. **FRI: Breakfast** K-6: Breakfast Pizza, apples, milk. JR/HS: Bagel Sandwich, Cocoa Puffs, yogurt, PB&J, orange, grape juice, milk. **Lunch** K-6: Chicken and Cheese Quesadilla, brown rice, yogurt and graham cracker fun lunch, mexicali corn, jicama sticks, orange wedges, pineapple tidbits. JR/HS: Nachos, rice, sweet corn salad, jicama sticks, apple, strawberries. **MON: Breakfast** K-6: Pancake on a Stick, orange, milk. JR/HS: Breakfast Pizza, Cinnamon Toast Crunch, blueberry muffin PB&J, pears, apple juice,

milk. **Lunch** K-6: Chicken Patty, sunbutter & grape jelly sandwich, tator tots, carrots, apple, pears. JR/HS: Sloppy Joes, tator tots, cranberry spinach salad, carrots, apple, pears. **TUES: Breakfast** K-6: Breakfast Pizza, apple, milk. JR/HS: Pancake on a Stick, syrup, Cocoa Puffs, yogurt, PB&J, apple, OJ, milk. **Lunch** K-6: Sloppy Joe, ham and cheese sandwich, baked beans, coleslaw, orange wedges, applesauce. JR/HS: Chicken Tacos, rice, fixings, refried beans, cilantro coleslaw, red pepper strips, banana, applesauce. **WED: Breakfast** K-6: French Toast Sticks, banana, milk. JR/HS: French Toast Sticks, syrup, Cheerios, string cheese, PB&J, peaches, apple juice, milk. **Lunch** K-6: Max Pizza Sticks, chef salad, dinner roll, broccoli, red pepper strips, apple, peaches. JR/HS: Lasagna, green beans, breadstick, cucumbers and tomatoes, broccoli, orange, peaches.

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Sat, Jan. 23 • 6-9 pm:
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TRUMAN AREA

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JAN 21 - 27

THUR: Breakfast: Breakfast Pizza, salsa, fruit, juice. **Lunch:** Chicken Hot Dish, breadstick, spinach salad, peas, apple, orange. **FRI: Breakfast:** Sausage Patty, breakfast potato, toast, juice. **Lunch:** Crisipo, Chili, fixings, rice, refried beans, fruit salad. **MON: No School.** **TUE: Breakfast:** Cereal Bar, string cheese, fruit, juice. **Lunch:** Cheese Pizza, broccoli, spinach salad, pineapple tidbits. **WED: Breakfast:** Yogurt, toast, fruit, juice. **Lunch:** Veggie Beef Soup, PB sandwich, veggies, spinach salad, pears.

SCRAMBLERS

solution

1. Badger; 2. Nudge;
 3. Control; 4. Mangle

Today's Word

GOLDEN

LUNCH

SPECIALS
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 Commercials.....\$7⁵⁰

Tuesday - Taco Day:
 Hard Shell\$2
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 Taco Salad\$5

Wednesday -
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 Sandwich\$8
 Cup of Soup and 1/2
 Sandwich\$5

Thursday:
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 Fish Sandwich Basket..\$7

Friday:
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JAN 21 - 27

THUR: Ham Alfredo Pasta, peas, peaches, bread, milk. **FRI:** Hamburger, baked beans, banana, puff pastry, milk. **MON:** Hot Ham and Cheese, apple, corn, milk. **TUES:** Hamburger Macaroni, Casserole, corn, fruit, bread, monster cookie, milk. **WED:** Deli Turkey Wrap, orange, CA blend, rice krispie bar, milk.

St. James Lutheran

Menus subject to change.

JAN 21 - 27

THUR: Shredded Pork, cheesy hashbrowns, carrots, mixed fruit. **FRI:** Pork Chop, mashed potato, gravy, peas, bread, peaches. **MON:** Chicken Noodle Hot Dish, carrots, dinner roll, strawberries and bananas. **TUES:** Sloppy Joe, tri-tators, corn, mandarin oranges. **WED:** Mini Corn Dog, mac & cheese, broccoli, pears.

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When she had become quite
 bored with her current
 gallant knight, she went
 back to square one.

CryptoQuip

Sticklers Answer

5 sheets are needed.

One large sheet is placed first, then two
 squares 1/4 the size of the largest sheet.

Now add the diamond square and the
 square inside the diamond.

CryptoQuote

AXYDLBAAXR
 is **LONGFELLOW**

One letter stands for another. In this sample, **A** is used
 for the three L's, **X** for the two O's, etc. Single letters,
 apostrophes, the length and formation of the words are all
 hints. Each week the code letters are different.

DOMU YGVIUDD; YQ YD QOI

TMDQ QOKQ KQKXOID

YQDIVP QE QOI NEDQ

FTYVVYKUQ NIQKVD.

- REVQKYTI

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Jeff's Jottings

I know that last week my column talked about the frigid cold weather, but who would believe that we would have that type of weather two weekends in a row? Saturday was extremely cold with the wind blowing out of the northwest and it had to be a challenge keeping warm at the Pond Hockey Tournament taking place at the Martin County Fairgrounds that day! At least most of the activities were held in the Martin County Arena. Who would have thought that Sunday would be even colder, with many churches cancelling services and activities due to the extreme wind chills? I know that once we heard that church and Sunday school was cancelled, Karis and I stayed home the entire day and enjoyed the warmth we had indoors. We didn't forget about our furry friends outdoors. On Saturday we

went to a garage sale in Welcome by the 5 Crazy Ladies and bought every blanket and bed sheet they had and filled up our dog, Snickers' dog house (which is in our corn crib) with the blankets so that she had warm bedding to sleep on. The outdoor cats have straw up in the hay-



mow of the barn to sleep on, so I know they weathered the cold okay.

It's a Superior Lake

Even though the cold weather has many of us shivering and dreading winter in the upper Midwest, there are many things of beauty this time of year. My sister Larissa and her husband traveled with some friends up to the arrowhead region of Minnesota last weekend. They spent time in Duluth, Grand Marais and Lutzen

while taking in the beautiful scenery up along Lake Superior. No matter what the season up there, the shores of Lake Superior always provide a picturesque backdrop for you to take in. She posted some of those pictures on Facebook, so I couldn't resist putting

one of them in this week's column. I have always told Karis that if I were to retire to an area other than locally, it would be up in the arrowhead region of Minnesota because I love the north shore area and we have spent a few vacations up in that area. Now if I can just win the lottery so that I can buy a home on the north shore!

Pack 'Em Up

Preparations are underway for next month's Kids Against Hunger Food Pack, which will take place on Saturday, February 13th from 9:00 a.m. to 4:00 p.m. at the Fairmont National Guard Armory. This will be the 8th annual pack for Martin County and to date, they have packed 737,122 meals and raised over \$181,225 to help with the food packs each year. The food packs are made up of teams of both young people and adults who work to pack as many meals as they can that go to help feed families not only overseas, but also right here in Martin County. It is a great way for kids to help be part of a team effort and see the

results of their work. The Hagen family will have a team of workers this year and I am looking forward to taking part in my first experience with Martin County Kids Against Hunger. Organizers are still looking for other teams to help out along with sponsors to contribute toward the event. All donations are 100% tax-deductible and all proceeds from money raised goes toward the cost of ingredients and shipping. It is a great program to become involved in. For more information on the food pack, contact Beth Reeve at 507-235-5107 or email them at kah-fairmontmn@gmail.com.

School Days?

On the Weekend? Yes!

There are a few events coming up in the next week that I wanted to make sure you were aware of. On Saturday, January 23rd Martin Luther High School in Northrop is hosting a Family Fun Day from 10 a.m. to 5 p.m. Also on Saturday, St. John Vianney School is the host site for the Ray Rosol Memorial Boys Basketball Tournament. The day starts at

8:30 a.m. with awards ceremony at approximately 2:45 p.m. On Sunday, January 24th St. James Lutheran School, Northrop Board of Christian Education will have their annual Pancake Brunch from 10 a.m. to 12:30 p.m. at the Northrop School Gymnasium. Free will donations will go toward student tuition aid at St. James Lutheran School. Also on Sunday, the Fairmont Area Knights of Columbus will have their Youth Free-Throw Championship at St. John Vianney School Gym, with registration beginning at 12:30 p.m. Then on Sunday night, there will be a free hot meal at Hope Café at St. John Vianney in Fairmont at 6:00 p.m. All are welcome!

Have a great week!

Drive safely - visit a shut-in or family member - Eat, Play, Shop Local - look for warmer days ahead!

- Jeff

Trushenski Sworn In As New Fifth Judicial District Court Judge Last Week



MIKE TRUSHENSKI was sworn in as the new District Court Judge of the Minnesota Fifth Judicial District in a ceremony held at the Martin County Courthouse last Friday. Retiring Judge Robert Walker administered the oath. Trushenski, a native of Ramsey, Minnesota and graduate of the University of North Dakota Law School, has served as a lawyer in Martin County for 18 years. Trushenski's wife, Jenny, works at the Martin County Library. Judge Walker retired in October after serving 26 years as District Judge.



BLACK ROBES - Most of the District Court Judges from around the state were in attendance at Trushenski's ceremony, along with Minnesota State Supreme Court Chief Justice Lorie Gildea.

MCHS in Fairmont Community Update

We at Mayo Clinic Health System are looking forward to another positive year. Thank you for your support, feedback and engagement over the last 12 months. Our organization and the communities we serve made progress toward the shared goal of being healthier, more vibrant places to live and work. That being said, additional challenges lie ahead, but we know we're well equipped with passion, skills and strong partnerships to continue moving forward.

