Alzheimer's Again

Car Care / Veteran's Day

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Wednesday **November 6, 2019** 

Volume 56 | Number 26

**SERVING MARTIN COUNTY PLUS ADJACENT MINNESOTA & IOWA COUNTIES** 

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**Sale** \$239999 list price **Morrison Reclining Sofa** 86w. 39.5d 42h. SKU# 4400007.

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## Historical Society holds open house



The dedication of the Kesler Room in the Pioneer Museum in Fairmont was held on Wednesday, October 30th. The event was attended by many current and retired employees of Fairmont Railway Motors. Also in attendance were the Kesler family and the Fairmont Area Chamber Ambassadors who included a ribbon cutting for the occasion (above). The room, formerly the workshop, has been completely renovated and now contains all of the Railway Motors artifacts and documents that have been acquired by the Martin County Historical Society. The room is named for the late Ray Kesler, Jr., a long time and beloved employee of the Martin County Historical Society. (story and photos by Lenny Tvedten)





## **Benefit Fundraiser for Essence Leach**

from 4:00 p.m. to midnight at the Fairmont Eagles.

Essence is a 9-year-old girl who was diagnosed in December of 2018 with a platelet disorder caused by a genetic mutation that causes her to have a predisposition to Acute Myeloid Leukemia (AML).

From December 2018 until her transplant on May 29th, 2019, Essence received weekly platelet transfusions at Children's Hospital in Minneapolis. On May 15th, 2019, Essence, along with her Mom, Jamie Urban (Oechsle), moved into the Ronald McDonald House in Minneapolis. Essence was admitted to the University dren's Hospital on May 17th. She underwent 10 days of the most aggressive chemo therapy to kill off her existing bone barrow and prepare her for transplant. Essence

The Fairmont Library will host a Manga/Anime **Club** for kids grades 7-12 on Tuesday, November 12th at 4 p.m. Come and join us! Call the library at 238-4207 with questions. No registration is required and this event is free.

There will be a benefit had a cord blood transplant but because she has a comfundraiser for Essence Leach on May 29th. She remained on Saturday, November 16th in the hospital until June 28th, 2019, just days before her 9th birthday. Essence was discharged to Ronald McDonald House but read-



of Minnesota Masonic Chil- mitted to the hospital on July 4th due to fevers. Essence and Jamie remained in Minneapolis until late September when Essence reached 100 days post transplant.

Essence is now at home

The American Red Cross will have a Bloodmobile on Monday, November 11th at the Regional Worship Center, 2 Crossroads Drive in Sherburn. Blood donations can be given from 1 to 6 p.m. that day.

## Grateful to Our Community

Our parents, Michael and Elizabeth Garry, lived their entire lives in this community - raising their family, building cherished friendships and trying to support their community as best they could. Their

wonderful life would not have been possible without the involvement of all the people who interacted with them each day. Your kindness and friendship nourished the rich lives our parents lived. We are particularly grateful for the support, friendship and prayers so many people provided in response to our father's recent death.

The children of Michael and Elizabeth Garry

promised immune system she is not allowed to attend main stream school. Although her numbers are excellent now, she will always be at risk of developing AML and having graft failure (rejection). Essence transplant is a fix for the time being but in reality it will add 5-15 years to her life. Jamie is Essence primary caregiver. Because Essence is not able to attend school or daycare,

Jamie is not able to return to

At the benefit on November 16th a meal will be provided by Scotty Bigg's BBQ will include pulled pork, mac and cheese and crazy corn. Desserts are provided by a grant from Thrivent. There will also be a Silent Auction starting at 4 p.m. that day and DJ started at 7 p.m. All money raised will be used for travel expenses and daily living.

The monthly MOSS meeting will take place Thursday, November 7th at 6:00 p.m. at the Fairmont Holiday Inn. Everyone is welcome to attend.

Free gift when you register.

Paige Bremer

Matt Dinse......November 30

Jasmine Clausen

Esden Carroll.....December 28



Five Lakes Centre Fairmont, Minnesota



**GALLAGHER 90TH** Odetta Gallagher of Fairmont will be celebrating her 90th birthday Sunday, November 10th. Cards will reach her at 2811 Roland Avenue, #228, Fairmont, MN **56031.** 

# eat play shop



OLSON 90TH - Norma Olson will celebrate her 90th birthday Monday, November 11th. An open house birthday party will be held in her honor on Sunday, November 10th from 11 a.m. to 2 p.m. at the Fairmont Eagles Club. All are invited to help her celebrate this special occasion. (Photo by Marque Photography, Brenda Shank)



Profinium recently announced that Tim Miller has joined the growing insurance team and will be working out of the Fairmont and Truman locations. He will be serving the community with personal, commercial and ag insurance expertise with almost 10 years of experience in the industry. Tim can be contacted at 507-848-7285 or timm@profinium.com.



The Fairmont Lions Club again helped sponsor the International Peace Poster Contest for our elementary students. Eight students participated. Front Row, (L to R): Tony Rosener, Lions Club; Eya Kotewa; Allison Streit; Colton Anderson; Alayna Buntjer; Mrs. Koppen, Art Teacher; Ron Cherland, Lions Club. Back Row: Aliya Duehlmeyer (3rd place); Grace Terry (2nd place); Joe Dorow (1st place); Marcial Zamora. (Submitted photo)

The Fairmont American Legion Auxiliary Unit 36 will be distributing poppies in recognition of our Veterans on Saturday, November 9th in Fairmont. As Americans we've seen just how important our military's role is in keeping our freedoms safe and our liberty secure. Remember our Veterans. Thank them for serving.

# **HEALTH INSURANCE ENROLLMENT?**





Mandy Bahr Melody Leimer

Stop in and see Mandy and Melody for any of your Medicare Supplement and Part D Prescription drug questions!

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# "Creating" the Perfect Holiday Season with Deb Kelly & Friends

small idea...

I have a building Downtown Fairmont sitting has happened for over empty waiting for someone to spot its potential as a great business space. It could be look pretty dreary for the Holidays or I could bring people together by creating and shopping local. I decided to bring everyone together to celebrate our holiday seasons. I'm all about the friendships our store, "Picture This! Scrap That!" has brought together over the years, I truly miss and on 1 love my creative friends, "the family we had built". To celebrate the holiday festiviseason and more importantly, the friendships we have, being part of this community I wanted to do something fun!

I had an opportunity to spend time with 12



Grace Lutheran Church St. John Lutheran in Fairmont hosts an **open** Church in Sherburn will door meal Wednesday host a Fall Dinner on evenings from 4:45 to 6:00 Sunday, November 10th p.m. each week. Wednesfrom 11 a.m. to 1 p.m. for a free will offering. They day, November 6th they will serve scalloped potawill serve cheesy turkey, toes and ham. On Novempulled pork, barbecue ber 13th it will be hotdish. or brisket sandwich, potato chips, salads, pies All meals include fruit, vegand desserts. Carry-outs gies, peanut butter/jelly are available. Up to \$800 sandwich, cookies, milk, goes towards the support water and coffee. Free will of a seminary student. donation.

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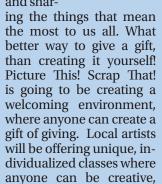


Reneé Benschoter, Agent www.lakesideagencyins.com

It all started with a creative friends at the Granada Getaway, an annual get together that 13 years. As sitting and catching up on what has happened over this past year with everyone, I said I would like to make my building come alive for the holidays, but not really sure what to do, and that was how it started! My creative friends had some great ideas, and some volunteered to do some awesome things....

The Holidays are not

about food and ties, but about giving. The holidays are about family and shar-



learn and have a wonder-



ful gift when completed. This beautiful gift will be one you can give to someone they love or decorate the home they love. Picture This! Scrap That! is offering many classes that tap into all types of mixed

> media art. Our classes are from Paint Couture, Wreath Making, Pumpins, Ноор Wreaths, Scarf

Necklace Making, Santa Making and more!

After looking into dates when boutiques, vendor shows & other Holiday Bazaars are happening in our area, we chose to compliment times other events were taking place.

November, 14-16th and December 5-7th! Our first weekend with be set up way! to celebrate the fall and

Thanksgiving holiday. The second weekend, which is also Holiday Delights weekend will be set up to celebrate the Christmas Holidays. Two totally different looks! Hours will be the same as some of the other boutiques; Thursday 4-7 p.m., Friday noon -7 p.m. and Saturday 1-2 p.m. You can join us by contacting me at 507-236-0317 or auntscrappys@hotmail. com for a list of the classes that will be taking place!

Local artists and vendors are offering unique designs and décor for each. One will want to stop and celebrate both holiday weekends with us.

Small businesses thrive when working together. Working together to create the ultimate destination in Local Shopping! These weekends have been selected to celebrate with all our Local Events and Businesses. We are offering home décor, handcrafted items, jewelry, baby items, kitchen items, clothing, blankets, antiques and collectable, & classes to create! A little something for everyone!

We invite you to shop local and celebrate the holiday seasons in a big



are returning to Fairmont, and they need your help!

through second grade are able to get gently used or new gifts at no cost for Christmas for immediate family members. The families self-determine whether they want their students to participate in this event. In 2019 we will also be piloting an expanadding our third-grade students and families.

With the potential for more than 400 students to participate, donations of those for teen boys and ementary's Elf Shop (MN).

