Good fats & bad fats

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# **PhotoPress** Only good news

# Wednesday **November 7, 2018**

Volume 55 | Number 26

## **SERVING MARTIN COUNTY PLUS ADJACENT MINNESOTA & IOWA COUNTIES**

# The Guy From Just Around the Corner By Al Batt

My neighbor Crandall wrote, "Now by great marshstops by.

"How are you doing?" I

E v erything is nearly copacetic. My philosophy limited to the lyrics from the



songs of The Rolling Stones and lines from old movies, but I believe every time I hear a mousetrap snap, an angel gets a mouse. I should feel sorry for the mice. After all, I've been caught. I remember it being around this time of the year when I got caught eating a Butterfinger candy bar in class. The Butterfinger was the last remaining survivor of my Halloween candy. Mrs. Bach asked if I'd brought enough candy for everybody. I said, 'Where are we living, in the Soviet Union?"

a big note home from school Almanac") predicts a colderthat day," I say.

**Naturally** 

es wrapt in mist, Or past some river's mouth, Throughout the long, still autumn day, Wild birds are flying south."

The yard scold, a boisterous blue jay, has a comment on everything. This is the time of the year when the crows begin to get on the nerves of anyone named Caw. It's also the time of the year when we notice much of the leaves remaining on trees belong to nonnatives like buckthorn, lilac and weeping willow.

I moseyed along a lovely trail at the Columbia Audubon Nature Sanctuary located in Columbia, Missouri. I walked in on a Carolina wren concert. A pair bond can form between Carolina wrens at any time of the year and they usually mate for life. A pair stays together all year and forage on their territory together.

The 2019 "Farmers' Alma-"I remember that. You took nac" (not "The Old Farmers' than-normal winter from the Continental Divide east William Wilfred Campbell through the Appalachians. The "Farmers' Almanac," located in Lewiston, Maine, bases its long-range forecasts on a mathematical and astronomical formula developed in 1818, also predicts abovenormal precipitation (much snow) for the Midwest, with the majority of it falling in January and February. The teeth-chattering cold is to arrive mid-February.

# Q-and-A

"Do both male and female pelicans get bumps on their bills?" During the breeding season, both males and females develop a prothe top of their beaks called a nuptial tubercle that is shed by the end of the breeding season.

"What are the three sisters?" Corn, beans, and squash. Native Americans found this trio thrived when planted together. In legend, the plants were gifts from the gods to be grown together, eaten together and celebrated together. The corn offers the beans support. The beans pull nitrogen from the air and

into the soil for the benefit of all three. The large leaves of the sprawling squash protect the others by creating a living mulch shading the soil while keeping it cool and moist, and limiting weeds.

"Were dodos really stu-



The hardy Carolina wren has been nounced fibrous plate on wintering farther north in recent years. Photo by Al Batt

pid?" No. Dodos were thought stupid because they were comfortable around humans and were easily hunted on their native island of Mauritius. Their trusting nature and the introduction of invasive species wiped them out a century after they were discovered. Dodos had a similar brain-to-body size ratio to that of pigeons, which demonstrate an ability to be

"What is the world's largest songbird?" The common raven.

"Do bats have hollow bones?" Unlike most birds, which have hollow bones, the bones of bats aren't hollow,

but are typically small and delicate. The bones of their wings are lengthened to provide support for the wing membranes. Bats make up one-fifth of the mammal population on Earth ac-

cording to Bat

Conservation International. "How can I identify common buckthorn?" The leaves remain green in the fall. Buckthorn has three or four

upward curving veins on each side of the mid-vein. When veins curve at the ends as they approach the leaf margin, the leaves are called arcuate. The leaf margin or edges of the leaf are slightly serrated or toothed. Buck-

thorn berries are found only on mature female plants and become purple to purpleblack in late summer to early fall. Each berry contains three to four seeds and the stem attaches directly to the twig. Berries of native species like chokecherry or black cherry are grouped and have a single seed each. Non-chemical buckthorn control options include cutting the tree and covering the cut stump with a tin can or black plastic to prevent re-sprouting. Use nails to affix the can or a tie to affix the black plastic and leave in place for one or two years.

Thanks for stopping by

"Now is the time of the illuminated woods; they have a sense of sunshine, even on a cloudy day, given by the yellow foliage; every leaf glows like a tiny lamp; one walks through their lighted halls with a curious enjoyment." — John Burroughs, from "The Heart of Burrough's Journals"

"When small men begin to cast big shadows, it means that the sun is about to set." -Lin Yutang

> **Stainless Steel Interior**

Dishwasher with hidden controls WDT750SAHZ **ENERGY STAR®** 20 Cu Ft French

**Door Refrigerator** WRF555SDH7

1.9 Cu Ft Over-the-Range

Sensor Microwave

DO GOOD. © Al Batt 2018

# **40<sup>TH</sup> ANNIVERSARY SAVINGS**



# **NOVEMBER 7 - NOVEMBER 17**

**SAVE UP TO** \$1497.00

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Oven WMH32519HZ

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**DELIVERY AND FINANCING AVAILABLE**  STOP IN TODAY!! See more **Anniversary Specials** inside the store.