Let's take a look at what has been happening at the medical center and in the community.

Growth and Services

For this month's update, we want to highlight the members and work of the Mayo Clinic Health System in Fairmont Foundation. This group has been an essential partner to the medical center in the past and present, and they will continue to be an integral support system in future.

The foundation is comprised of dedicated board members who oversee distribution of funds to benefit Mayo Clinic Health System in Fairmont patients. Members include: Connie Anthony, Bob Bartingale, Stephen Berthelsen, M.D., Mel Carlson, LaDonna Evans, Dennis Hagen, Bonita

Johanneck, Carole Lohmann, Marie Morris, M.D., Duane Nawrocki, Joe Rosol and Jim Wilson.

In 2015, the foundation committed approximately \$100,000 to Mayo Clinic Health System through the purchase of a portable distracted driving simulator, supporting a hospice bereavement/volunteer coordinator and providing student nurse internships in Fairmont.

All monies raised are used locally.

The foundation regularly supports Mayo Clinic Health System in Fairmont through service club presentations — including Lions, Exchange and Early Riser Kiwanis — and by serving lasagna lunch at the foundation employee campaign.

Thank you to our devoted foundation members for making local health care success possible.

Community

Mayo Clinic Health System in Fairmont is donating \$500 to the Kids Against Hunger Pack February 13th. We'll have two 10-member employee teams at the event. Our employees are raising \$1,000 through various internal fundraisers to sponsor the teams.

We're proud to be a silver sponsor of the 90-day Martin County Motivation Fitness Challenge. Visit mcmotivationchallenge.com or visit the MC Motivation Challenge Facebook page for more

information.

The medical center is a business sponsor of the Presentation College Mardi Gras fundraiser February 6th. Dollars raised at the event will be used to fund nursing scholarships.

Remember, free blood pressure screenings are available at the medical center every Thursday from noon to 1 p.m. in the cardiac rehabilitation room next to the Harvest Cafe. Enter through door six of the hospital.

Upcoming events at Mayo Clinic Health System in Fairmont:

January 25th - Breast-feeding and newborn care class, 7-9 p.m., main classroom

January 26th - Cancer support group, 6:30 p.m., main classroom

February 9th - Cancer support group, 6:30 p.m., main classroom

February 16th - Breast-feeding support group, 7 p.m., main classroom

February 16th - Bariatric surgery information sessions, noon and 5 p.m., main classroom

-Marie Morris, M.D., Medical Director, Mayo Clinic Health System in Fairmont
-Bob Bartingale, Administrator, Mayo Clinic Health System in Fairmont, 507-238-5070 or bartingale.robert@mayo.



Kiwanis Korner

100 years proud

Kiwanis International celebrated its 100th Anniversary in 2015 and in observance of this event, we are spotlighting Fairmont area's two Kiwanis Clubs and their members.

KIDS AGAINST HUNGER



This is a typical scene found at a previous "Martin County Kids Against Hunger" food pack. This year, our Early Risers Kiwanis Club will be participating in the Eighth Annual "Martin County Kids Against Hunger" food pack, to be held at the Fairmont Armory, Saturday, February 13th. There are three shift choices: 9:00-11:00; 11:30-1:30; 2:00-4:00. Participation is open to all. You can either form a team of ten to raise funds and pack or come alone and volunteer for a shift.

Sign up by emailing kahfairmontmn@gmail.com or calling Beth Reeve at 507-235-3555. This project has been successful in the previous years, packing over 730,000 meals and raising over \$181,000 to cover the cost of ingredients and shipping.

If you would like to donate toward this great effort and cause, please send contributions payable to: KIDS AGAINST HUNGER, Beth Reeve, 918 Summit Drive, Fairmont, MN 56031.

If you have questions, they can be answered if you e-mail them to kahfairmontmn@gmail.com.

Please consider joining the community effort and helping make this the most successful food pack ever. Our Early Riser Team looks forward to seeing you there as we continue to work in an effort to "improve the world, one child and one community at a time."

Early Risers Kiwanis meets every Wednesday at 6:30 a.m. at The Ranch Restaurant.
Uptown Kiwanis meets every other Tuesday at noon at Tami's on the Ave.

For more information or to become a member, contact: Uptown Club President Louise Hendricks, 235-3090; Early Risers Club President Mike Katzenmeyer, 235-9534.

Kiwanis is a global organization of volunteers, dedicated to improving the world, one child and one community at a time.

LAFF - A - DAY



"I painted the old fan, Mom."

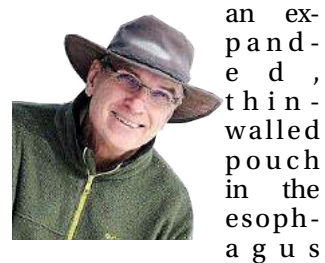
Nature by the yard

By Al Batt

I hugged a tree. Studies have shown that people who keep company with trees are more satisfied with their lives. A tree is a calming influence. Trees make us happy.

Q-and-A

"Do all birds have gizzards?" The gizzard is the muscular part of a bird's stomach. When a bird eats, the food goes from the throat to the esophagus. Some species have an expanded, thin-walled pouch in the esophagus called the crop where food is stored before it's sent to the stomach. All birds have two parts to their stomachs. The first is called the proventriculus or glandular stomach, where digestive enzymes are secreted to begin the digestion process. It's similar to a human stomach. The second part is the gizzard. The gizzard is thick and muscular in some species, such as ducks, turkeys, chickens and grouse. These birds pick up grit that collects in the gizzard. That's grit, not grits. Grit can be small stones, sand, etc. When food enters the gizzard, the grit helps pulverize it. All birds have a gizzard, but those that eat easily digested foods may have small, thin-walled gizzards.



"What is a birder's idea of a good time?" I like 10:10 in the morning. "Do birds have teeth?" A few species look as if they do, but they're actually toothlike notches on their mandibles. They aren't used to chew food. A developing chick inside an egg may have an egg tooth, a sharp projection on its upper bill. It's not a true tooth. The chick uses the egg tooth to help break out of the egg. The egg tooth disappears in time. "You mentioned gallinaceous birds on the radio. What are they?" Gallinaceous birds are heavy-bodied, ground-feeding birds, including chicken, grouse, ptarmigan, turkey, pheasant, quail, partridge, jungle fowl and chachalaca - all in the order Galliformes. They are mainly non-migratory birds. "How do robins find worms?" By sight. A robin cocks its head to one side, using its eye to look for worms. "What are zygodactyl feet?" Woodpeckers have zygodactyl feet, meaning they have two toes pointing forward and two toes pointing back. Most birds have three toes forward and one back. The two sets of opposing toes give woodpeckers a grip on surfaces. "Are bats blind?" Bats have a well-developed eyesight, but they use echolocation to navigate and to find prey at night. They produce high-pitched sounds and listen to the sounds bouncing back, to determine the location of objects. "How do animals survive our winters?" If you're going to live here, you need a good plan. If you don't have one, go to a window, because it's curtains for you. If you stay here, you'd better be active, hibernate or go into torpor. You could migrate to that mysterious place called, "south." You could avoid coming here at all or you could perish in the fall. It's not a jungle out there, it's much too cold.

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AN AMERICAN GOLDFINCH dressed for winter, by Al Batt

"What is the coldest temperature ever recorded in Minnesota?" The state record low temperature in Minnesota was -60 degrees Fahrenheit recorded at Tower on February 2nd, 1996. That is also the coldest temperature recorded east of the Mississippi River. The lowest temperature recorded in the United States was -80 degrees on January 23rd, 1971 at Prospect Creek Camp, located near the Arctic Circle along the Trans-Alaska Pipeline System. That isn't much warmer than the -81.4 record low for North America experienced at Snag in the Yukon on February 3rd, 1947.

The Great Backyard Bird Count

The GBBC is a free, fun, and easy event that engages bird watchers of all ages. Participants are asked to count birds for as little as 15 minutes during the four-day event and report the sightings online at birdcount.org. More than 140,000 participants submitted their bird observa-

tions last year, creating the largest snapshot of global bird populations ever recorded. The 19th annual GBBC will be held Friday, February 12th through Monday, February 15th.

The International Festival of Owls

The 14th Annual International Festival of Owls takes place on March 4th-6th in Houston, Minnesota. The Illinois Raptor Center will be presenting live owl programs and plans on bringing 11 birds of six different species. There will be numerous speakers and programs.

Thanks for stopping by.

"Learning too soon our limitations, we never learn our powers."

-Mig-non McLaughlin

"It is better to walk alone than with a crowd going in the wrong direction."