Santa's busy little elves marked for the Elf Shop and dropped off in the elementary school of-Each year, Fairmont fice for social worker Amy Elementary School hosts Becker. Cash donations an Elf Shop, a place where may also be dropped off. students in kindergarten Cash donations are especially helpful as they allow us to purchase additional gift bags, tissue paper and gifts in categories in which we may be short--like dadtype gifts.

We also are seeking volunteers who can help set up, help during shopping days, and also tear down sion to the program by the Elf Shop, starting December 12th with set up, and continuing through December 17th for tear down.

If you have questions or new or gently used items would like to help with this are being sought. Last event, please contact Lauyear more than 2,500 gifts ra L. Dunker at 507-848were chosen by students 4664, or email at ldunkfor their families. Items er3@gmail.com. Also on portation to residents of in greatest demand are Facebook at Fairmont El-

dads. Donations may be Spruce tops are available for patio pots. We have boughs! Taking early orders!



Gift Certificates Available 407 E. 12th St., Fairmont, MN 507-235-6986

Mon-Sat 10am-5pm; Extended hours after Thanksgiving



Lance Becker earned the American FFA Degree last Saturday at the 92nd National FFA Convention in Indianapolis, IN, alongside 4,353 members from across the nation. This is the highest degree (level of membership) that a student can earn in the FFA. In order to attain this level of membership, the member must have graduated at least a year prior to receiving the award, completed at least three years of agricultural education at the high school level, earned at least \$10,000 and productively invested a minimum of \$7,500 (or over 2,250 unpaid hours) into his/her Supervised Agricultural Experience project, graduated high school with at least a "C" average, and completed a minimum of 50 community service hours. In Fairmont's nearly 65-year history, only nine FFA members have achieved this distinction, and Lance is only the second in the eight years since the chapter was re-chartered in 2012. Minnesota FFA had 110 American FFA Degree recipients this year. (Submitted photo)

## **KJLY** radio to host annual "Shareathon"

KJLY Christian Radio 36th year of on-air broad- supported 12th - 14th.

and free family events. It er) stations. will also provide listeners and friends the opporture regarding the Shareathon nity to share a tax-deduc- broadcast, three-day celtivle donation with the ebration and events, visit listener-supported min- kinshipradio.org or call istry of KJLY.

KJLY is part of the will be celebrating its nonprofit and listener-"Kinship casting during its annual Christian Radio" minis-'Shareathon" November try, which has expanded from a single radio sta-Featuring this year's tion formed in 1983 to theme of "Answers, Light, serve most of Southern Hope!", the Shareathon Minnesota and Northern fundraiser will feature in- Iowa through its eight terviews with local listen- full-power stations and ers, special guests, music 14 "Translator" (repeat-

> For more information KJLY at 800-810-5559.

## **CREST looking for Volunteer Drivers**

individuals who enjoy appointments where the driving and have a desire volunteer is given a gas to help people keep their card to help with their gas medical appointments, go to the grocery store, attend social engagements and assist people in need and run errands.

CREST provides trans- as well. cal engagements as well tion.

CREST is looking for as to out-of-town medical expenses.

It's a wonderful way to provide companionship

If you are interested in Martin County who, for a helping provide CREST variety of reasons, don't Transportation services, drive or can't drive any please call the CREST oflonger. CREST volunteers fice at 235-3833 and ask take those in need to lo- for a volunteer applica-



## Alzheimer's Again

#### **Guest Columnist**

#### Dr. Scott Burtis, M.S., D.C., Burtis Chiropractic Center

I became certified in the research I have done on Bredesen Protocol for my own. The documentreating Alzheimer's. After personally watching a loved one suffer from the disease and seeing brain health in general. so many more cases affect other families, I wondered what, if anything, nutrition and functional medicine might be able dementia. to do for this debilitating disease (spoiler: there is to see where information something nutrition and from Dr. Bredesen's profunctional medicine can do!).

Dale Bredesen's protoonly known published resometimes multiple sources at once - and that I want to share with you: with his broad-spectrum disease can be fought.

found that caught our attention. The documentary was on Alzheimer's and progress of Alzheimer's – on par with the Bredesen is facing today? Lifestyle

Are you looking for a unique Christmas gift or something to satisfy your sweet tooth? Look no further than the Martin County People First group. We are selling nine varieties of fudge in ½ pound boxes until Wednesday, November 20th. Plus we have two flavors of sugar-free fudge available to order. The fudge will be available Friday, December 13th. To place an order call Pat Kietzer at 507-848-5017 or contact a People First member.

The East Chain United Methodist Church will host the **Monthly Com**munity Coffee Party from 8:30 - 11:00 a.m., Saturday, November 9th. They will serve rolls, treats, coffee, tea, and juice. Free will offering. Come enjoy the friendship.

tary included multiple interviews with various experts on the disease and It was, for the most part, focused on Alzheimer's and brain health, but also included other forms of

It has been interesting tocol, my own research, and this documentary in-Hence me finding Dr. tersect, and watching the documentary inspired me col and my own use of to put a little more inforit. Dr. Bredesen has the mation together on my knowledge of Alzheimsearch that shows actual er's - including informareversal of dementia. The tion I've learned from the nature of Dr. Bredesen's Bredesen protocol, my protocol is that there are own personal research, five main sources that and the documentary. contribute to Alzheimer's Here are some of the main factors of Alzheimer's that

1. Brain inflammation approach with nutrition is a major contributing and lifestyle changes, the cause or accelerator of dementia. It can be in-Knowing this infor- creased by the food we mation, Monica and I re- eat, the stress we don't cently decided to watch a deal with, the medica-12-part documentary\* we tions we take, poor sleep habits, not getting enough exercise, and more. As you just read that list, did natural interventions that you notice that these apcan prevent or slow the ply to most any health condition that America

> **Family** Arc and Friends will meet in the George Room at the Fairmont Holiday Inn on Monday, November 11th at 6:00 p.m. For more info, please call the Arc office at 507-235-8580.

Around two years ago, Protocol and additional changes can bring about dramatic changes in our and stress. overall health; improving any or all of these will help not only Alzheimer's, but just about any health issue vou may have. Controlling and correcting tein that has been shown brain inflammation can improve Parkinson's, MS, and any number of brain conditions that are made and encourage brain reworse by inflammation.

2. Blood sugar management is crucial to brain health and avoiding or slowing down dementia. Did you know that having diabetes can more than double your risk of Alzheimer's? In fact, Alzheimer's has even been called "Diabetes Type 3". The changes in your brain night. The average Amerihealth that are caused by can gets 5.5 – 6.5 hours a start as early as our 30s. also raises stress, blood The roots can run deep! Chronically elevated blood sugar keeps your brain in a state of inflammation and never allows for a necessary "cleanup period" that normally oc-

3. Stress can be a major component of driving treatment for this disease. your brain into dementia The phrase, "there are no states. Just like elevated blood sugar, the constantly elevated cortisol levels don't allow your brain to go into cleanup mode. Cortisol also drives up blood sugar and can keep

The Regional Worship Center in Sherburn will host a pancake, eggs and coffee breakfast every Monday morning. They will start serving at 7:00 a.m. and continuing until 9:00 a.m. For a free will donation.

### MARTIN COUNTY HUMANE SOCIETY

The Carl Nettifee Memorial Animal Shelter 522 E. MARGARET ST. • FAIRMONT, MN • 238-1885 pawprints.petfinder.com

Email: pawprints01@hotmail.com HOURS: Tue & Thurs 6-8 p.m. • Sat 10 a.m.-2 p.m.

#### A FEW OF OUR CATS AVAILABLE FOR ADOPTION

ENID is our longest feline resident - she's been here since last December! A feisty gal, Enid is a beautiful calico who loves to play. She gets along with select felines. Enid would love love love to have a water fountain to play in and drink from. (She loves to bat at the water as it comes out of the faucet!) We would love to find Enid a wonderful home... she's been living in a cage way too long! Please feel free to come during our open hours to meet her! You won't be disappointed!

BELLA is a beautiful, loving, cuddly girl. She's a large brown tabby who seems to love everyone... humans and other cats alike! Bella wants a home where she can have a seat right next to her owner (or ON her owner!).

#### A FEW OF OUR DOGS AVAILABLE FOR ADOPTION:

RUSTY and REESE: these best friends have been with us the longest out of all the dogs we have right now. Although we love them, they deserve their own homes! Reese is a black lab mix, about two years old, and Rusty is a young hound mix with one blue eye and one brown eye. Won't you come meet then today?

ELSA is a pretty yellow lab mix, around a year or two years old. She's lived with kids, and is a very energetic girl.

## **PhotoPress**



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in a state of perpetual overdrive as well.