# DAN'S APPLIANCE SLEEP SOURCE & TV

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Mon. 8-7, Tues-Fri 8-6, Sat 9-4 dansappliance.com



Susan Mary Hilgendorf and John James Forstrom Payton Sawyer Shively and Tyler Scott Boesch

Lorie Margine Thom and David Michael Pruett, Sr.

All teens are invited to join Amber at Graffiti Corner in Fairmont for the Martin County Library "Read-A-Latte" event. Enjoy free fro-yo and coffee and share what you are reading, watching or listening to! This event is Thursday, November 8th at 3:30 p.m. For more info, call the library at 238-4207.

# Mayo to offer "Grief and the Holidays" event

tem in Fairmont Hospice 2nd Street, Fairmont. is offering a themed Grief and the Holidays session tional seminar identifying for adults who've experienced the death of a loved ber deceased loved ones one. Registration is re-during the holiday season. quired.

The event, "Healthy Holiday Rituals" will be Thursday, Novemp.m. at Fairmont United by November 12th.

Mayo Clinic Health Sys- Methodist Church, 119 E

Participate in an educaways to cope and remem-Each participant will cretitled ate a memory keepsake.

For more information or to register, call Stephani ber 15th from 1:30-3:00 Geerdes at 507-238-8154

# **Fairmont CER Adult Co-Ed Open Soccer begins**

Beginning November wear non-marking shoes. 11th, there will be indoor adult co-ed soccer most person (please bring cor-Sundays from 1:00-3:00 rect amount.) p.m., until March at Fairria Street. Please enter the gym instead for \$5. through Door 17 from Orient Street.

dark shirt and water and 235-3141.

Admission is \$2 per

Note: No Open Soccer mont Area Elementary on Sunday, November School Gym, 714 Victo- 18th - go roller skating in

For more information, west parking lot off South please contact Fairmont Community Education Bring a light shirt, a and Recreation at 507-



Holly Jorgensen, executive director of "Let's Smile," was at Fairmont Elementary School on November 1st providing dental check-ups for children per family requests. "Let's Smile" is a non-profit organization that works to educate families about eliminating oral diseases in children through the power of preventive dental care. Pictured with Holly is Emiliano Cornelio. He was an excellent patient with a beautiful smile! (Submitted photo)

# Benefit to be held for

for Sharon Thate, a for- rolls, fruit, coffee, juice mer Fairmont resident and milk. A free will do-City, Florida.

Sharon's home was severely damaged in hurri-silent auction of items. If cane Michael and she lost you are interested in domany of her possessions. nating something to the Her story was featured in auction, contact Lili at last week's Photo Press.

The benefit will be 3611. held Saturday, November

Menu includes: bis- Account". cuits and gravy, scram-

A benefit will be held bled eggs, cinnamon who now lives in Panama nation will be taken for the meal.

They will also have a 236-9506 or Karen at 236-

Monetary donations 10th from 8 to 11 a.m. at can also be given at Pro-St. John's UCC Church in finium Financial in care of "Sharon Thate Special

November Tuesday, 13th at noon, Red Rock Center's Lunch with the Arts program presents "Rockin' November" with musical entertainment by Patrick Rasmussen. Rockin' November will feature some favorites by Billy Joel, John Denver, The Eagles, Simon and Garfunkel, The Beatles and more. Patrick enjoys singing and telling stories about growing up on the farm in rural Minnesota. Bring a sack lunch if desired, coffee and refreshments will be provided. Free admission. Everyone welcome.

# eat play shop

The National Honor Society of Martin Luther High School in Northrop is hosting a Red Cross Blood Drive, Monday, November 12th from 12:30 to 5:30 p.m. Please call 507-436-5249 to make an appointment.

The Martin Luther High School, Northrop, drama department invites everyone to two comedy productions. "Check Please, Take 2" and "The Importance of Being Earnest" will take place at the historic Fairmont Opera House Friday, November 9th and Saturday, November 10th at 7:00 p.m. Tickets can be purchased at the door.