- Diane Grant

DO GOOD.
© Al Batt 2016

King Crossword

ACROSS

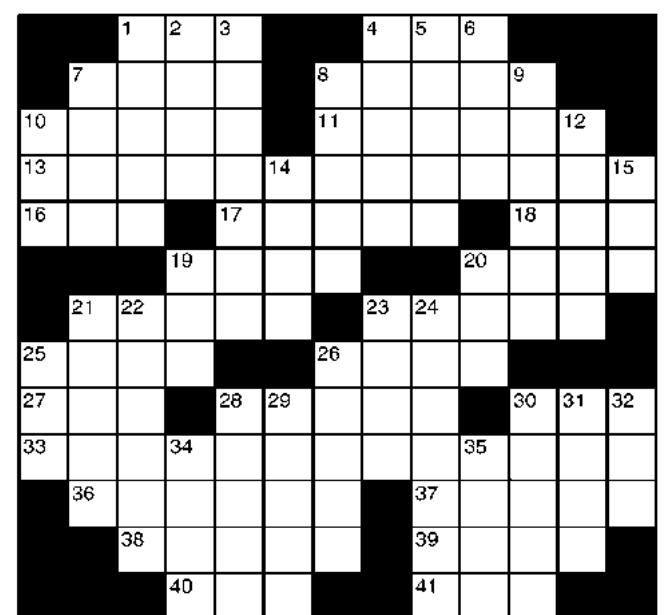
- 1 Moo goo
4 gai pan pan
7 Snitch
10 Prop for Sherlock
11 Intrinsically
13 Insertion mark
16 Mountain-eering tool
17 New Orleans section
18 Scoundrel
19 Storefront sign info
20 Raw rock
21 Olympic sled
22 Desert-like
23 Harvests
25 Ski trail
26 Nevada city
27 Sex Pistols genre
28 Suitable
29 Highlanders
30 Island garland

DOWN

- 33 "3rd Rock From the Sun" cast member
36 Baltimore bird
37 Change
38 Hairnet
39 Carry
40 Mimic
41 Crafty
1 Sent a telegram
2 Admitting customers
3 Burger enhancer
4 Happen again
5 Neighborhoods
6 Despot
7 Prefix with legal or medic
8 Resentment
9 Blackmail
10 Ozone

depleter (Abbr.)

- 12 Weird
14 Swine
15 Scarlet
19 "7 Faces of Dr. —"
20 Request
21 Copy, for short
22 Goes in
23 Green shot
24 Entomologist's study
25 U.K. fliers
26 Sat for a picture
28 Ice cream tool
29 Actress Sevigny
30 Non-clergy
31 Sea eagle
32 "— Impossible"
34 NPR's Totenberg
35 Sweater material



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R.F.D.

by Mike Marland





SCOOP SHOT - Cardinals Sam Schwieger goes by Bluejays defender Dakota Williamson. Waseca downed the Cardinals 65-55 last Friday night. *Courtesyfairmontsports.com*



TRAPPED - Cardinals Brooke Hunwardsen looks to get the ball to her teammate Courtney Mosloski as Marshall's #23 Abby Louwagie and Lexi Saugstad defend the play. The Tigers down the Cardinals 68-32 last Tuesday night. *Courtesyfairmontsports.com*



The Martin County West eighth graders won the Nicollet basketball tournament last Saturday. Pictured above is the team with the championship plaque. There were 10 teams in the tournament: Alden-Conger, Cleveland, GHEC, Janesville-Waldorf-Pemberton, Lake Crystal-Wellcome Memorial, Loyola Catholic, Martin Luther, Truman, Martin County West and Nicollet.



WORKING FOR A PIN - Red Bulls Collin Steuber pinned the Saints' Manny Gomez to help Fairmont/Martin County West defeat St. Peter 40-19 last Thursday night. *Courtesyfairmontsports.com*



BACK POINTS - Red Bulls Payton Anderson scored an 11-0 major decision over St. Peter's Aaron Hunt. The Red Bulls (8-1) travel to Worthington Thursday night for a triangular match. *Courtesyfairmontsports.com*



ALL-AROUND WINNER - Brynna Peterson finished first (36.85) in the all-around competition at the Jacks-on County Central Sweetheart Invitational last Saturday. Peterson scores - bars 9.45, beam 9.45, floor 9.125. The Martin County Area Magic finished fifth behind Owatonna, Worthington, New Prague and host JCC. *Courtesyfairmontsports.com*



JUST INCHES - Cardinals Ethan Lubenow shot just misses the goal just on the other side of the pipe and Bulldogs goalie Zeke Haugen. Lubenow scored the Cards only goal in a 6-1 loss to St. Peter/LeSueur Henderson/Tri City United last Tuesday night. *Courtesyfairmontsports.com*



TOP SHELF - Cardinals Jalyssa Wilson blasts in one of her two goals in the Cardinals 5-2 loss to Waseca last Tuesday night. *Courtesyfairmontsports.com*



HALL OF FAME HONOR - Bob Bonk will be inducted into the Minnesota Track Coaches Hall of Fame at the end of this month. Bonk started coaching in Fairmont in 1978 and has been the head coach of the boys and girls track and cross country programs. Many of his teams and individuals he has coached have been conference, section, state and True Team champions. The hall of fame banquet will be Friday, January 29th at the Double Tree Hotel in Bloomington. "I truly feel this is a coaching staff honor and would be so happy to share with all of my assistants." said Bonk. *Courtesyfairmontsports.com*

BOYS BASKETBALL

BIG SOUTH EAST

	REC
St. Peter	6-1 13-3
Waseca	6-1 12-5
CARDS	4-3 8-7
Blue Earth Area	2-5 2-11
New Ulm	2-5 2-14
St. James Area	1-6 3-11

GIRLS BASKETBALL

BIG SOUTH EAST

	REC
St. Peter	5-1 11-2
New Ulm	4-2 9-5
Blue Earth Area	4-2 6-4
Waseca	4-2 9-6
CARDS	1-5 4-10
St. James Area	0-6 3-8

B-HOCKEY

	BSC	REC
Luverne	9-1-0	13-4-0
LSHSPCUC	9-2-0	10-6-0
Marshall	9-2-1	11-6-1
New Ulm	7-3-1	8-7-2
Redwood Valley	6-4-0	9-6-0
Waseca	4-4-0	5-9-0
Windom Area	3-9-0	6-12-0
CARDS	2-11-0	3-13-0
Worthington	0-13-0	0-16-0

G-HOCKEY

	BSC	REC
New Ulm	11-0-0	15-4-1
Luverne	8-1-0	14-5-0
Waseca	7-2-0	12-7-1
Marshall	6-5-0	8-12-0
CARDS	6-6-0	11-9-0
SP/LSH/TCU	5-6-0	6-14-0
Windom Area	1-11-0	2-17-0
Worthington	0-13-0	0-16-0



TRIPLE "A" AWARD WINNERS - Fairmont Area high school principal Kim Niss (right) congratulates Tyler Tennyson on receiving the Triple "A" Award. Also pictured is Fairmont Area's other winner Anagha Komaragiri and activities director Mat Mahoney. The Triple "A" Award recognizes and honors seniors who have excelled in the classroom, on the athletic field, and in the fine arts. An On-Court Recognition Ceremony will be held in conjunction with the Boys' State Basketball Tournament in March. Award recipients—a girl and a boy from both a Class A and a Class AA school—will receive a four-year \$1,000 scholarship.

Knights of Columbus Sponsor Youth Free Throw Championship

All boys and girls ages nine to 14 are invited to participate in the local level of competition for the 2016 Knights of Columbus Free Throw Championship. The local competition will be held on Sunday, January 24th, 2016 with registration beginning at 12:30 p.m. at St. John Vianney School gym in Fairmont.

The Knights of Columbus Free Throw Championship is sponsored annually, with winners progressing through lo-

cal, district and state competitions. All boys and girls ages nine to 14 years old are eligible to participate and will compete in their respective age divisions. Last year more than 223,000 sharpshooters participated in over 3,200 local competitions.

Contestants are required to furnish proof of age and written parental consent. Contestants can sign up the day of the event.

Ray Rosol Memorial Boys Basketball Tourney January 23

The Ray Rosol Memorial Basketball Tournament for sixth grade boys is scheduled to take place on Saturday, January 23rd at St. John Vianney School in Fairmont.

Teams participating in the tournament will be: St. Paul's Lutheran of Truman, St. Paul's

Lutheran of Fairmont, St. John Vianney of Fairmont and a Fairmont Traveling Team.

The first game starts at 8:30 a.m. with the awards presentation at approximately 2:45 p.m. The Fairmont Area Knights of Columbus are sponsoring this tournament.

SJV School Endowment Fund Memorials For December

The St. John Vianney School Endowment Fund gratefully acknowledges the receipt of \$3,330.10 in memorials during the month of December, 2015. These were given in memory of:

LEONARD BONSTEAD: By Connie Lenz
SHIRLEY MARCH BRADLEY: By Pat Borowski

JODY BUCHMEIER: By Linda Gruber

DONALD BULFER: By Drew and Paul Schellpeper

TOM "TUCKER" FOSTER: By Joanne Kiesel Family, Mildred Lang

DONALD R. FOUTS: By Fr. Peter Brandenhoff

DAVID HONERMAN: By Dan and Ann Harris

FRANCIS "FRAN" MCNERNEY: By Jeff and Jane Adamski, Jim and Rosie Aipperspach, Dan and Marcie Allen, Joe and Lisa Baker, Larry and Kathy Beaty, Dave and Sherry Beck, Jim and Carol Bulfer, Rick and Ginny Burmeister, Joe and Pat Burns, Chuck and Carol Carlson, Greg and Lisa Cole, Vivian Denton, First American Bank, Steve and Gayle Fitz, Traci and Jammy Galligan, Mary Garbers, Mike and Elizabeth Garry, Bob and Kristi Gorman, Linda Gruber, Dennis and Patsy Holzwarth, John and Dolly Huss, Mike and Dottie Kennedy, Loren and Irene Kleven, Dorothy Krick, Connie Lenz,