- other arenas of involvement. How so? It can:
- Lower blood sugar
- Help you sleep better. Improve blood flow to the whole body - including the brain.
- Elevate a specific proto be very healthy for the brain and encourage growth of new nerve cells
- 5. Sleep quality and quantity is another very important component of approaching dementia. Getting too little sleep can dramatically increase the odds of developing Alzheimer's. Everyone is different, but most people need from 7-9 hours a you seeing how this all ties together?
- 6. There are NO drug therapies that work; that is one thing that the documentary repeatedly emphasized. We do not have any effective medical meaningful treatments" was repeatedly used to drive this point home. There are some drugs that are prescribed, but at best they afford temporary improvements that are usually followed by worsening of the disease.

benefit. Melatonin and magnesium for sleep, 4. Exercise is tremen- curcumin for inflammahealth. It can affect all the DHA in your brain, B vitamins for nerve repair, and many others. As always, knowing which version is very important. As an example, the wrong kind of curcumin does basically nothing for Alzheimer's, whereas right kind is quite good at decreasing brain inflammation. Cheap fish oil will not help and may make the problem worse. Many experts (myself included) have stressed to not just use the cheapest supplement you can find Additional research out at the local pharmacy or of Canada shows that chichain store; cheap versions made in China can be harmful. (And remember that about 25% of the inflammation as well. supplements available on Amazon are counterfeit!). The highest qualprofessional grade supplements can only be purchased through a blood sugar issues can night. Not enough sleep doctor's office. Of course, I encourage you to talk to sugar, cortisol, etc. Are a licensed professional with expertise in this very specialized area of health care before taking any supplements to try to ad-

> dress Alzheimer's. Any that address the key areas above – such as yoga, meditation, intermittent that your family trusts. fasting, and massage will help the body address prove that it can be done! and heal from the many things that contribute to are interested in the name Alzheimer's. Lab testing will often identify the it is called "The Science of major component(s) in- Prevention, and the modvolved, as will a careful erator is Dr. David Perlassessment by someone mutter.) trained and certified in Supplementation this field. While many is-

your brain inflamed and has proven to be a major sues usually factor in, there is often a primary component that needs to be corrected over and dously important to brain tion, fish oil for increasing above the rest. A key component to addressing Alzheimer's is treating each patient at their own unique situation and providing an individualized plan. A blood draw and subsequent analysis can tell where the source of an individual's Alzheimer's stems from.

> An additional intervention is chiropractic. Research out of Russia shows that chiropractic adjustments improve blood flow to the brain. ropractic lowers systemic inflammation, and therefore should lower brain

The last thing I will leave you with is to remember that there is hope. Reversal of Alzheimer's is possible; it has been done. Dr. Bredesen and hundreds of doctors who follow his protocols have done it. However, it is too tough a road to try and figure out on your own. There is help out there; in fact, it's right here in Fairmont. If you want to help a loved one interventions navigate this difficult disease, let us know. I want to be the expert resource Let's work together to

> \* (For those of you who of the documentary series,





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# Vhat's Cookin

with Kathy Lloyd

## **Another Side Dish!**

We survived another Halloween on Woodland Avenue. This year we had handed out 800 treats by 6:30, the action started at 3:30, so we finished in record time! The children and parents are all so polite and fun to see, even some of the dogs that are brought along are in costume, I probably should have some doggie treats to hand out!

Today's recipe is one of my favorite ways to prepare peas, be sure to use the tarragon, it's the ingredient that makes the peas taste so good!

#### **Creamy Ham and Peas:**

2 Tablespoons butter one slice of ham cut into 1/2 inch pieces 1 red onion, halved and slice thin

2/3 cup whipping cream 1 Tablespoon chopped fresh tarragon, or 1 tsp. dried salt and pepper to taste

1 # frozen peas

Melt butter, add ham, cook til brown about 5 minutes. Add onion, cook another 5 minutes, add cream and seasonings, cook 3 minutes til getting thick. Stir in peas. Cover and cook another 5 minutes, serve. Have a great week!

## Fourth practice reading for "A Christmas Carol"

A fourth practice reading play, but a reading of the stobe on Thursday, November Dickens in 1843. 7th at 7 p.m. at the Red Rock Center for the Arts in Fairmont.

Volunteers are needed to to seating, serve refreshments, work on publicity and have fun.

This is the second annual community reading of the you can call 507-848-4414. Dickens classic. It is not the

of "A Christmas Carol" will ry itself, as written by Charles

The book, in its entirety first week in December.

Monetary proceeds gensign up to read, usher people erated from the December event will benefit Heaven's Table Food Shelf in Fair-

If you have any questions,

will be read to the public the

## 30th annual Fairmont GLOWS Parade set

days with the 30th annual Committee. Fairmont GLOWS Parade on Friday, November 22nd.

begin at 5:15 p.m. and the parade itself will start at 6 p.m., winding past Ward Plaza and ending at Lincoln Float.

All parade entries are encouraged to have lights and signage. Santa will be or email info@fairmontpart of the parade, courtesy chamber.org.

Kick off the 2019 holi- of the Fairmont GLOWS

The Fairmont Area Chamber will be award-The parade lineup will ing three \$50 Chamber Gift Certificates in the following categories: Commercial, Non-Commercial/Church-Park, through Downtown es and Glowing Parade

> For more information, contact the Fairmont Area Chamber at 507-235-5547

The Photo Press reserves the right to edit any letters to the editor, due to space limitations. We will not edit out any pertinent information related to the subject matter. All letters to the editor must include the submitting person to include their name, location and a phone number to call if we have questions (which will not be published). Questions on the Photo Press letters to the editor policy can be directed to Jeff Hagen at 238-9456 or jeff@fairmontphotopress.com

#### **Public transit Veteran benefit**

a benefit that may be availpublic transit system, Prai- rural systems like ours. rie Lakes Transit.

made up of the county commissioners from both each county's Veterans meeting in March 2019. Service Office and the Minnesota with Disabilities.

This policy states that any Veteran that has a certified Service Connected Disability will be able to use

As Veterans Day ap- Prairie Lakes Transit buses proaches, I wanted to no- without paying a fare. This tify residents of Faribault benefit is required of larger and Martin County about urban transit systems like in the Twin Cities, but is able to them form the local not required of the smaller

However, through the Back in March the diligent efforts of the VSO Faribault/Martin County Officers and the Transit Transit Board, which is Board staff, the idea was proposed, crafted so it was done properly and humbly counties, worked with staff passed by a unanimous for the transit system and vote at the Transit Board

It is a small gesture of Department our gratitude we can proof Transportation to draft vide for those that bravely policy for Veterans sacrificed while doing what Service-Connected they were called to do.

> Jeremy Monahan, **Transit Director** Faribault/Martin **County Transit Board**

### Williams benefit a huge success

for Brad Williams last week- 27th. They would also like end in Welcome was a huge to thank all who donated success!

The total money raised tally has not yet been deterauction items were sold and the Welcome Fire Department, who made the pancakes, said they had never for an event like that before.

Brad was able to attend the benefit and ended up staying the entire length of thank you! time.

Brad, Connie and the entire Williams family would like to thank everyone who attended the Brad Wil-

The benefit that was held liams benefit on October and helped out in any way over the past few months. There are too many people mined, but over 150 silent to thank individually, so we thank all of you for your generosity, kindness and prayers.

We live in the best place made that many pancakes in the world, because in this community, no one fights alone.

God bless you all and

Brad and Connie Williams and family Welcome

#### Hot Meals on Wheels needs help

teers to deliver meals.

meal delivery to those that cause. are home-bound. Each delivered each day.

a coffee group, or just a group of friends that are looking for ways to volunteer in your community.

The Hot Meals on Maybe you are a service Wheels program in Fair- organization that is lookmont is facing challenges ing for ways to give back, when it comes to volun- or even an employer in Fairmont that sees that We have multiple weeks giving your time and your that could potentially need employees' time back to a group to volunteer for the community is a worthy

Hot Meals on Wheels volunteer group is asked and those we serve needs to make a 2-week commit- your help! If you would ment, with the need for like to do something that meal deliveries Monday would be so meaningthrough Saturday, with ful for your community four routes that need to be for two weeks out of the year, please contact Karen Maybe you are part of Toupal at 507-236-8781.

**Hot Meals** on Wheels Board Karen Toupal, JoAnn Rehling and Erin Maidl

#### Fairmont poppy distribution

On November 9th, personal tribute for the

France and Flanders.

that have and are present- deserve it. ly serving for our freedom.

The poppy is a Memorial emblem to show a

members of the Fairmont sacrifice that has been American Legion Auxil- made for America by the iary Unit 36 will be distrib- dead and the living veteruting poppies in Fairmont. ans. The poppy is made by Veterans remember the disabled veterans, which wild flowers blooming in helps with rehabilitation the devasted battlefields of for them. All funds received are used for Veter-The basic purpose of ans programs in our area. Poppy Days are to offer the Our Veterans, our service-American public an op- men and women and their portunity to honor those families, it's for them. They

**Bonnie McMurtry** Poppy Chairman

## **Book of Golden Deeds Banquet November 11th**

Each year for the past November 8th. forty-five years, the Faircitizen of Fairmont.

Harper at the banquet in Holiday Inn Fairmont on Monday, November 11th The tickets are available vations. for purchase until Friday,

The purpose of this mont Exchange Club has award is to recognize presented the Book of those citizens within the Golden Deeds Award to a community whose selfsacrifice, response to duty This year's award will and other praiseworthy be presented to Moni actions may pass unnoticed and unremembered by the general public.

We ask that former at 5:30 p.m. Tickets are recipients of the Book of available at Profinium- Golden Deeds Award, Fairmont, Dee's Floral, who wish to attend the Fairmont United Meth- banquet call Wanda odist Church and the Fair- Johnson at 507-235-6428 mont Chamber of Com- or Don Richards at 507merce. Ticket price is \$19. 236-3161 to make reser-



Deadline Monday at Noon for Wednesday's publication

1 week, your picture and 20 words for \$17; Run 2 weeks, your picture and 20 words for \$27. We'll take the picture at the Photo Press for an additional \$3.50



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**Deadline Monday at Noon for** Wednesday's publication



2008 JEEP GRAND CHEROKEE OVERLAND 4x4, Options Loaded, Clean Local Trade. Sale Price \$4,995 Welcome Motor Co., 1310 N. State St.