# **Prairie Star Quilt Guild** to meet November 12

Church in Fairmont. All year. are invited to bring a current sewing project to work on and share with other guild members.

items will include suggestions in regard to next year's quilt show and election of officers for the coming year. Lunch contact Barb Mager at will be served by Lin Hilgendorf, Debra Engman

The Prairie Star Quilt and Carolyn Seidel. Door Guild will meet Monday, prize will be furnished November 12th, 2018 at by Kathy Wilkening. This the Evangelical Covenant will be the last meet of the

The Prairie Star Quilt Guild meets the second Monday of each month (no meeting in Decem-The day will begin at ber) at the Covenant 9:00 a.m. until noon. Each Church at 901 Woodland member is asked to bring Avenue in Fairmont. a brown bag lunch. The Membership is open to board meets at 12:30 p.m. anyone who enjoys guilts with the regular mem- or quilting - quilters of all bership meeting begin- skill levels are always welning at 1:30 p.m. Agenda come. Information and photos can be found on Facebook at Prairie Star Quilt Guild.

For more information 507-776-7601.

# **Living Well with Diabetes** support group meeting

Mayo Clinic Health Sys- mont. tem certified diabetes diabetes support group.

The group meets on ease from medical experts. the second Wednesday of day, November 14th at 7 to attend. p.m. in the Main Class-

Aerospace Retirees will be meeting on Monday, November 12th at 9:00 a.m. at the Ranch Restaurant in Fairmont.

The East Chain United Methodist Church will host the Monthly Community Coffee Party from 8:30 - 11:00 Saturday, November 10th, 2018. They will serve rolls, donuts, treats, coffee, tea, hot chocolate, and juice. Everyone is invited. Enjoy the fellowship! November's Free will offering will be a benefit for Oakwood Cemetery maintenance

Join Jill O'Donnell, room at MCHS in Fair-

These informational educator and Julie Mor- meetings provide a way ris, Mayo Clinic Health for adults with diabetes to System licensed practical share successes, challengnurse, for a community es and advice, as well as learn more about the dis-

Everyone is welcome each month. This month and no preregistration is they will meet on Wednes- required. There is no cost

# hridal ¥

>Free gift∈ when you register.

Payton Shively

Tyler Boesch.....November 10

Sammantha Beck

Karl Knothe.....January 5

Jordan Huffman

Trevor Cowing......February 2

The Drugstore with More

Five Lakes Centre

Fairmont, Minnesota

# Shop local at the vendor market in East Chain

annual Vendor and Craft Market, Saturday, November 17th from 9 a.m. to 2

Over 24 vendors and and Iowa will have items for purchase. New this year will be massages for shoppers and tagalongs.

cards, Homemade monogrammed gifts, crocheted toys, decor for your home, children's Timber woodcrafts, Premier Jewelry, Norwex, Soldier Creek Goats, Eye Candy Gone Green, Watkins, LuLaRoe, Rodan+Fields,

The East Chain Activity Usborne books, Thirty Center will host its second One, Pink Zebra and many more.

Best of all, there is a gym for kids to play while you shop and concessions on site by the P-Pod with artisans from Minnesota brisket, walking tacos, hot sandwiches and other snacks.

> Door prizes from the vendors will be awarded every hour.

The East Chain Activity Center is located on Highway 53, at the location accessories, One Twelve of the former East Chain School.

> For more info, call 507-399-9677 or see their Facebook page. See their ad in the Photo Press next week.



The Borderline Cruisers Car Club, represented by Butch Olson, recently presented Debbie Morris, Community Life Coordinator at Goldfinch Estates Memory Care, with a \$250 donation for their annual family picnic. (Submitted photo)

# **Fairmont Town Hall** meeting on child care

to discuss and identify community.

The meeting will take challenge. place Tuesday, Novemat the Holiday Inn in Fairmont.

Fairmont has a shortage of approximately 81 full-time licensed child care slots. A core team from Fairmont has come

The public is invited together to lead the proto participate in the Fair- cess of investigating mont Town Hall meeting the shortage of care in the area. The Town Hall solutions to the childcare meeting is the opportuchallenges faced in the nity to develop solutions to address this child care

Dinner will be providber 13th from 6 to 9 p.m. ed at the meeting, with dinner service beginning at 6 p.m. and the meeting beginning at 6:30 p.m.

Please register at: fairmonttownhall.eventbrite.com.





**Bethany Lutheran College** Thursday, November 15th

5:30-7:00 p.m. For all high school students and parents



www.martinlutherhs.com **Honoring Christ...Welcoming All** 

Ph: 507-436-5249



Fairmont Superintendent Joe Brown enjoyed giving a tour of Fairmont Elementary to a group of 1966 Fairmont graduates. The original section of Fairmont Elementary had been the high school in 1966 so it was a fun walk down memory lane for these classmates! (Submitted photo)

# **Elf Shop returns to Fairmont**

are returning to Fairmont for teen boys and dads. and they need your help.

Area Elementary School hosts an Elf Shop, a place where students in kindergarten through second grade are able to get gently used or new gifts at no cost for Christmas for immediate family members. The self-determine families students participating in this event.