Jack and Ruth McNerney, Gary and Barb Miller, Ed and Charlotte Murphy, Mary Pat Nawrocki, NC-MIC Groups, Jim and Cynthia O'Hare, Dot Petrowiak, Jonathon Roth, Bill and Clarann Sayre, Ruth Schauburger and Family, Jim Simser, Al and Jane Thelen, Ken and Ellen Washa, Frank and Kate Winzenburg, Mollie Wolter, Jack and Nelda Zimmer

VERN MORRIS: By Bob and Mary Millette

DWIGHT "BUD" NELSON: By Dan and Ann Harris

EILEEN SAGER: By Chuck and Vicky Tufte/St. Timothy Circle, Greg Weiler

RODNEY STUDER: By Ed and Vikki Langford

PATRICIA TREMBLEY: By Dorothy Krick

DOROTHY WENZEL: By Dorothy Krick

MARGE SUNDBERG WIMMER: By Betty Mobry
December 2015 memorials and contributions

The St. John Vianney School Endowment Fund also gratefully acknowledges the receipt of \$795.12 in general and special contributions given in December, 2015, by the following:

General Contributions:

By Mike Carr, Carroll Collins, Barbara Denney, Archie and Marsha Farnham, Stan and Betty Felber, Mike and Elizabeth Garry, Jim and LuAnn Hahn, Arven and Meda Holland, Catherine Kasper, Roger and Brenda Kotewa, Leon and Rose Marie Lammers, Vincent and Anna Landsteiner, Gary and Kathy Langer, Dennis and Mitzi Lockwood, Kathy McGowan, Alice Malliette, Loretta Mathiowetz, Henry Meester, Joe and Crystal Melsha, Chris and Amy Pierce, Ron and Karen Sandhurst, Bob and Marlys Steger, Eugene and Janet Voyles,

Also acknowledged is the receipt of contributions and memorials in the amount of \$3,695 given through the A+ Campaign for Excellence during the months of November and December, 2015.

Contributions:

By Bank Midwest, John and Kate Boyle, Scott and Mary Cole, Gary and Grace Haeckel, David and Beth Kloeckner, Ron and Pat Kurt, Clayton and Nannette Leach, Dennis and Barb Militello, Patricia Mooney, Duane and Sandra Petrowiak, Ken and Marilyn Rusch, Joe and Joan Schaffer, Bruce and Gloria Fraser Soma, Bart Stadtherr, Larry and Jamelle Swanson

IN HONOR OF JOHN EISENMENGER: By Welcome State Bank

IN HONOR OF SUE HOMAN'S MANY GOOD WORKS FOR SJV: By Jack and Joyce Schulz

IN MEMORY OF MARY KAY COLLINS: By Kelly Thompson

IN MEMORY OF DEB

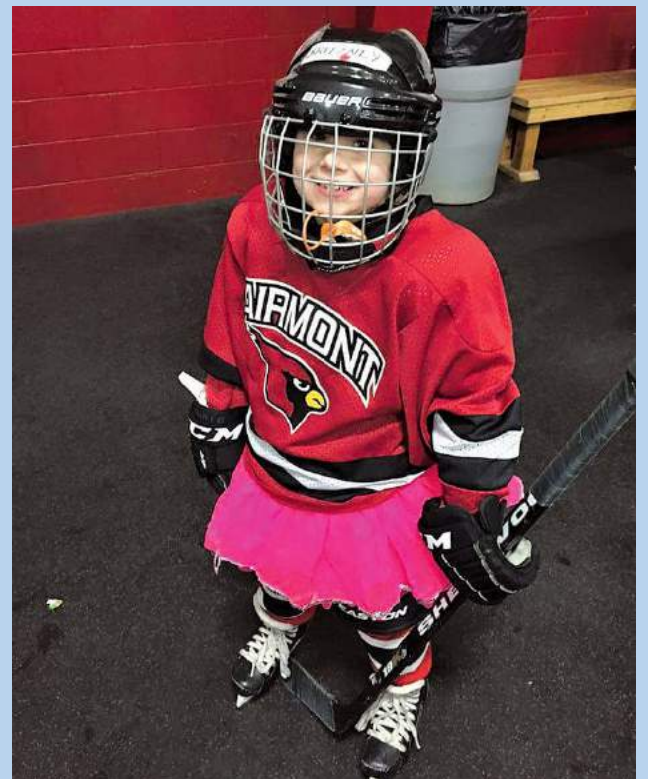
ROONEY: By Jack Rooney

IN MEMORY OF MARK

and PETE STEGER: By

Bob and Marlys Steger

Pond Hockey Tournament Pictures from Fairmont Last Weekend



WEDDINGS · CATERING · HAIR&MAKEUP · FLOWERS · CAKE

Make Your Wedding Day What You Always Dreamed Of

Dee's Floral & Designs, located on Downtown Plaza in Fairmont, offers some tips for your wedding floral needs.



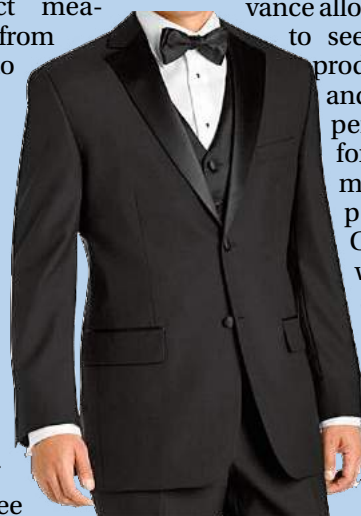
- Who will need flowers to wear
- Flowers for the church
- Flowers for the reception
- Any photos that you have of flowers and bouquets you like
- Flowers for the reception
- Date, place, and the time of your wedding
- Where the reception is located
- The time pictures will start
- The color scheme that you have chosen
- How many will be in the wedding party
- What kind of flowers and style of bouquets you would like

Tuxedos Gone Tech: Online Tuxedo Rental Experience

With nearly 40% of engagements taking place between November and February (WeddingWire.com), a revolutionary new concept is offering men a smarter way to suit up for the big day. Xedo offers online rentals of high-quality, flawless-fitting, yet affordable men's designer formalwear delivered directly to your doorstep, coast-to-coast. Xedo's one-of-a-kind platform offers a unique online shopping experience, filling a niche for today's time-crunched, yet fashion-focused millennials.

serves as the ultimate formalwear solution to make dressing the entire wedding party simple, stylish and stress-free. Xedo's interactive Tux Builder is an easy and fun way for couples to design the groomsware style for their special day. Complete online management of the bridal party eliminates the hassle of coordinating appointments, payments or fittings for groomsmen across the country. Busy brides and grooms get to keep their sanity – and their Saturdays – overseeing their bridal party looks from the comfort of their own home or device. Proprietary algorithms

minimize sizing errors and hone in on a custom-fit. For the ultimate in convenience, tuxedos are shipped two weeks before the big day to ensure plenty of time for free size replacements if necessary. A complimentary "Groom's Tux Try-On" months in advance allows grooms to see how the product looks and feels in person, before committing to purchase. Coupled with free shipping and impeccable service, Xedo will always ensure that the fit is just right for the big day.



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Partnerships with to-

day's top bridal and menswear designers include Alfred Angelo, Allure, Justin Alexander, Michael Kors and Mon Cheri. Styles reflect the signature look of each designer, made to complement their bridal gown collections. A Daymond John collection will be launched in Fall 2016, with additional high-profile designer partnerships to be announced in the future.

A major benefit of these partnerships is Xedo's exclusive, insider access to all of the designers' exact colors and fabrics, ensuring that all accessories - from vests and cummerbunds to pocket squares and bow ties - are truly a perfect match. Now, bridal party color coordination is easier than ever and more precise. Colors can even be mixed and matched to tell a personalized color story.

Blue is the New Black

Wondering what to expect this season? Key trends will include striking grosgrain and satin trim lapel detailing, beautiful fabric buttons with real buttonholes on the cuff (unheard of in

the rental market), matte shoes and the comeback of the cummerbund.

While black was the color of choice in 2015 with 80% of grooms selecting the shade, in 2016 expect an even split between black, gray and navy. This season features tuxedos in deep, rich tones of blue such as Midnight Blue, Blue Ink and Navy, as well as stormy shades of gray in hues like Charcoal, Steel, Heather and Cement. Trimmings for tuxes are all about color, with brides favoring pastels for the groomsmen or sticking to more of a monochrome look, matching the bow



tie to the suit. Expect new styles to be added as trends change.

An incomparable value, packages include a jacket, pants, cummerbund or vest, neckwear, shirt, studs & cufflinks, pocket square, shoes and socks. Xedo carries

tuxedos in size 3 to 66 to accommodate both children and adults, ensuring everyone can look and feel their best.

Xedo is available online at www.xedo.com, as well as through select bridal and fashion retailers nationwide, including Blue Box Bridal in downtown Fairmont.

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Wedding Dates to Avoid

by Justine Lorelle
Blanchard

Ready to set a date? Check this list of dates you might want to steer clear of when booking your wedding.

• Personally Significant Days

Check your own calendar for college reunions, family weddings, anniversaries or other events, like big conventions or festivals in your city (call your local chamber of commerce), and any annual occasions that involve your family or close friends.

• Holiday Weekends

Holiday weekend weddings have pros and cons. You've got an extra day for the festivities (and recovery!); plus, a Sunday wedding is often less expensive than a Saturday one. But costs of travel and hotels may be higher. And if you're looking to marry around Valentine's Day, be wary of your floral bill, especially if you've got your heart set on red roses—they'll likely be more expensive than at any other time of the year. Likewise, reception sites often charge a higher fee for a New Year's Eve wedding. Also consider the impact of a holiday weekend on your guest list: Some families have standing plans or traditions that they'd prefer not to miss.