Fairmont, MN, 235-3447, welcomemotorcompany.com



FOR SALE -2.75 acres of lake front property on Charlotte Lake. Just outside of Fairmont on 160th St. New septic system put in this year. \$200,000 · Call 507.236.4623



## Marcelene M. Meyer, 84



A Memorial Service for Marcelene M. Meyer,

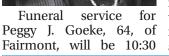
Peggy J. Goeke, 64

84, of Fairmont, was held Saturday, November 2nd, 2019, at Lakeview Funeral Home Chapel in Fairmont with inurnment in Fairview Memorial Park in Fairmont. Marcelene passed away Wednesday, October 30th, 2019, at Seasons Health Care in Trimont. Lakeview Funeral Home in Fairmont assisted the family with arrangements.

Marcelene Mae (Buchmeier) Meyer was born December 6th, 1934, in Fairmont. She was the daughter of Henry and Ella (Barvels) Buchmeier. She received her education in Fairmont and graduated from Fairmont High School.

On June 4th, 1952,

a.m. Thursday, November 7th, 2019, at Immanuel



## Joyce M. Stusse, 95



Funeral Service for Joyce M. Stusse, 95, of Fairmont, was held Wednesday morning, November

Fairmont United Methodist Church con-**Evening Suppers** from 119 E. 2nd Street in Fairmont. This Wednesday, chips. Next Wednesday, be tacos with all the fixsandwich, beverage and donated desserts. A \$2 donation is suggested.

The American Red Cross will have a **Blood**mobile on Monday, November 11th at the Regional Worship Center, 2 Crossroads Drive in Sherburn. Blood donations can be given from 1 to 6 p.m. that day.

Lutheran Church in Fairmont. Burial will be held at a later date in Riverview Cemetery in Elmore. Visitation will be 4 to 7 p.m. Wednesday, November 6th, 2019, at Lakeview Funeral Home in Fairmont and will continue one hour prior to the time of service at the church on Thursday. Peggy passed away Thursday, October 31st, 2019 at her home in Fairmont. Lakeview Funeral Home and Cremation Service in Fairmont is assisting the family with arrangements.

6th, 2019, at Lakeview Funeral Home Chapel in Fairmont with interment in Lakeside Cemetery in Fairmont. Joyce passed away Saturday morning, November 2nd, at Valley Vue Care Center in Armstrong, IA. Lakeview Funeral Home assisted the Joyce was united in marfamily with arrangements.

Joyce Maurine (Ritter) Stusse was born October 15th, 1924, in Center Creek Township, Martin County. She was the daughter of John and Christea (Hickok) Ritter. Joyce attended Huntley Consolidated School and following her graduation

The noon Lunch with the Arts program at the Red Guild will meet Monday, tinues its Wednesday Rock Center for the Arts on Tuesday, November 12th 5 to 6 p.m. at the church, will feature musical entertainment by the 3 CD's. 12:30 p.m. and the group "CDs" stands for "Choir meeting will begin at 1:30. November 6th they will Directors" as each of them serve A&W Swiss burg- has been a choir director. ers, baked beans and Julie Quamme is from Rake, IA., and directed the choirs November 13th it will at Zion Lutheran for many years. Audrey Kiihn is from ings. All dinners include Bricelyn, MN, and also dipeanut butter and jelly rected her church choir at Bricelyn Lutheran. Linda Hill is from Kiester, MN, and taught music for 33 years. Bring a sack lunch if desired. Light refreshments and coffee will be available. Free admission, everyone welcome.

eat play shop

Marcelene was united in marriage to Marland Meydaughters, Loni, Lynn, and Lina. Marcelene and Marland shared over sixty-Marland passed away February 19th, 2018.

Marcelene worked at various jobs including Koenig's, J.C. Penny as well as for over thirty-four years at Stokley-Van Camp. She was a long-time member of Grace Lutheran Church in Fairmont. Marce enjoyed reading and working Joyce Probst; and brothon word search puzzles ers, Roy Buchmeier, Harbut her greatest joy was old Buchmeier, and Henry spending time with her

Peggy Jo (Roelfsema) line (Trasamar) Roelfsema in Blue Earth. She received her education from Elmore Public School and graduated in 1974.

On April 3rd, 1976, Peggy was united in marriage to Mark Goeke at Trinity Lutheran Church in Elmore. After their marriage, Mark and Peggy moved to of Immanuel Lutheran Marquette, MI where they lived while Mark was stationed at the K. I. Sawyer Air Force Base. In 1978, Mark and Peggy moved to Fairmont, where Peggy started her own daycare,

in May, 1942, she attended Mankato State Teachers and Commercial Colleges for a year. Joyce then began her career as a secretary and bookkeeper working for three years at Conner Motors of Fairmont.

riage to Lester W. Stusse at her parents' farm home in Center Creek Township. The couple traveled in the East with the Railway Ballast Conditioning Corp. of Minneapolis, for several years, settling in Salamanca, New York where she managed the Field Office for RBCC. The fam-

The **Prairie Star Quilt** November 11th at the Fairmont Covenant Church. The Board will meet at There will be a Show and Share after the meeting followed by the program will be a mixer where we will learn about colors. The evening group will also be held at the Fairmont Covenant Church at 5:30 p.m. Hosting will be Mary Segar, Linda Maday and Vicki Davison. Jan Peterson will provide the door prize.

The Shepherd's In Soup Kitchen will be serving a free soup meal at the Blazer Hall, 95 Downtown Plaza in Fairmont. The meal will be served every Thursday from 5 to 7 p.m. Free rides are available by contacting Curt at 507-236-5362.

Left to cherish memory include er in Fairmont where they daughters, Loni Meyer continued to share their of Fairmont, Lynn (S.D.) lives together. This union Heidecker of Mankato, was blessed with three and Lina (William) Wiebe of Fairmont; grandchil-Nicholas (Lisa dren, Mutchler) Heidecker, Nafive years together before than (Jennifer) Heidecker, Ariel (John Thell) Wiebe, and Marcus Wiebe; many other extended family and friends.

"Hank" Buchmeier.

lakeviewfuneralhome.net

which she did for almost Goeke was born October 40 years. She took great 1st, 1955 to Ivan and Ar- pride in watching each of her daycare kids and grandchildren grow and loved attending their events. The memories and stories at Peggy's daycare are endless. Mark passed away February 6th, 1988 as a result of a snowmobile accident.

Peggy was a member Church in Fairmont, Martin County Daycare Association where she held multiple offices through the years, and the Fairmont American Legion Auxiliary. She enjoyed be-

ily returned to Fairmont in 1959, where Joyce continued her career in the secretarial and accounting fields. In April of 1970, she joined the staff of the Martin County National Bank. At the time of her re-On October 6th, 1946, tirement in June, 1995, she held the position of Assistant Vice President. Joyce and Lester shared over forty-six years together before Lester passed away June 27th, 1993.

> Grace Lutheran Church in relatives and friends. Fairmont, was a life member of the Fairmont Hospi-

October 30 - Marcelene M. Meyer, 84, Fairmont October 31 - Peggy J. Goeke, 64, Fairmont November 2 - Joyce M. Stusse, 95, Fairmont November 2 - Susan M. Kramer, 57, Sherburn November 2 - Viola "Vi" Bernhardt, 100, Trimont

Along with her parents, Henry and Ella Buchmeier, Marcelene was preceded in death by her husband, Marland Meyer; grandson, Joshua; sister,

October 29 - Harold Bergt, 98, Fairmont October 30 - Delores C. Splinter, 94, Fairmont November 1 - Alice R. Meyer, 81, Amboy

In Memorium

One Year Ago This Week

Lakeview Funeral and Cremation Service

Lakeview Funeral and Cremation Service

Lakeview Funeral and Cremation Service

November 2 - Geneva A. Barnett, 85, Oriental, NC

Lakeview Funeral and Cremation Service

Kramer Family Funeral Home

Kramer Family Funeral Home

(formerly of Jackson and Fairmont)

ing involved in the community and helped out with Relay for Life. She loved baking and cooking and always had a pan of brownies or something in the crockpot ready. Peggy always remembered everyone's birthday.

two children, Rachael ler. (Nate) Blom and Ryan (Kelly) Goeke; five grandchildren, Teagan and Joseph Blom and Emma, Henry and Hadley Goeke; brothers, Dennis (Linda) Roelfsema and Dick Roelfsema; sister, Barb (Bill) Pannkuk; mother-in-law, Elaine Goeke; sister-in-

free time, Joyce enjoyed watching the birds outside her window as well as her roses and garden. She most loved having lunch once every week for over twenty-four years at Perkins with LuAnn

memory include her son, David Stusse; special niece, LuAnn Ritter and her forever friend, Vicky Sagehorn; sister-in-law, Helen Ritter; and many Joyce was a member of nieces, nephews, other

Along with her parents, John and Christea Rittal Auxiliary as well as be- ter, Joyce was preceded ing a Tax Aide. During her in death by her husband,

law, Linda Giese; brotherin-law, Dave Goeke; nieces, nephews, extended family and many special daycare kids and families.