With the potential for more than 300 students to participate, donations of new or gently used items would like to help with this are being sought. Last event, contact event cooryear more than 2,400 gifts were chosen by students 507-848-4664 or via email

Santa's busy little elves greatest demand are those

Donations may Each year, Fairmont marked for the Elf Shop and dropped off in the elementary school office for social worker Amy Becker. Cash donations may also be dropped off.

Letters families about the Elf Shop will be sent home November 16th and must be returned by whether they want their the end of November if they want their children to participate. The Elf Shop will be held Monday, December 10th.

If you have questions or dinator Laura Dunker at for their families. Items in at: ldunker3@gmail.com.

Aktion Club Theatre, a part of Kiwanis International, will meet Thursday, November 8th from 4:30 to be 6:00 p.m. in the basement of Grace Lutheran Church in Fairmont. If you need a ride or have questions about the group, call Pat Kietzer at 507-848-5017 or the Arc office at 235-8580.

> The **Fairmont** American Legion Auxiliary, Unit 36 will be distributing poppies in recognition of our Veterans on Saturday, November 10th at Fareway, HyVee, Shopko and Five Lakes Centre. Remember our Veterans - Thank them for serving!





and it's important to be aware of what is going on.

CREST will be presenting a "Lunch & Learn" program in Fairmont on Tuesday, November 13th at 11:00 a.m. in the fellowship hall of the Fairmont Evangelical Covenant Church, located at 901 Woodland Avenue.

The guest speaker will 3833.

pearance in many forms Jamie Kotewa, who will be speaking on Senior Fraud. Following his presentation, a lunch of hot chicken sandwiches, pasta salad, cranberries, and pumpkin dessert will be served. There will be a free will donation to defray meal costs.

> To reserve a spot, please call the CREST office at 235-



# FRIDAY, NOVEMBER 9TH

6:00pm-8:00pm Truman, MN

- Over **40 vendors** participating
- An evening with Mr. & Mrs. Claus
- **20%** Discount on all In-Stock John Deere Toys
- Holiday **Refreshments**
- **Giveaways**

**Kids Toy Gator Raffle: \$20.00** per ticket

All proceeds will be given to **GHEC Schools** 



Girl Scout Myth #10: The rest of the world embraces "co-ed scouting". Girl-only scouting organizations are going strong. The World Association of Girl Guides and Girl Scouts (WAGGGS. org) represents 10 million girls in 150 countries. The two largest scouting organizations are the World Organization of the Scout Movement, and the World Association of Girl Guides and Girl Scouts. It is not true that co-ed scouting has replaced Girl Guides (or Girl Scouts) - it has not. They are merely different programs. Some co-ed scout programs are sectarian or require that members recognize an obligation to a specific faith. Girl Scouts is a non-partisan, nonsectarian group, with a strong policy of inclusion for all girls. Girl Scouting and Boy Scouting in every country is different, based on culture and

Two groups of Bharat Girl Guides [front row, in blue and white tunics] at the welcome ceremony at San-



Nancy Klemek (front row, second from right), Martin County/Fairmont volunteer and River Valleys board member was one of the participants from River Valleys Council participating in the welcome ceremony at Sangam. (Submitted photos)

other factors. Recently, a group of Girl Scout adults spent a week at Sangam, a World Association of Girl Guides and Girl Scouts World Centre in Pune. India. and participated in activities with Bharat Guides [girls]. In India, although they have some coeducational activities, Bharat Scout [boy] and Guide [girl] units are separate. If you would like more information about Girl Scouting for you or your girl, contact Jennifer at jmnielsen88@gmail.com or River Valleys Girl Scout Council (800.845.0787 or girlscouts@girlscoutsrv.org).

# FCHS to hold annual meeting in Blue Earth

Historical Society (FCHS) will host its annual meeting on Sunday, November 11th, beginning at 2 p.m., in the St. Luke's Chapel, 1219 S. Ramsey in Blue Earth.

President Bill Paul will chair the business meeting, which will include a summary of the past year and plans for future projects. At the conclusion of the meeting Edie Smith will present the program, "Coming to America." Her program will share highlights of her life (including her family's emigration to the US from Hungary), her family, her interests and travel.

"Everyone is welcome to come to the Annual Meeting," states President Paul. "We have been hosting the event at St. Luke's for the last couple of years, because it is the perfect setting for this type of gathering. The Where the Past Shapes the St. Luke's staff and residents Future, will definitely be in are very welcoming and al- play when board member ways have the coffee on for Edie Smith presents the prous. FCHS board members will serve cookies and bars at ing of the Faribault County the conclusion of Edie's pro-

Membership in the Faribault County Historical Soci-

The Faribault County ety is open to anyone who has an interest in collecting, preserving, and disseminating the history of Faribault County.

Annual Memberships are available for only \$20.00, while Lifetime Memberships can be obtained for \$100.00. "Donations in any amount and Volunteers, Visitors, and New Members are always welcome," says the President. "We especially appreciate our volunteers, since we are an all-volunteer organization."