• Religious and Cultural Holidays

Be mindful of religious and cultural holidays (your own and those of your guests) when plan-



ning your wedding. There may even be restrictions at your house of worship as to whether you're allowed to marry at these times.

• Days of Remembrance

We're talking about historically significant days (like the anniversary of September 11th) that may be off-limits if you come from a big military family. Or, that could make them all the more meaningful—it's up to you to decide.

• Major Sporting Events

If you're die-hard sports fans—or if you're worried your guests might have a hard time choosing between your wedding and the big game—avoid getting married during popular sporting events. And if a lot of your guests come from the same alma mater, watch out for homecoming weekends and bowl games that might conflict.

• Unlucky Dates

If you're superstitious, you might want to watch out for these historically inauspicious dates from across several cultures:

The Ides of March

For ancient Romans, an "ides" was simply a date that marked the middle of the month—until Julius Caesar was assassinated on March 15th in 44 B.C. Since then, "Beware the Ides of March" has become the mantra of this superstitiously unlucky date.

Friday the 13th

The unluckiest date of the year has questionable origins. Some historians say it comes from the 13 diners who were present at the last supper, but the famous Babylon's Code of Hammurabi doesn't include a 13th law, which suggests this superstition is as old as 1700 BC. And it wasn't until a successful novel titled Friday, the Thirteenth was published in the early 1900s that Friday became part of the unlucky equation.

Ten Unexpected Wedding Trends for 2016

courtesy of
huffingtonpost.com

1. Go GoPro: Film incredible unique moments from your wedding.

2. Dance Up the Aisle: Enough said!

3. Dance Down the Aisle: Celebrate your first dance as a couple just moments after the first kiss.

4. Get a Non-Traditional Wedding Officiant: A great officiant will roll with the punches in

case you have a little trouble with your lines.

5. Grandma Flower Girls: It's hard to get cuter than a grandma tossing petals!

6. Sing the Toasts: Get your guests in on the action.

7. Parade Your Love: Take a parade down the main street with your wedding party.

8. Get Song Requests Ahead of Time: Ask your friends their favorite dance songs before the the

wedding. You can print a blank request list on the back of your RSVP cards to ensure a packed dance floor all night.

9. Portable Video booth: We've all seen the props in the photo-booth; it's time to take it outside the booth.

10. Make a Grand Exit: A grand exit keeps guests engaged and wanting more!

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Seven Awkward Wedding Planning Moments

By Aja Frost

The wedding planning process can be exhilarating, fun, frustrating, tiring—and sometimes, seriously awkward. Read on for tricks that'll get you through the top seven thorniest wedding planning situations.

1. Disagreeing With Your Partner's Mom

You don't want to clash with your future mother-in-law, but you also don't want to completely change

your wedding plans to make her happy.

How to Handle It: Whether or not she's helping to pay for the wedding (but especially if she is), make sure you tell her how grateful you and your partner are for her support and input. She'll be much likelier to compromise if she feels her opinion is being heard and valued. Then, pick your battles. If the bar is far more important to you than the food, for instance, consider letting

her "win" on the dinner setup. If you're still butting heads, ask your fiancé to step in and talk to her.

2. Telling Your Friends They're Not in Your Wedding Party

Maybe you were your high school BFF's maid of honor but you don't feel that close anymore, or maybe your ceremony will be too intimate to justify making every single girlfriend a bridesmaid. Whatever the case, it's always difficult to tell a pal who's expecting to be in the wedding party that, well, she's not.

How to Handle It: When you break the news, stress how important your relationship is and how excited you are to have her at the wedding. Then, back that up by involving her in other ways. Invite your friend to the bachelorette party. You could also suggest she be part of the ceremony by doing a reading or watching over the guest book.

3. Asking for Cash

There are many reasons couples forgo a traditional

registry. You may already live together, may not need any linens, or might just prefer help paying for the event. Yet telling your guests you'd like cash instead of gifts can feel a little funny.

How to Handle It: Consider creating an account on PayPal as one of your registry choices. You can call it something along the lines of "Down Payment Fund" or "Honeymoon Registry." Then give people the details on your wedding website, just like a regular registry.

4. Saying No to Extra Guests

You and your future spouse have worked hard to create a guest list—and now your third-cousin-once-removed is asking whether he can bring his girlfriend and every member of your mom's book club is clamoring for an invite.

How to Handle It: Be honest yet sympathetic as you explain why a last-minute addition isn't possible.

5. Not Getting Along

With Your Wedding Planner

When you first hired her, you loved both her personality and her ideas. But after a couple months, your initial enthusiasm for your wedding planner is totally gone—it feels like she's not being as helpful or present as she could be. You don't want to lose your deposit or the vendors she's signed, though, so you're wondering how to ensure your day isn't a disaster.

How to Handle It: Figure out what's making you upset. Is she not doing everything you agreed she'd do? Once you've identified the problem, you should have a calm, professional discussion with her expressing your concerns so you can get plans back on track. It's possible this was a simple case of miscommunication.

6. Having a Kids-Free Wedding

Children are great but you're going for a sophisticated, adults-only event. That's completely okay. Just be ready for pushback from parents who may not relish the idea of dropping cash for a sitter or even realize that their brood isn't welcome.

How to Handle It: Avoid

marking the invitation "adults only," since that can rub people the wrong way. Instead, address it to "John and Jane Doe" rather than "the Doe family." This will subtly inform your guests that the wedding is not a family affair, but you'll probably still end up fielding questions.

7. Figuring Out Wedding Party Payments

Maybe your fiancé planned his own bachelor trip to Vegas, or you ended up purchasing dresses for the bridesmaids who live out of town. With all the other wedding expenses adding up, it would be great if your friends could pay you back soon—but getting the money in person can be uncomfortable.

How to Handle It: With the PayPal app, you can avoid asking for checks or cold, hard cash. For example, you can pay for the dresses using PayPal Credit, then have your bridesmaids use the app to send you what they owe directly. Since this method lets you request payments electronically, it takes away some of the awkwardness of asking for money in person—and the burden off of you having to remember to ask your friends to pay up.

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Bank Midwest to Daniel Eugene Vinyard, E½ of S½, Lot 2, Block 12, Original Plat Tenhassen-Ceylon

Tenhassen Farms, Inc. to Wetlands America Trust, Inc. NW¼, W½NE¼, W½E½NE¼, 28-103-32

Diane K. Sukalski, Lawrence E. Sukalski to Andrew J. Sukalski, Megan M. Sukalski, Pt. Govt. Lot 2, NE¼, 24-101-30

Carolyn A. Madsen, Martin Madsen, Carolyn Smith to Darla Jean Wilton, Lot 20, Block 1, Hillcrest Addn.

QUIT CLAIM DEEDS

David W. Henriksen, Linda L. Henriksen to David W. Henriksen, Linda L. Henriksen, Pt. N½NW¼, W½

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SW¼, W½ N½SW¼, Pt. NW¼, 3-104-29

Gerald Julius Claeys, Mary Louise Claeys to Gerald J. Claeys, Trustee, Mary L. Claeys, Trustee, Gerald J. Claeys Living Trust Under Agreement, Mary L. Claeys Living Trust Under Agreement, Und. Interests, Pt. E½SE¼, 17-104-31

Janet A. Lepird, R. N. Lepird to Janet A. Lepird Revocable Trust, S½SE¼, 26-102-33; Pt. W½SW¼ w/Pt. 50' RR Strip, 25-102-33; E½SW¼, N½SE¼, 26-102-33; S½NW¼, 36-102-33; Pt. 50' RR Strip, NW¼SW¼, 25-102-33

DEEDS OF DISTRIBUTION

Bonnie Baarts, Per. Rep., Larry Baarts, Per. Rep. to Monty Pettit, Mark S. Pettit, N½, Lot 4, Lots 5 and 6, Block 12, Taylor & Johnsons 3rd Addn.

25 YEARS AGO IN THE PHOTO PRESS

WEEK OF

JANUARY 23, 1991

Militello Motors was holding its fourth annual Indoor Used Car, Truck and Van Sale next door in the Fairmont American Legion hall.

Joseph Kurtzman, area manager of the State Job Service office in Fairmont was to take a vacation of sorts as he was to leave for Wiesbaden, Germany, to serve as part of a team providing logistical support for the military in Saudi Arabia. Kurtzman was a lieutenant colonel with the 103 COSCOM Unit of the Army Reserve.

54 members of the Fairmont Ski Club skied Big Powderhorn in Ironwood, Michigan. Downhill skiers raced on the Nastar ski run. Those earning silver medals were Andy Ruth, Dave Martens, Ray Stougaard and Ken Rose. Bronze medalists were Mark Craven, Daniel Ruth, Jenny Craven, Kevin

MINNESOTA SECRETARY OF STATE
CERTIFICATE OF ASSUMED NAME
Minnesota Statutes Chapter 333
Read the instructions before completing this form. Filing fee: \$50.00. Note: An Annual Renewal is required to be filed once every calendar year, beginning in the calendar year following the original filing with the Secretary of State. The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable consumers to be able to identify the true owner of a business. 1. List the exact assumed name under which the business is or will be conducted: (Required) GENE'S CLEANERS. 2. Principal Place of Business: (Required) Street Address (A PO Box by itself is not acceptable) 112 E BLUE EARTH AVENUE, FAIRMONT, MN 56031 USA. 3. List the name and complete street address of all persons conducting business under the above Assumed Name, OR if an entity, provide legal corporate, LLC, or Limited Partnership name and registered office address: (Required) Name: GENE'S CLEANERS, Street 112 E BLUE EARTH AVENUE, City FAIRMONT, State MN ZIP 56031. Name 4. I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath. Signature (Only one nameholder or an authorized agent is required to sign) TIMOTHY MCCLINTOCK Date 01/08/16 Email Address for Official Notices: Enter an email address to which the Secretary of State can forward official notices required by law and other notices: momclintock@yahoo.com Entities that own, lease or have any financial interest in agricultural land or land capable of being farmed must register with the Department of Agriculture, State of Minnesota, Department of State, FILED JANUARY 8, 2016, Steve Simon, Secretary of State.