She was preceded in death by her parents; husband, Mark Goeke; fatherin-law, Ted Goeke; and She is survived by her sister-in-law, Cindy Kock-

> She may have left this earth, but we know she will be cheering on each of us from above, along with her Fairmont Cardinals and Minnesota Vikings

> > lakeviewfuneralhome.net

Lester Stusse; infant daughter, Maurine Dee; brothers, Alden Ritter, and Deane Ritter and his wife, Kathryn; sister, Faye Garlick and her husband,

The family would like Left to cherish her to say a special "Thank You" to Rose and Barb and all the staff at Goldfinch Memory Care as well as the staff of Valley Vue Care Center. Memorials are preferred to the donor's

lakeviewfuneralhome.net

## HyVee to honor military veterans and families

Hy-Vee announced amount. Donations are active-duty members and their with Hy-Vee Homefront Round will be held from now American Red Cross. through November 17th at Hy-Vee's more than Monday, November 11 265 stores across its eightstate region.

can join Day customers Hy-Vee in supporting November veterans,

it will team up with welcomed in-store or customers for the seventh online through Aisles consecutive year to Online at hy-vee.com. Hyfundraise for veterans. Vee will match customer military donations up to \$100,000, all proceeds families during its annual benefiting Hope for the Warriors, Operation Up event. The fundraiser First Response and the

## **Veterans Day Events**

In addition to the Hy-Vee Homefront During the Hy-Vee Round Up, Hy-Vee will Homefront Round Up, commemorate Veterans Monday, 11th, by active-duty offering a free breakfast military members and to all veterans and activetheir families by rounding duty military members. up their purchase to the Hy-Vee expects to serve nearest dollar, or other more than 90,000 meals

at its more than 265 stores. Select stores may host additional programs, and entertainment to accompany the breakfast.

During the event, Hy-Vee and Hallmark will offer complimentary cards to customers with the opportunity to express appreciation to activeduty military members overseas. In cooperation with the A Million Thanks organization, the goal is to customize 100,000 cards with a written message to send 100,000 'thanks' to active men and women serving around the world.

In addition to the free breakfast, veterans will also receive 10% off their grocery total when they shop at Hy-Vee on Monday, November 11th.

# Dining and Entertainment

## 2019-2020 UPCOMING TOURS

Travel today and create memories for tomorrow

## **Upcoming Tours**

Christmas in Branson	Dec. 2-7
Amish Christmas in Shipshewana	Dec. 5-9
A Twin Cities Holiday	Dec. 13-15
Tournament of Roses Parade	Dec. 29- Jan. 2
Hawaiian Island Cruise	Jan. 17-26
Daytona Beach Getaway	Multiple Departures
Warm Weather Fly Mystery Tour	Jan. 25-31
Southern Texas	Feb. 8-20
Arizona Sunshine Coach/Fly	Feb. 27-Mar. 7

(Sign up by Dec 30. due to air deadlines) New Orleans & The Deep South..... Mar. 7-17 California Sunshine Fly/Coach...... Mar. 9-20

(Sign up by Dec 30. due to air deadlines)

#### DEPARTURES FROM FAIRMONT, MANKATO OR WORTHINGTON, MN

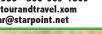
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Mon. NOV. 11, 2019 - DOORS OPEN 5:30PM

FULL BAR AVAILABLE BY K OF C PIZZA BY THE SLICE AVAILABLE FROM



£

FAIRMONT KNIGHTS OF COLUMBUS 920 E 10TH ST | FAIRMONT, MN

FREE BEER CUP AND GIFT TO ALL VETERANS! LIMITED TO FIRST 400 ATTENDEES



#### FOR MORE INFORMATION

ADAM GARBERS TIM EISENMENGER JOE MAIDL

507.236.2173 507.236.8404 507.399.1660

## **All-You-Can-Eat Fish Fry**

Friday, November 8, 2019 starting at 5:00 p.m.

Fish, Fries & Coleslaw

**LEGENDS PUB & GRILL** CEYLON, MN

Good food, good friends, good times!



#### ST. JAMES **LUTHERAN SCHOOL**

Menus subject to change.

**NOV 7 - 13** 

THUR: Pancakes, ham, green beans, blueberries, pudding cup.

FRI: Pulled pork sandwich, I mac & cheese, broccoli with

MON: Italian dunkers, lettuce salad, apple, pumpkin I

TUE: Chicken noodle soup, turkey sandwich, carrots,

crackers, peaches. **WED:** Turkey roast, mashed potaotes, gravy, corn, bread,

#### **HOT MEALS ON WHEELS**

Hot Meals on Wheels are Monday through Saturday for convalescents and persons who cannot purchase and prepare adequate meals. Meals are prepared by Lakeview Methodist Healthcare and volunteers deliver in Fairmont between 11 a.m. and noon each day. This is a community project and is non-profit and not government funded. For more info on Hot Meals on Wheels, contact Karen Toupal 507-236-8781.

We offer an excellent selection of Fresh Baked Pies from our Store Bakery.



Please Call Early! (507) 238-4500 Jct. Hwy. 15 & I-90 Fairmont, MN

www.perkinsfairmont.com

**Fairmont Eagles** 

1228 Lake Ave - 238-2555

Let us do the

Thursday, November 7 • 7pm: Meeting

Friday, November 8 • 5-7pm: Burger Night

Month's Burger: The Eagle's Nest **Burgers \$6** 

1/3# burger topped with American & Swiss cheese, fried egg & onion rings!

Steve Lang & Bob Petrowiak

Monday, November 11: Kitchen opens 5pm • Bingo 7pm

Tuesday, November 12: Dart League • 7pm

Fridays: Full Menu Available • Full Service Bar • Everyone Welcor

**Vendor & Craft Show Five Lakes Centre Mall** Saturday, November 16 10am-3pm **Many Vendors & Crafters** 

Stop in and start your fall and Christmas shopping!

To join in our Vendor Show call 507-210-6678

#### SENIOR DINING **WEEKLY MENU**

Senior Dining is served each weekday at 11:30 a.m. 🛚 at Friendship Village Monday 🛭 thru Friday. Meals catered by Lakeview Methodist Healthcare. To reserve your meal, call 238-1650 between 9 a.m. and noon the day before. All area seniors welcome. LSS Senior Nutrition is made possible in part under the ederal Older American Act 🖥 through an award from the MN River Area Agency on Aging under an area plan approved by the MN Board

#### on Aging. **NOV 7 - 13**

mashed potatoes, mixed veggies, custard.

FRI: Golden broil fish, creamed potatoes, beets, cake.

I MON: Closed.

TUE: Chicken strips, potato salad, green beans, cake. WED: Tater tot hotdish, peas & carrots, beet pickles, jello with fruit.

#### ST. PAUL LUTHERAN ST. JOHN VIANNEY **ARISE ACADEMY FAIRMONT**

Menus subject to change due to inclement weather, shortages or delays in shipping.

#### **NOV 7 - 13**

THUR: Chicken Nuggets, tater tots, cucumbers, pears. FRI: French bread pepperoni pizza, green beans, cauliflower, fruit cocktail.

MON: Cheeseburger, baked beans, broccoli, apple.

TUE: BBQ shredded pork sandwich, tater tots, cucumbers, applesauce.

IWED: Soft shell taco, rice, cel- I THURS: Pork roast, Pery sticks, mandarin oranges.



## Sherburn Lions Club Prime Rib Supper

Saturday, November 23<sup>rd</sup> • 5:00 - 8:00 p.m. at the Sherburn American Legion Cost (per person): \$18 (presale) \$20 (at the door)

Tickets may be purchased from Lions members, Bank Midwest Sherburn, Amborn Lumber in Sherburn, Fairmont Photo Press or at the door.

GET YOUR TICKETS BEFORE WE SELL OUT! Proceeds support community projects.

**Knights of Columbus • Council 1575** 





Fairmont KC Hall 7:00-9:00 P.M.

AVAILABLE AT THE DOOR

Proceeds go to KC Community Projects 21 YEARS & OLDER

#### **FAIRMONT AREA**

Menus subject to change due to inclement weather, shortages or delays in shipping.

Breakfast menu can be found online. **NOV 7 - 13** 

ITHUR: K-6: Cheese stuffed ■ breadsticks, berry parfait, peas, jicama, orange, pears. JR/HS: Chicken nuggets, mashed potatoes, gravy, dinner roll, corn spinach & cranberry salad, cucumbers, kiwi wedges, pears.

FRI: K-6: French bread pepperoni pizza, tuna salad sand-■ wich, corn, pea salad, grapes, fruit cocktail. JR/HS: French bread pepperoni pizza, green beans, cauliflower, cucumbers, orange, fruit cocktail.

MON: K-6: Chicken alfredo, breadstick, chicken caesar salad wrap, peas, tomatoes, orange, I fruit cocktail. JR/HS: Tater tot

hotdish, dinner roll, peas, carrots, broccoli, apple, pineapple I

TUE: K-6: Boneless chicken wings, dinner roll, ham & turkey chef salad, dinner roll, baked beans, carrots, banana, peaches. JR/HS: BBQ shredded pork sandwich, tater tots, coleslaw, cucumbers, orange, applesauce. **WED: K-6:** Grilled cheese sandwich, ham & american cheese sandwich, tomato soup, celery sticks, grapes, pears. JR/ HS: Soft shell taco, rice, corn, jicama, celery sticks, banana, mandarin oranges.

# Area College Student News



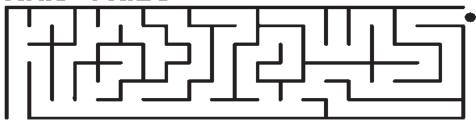
Local Buena Vista Colat Tennyson Construc- 2018-19 academic year.