"Memorial Gifts are a wonderful way to honor family and friends and are also welcome at any time," says Marilyn Schaefer, longtime Secretary of the Board. "Any donation, membership, or memorial can be sent to the FCHS, PO Box 142, Blue Earth, MN 56013," she adds.

The motto of the FCHS, gram at the annual meet-Historical Society, at 2 p.m., Sunday, November 11th, in the St. Luke's Chapel, 1219 S. Ramsey in Blue Earth.

# eat play shop

Are you looking for a unique Christmas gift or something to satisfy your sweet tooth? Look no further than the **Martin County People** First group. We are selling 9 varieties of fudge in ½ pound boxes until November 20th. Plus we have two flavors of sugar-free fudge available to order. The fudge will be available Friday, December 21st. To place an order call Pat Kietzer at 507-848-5017.

Arc **Family** Friends will meet in the George Room at the Fairmont Holiday Inn on Monday, November 12th at 6:00 p.m. For more info, please call the Arc office at 507-235-8580 for further details.

Cevlon American Legion Auxiliary will meet on Tuesday, November 13th at 2 p.m. at Legends II in Ceylon.

ATTENTION: Ceylon High School Class of 1950 and local family and friends. Class member Bill Jurs would like to connect with his classmates. If you are a member of the class of 1950 or are a family member of one of the classmates, please send a card with their contact info to: Bill R. Jurs, 332 8th Avenue West, Cresco, Iowa 52136.



November 16, 1958.

Cards may be sent to them at 2338 250th, Truman, MN 56088.

# Good fats and bad fats (or Don't be a fathead)

**Guest Columnist** 

Dr. Scott Burtis, M.S., D.C., Burtis Chiropractic Center

oil the best? Or organic public. non-GMO canola oil? And don't eat red meat or it will way since Dr. Keys' reraise your cholesterol... I search sent a whole genthink?

in our diet has been controversial ever since Ancel even though food manu-Keys released his "study facturers have convinced "on eating that "showed" that eating animal fat can put the magic words "caused" atherosclerosis, high cholesterol, heart attacks, strokes, and global have up to .5 grams per warming. (Yes, I am kidding about the global warming. More on Dr. ling, trans fat consump-Keys and his deceptive research later.) Our grand-

Margarine is good for churned their own butter, caved in similar fashion you and butter is bad, and would have probably in most cases. We have ing to a newly published his hypothesis. right? Or is it the other slapped you if you used way around.? And is olive the words "extra virgin" in

We have come a long eration in the wrong direc-The question about fat tion. We now know about the dangers of trans fats, our government that they "Contains no trans- fats" when actually they can serving. Despite this lack of transparency in labeltion has dropped an average of 78%! By the way, parents baked in lard, in other countries, have

stopped buying the fairy tale that margarine is even food, much less good for you. It's closer to plastic than it is to food! We now know that sugar and processed carbohydrates make you fat, not fats, and that many fats are not only healthy but essential. We sted, later went on to benow know that many fats come the head of nutrition such as olive oil, avocado, grape seed, and macadamia oil are very good for you. And we now that telling people to cut out fats to lower cholesterol is bad advice that has been outdated for about 20 years.

So how did we get into this mess? A lot of it goes back to a notorious re-

Keys and the pressures brought to bear by politicians and the sugar indusindustry funded research that downplayed the risks of sugar and highlighted the hazards of fat, accordarticle in JAMA Internal The results Medicine. were actually published by Harvard scientists in the New England Journal of Medicine in 1967, and the country bought the lie. One of these Harvard eggheads, Dr. Mark Hegfor the U.S. Department of Agriculture, where he helped rewrite the national nutrition guidelines. So where does Dr. Keys come in? In 1955 he developed a hypothesis that fats were diovascular health issues

searcher called Dr. Ancel his findings he called it the "Seven Country Studies", as there were seven countries he used to contry. In the 1960s, the sugar firm his hypothesis. The problem with this study was that he actually used 22 countries, and only seven of them agreed with Rather than admit he was wrong, he cherry picked the ones that agreed with him and published that information only.

The result? The country notions, and common sense went out the window. Margarine was touted as a healthy replacement for butter. Eggs were suddenly bad for you. And that the information is while animal fats in excess can be an issue, moderate amounts are indeed good for you. I still remember a nutrition professor tellcausing a lot of the car- ing me all this in chiropractic school in 1985. It who would do this again! in our country. When he only took us 30 years to published the results of get our sense back. In the

mean time statin drugs have become one of the number one selling drugs in the world. This despite the fact that the research backing insanely low cholesterol levels like below 150 have been proven to be dangerous. Some of the side effects of low levels of cholesterol? Dementia, immune system failure, kidney and liver instability and more. The upside? You have really good numbers. That's it. embraced the mistaken Statin drugs do have some merit due to their antiinflammatory characteristics, but the side effects are too numerous to justify.