Hugoson, Mary Hugoson, Jack Mackey, Rod Lau, Al Siebert, Reed Gethmann, Jerry Homann, Tim Hamp, Robbin Celander, Wayne Kahler, Mike Schulze, Dave Greischar and Tom Torgerson.

Connie Miller had been admitted as a partner in the accounting firm of Zeitz & Deist in Fairmont. The firm was to be known as Zeitz, Deist & Miller.

50 YEARS AGO IN THE PHOTO PRESS

WEEK OF

JANUARY 23, 1966

Fairmont was to be host of the state Junior Miss Pageant, and nine contestants were entered, including Fairmont's Sandra Sorensen who had just recently been crowned to represent this city. Other entries were from Truman, Inver Grove Heights, Southwest Minneapolis, Wells, Jackson, Blue Earth, Gryglia and Minneapolis.

Fairmont Federal Savings & Loan re-elected two directors, Ray L. Haeckel and E. L. Ballou. Other directors were George A. Barden, Pete Cory, Henry Flentje, C. F. Holden, Dr. K. W. Scott, Martin D. Schamber and Harland Anderson. Secretary Schamber's report sowed optimistic hopes for the coming year.

Ann Brockman and Marge Solberg were touting their new pancake deal at Dee's Mister Pizza, 104 E. First St., next to the Photo Press. A short stack was 30 cents and three cakes were 40 cents. Maple, blueberry and apricot syrups were offered.

OBITUARY notices

Darlene Grace Anderson, 83



Funeral Services for Darlene Grace Anderson, 83, of Sanborn, Iowa, were held Tuesday, January 19th at St. John's Lutheran Church in Sanborn. Burial was in Roseland Cemetery in Sanborn. Darlene passed away on Friday, January 15th, 2016. Sanborn Funeral Home assisted the family with arrangements.

Darlene was born at home on the farm near Ceylon, MN on October 4th, 1932 to Lawrence and Alma (Mathwig) Detert. Being an only child, she was kept busy helping her mother with household chores, but when she had free time, she always enjoyed time spent fishing at the lake that was on their property. Darlene received her education at the local country school through the grades, then attended high school at Ceylon, graduating from Ceylon High School in 1950.

On June 1st, 1952, Darlene was united in marriage to Leonard Alfred Anderson at Our Savior's Lutheran Church in Ceylon. They had known each other since grade school and were even neighbors on the farm. Following their marriage, the couple moved to Sanborn, IA where they made their home and raised their two daughters, Debra and Jan.

Darlene took on some extra responsibility working as an assistant cook at Sanborn Community School for seven years, then worked at Lyman's Ceramics in Sanborn. As her children got older, Darlene decided to devote all her time to being a homemaker and taking care of her family.

For many years, summers included a fishing trip to a resort in Ashby, MN. Darlene would spend time outdoors doing the thing she enjoyed since she was a youngster - fishing. In later years, she and Leonard put many miles on their travel trailer together. They went all over the United States, Canada, and Mexico. Some of her favorite places to visit were the state of Utah, Glacier National Park, and the Grand Canyon. She admired the simple beauty nature had to offer, and appreciated other landscapes found beyond the midwest. When she wasn't fishing or traveling, Darlene had fun doing different crafts and working with ceramics. She and Leonard eventually moved to Prairie View Retirement Home in Sanborn.

Left to cherish her memory are her daughters: Debra (Eldon) Peterson of Alta, IA, and Jan Anderson (Don Thom) of Ceylon, MN; one grandchild, James Lawrence (Bronica) Anderson; other relatives and friends.

Preceding her in death were her parents, Lawrence and Alma Detert; and her husband, Leonard in 2013.

sanborn-hartleyfuneral-homes.com

Funeral arrangements are pending for **Dave Munsterman** (1958 - 2016) of rural Ceylon. Munsterman passed away early Monday morning at his home after being sick with the flu.

DEATH notices



January 14 - Nancy J. Conte, 75, Fairmont.

Lakeview Funeral Home

January 14 - Elta Kelly, 98, Fairmont (formerly of Truman). Zaharia Family Funeral and Cremation Service

January 14 - Jason A. Ahrens, 33, Trimont.

Kramer Family Funeral Home

January 17 - Lyle H. Maschoff, 85, Fairmont.

Lakeview Funeral Home

In Memoriam One Year Ago This Week

January 8 - Donald D. Miller, Fairmont

January 13 - Lorraine C. Vogt, 86, Truman

January 16 - Phyllis B. Wedoo, 88, Fairmont

January 16 - Dean Ricard, 88, Fairmont

(formerly of Truman)

January 16 - Caryl E. Schultz, 87, Trimont

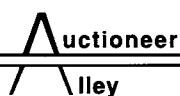
January 16 - Clara N. Theobald, 98, Sherburn

January 17 - Mark D. Johnson, 79, Fairmont

January 17 - Bruce A. Meyer, 78, Fairmont

January 18 - Inez Ann Krueger, 73, Fairmont

January 19 - Wayne B. Sandoz, 94, Fairmont



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11 Houses for Rent

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23 For Sale

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Hot Meals on Wheels are Monday through Saturday for convalescents and persons who cannot purchase and prepare adequate meals. Meals are prepared by Lakeview Methodist Healthcare and volunteers deliver in Fairmont between 11 a.m. and noon each day. This is a community project and is non-profit and not government funded. For more info on Hot Meals on Wheels, contact Linda Bach-Quade 507-235-3820.

SENIOR DINING JAN 21 - 27

Senior Dining is served each weekday at 11:30 a.m. at Friendship Village Monday thru Friday. Meals catered by Lakeview Methodist Healthcare. To reserve your meal, call 238-1650 between 9 a.m. and noon the day before. All area seniors welcome. LSS Senior Nutrition is made possible in part under the Federal Older American Act through an award from the MN River Area Agency on Aging under an area plan approved by the MN Board on Aging.

THUR: Porcupine Meatballs, baked potato, mixed veggies, bar.

FRI: Honey Mustard Fish, scalloped potatoes, tomatoes and zucchini, ice cream.

MON: Meatloaf, creamed potatoes, peas and carrots, pie.

TUES: Pork Chops, garden rice, corn, blueberry crisp, spiced apple ring.

WED: Salisbury Steak, mashed potatoes, gravy, harvard beets, cheesecake, cherry topping.

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Don't Delay Contributing To Your IRA

(NAPS)—Here's a hint on how to have a better retirement. Investors have the potential to earn thousands more in tax-deferred savings by moving their IRA contributions up earlier.

Fortunately, you have many options for making qualified annual contributions to an IRA in 2016, from starting to fund it on January 1, 2016 to, at the very latest, fully funding it at the tax-filing deadline in April 2017. But you may want to consider making those 2016 IRA contributions as quickly as you can afford to because you could benefit from months of additional tax-advantaged growth if you do.

Here's why: Making an early contribution—whether through a lump sum at the start of the tax year or by contributing evenly each month throughout the year—gives your savings more time to benefit from the power of compounding. Accelerating contributions by a few months may not seem like a big deal for one year, but it

can have a significant impact over the long term. Schedule your contribution in a way that fits into your overall budget and financial plan but consider making it a priority to contribute as early as possible.

You should also know the difference between kinds of IRAs.

With a Roth IRA, your contributions are not tax-deductible and you pay the taxes now. Contributions may be withdrawn at any time without taxes or penalties and earnings may be withdrawn tax-free and penalty-free once you reach age 59½ as long as the account has been open for at least five years. There are no age restrictions for contributions but you may not be eligible to contribute if your income is over a certain amount. Also, there are no required minimum distributions (RMDs).

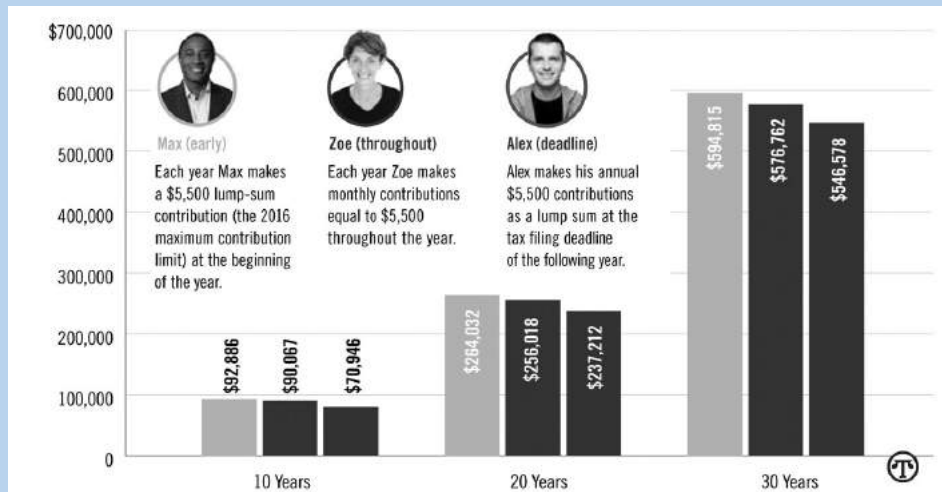
With a Traditional IRA, your contributions may be tax deductible and your earnings grow tax-deferred. You generally pay taxes when you make withdrawals, often in retirement. You must be un-

der age 70½ to contribute, and while there's no income restrictions on eligibility to contribute, there may be restrictions on deductibility. Plus, you must begin taking RMDs at age 70½.