Tennyson was one of lege student Tyler Tenny- 179 Buena Vista Universon, of Truman, complet- sity students to complete ed a summer internship an internship during the



The Martin Luther High School, Northrop National Honor Society raised \$300 for the Leukemia and Lymphoma Society of Minnesota recently. Emily Sokoloski (in blue) tosses a pie in the face of Tyson Kube who raised the most funds for Pennies for Patients. (Submitted photo)

#### Kids' Maze



@2019 King Features Syndicate, Inc

callers state that it is an old

Farmall or McCormick trac-

more searching for anwers.

This week I have an item that came Rvan Luedtke of

12 Baskets in Fairmont. It

measures 31 inches long

and 10 inches in diameter

(the tank). It has a hand

pump (similar to a bicycle

hand pump) attached to it

along with an other hand

pump, 2 shutoff valves and

a pressure gauge on the

top. So do you know what it

is? If you know the answer



family - many times just to Sherburn Lions Club prime catch up on what is happening with them since my busy lifestyle keeps me hopping urday, November 23rd and during the week and some- I have tickets for sale) and times into the weekends. I also for our monthly Lions was checking out a friend's Club meetings. There are post when I noticed that many events that take place she was promoting a fundraising effort to support the part of the community. The Sherburn American Legion goal to reach for the fund as they need a new roof is \$17,000 and at the time on their post home/com- of this post, it was at a little munity gathering place. more than \$10,000 pledged.



typically peruse the I have been in the buildposts on Facebook ing a number of times for from my friends and years, mostly working at the rib suppers (by the way we have our next one on Satin this building as it is a big

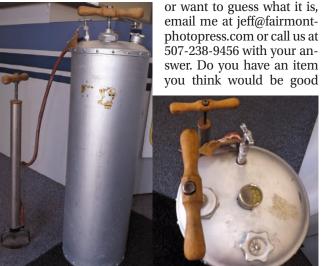
> If you would like to donate towards this project, you can send your donation to: Sherburn American Legion, New Roof Fund, P.O. Box 277, Sherburn MN

#### A unique "What is it?"

week's Last What is it?" item



has raised more questions than it has answered. Rollo Barnes contacted me and said the wrench looked like a Model T Hubcap wrench, but that all the ones he had seen were "4-hole" versions and this one is three holes. He did say that maybe the older versions were just 3 holes. I did some research online and did find a 3 hole early (1911) Model T tool kit that had one like this, but the middle hole was



oblong and not 6 sided like to have in this column? Just Wednesday, November 6th the one above. I had other bring it in and we will take some pictures and get measurements and you will see it featured in a future Photo

#### **Honor our Veterans**

is Veterans Day. It is a national day to honor our nation's military veterans from 11 a.m. to 1 p.m. St. and active duty personnel. I have the honor of giving a presentation to the Fairmont Area Jr./Sr. High Students that afternoon. I am a military veteran myself and I am proud that I served my country. I, like many other men and women throughout the years, chose a number of years ago (31 years ago I enlisted in the U.S. Army) to answer the call to serve, just like my father and my younger brother had done before me. It was a choice I never have regretted and if needed would do it again. Take the time on Veterans Day to thank a veteran or currently serving military person for their service to our country.

#### **Cheesy Turkey, A&W** Swiss burgers and more

Here's what's happening in the coming week: •

Fairmont United Methodist Church will serve A&W Swiss Burgers and baked beans from 5 to 6 p.m. • Wednesday, November 6th at Grace Lutheran they will Monday, November 11th serve scalloped potatoes and ham from 4:45 to 6 p.m. • Sunday, November 10th John Lutheran in Sherburn will have their Fall Dinner at the church. They will serve cheesy turkey, pulled pork and barbeque or brisket sandwich, chips, salads, pies and deserts for a free will offering. • Monday, November 11th the Regional Worship Center in Sherburn will host a pancake, sausage and egg breakfast from 7 to 9 a.m. • also Monday, November 11th will be a blood drive from 1:00 to 6:00 p.m at Regional Worship Center in Sherburn. Have a great

> Drive safely - visit a shutin or family member - eat/ play/shop local - honor Veterans Day next Monday!



## "Just the other day"

**Guest Columnist** 

### Tom Palen, broadcaster, pilot, writer

#### "The Rollaway Bed"

Converting our van into a camper will be a in the puzzle, I decided lot of work, but it will be to start with the bed. nice when it's done and Should it be in the front a trip out east and we great for traveling around or the back? Most people really needed to get on the country. I'll need to run their bed across the the road. I had another add a bed, a refrigerator, back width of the van, idea. furnace, air conditioner-

stove, but I am taller than the van is wide, so I want to



when I start a project wise. I was having trouble like this, I can visualize envisioning it; getting a where everything needs feel for how it would fit, to go and start building. but I had an idea. I cut a Since space is limited in large piece of cardboard the van, this project will the actual size of the bed require more planning.

Normally position the bed length and laid it on the van

Being the biggest piece floor. I was still struggle with the layout; June and I were scheduled to take

> There was a rollaway bed in the basement; we acquired it with the house. I put it in the van. It gave me a good perspective on how big the final bed will be and where it should be placed. I decided to take the bed with us on our trip and June and I headed out.

...a dispute arose...I was trapped and couldn't get out...

For the rest of this story, visit our website at fairmontphotopress.com or stop in to our office to request a paper copy.

## **New Bomgaars store** opening soon in Fairmont

Mike Dehrkoop, Fair- Colorado, Idaho, Nemont Bomgaars store braska, Minnesota, manager, says the new local store will be opening mid-November.

Dehrkoop says they will items in 13 major dehave 20 to 25 full and parttime employees.

In 2019, Bomgaars took plus Nursery, Clothover 13 former locations of ing and Footwear,



the bankrupt Shopko dis- convenience a step further count chain.

Bomgaars, a 4-season store, is a family owned and operated supplier with 92 stores in Iowa.

South Dakota and Wyoming. Bomgaars stocks over 60,000 partments, including Lawn and Garden

Farm, Pet and Automotive supplies, Paint, Hardware, Tools, Housewares, and Toys.

Dehrkoop says Bomgaars has three type sizes of stores with Fairmont being an "A" store, Blue Earth a "B" and Forest City a "C" Store. Bomgaars mission is to have what you need, when you need it, at the right price. Their product mix reflects that goal, taking "One-Stop"



by including a pronounced seasonal emphasis.

In order to have what you need year round, every Bomgaars store restocks to suit the season. Most other stores look pretty much the same year round, but Bomgaars rebuilds half the store and more every Spring and Fall.

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#### NOTICE TO FOOD SERVICE PROVIDERS Request for Bids Food Service for Martin County (MN) Jail

Sealed bid proposals will be received until 8:30 AM on Tuesday, Coordinator at 201 Lake Avenue, Room #100, Fairmont, Minnesota, for the catering of food for the Martin County Jail. Facsimile bid proposals will not be accepted.

Food Service Specifications and Bid Forms may be obtained from the Martin County Coordinators Office, Room #100, 201 Lake Avenue, Fairmont, MN 56031 OR the county website at www.co.martin.mn.us, click on "Public Notices". Sealed bids must be marked "Jail Food Service Bid" on the outside of the envelope. Bids will be opened and reviewed during the regular meeting of the Martin County Board of Commissioners on Tuesday, November 19, 2019.

Bids will be on a per meal basis.

The Food Service Contract will be for a period of two years covering from January 1, 2020 thru December 31, 2021.

The County reserves the right to accept or reject any or all bids and to waive any variations therein.

Scott Higgins Martin County Coordinator Dated this 7th day of October, 2019.





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## **Ignore These Vehicle Repairs** And You May Get Pulled Over

(NAPSI)-Many driv- tra costs, such as fines don't have the time or over and even ticketed.

'Ignoring certain vehicle repairs may seem to save money in the short term but can lead to ex-

ers may feel that they or 'fix-it' tickets, if these problems are not taken money to address vehicle care of when they arise," repairs immediately, but explains Rich White, exbeware: Ignoring some ecutive director, Car Care repairs can get you pulled Council. "In some jurisdictions, car owners may even lose their license for certain violations. A few dollars spent on simple vehicle repairs can help

avoid trouble with the law."

While a vehicle is in operation, traffic laws require that certain equipment is properly installed and functioning correctly, including brakes,

headlights, turn signals, mirrors, windshields and safety belts, to name a few.

The Car Care Council recommends that

drivers address these four repairs right away as they present public safety concerns that can earn drivers a traffic ticket on top of a repair bill.

Non-functioning turn signals and headare cracked or broken. Most states require vehicles to have functioning turn signals as well as two functioning headlights



and taillights. Taillights must illuminate red; if a taillight is cracked, it can give off a white light, which is also typically a traffic violation.

Cracked windshield. If a windshield lights or taillights that is cracked, discolored or tinted in a way that obstructs vision, drivers may get ticketed and fined. In some states, vehicle modifications, such as tinted windows, are prohibited.

- License plates are unreadable. If the license plate light is out or the plate is otherwise unreadable, drivers may be pulled over. In some states this includes clear or tinted plastic license plate covers.
- Loud exhaust system. A defective exhaust system that is too loud, either because it's been modified or because it needs repairs, can be cause for a ticket. What's considered loud

pends on the state.