> So what do we do, now out in the open. We look to the future and move on. We don't look back and ostracize those who did this to us, but we do remain vigilant for those

# **Operation Christmas** Child drop off announced

the Fairmont area will be million children. among 5,000 U.S. dropoff locations collecting November 12th - 19th inshoebox gifts for children clude: overseas during Operation Christmas Child's National Collection Week, Church, 300 S. Grant November 12th-19th.

Fairmont families, churches and groups are busy transforming empty shoeboxes into fun gifts filled with toys, school supplies and hygiene items. The Samaritan's Purse project partners with local p.m. churches across the globe to deliver these tangible 5:00 p.m. expressions of God's love to children affected by war, disease, disaster, poverty and famine. For many a.m. - 1:00 p.m. of these children, it will be the first gift they have ever received.

This year, Fairmontarea residents hope to collect more than 10,581 gifts to contribute to the 2018

The Winnebago Area Museum will be holding a Soup Supper on Tuesday, November 13th from 5 to 7 p.m. at the museum, located at 16 South Main Street in Winnebago. The menu includes four soups, french bread, dessert bars and beverage. A free-will donation is appreciated. Proceeds go toward LED lighting for the museum. For more info, call 507-893-4660.

This month, sites in global goal of reaching 11

Local drop-off sites

#### **Fairmont:**

Lutheran Grace Street

Hours:

- Mon, Nov. 12th: 10:00 Nov. 16th: 4:00 6:00 p.m. a.m. - 1:00 p.m.
- Tue, Nov. 13th: 12:00 -5:00 p.m.
- Wed, Nov. 14th: 12:00 4:00 p.m. - 3:00 p.m. and 6:00 - 8:00
- Thu, Nov. 15th: 2:00 -
- Fri, Nov. 16th: 10:00 a.m. - 1:00 p.m.
- Sat, Nov. 17th: 10:00
  - Sun, Nov. 18th: 1:00 -

3:00 p.m.

• Mon, Nov. 19th: 9:00 -11:00 a.m.

#### **Trimont:**

- Trimont United Methodist Church, 111 Apple Street East

- Hours: • Mon, Nov. 12th, Tues, Nov. 13th and Wed, Nov.
- 14th: 9:00 11:00 a.m. • Wed, Nov. 14th: 6:00 -8:00 p.m.
- Thu, Nov. 15th and Fri,
- Sat, Nov. 17th: 1:00 -4:00 p.m.
- Sun, Nov. 18th: 1:00 -
- Mon, Nov. 19th: 9:00 a.m. - 12:00 p.m.

For more information on how to participate in Operation Christmas Child, call 612-359-7025, or visit samaritanspurse. org/occ.

# **Local blood donation** opportunities this week

As influenza activity need. picks up, the American healthy donors of all include: blood types to give blood or platelets to

**Upcoming** blood Red Cross is urging donation opportunities

**Sherburn:** Monday, ensure a strong blood November 12th from supply for patients in 1:00 to 6:00 p.m. at the Assembly of God Regional Worship Center, 2 Crossroad Drive.

To make appointment for more info, visit RedCrossBlood.org or call 1-800-RED CROSS (800-733-2767).



# MARTIN COUNTY HUMANE SOCIETY

The Carl Nettifee Memorial Animal Shelter
522 E. MARGARET ST. • FAIRMONT, MN • 238-1885
pawprints.petfinder.com Email: pawprints01@hotmail.com

HOURS: Tue & Thurs 6-8 p.m. • Sat 10 a.m.-2 p.m.

# A FEW OF OUR CATS AVAILABLE FOR ADOPTION:

GARFIELD is a large and mellow boy. His medium length hair is a dark orange with white feet and chest. He has adorable black dots on his nose. Garfield is very friendly and does fine with other cats.

SHADY is a black cat with a great personality. She loves people and loves to play. Shady has a best friend, Puff. PUFF is white, about 6 months old, and quite a bit shyer than Shady. While the two girls don't have to go together, they would be great company for each other in a new home.

BRIE is an adorable little black kitten. She is about 8-9 weeks old and cute as a button. This sweet and friendly little girl will bring a smile to your face.