Learn More
Visit www.troweprice.com/IRA for further facts about IRAs.

• T. Rowe Price is a global financial services firm offering individuals and institutions investment management guidance and expertise.

*photo: Compare Three Investors: They start saving during the same tax year, and over the next 30 years, they contribute the same amount each year. The power of compounding from Max's and Zoe's early contributions puts their balances ahead of Alex's. *Assumes a 7 percent annual rate of return compounded monthly and \$5,500 contributed annually; assumes contributions made for 30 consecutive tax years.*



Financial Focus

Provided by:

Paul Schellpeper, Drew Schellpeper, Wyman Fischer, Christy Selbrade, Mandi Kosbab
Financial Advisors, Edward Jones, www.edwardjones.com, Member SIPC

Will the Presidential Election Affect Investment Outlook?

We're just a few weeks away from the first caucuses and primaries, so presidential election season is in full swing. As a voter, you may be keenly interested in the election process. But as an investor, should you be concerned?

If you take a look back, you might be somewhat encouraged over the prospects of the financial markets this year. In the last 12 presidential election years, the Dow Jones Industrial Average has been up nine times and down just three. So, election years must be good for the financial markets, right?

Not necessarily. In every year, the markets are influenced by a variety of factors: interest rates, inflation, corporate profits, geopolitical events, economic growth, even the weather. And it's safe to say that 2016 will be no different. At this early stage of the year, one could say that some of these factors, such as continued low interest rates and a reasonably strong economy, might bode well for investors. But there's a lot of 2016 ahead of us – and it's notoriously difficult for anybody, even so-called experts, to accurately predict the market's performance over a relatively short time, such as a year.

Still, the market's history of pretty good results in presidential election years may not be entirely random. For one thing, the White House is never the only office being contested; elections are also held for every congressional district and many seats in the Senate. Consequently, during these election years, campaigning

often takes precedence over legislating. This legislative inactivity tends to be welcomed by the financial markets, which generally dislike surprises, big changes and new directions.

...instead of worrying about things you can't control, focus on those that you can.

However, you can't really count on past trends to provide a certain roadmap for the year ahead, in terms of the performance of the financial markets. As mentioned above, many factors influence this performance, and at this early stage in the year, we just can't predict which of these factors will take precedence.

So, instead of worrying about things you can't control, focus on those that you can. For starters, review your investment mix. Does it still properly reflect your goals, risk tolerance and time horizon? Over time, even if you haven't made many changes to your portfolio, it can become "unbalanced." For example, if you own some stocks that have increased greatly in value over the years, these stocks may now be taking up a larger percentage of your holdings than you had intended, bringing with them a higher degree of risk. Consequently, you might want to consider

selling off some of these stocks and using the proceeds to fill in other gaps in your portfolio.

On the other hand, if you think your mix of investments is not providing you with the returns you need to help make progress toward your long-term objectives, you may need to add some vehicles that can provide you with more growth potential. After all, it's 2016 now, so whatever your age, you are another year closer to retirement.

Will this year look like past presidential election years, as far as good returns from the stock market? No one can say for sure. But if you "vote" for smart investment moves, you won't be sorry.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Birding BITS

BY Cindy Brook

High-Fat Winter Treat
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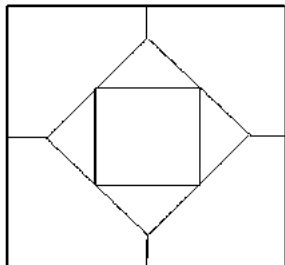
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STICKELERS

by Terry Stickels

Below is a figure built by using different-sized square sheets of paper.

What is the minimum number of these square sheets needed to construct this figure?



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CryptoQuote

answer

Shun idleness; it is the rust that attaches itself to the most brilliant metals.
— Voltaire

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USDA Report Shows Large Grain Supply

Guest Columnist

Kent Thiesse, Farm Management Analyst; VP, MinnStar Bank

Phone: (507) 381-7960 • E-mail: kent.thiesse@minnstarbank.com



As expected, the USDA Crop Production Report released on January 12th indicates that both the total corn production and soybean production in Minnesota and Iowa for 2015 were at record levels. The USDA Supply and Demand (WADSE) Report, which was also released on January 12th, shows continued increases in the available stocks of both corn and soybeans, which will likely put continued pressure on corn and soybean market prices. Following are some highlights of the recent USDA Crop Production Report, as well as the latest WADSE Report:

CORN:

According to the January 12th USDA Report, the total U.S. corn production for 2015 is estimated at near 13.60 billion bushels, which is 4.3 percent below the record 2014 total corn production of just over 14.21 billion bushels. The total U.S. corn production in other recent years was 13.83 billion bushels in 2013, 10.75 billion bushels

in 2012, and 12.36 billion bushels in 2011. The nearly 88 million corn acres planted in 2015, compares to 90.6 million acres in 2014, 95.4 million acres in 2013, and 97.3 million acres in 2012, which was the highest on record in the U.S. since 1949. The total corn acres harvested for grain in 2015 was just over 80.7 million acres, compared to 83.1 million acres in 2014.

The corn ending stocks for 2015-16 are estimated at just over 1.80 billion bushels, which is above the 2014-15 estimated ending stocks of 1.73 billion bushels, and well above the 1.23 billion bushels in 2013-14, as well as being more than double the 821 million bushels in 2012-2013. USDA is projecting that total U.S. corn use for 2015-2016 will be approximately 13.57 billion bushels for livestock feed, ethanol, food products, seed, exports, etc., which is down from 13.75 billion bushels in 2014-15, and just above the total usage of 13.45 billion bushels in 2013-14. The level of

corn exports is expected to drop by 9 percent from a year earlier, with exports projected at 1.70 billion bushels for 2015-16, compared to 1.86 billion bushels in 2014-15.

USDA is projecting the 2015-16 market year average (MYA) corn price in a range of \$3.30 to \$3.90 per bushel, resulting in an average of \$3.60 per bushel, which would be the lowest in several years. This compares to 12-month MYA corn prices of \$3.70 per bushel for 2014-15, \$4.46 per bushel for 2013-14, \$6.89 per bushel for 2012-13, and \$6.22 per year bushel for 2011-12. The 12-month MYA price for the 2015 crop year will be calculated from September 1st, 2015 through August 31st, 2016.

SOYBEANS:

According to the January 12th USDA Report, total U.S. soybean production for 2015 is estimated at 3.93 billion bushels, which is nearly the same as the 2014 production level, and compares to 3.36 billion bushels in 2013, and 3.04

billion bushels in 2012. The total harvested soybean acreage in 2015 was at just over 81.8 million acres, down from the 2014 record level of nearly 82.6 million acres.

The USDA Report is projecting soybean ending stocks for 2015-16 at 440 million bushels, which is up significantly from the carryover levels of 191 million bushels in 2014-15, and 92 million bushels for 2013-2014. Total soybean usage for 2015-16 is estimated at 3.71 billion bushels, down slightly from 2014-15. The level of soybean exports is estimated at 1.69 million bushels, which is a decline of 9 percent from a year earlier. USDA is now estimating the 2015-16 average MYA soybean price in a range of \$8.05-\$9.55 per bushel, or an average price of \$8.80 per bushel. This compares to 12-month MYA soybean prices of \$10.10 per bushel for 2014-15, and \$13.00 per bushel for 2013-14.

2015 CROP YIELDS:

The National average corn yield for 2015 is estimated at 168.4 bushels per acre, which was a decrease of 0.9 bushels per acre from the previous USDA Report, but is still the second highest U.S. corn yield in history. The record U.S. corn yield was 171 bushels per acre in 2014. The

2015 U.S. corn yield compares to other recent average corn yields of 158.1 bushels per acre in 2013, 123.1 in the drought year of 2012, and 147.2 bushels per acre in 2011.

The average corn yield for Minnesota in 2015 is estimated at the record level of 188 bushels per acre, which is 11 bushels per acre above the previous State record yield of 177 bushels per acre in 2010. The estimated 2015 State corn yield is up significantly from the 2014 State corn yield of 156 bushels per acre, and the 2013 average yield of 159 bushels per acre. Iowa had an estimated record corn yield of 192 bushels per acre for 2015, which is 10 bushels per acre above the previous State record corn yield of 182 bushels per acre in 2009. The 2015 Iowa corn yield represents a substantial increase from the 2014 average yield of 178 bushels per acre, and the 2013 average yield of 164 bushels per acre. The average 2015 corn yields in other major corn production States were Illinois at 175 bushels per acre, down from 200 bushels per acre in 2014, Indiana at 150 bushels per acre, down from 188 bushels per acre in 2014, Nebraska at 185 bushels per acre, up from 179 bushels per acre in 2014, and South Dakota

at 159 bushels per acre, up from 148 bushels per acre in 2014.