Many states also require periodic vehicle safety inspections. For an overview by state, visit https://drivinglaws.aaa. com/tag/safety-inspection/.

The Car Care Council is the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers. For the latest car care news, visit the council's online media room at http://media.carcare.org.

#### Free Guide

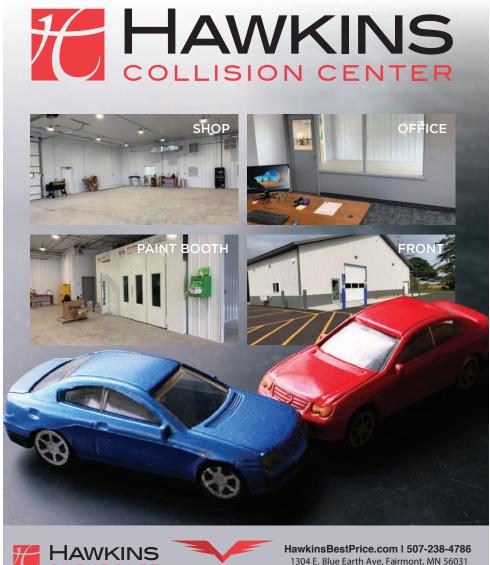
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## **Hawkins Chevrolet** adds Hawkins Collision Center



#### How it came about

Just over a year ago, well-respected body shop, Don's Body Shop, closed due to Don and Pat's retirement. Don did almost all the body work for Hawkins Chevro-

cludes an indoor estimating bay, a new efficient downdraft paint booth with a baking system and room for growth. We are excited about making this substantial investment in Fairmont and used all local

contractors for our project. Just as importantly, we are anxious to provide the same great service that Don did for many years. From an economic standpoint, we are saving one job and adding three more...with a





let during the nearly 30 years he was in business.

Their only non-family employee, Jeff Smith, was a long-time employee. He approached us about doing our body work. However, after doing some research, we discovered that there was a real gap in the collision repair business due to Don's retirement.

After a year of research and planning, we made the decision that creating our own fullyfunctioning shop was the way to proceed.

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#### hope for more. Already operating

The body shop is already in operation doing body repairs and are taking jobs daily. We are thankful to Fairmont and the surrounding communities for supporting our business. We are looking forward to offering great collision repair service for years to come.



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#### Ask A Trooper: School bus uses

by Sgt. Troy Christianson, **MN State Patrol** 

tion for the Ask a Trooper or it says "Charter Bus" segment you do. I've noticed that school buses all have the words "School Bus" written at the top **of the windshield on the** requires the School Bus **front of the vehicle. Simi**-sign be covered when it is larly, when the bus is not being used as a school used for a different purpose other than school, which buses are being

Question: I had a question the words are scraped off or something to that effect. What is the reason for that?

> Answer: Minnesota law bus. This helps identify

used for which purpose. It also is a way to signal to the public that the bus will not be making any student stops.

More children are killed outside of a school bus than they are as bus occupants. Motorists must anticipate children in a school bus "danger zone" — the area around a bus where most injuries and deaths occur.

Follow the law and keep children safe:

from a school bus that is

displaying red flashing lights or a stop arm when approaching from the rear or from the opposite direction on undivided roads.

• Remember that red flashing lights on buses indicate students are either entering or exiting the bus.

buses when the bus drivlights and has the cross-Red flashing lights on buses indicate students are either entering or exiting the bus. In 2017, the fine for a school bus stop arm/red lights violation in Minnesota increased from \$300 to \$500.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota

Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson - Minnesota State Patrol at 2900 48th Street NW. Rochester MN 55901-5848. (Or reach him at, *Troy. Christianson@state.* mn.us)

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### Ask A Trooper: Hands free for all? by Sgt. Troy Christianson, **MN State Patrol**

and UTV's?

motor vehicles. A Motor vehicle would include on a street or highway. The erty. The UTV is not considered a motor vehicle, so they are not allowed on

Question: In regards any state or federal roadto the new hands-free way no matter how they law, does that apply to are licensed. UTVs are altractors, lawn mowers lowed on certain county and township roads if li-Answer: The hands- censed properly. In that free law applies to all case, the hands-free law would apply.

In 12 out of 15 states tractors and lawn mowers with hands-free laws, traffic fatalities have dehands free law would not creased by an average of apply if someone was in a 15 percent. This law will ditch or on private prop- protect motorists on Min-

> Continued on page 12



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#### **Continued from** page 11

nesota roads by reducing the distractions for drivers.

The first ticket for violation of the new law is \$50 plus court fees and the second and later tickets are \$275 plus court fees.

For more information go to HandsFreeMN.org.

You can avoid a ticket and a crash — if you simply buckle up, drive at safe

speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson

- Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us)

## **VETERAN'S DAY - MONDAY, NOVEMBER 11, 2019**

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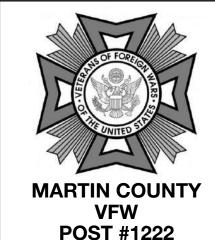
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The Truman Historical DeLores Pfeil, Ron and Association gratefully ac- Kirsten Bressler, Mark knowledges the following and Joan Hansen memorials received 7-1-19 thru 9-30-19:

In Memory Of: Received From:

- Mau, Margaret: Jim Hansen and Mary Lou Sherman
- Mallery, Mildred: rell and Mary Golnitz Dave and Cathy Sorenson, DeLores Pfeil, Janet Ron and Kirsten Bressler Baker, Darrell and Mary Golnitz, Grace Haeckel,
- Mallery, Julaine: Grace Haeckel
- Tomlinson, Bob and **Eileen:** Tom and Mary Tomlinson
- Ebert, Keith: Edna and Kirsten Bressler Thayer
- and Marilyn Carrigan,

- Mau, Roger: James and Mary Lou Sherman, Christopher and Elizabeth Mau, Mark and Joan
- Pettersen, Avis: Dar-
- **Bosshart**, Harold:
- Meier, Alice: Ron and Kirsten Bressler
- Mager, Barb: Ron and Kirsten Bressler
- Mager, Gene: Ron and Kirsten Bressler
- Ebert, Arlen: Ron
- Cramer, Flowrein: • Iliff, Imogene: Craig Ron and Kirsten Bressler
  - Johnson, Mavis: Ron

and Kirsten Bressler

- Evans, Mary: Ron and Kirsten Bressler
- Heckman, Lois: Ron and Kirsten Bressler
- Carlson, Mel: DeLores Pfeil, Craig and Marilyn Carrigan, Ron and Kirsten Bressler, Roxy Brummond, Doreen Ebert and Families, Tom and Brenda Zehnder, Tom and Kathy Urevig, Randy and Dawn Johnson, James and Mary Lou Sherman, Larry and Bonnie Baarts, Deb Manley and Elaine Ritz, Brian and Dawn Hendricksen, Mel and Marlene Breitbarth, Jerry Teig, Greg and Cindy Graif, Janice Tennyson, Family of Mel Carlson
- Iliff, Imogene: Debbie Meyer

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#### **WARRANTY DEEDS**

Mark Alan Smith to Aimee Elaine Wertz-Lutz, Trevor Russell Lutz, EX N62', Lot 5, Block 2 and N 83.11', Lot 6, Block 2, Blomstroms 3rd Addition

Lynn L. Thate, Mary H. Thate to Christina Cole, Clinton Cole, PT  $E\frac{1}{2}$  of  $NE\frac{1}{4}$ , 32-101-32

James E. Draper, Jr., Katelyn M. Draper to BonnieSue, Marie Bennett, Lots 4,5,6, Block 3, Brodts Lake Park Ad-

Andrew V. Vogt to Mikayla M. Krzywicki, Lot 4, Block 3 and N½ Lot 5, Block 3, Lake George Addition

Schumann Inc. to Cynthia Huset, David Huset, Lot 3, Block GSG, Dewey Place Condo

Donald D. Waletich to Jody Lyle, Stephen Lyle, W 100' of Lot 3, Block 5, Maple Grove Ext Wards Central

Violet L. Krumwiede to Una Anderson, Lot 101, Block GS19. Belle Vue Estates Condo No 1

#### **QUIT CLAIM DEEDS**

Marcelene M. Meyer to Lyn K. Heidecker, Loni L. Meyer, Lina R. Wiebe, Lot 2, Block 2, State Street Addi-

Laurie L. Hagen to Ethel M. Hagen, Robert E. Hagen, SE1/4, 2-101-33

Ethel M. Hagen, Robert E. Hagen to Hagen Family Revocable Living Trust, Ethel M. Hagen Trustee, Robert E. Hagen Trustee, SE¼, 2-101-33

Anthony Heser to Jena Nowak, Lot 3, Block 4, Maple **Grove Ext Wards Central** 

#### **PERS REP DEED**

Estate of Gordon Lee Johnson, Gregory L. Johnson to Douglas R. Johnson, Lots 11 and 12, Block 16, Lake George Addition

## YEARS AGO IN THE PHOTO PRESS

#### **WEEK OF NOVEMBER 9, 1994**

Keith Peterson, a former Fairmont Cardinal standout on the crosscountry team, competed in the LaSalle Banks Chicago Marathon. He finished 140th out of 7,215 total finishers, with a time of 2:47:43.

IN. Dr Chase served as McGinnis, and Church in Truman in 1979 Robert Jennings iel Preus.

of improving library service in their community at an open meeting at the Trimont school library. A survey form was distribplans were made to distribute the form as widely as possible during the examine the results at a have to be revised. December meeting.