#### A FEW OF OUR DOGS AVAILABLE FOR ADOPTION: BOWSER is a brown terrier mix with an adorable underbite. Bowser weighs

about 15 pounds and does well with most of the other small dogs. Calling all Mastiff lovers! Meet MEAKA, a big beautiful English Mastiff who was an owner surrender. Meaka is seeking a home where she is the only pet, especially because that way she won't have to share the attention. At around 4 years old, she is an absolutely stunning brindle that pictures do not do her justice

Santa's elves started making Christmas decorations early this year and are letting MCHS sell them to help the animals. See their work and purchase a beautiful porch pot, yule log, or table topper. Friday 6-9 at Martin Co

# **PhotoPress**



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Karen Luedtke Fisher, Publisher

Manager: jeff@fairmontphotopress.com editor@fairmontphotopress.com Ad Sales: ads@fairmontphotopresss.com frontdesk@fairmontphotopress.com Info: Subscription: \$37/1 year; \$24/6 months



The new Mayo Clinic Health System in Fairmont Urgent Care is now open. This walk-in service provides same-day care for unexpected minor illnesses and injuries, including:

- Cold and flu symptoms
- Coughs, sore throats and earaches
- Infections, including urinary, sinus and eye
- Minor cuts, lacerations and burns
- Skin conditions, including rashes, poison ivy and insect bites
- Sprains and strains

Monday-Friday, 10 a.m.-7 p.m.

Saturday and Sunday, 8 a.m.-5 p.m.

Mayo Clinic Health System in Fairmont, 800 Medical Center Drive

Located on the medical center campus within the clinic. Enter through the clinic doors on the north side of the facility.



mayoclinichealthsystem.org

# What's Cooking

with Kathy Lloyd

# Tis the Season for Apples

I love apples all times of the year, but especially in the fall. I got the recipe I am sharing with you today from a Bed and Breakfast cookbook with recipes given by bread and breakfast owners throughout the Midwest. The title of the cookbook is Wake Up and Smell The Coffee. Just reading the title makes me smell coffee! I served this recipe at a brunch I was giving. Its easy and good.

#### **Hot Cooked Apples:**

1 apple per person 1/2 cup apple cider or juice cinnamon, nutmeg or allspice softened cream cheese pure maple syrup

Peel and slice one apple per person. I especially like Granny Smith or Ida Reds as they stay firm and hold their shape. Place in a sauce pan and cover with juice or cider. Sprinkle with spice of your choice. Cover and cook until fork tender. Serve steaming hot or set aside and microwave when ready to serve. Combine cream cheese with a small amount of maple syrup. Place a tablespoon or so of sweetened cream cheese in the center of the hot apples just before serving. This can be served as a dessert or a fruit entrée at a brunch.

Have a great week!



# Poppy distribution in Fairmont

On November 10th, rial emblem to show a permembers of the Fairmont sonal tribute for the sac-American Legion Auxiliary Unit 36 will distribute poppies at Fareway, Hy-Vee, Shopko and the Five Lakes Centre in Fairmont.

Veterans remember the wild flowers blooming in for them. All funds rethe devasted battlefields of France and Flanders. The basic purpose of Poppy Days are to offer the American public an opportunity to honor those that have and are presently serving for our freedom.



# The poppy is a memo-

Veterans".

the listener-supported min- 810-5559.

In addition to the Share-Share-a-thon" fundraiser a-thon broadcast the three November 13th, 14th and day celebration will feature family events, including a 15th.



Reading is hobby that does a body good: It promotes relaxation, enhances your vocabulary and improves your memory retention. So, how can you make more time to reading in your busy day? Here are a few tips:

\*Read right away in the morning or at night before bed. Keep a good

book on your nightstand!

\*Don't leave the house without reading material. When you have downtime during the day, read a few pages!

\*Join a book club: Reading and talking about a book with friends can help encourage you to get that book done!

\*Find books that are of interest to you: Spend some time researching book topics that will hold your interest and you will be rewarded.

\*Set a goal...and meet Whether it's a goal of pages or minutes or books read, set a goal to gradually improve.

\*Block out time in your calendar: Schedule it and stick to it!

# KJLY to host annual "Shareathon" fundraiser

KJLY Christian Radio istry of KJLY. will broadcast its annual

rifice that has been made

for America by the dead

The poppy is made by

disabled veterans, which

helps with rehabilitation

ceived are used for Veter-

Poppy distribution simply says "Remember Our

Bonnie McMurtry

Poppy Chairman

ans program in our area.

and living veterans.

Featuring this year's theme "Let Them See Jesus!", the Share-a-thon fundraiser will feature interviews with local listeners, special guests, music and free events for the entire family. It will also provide listeners and friends the opportunity to share a taxdeductible donation with org or call KJLY at 1-800-

special activities and free Spaghetti Supper on November 13th, "Soup and Sweets" lunch on November 14th and a Barbeque Rib Dinner on November

For more info on the Share-a-thon or the free events, visit KinshipRadio.



# **NOVEMBER 10, 1993**

**Bridget Clover of Fair**mont was named "Business Education Student of the Month at Fairmont High School. Bridget, the daughter of Pat and Mike Meyer and Brent Clover was a senior at FHS. She was a student body vice president and involved in Peace and Target.

Four winners were named in the Martin County VFW's annual "Voice of Democracy" speech contest. The four students were Aaron Schlaphoff, senior at Martin County West; Heidi Wilkin, Ryan Waterbury and Jeremy Wedel, all students at Fairmont High School.