The U.S. average soybean yield in 2015 is estimated at the record level of 48 bushels per acre, which is just above the previous record yield of 47.5 bushels per acre in 2014. The 2015 U.S. soybean yield is well above the average soybean yields of 44 bushels per acre in 2013, 40 bushels per acre in 2012, and 41.9 bushels per acre in 2011. The estimated average soybean yield in Minnesota for 2015 is at the record level of 50 bushels per acre, which is 5 bushels per acre higher than the previous State record yield of 45 bushels per acre in 2010. The 2015 Minnesota soybean yield compares to 41.5 bushels per acre in 2014, and 42 bushels per acre in 2013. The average soybean yield for 2015 in Iowa is estimated at the record level of 56.5 bushels per acre, which compares to 51 bushels per acre in 2014, and 45.5 bushels per acre in 2013. The estimated average 2014 soybean yields in other major production States were Illinois at 56 bushels per acre, Indiana at 50 bushels per acre, Nebraska at 58 bushels per acre, and South Dakota at 46 bushels per acre.

Radiation an Important Addition to Pancreatic Cancer Treatment

Radiation therapy was associated with a lower risk of cancer recurrence in pancreatic cancer surgery patients, making it, like chemotherapy, an important addition to treatment, Mayo Clinic research found. Whether radiotherapy helps patients after pancreatic cancer surgery has been a long-standing question, and the findings suggest that it does, says senior author Christopher Hallemeier, M.D., a radiation oncologist at the Mayo Clinic Cancer Center. The study is published in the American Society for Radiation Oncology's International Journal of Radiation Oncology, Biology, Physics.

The researchers studied 458 patients who had pancreatic cancer surgery at Mayo Clinic between March 1987 and January 2011. Of those patients, 378 received chemotherapy and radiation therapy after surgery, and 80 had only chemotherapy after their operations.

Eighty percent of those who received chemotherapy and radiation after surgery had no recurrence of cancer within the area targeted by the radiation, the tumor bed

and lymph nodes, within five years after diagnosis. That compared with 68 percent of those who had chemotherapy only following their operations. Additionally, patients who received radiotherapy had longer survival times.

Over the past five years or so, the trend has been toward providing chemotherapy and radiation before surgery in an increasing number of patients with operable pancreatic cancer, Dr. Hallemeier says. He and his colleagues plan research to study the benefit of that, but first wanted to address the longtime question of whether radiation helps after surgery.

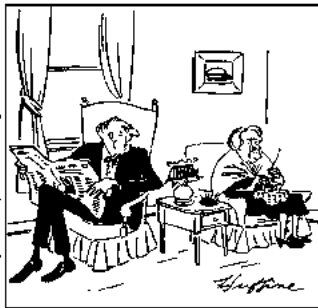
"The role of radiation therapy in operable pancreatic cancer has been somewhat controversial. There have been some studies that have shown a benefit and some studies that have not shown a benefit," Dr. Hallemeier says. "Our large study suggests that adding radiation treatment in combination with surgery and chemotherapy reduces the rate of cancer recurrence."

Pancreatic cancer is the fourth-leading cause of cancer death, and it is on the rise. About 50,000 people are diagnosed with

pancreatic cancer each year in the U.S., and in about half, the cancer has spread elsewhere in the body, ruling out surgery. Historically, only about 7 percent of pancreatic cancer patients have lived at least five years after diagnosis.

Only about 15 percent of patients have cancer isolated within the pancreas, making them candidates for an operation to remove the tumor. In the other 35 percent, the cancer involves critical blood vessels outside the pancreas; in some cases, especially with chemotherapy and radiation before surgery, operations are complex but possible.

"The black and white, 'surgery yes or no' that historically has been the first approach, that's being blurred. We're realizing that there are patients in the middle of the spectrum who may be candidates for surgery," Dr. Hallemeier says. "With tailored approaches to treatment before surgery, for example using chemotherapy first to see how the tumor responds, and then selectively using radiation, I think we can personalize treatment for patients who are most likely to benefit."



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"Will you pipe down for a while? These are my _____ years, remember?"


SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

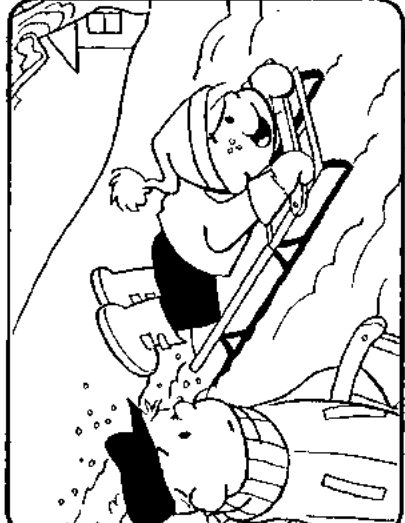
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TODAY'S WORD

BY HENRY BOLTINOFF



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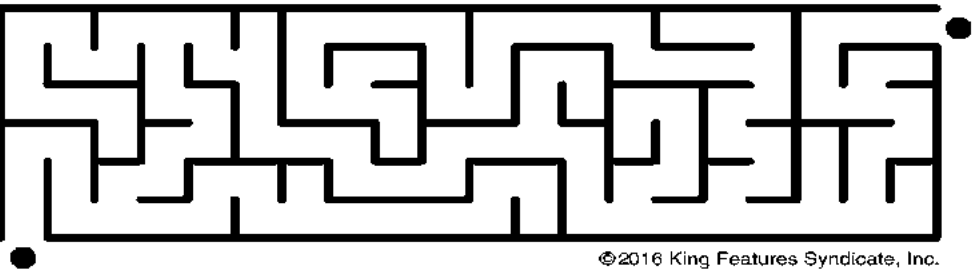
Find at least six differences in details between panels.

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Differences: 1. Earlap is missing; 2. Scarf is moved; 3. Leg is moved; 4. Cap tassel is shorter; 5. House is moved; 6. Steering bar is smaller.

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Kids' Maze





Lincoln Becker of Northrop was one of fifteen Children's Hospital patients who attended a VIP skating event and pizza party with Zach Parise of the Minnesota Wild last week. In addition to scrimmaging with Zach and other Wild players, the kids also got a chance to meet Joe Mauer of the Minnesota Twins. Lincoln also was presented with a Wild jersey and a game stick from a Wild player. All of this took place after Lincoln had chemo that morning.



LETTERS TO THE EDITOR

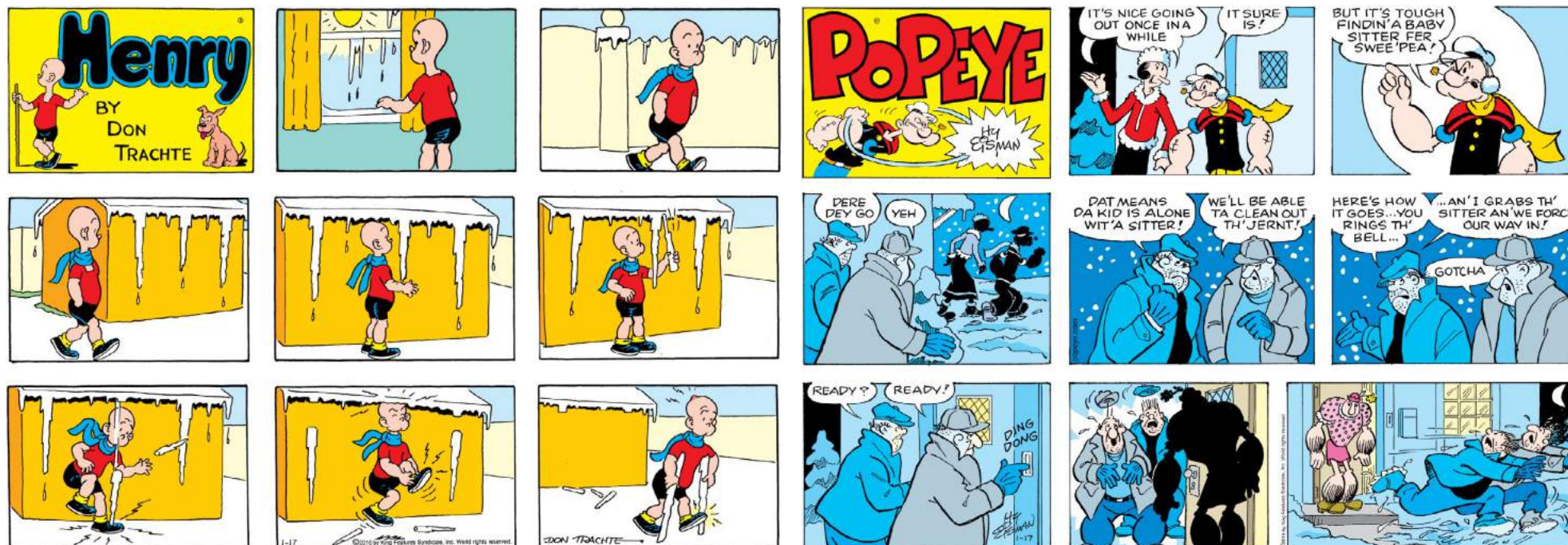
We would like to say "Thank-you" to the Photo Press for putting in our picture and information for our 70th wedding anniversary recently.

We received many cards, gifts and flowers along with many well-

wishes for our anniversary.

It is so nice to be remembered by so many people who read it in the Photo Press!

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