#### YEARS AGO IN THE **PHOTO PRESS**

#### WEEK OF **NOVEMBER 9, 1969**

Maynard Senf and Carl Hyde had advertisements asking voters to elect them as aldermen of the First Ward.

Joseph Msgr. McGinnis, pastor of St. John Vianney Catholic Rev. Eugene C. Chase, Church in Fairmont, had Jr. completed his graduate been invited to take part studies and was awarded a in the ordination of one Doctor of Ministry degree of his former students by Concordia Theologi- in Rome. The student, cal Seminary, Ft. Wayne, Thomas Jennings, Msgr. vicar at St. Paul's Lutheran student's uncle, Msgr. of and 1980 under Rev. Dan- Austin were to leave in December on a special flight from Chicago. The Trimont area residents two Monsignors were to discussed different ways have a special audience with Pope Paul before leaving to tour Spain and Portugal.

Fairmont Senior High uted at the meeting and School Principal C.H. Hegdal said that because of the recent Junior High School fire, Education month of November and Week schedules would

# Fairmont residents complete Blandin Community Leadership Program retreat



of the Fairmont area returned October 25th from nesota communities since a five-day leadership retreat, the first segment of an intense eight-day train- ties have participated in ing provided by the Blan- the BCLP leadership prodin Community Leadership Program (BCLP). The team also will participate in three follow-up workshops.

A program of the Grand Rapids-based Blandin Foundation, BCLP has provided experiential leader-

from nearly 500 rural Minit began in 1985. This is the third time the communigram.

Local residents participating in this training were: Stephanie Busiahn, Brandon Edmundson, Tony Fink, Anna Garbers, Chris Gerhardt, Katy Gonzalez, Bryan Gregor, Adam Hinz, Jen Kahler, Kate Kallenship training for more than bach, Ned Koppen, Logan

Twenty-three residents 7,000 community leaders Peymann, Sara Pierce, Linsey Preuss, Kylie Saari, Kris Seifert, Kathy Smith, Jason Subbert, Suzanne Sukalski, Dustin Tino, Andy Traetow, Sam Viesselman and Liz Wheeler.

The goal of the Blandin Community Leadership Program is to develop and train a broad base of local leaders to build healthy communities. Topics covered during the retreat included: identifying and describing community issues and opportunities through the lens of the 9 dimensions of a healthy community, effective interpersonal communication, building social capital, appreciating personality differences, managing interpersonal conflict, understanding community power, mobilizing community resources, and goal setting.

"A healthy community depends on leadership engagement of community members," said Kathy Annette, president and CEO of Blandin Foundation. "The leadership demonstrated by these participants reflects their commitment to their community, as well as to the region and to rural Minnesota."

BCLP training programs are funded entirely by the Blandin Foundation, whose mission is to strengthen rural Minnesota communities, especially the Grand Rapids area.



Eric Johnson (right) is the newest member of Early Riser Kiwanis. Eric was inducted by his sponsor Chuck Anderson. All are invited to the Kiwanis meetings on Wednesdays at 6:45 a.m. at the Ranch Restaurant in Fairmont. (Submitted photo)





# If the Newspapers are LATE arriving to the Photo Press office on Wednesday mornings... EASE BE PATIEN It's beyond our control!

THURSDAY, NOVEMBER 14, 2019 @ 6:30 P.M. -ROBERT & DELORIS BUT-TERFIELD ESTATE Bare Farmland Auction of 154.96 Acres +/- in Lura Twp., Faribault County. Sale to be held at the Winnebago Municipal Center-140 Main Street S, Winnebago, MN. KAHLERS, HARTUNG, WEDEL & PIKE

SATURDAY, NOVEMBER 16, 2019 @ 10:30 A.M.-RICHARD BENDA ESTATE-Farm Equipment auction including JD Tractors, JD Combine & Heads, Trucks, Trailers, Manure Equipment, Livestock & Hay Equip and much more! Sale location: 58174 810th St, Jackson, MN. DAN PIKE & ASSOCIATES

TUESDAY, NOVEMBER 19, 2019 @ 10:30 A.M. - HELEN BERGT TRUST & GERALD, CAROLYN & RICHARD BERGT - OWNERS BARE FARMLAND AUCTION OF 80 ACRES +/- & 150 ACRES +/- of Rock Twp., Woodbury, Co., IA. Sale to held at the Correctionville, IA.

TUESDAY, NOVEMBER 19, 2019 @ 2:30 P.M.-HELEN BERGTTRUST-160 Acres +/- of St. Clair Twp., Monona Co., IA . Sale to be held at Willow Vale Golf Club 300 Sioux St, Mapleton, IA. HARTUNG, KAHLERS, WEDEL

THURSDAY, NOVEMBER 21, 2019 @ 10:30 A.M.-EVANGELICAL FREE CHURCH OF AMERICA-Trustee of the Curtis & Marcella Sykora Charitable Remainder Trust-Multi-Parcel Farmland Auction of 387.84 Acres +/- in Amo & Springfield Townships, Cottonwood Co., MN. Sale Location: Windom Community Center at 1750 Cottonwood Lake Dr, Windom. DAN PIKE & ASSOCIATES

THURSDAY, NOVEMBER 21, 2019 @ 6:30 P.M.-ROBERT LEWIS & E & B LARSEN FAMILY TRUST-157 Acres +/- of Bare Farmland located in Nashville Twp., Martin Co., MN. Farmland to be sold in two parcels. Sale to be held at the Knights of Columbus Hall, Fairmont. HARTUNG, KAHLERS, WEDEL & PIKE

SATURDAY, NOVEMBER 23 - 9:30A.M.-WILLMAR BULLER, WATONWAN COUNTY AND OTHERS CONSIGNMENT AUCTION-St. James, MN at the Watonwan County Fairgrounds. Antiques, Collectibles, Vehicles and Misc. DAR HALL & ASSOCIATES

NEW PRIVATE LISTING - 120 Acres +/- Bare Farmland located in Section 26 of Waverly Twp., Martin Co., MN. For Sale by Private Treaty! PLEASE CONTACT KEVIN KAHLER 507-920-8060 OR DUSTYN HARTUNG 507-236-7629 FOR PRICE, TERMS, ETC.

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Mrs. Forster's class from Fairmont Area Elementary School went on a hayride on Halloween. Rick DeBoer (*left*) volunteered his tractor and hay wagon, as well as his time to give Mrs. Forster's students a fun experience (Submitted photo)



Butch Olson (left) of the Borderline Cruisers Car Club donates \$250 to The Martin County Veterans Memorial in Fairmont. Chuck Mixon of the Memorial Wall committee accepts the check from Olson. (Submitted photo)



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DIVING GRAB - (Above) Caden Baarts hauls in a TD pass from Cardinal QB Zach Jorgensen while Jackson County Central's Levi Lindley defends the play. (Below) Baarts, who also had an 81yd touchdown kickoff return, celebrates his catch with teammate Blake Buntjer. The Cards finished the season with an 8-2 record. Courtesy fairmontsports.com





STATE RUNNER – Cards Emma Gudahl strides past a spectator at the State A Girls Cross Country Meet. Gudahl placed 155th with a time of 22:04.6. Murray County Central's Morgan Gehl won the race with a time of 17:53.5. *Photo courtesy Jen Kahler* 



GANG TACKLERS - Cardinals # 55 Jacob Rahn, #89 Jacob Roberts, #34 Josh Heinze and #9 Zach Jorgensen combine to stop the Huskies Bradley Buhl. State #2-ranked and #2-seed JCC defeated the State #5-ranked and #1-seeded Cardinals 36-12 in the Section 3AAA championship game in Janesville last Saturday. JCC (10-0) takes on #10-ranked Waseca (8-2) in state quarterfinal play Saturday in Lakeville. *Courtesy fairmontsports.com* 

## Card Girls 11th at State

The Cardinals girls team finish 11th at the State A Girls Cross Country Meet in Northfield last Saturday.

Laura Thompson made All-State with her top 25 finish. Thompson finished 23rd with a time of 19:36.9. Martin County West's Marissa Whitehead placed 69th with a time of 20:17.8, while Katie Hartke placed 75th at 20:24. Perham took first for the third year in a row in both the Girls and Boys races. Cardinals Will Saari placed 64th out of 176 runners with a time of 17:10.7. MCW's Jake Lewis was 39th with a time of 16:48.6. Greenway/Nashwauk/Keewatin's Geno Uhrbom,

15:27.6, won the boys event.

Girls team results: Perham 103; Luverne 138; Howard Lake-W-W 154; Murray County Central 165; Staples-Motley 171; Lake City 180; Albany 190; Pequot Lakes 197; Stewartville 205; Mesabi East 243; Cards 258; Providence Academy 261; Hawley 279; Belle Plaine 280; Blake 312; St. Paul Academy 321.

Cardinal individual results - 175 runners: 23 Laura Thompson 19:36.9; 31 Macy Hanson 19:48.9; 118 Tabitha Thatcher 21:14.8; 137 Ellie Ortega 21:40.8; 155 Emma Gudahl 22:04.6; 160 Hannah Neusch 22:15.1; 164 Carys Gudahl 22:35.9

## **TAXES**

Second Half Real Estate Taxes on Farm Property bearing classification of Agricultural and Mobile Homes are due by FRIDAY, NOVEMBER 15, 2019 to avoid penalty.

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