The Fairmont GLOWS committee announced the GLOWS parade. Parade marshalls were former Minnesota Viking star Chuck Foreman and "Vikadontis Rex", official mascot of the Minnesota Vikings.

Members of Martin County Board of Commissioners endorsed hospice and declared November "Hospice month". On hand for the endorsement was Alma Simpson of the Hospice Board, commissioners and Jean Burkhardt, Steve Donnelly, Steve Pierce, Leighton Hugoson and Char Kahler.



# A New HSA Option for You to Earn Up to 3.00% APY\*!

When combined with qualified high deductible health insurance, the tax-advantaged\*\* Health Savings Account (HSA) provides a way to save money and get more control over your healthcare dollars.

# Here's how much you could earn!

HSA Balance	Annual Percentage Yield (APY)*
\$0 to \$9,999	1.00%
\$10,000 to \$19,999	2.00%
\$20,000 +	3.00%

HSAs are flexible, affordable and easy to use!

For more information contact 888.902.5662.



Of Member FDIC

\*Annual Percentage Yields (APYs) effective as of 10/1/2018 and subject to change without notice. Fees may reduce earnings. \*\*Consult a tax advisor to discuss your financial situation



918 E. Blue Earth Ave. • Fairmont, MN • 238-4287 \*Annual Percentage Yield. Rate subject to change. Penalty for early withdrawal.

Minimum balance \$1,000 to obtain APY. Offer available for a limited time and may be withdrawn without notice. Effective 11/5/18 One turkey per family.

Deadline Monday at Noon for Wednesday's publication

# cture Pedd

1 week, your picture and 20 words for \$17; Run 2 weeks, your picture and 20 words for \$27. We'll take the picture at the Photo Press for an additional \$3.50



# **2008 GMC SIERRA 1500**

4x4, all terrain package, option loaded, clean local truck, sale price \$14,995.
Welcome Motor Co., 1310 N. State St.,
Fairmont, MN, 235-3447, welcomemotorcompany.com

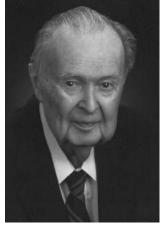


# 2008 CHEVROLET IMPALA LS Local trade, 85,000 miles, \$6,999.

1st Street AutoMart, 827 E. 1st St., Fairmont, MN 507-920-5675 • 507-238-2999

# BITUARY

# Harold M. Bergt, 98



Funeral Service for Harold Bergt, 98, of Fair-

mont, was held Saturday, November 3rd, 2018 at St. Paul Lutheran Church in Fairmont. Burial was at Lakeside Cemetery in Fairmont. Harold passed away Monday, October 29th, 2018 at Lakeview Methodist Health Care Center in Fairmont. Lakeview Funeral Home and Cremation Service in Fairmont is assisting the family with arrangements.

Harold Martin Bergt, son of Otto Reinhold Bergt (1881-1966) and Paula Louise (Lueders) Bergt (1889-1987) was born on the Bergt farm near Potter, NE August 1st, 1920. He had two sisters, Eunice (Bergt) Polster (1914-2002) and Bernice (Bergt) Carls (1918-2002).

Reverend Otto Braunsch- Ute, IA October 15th, 1943. weig August 15th, 1920 at He served as a Lutheran Elementary School Princi-St. Paul Lutheran Church school teacher and Princilocated 12 miles northeast of Potter. He was confirmed April 29th, 1934 by Reverend G.H. Boehnke. feyville, KS (1944-1945), His confirmation memory Hastings, NE (1945-1959), verse was Titus 2:11-12. He and Fremont, NE (1959attended St. Paul Lutheran 1982). After Harold's re-School (rural Potter) from 1926-1934. He then attended Concordia Lutheran High School, Seward, NE from 1934-1938 and Master Teachers Award then Concordia College, Seward, from 1938-1941. Harold received a Masters of Education Degree from positions held include: the University of Nebraska, Lincoln in 1964.

end Hugo Nieting at St. dent of Concordia Col-

Harold was baptized by Paul Lutheran Church, pal at Lutheran schools in Chester, NE (1941-1942), Ute, IA (1942-1944), Coftirement, they moved to a home on Budd Lake at 1358 Oak Beach Drive, in Fairmont. He received the from Concordia University, Seward, NE in May 1983. A few of his many Nebraska District (LCMS) Harold was married to District Mission Board; Helen Lafrentz by Rever- Alumni Association Presi-

lege, Seward; National and Kathleen Prelerson of Department of Lutheran pals - Board of Directors; IL; President of Dodge County Education Association, Fremont, NE; and Board of Directors - Martin Luther High School, Northrop.

Harold is survived by three children: Carolyn Bergt of St. Louis, MO, Richard Bergt of Springfield, IL, and Gerald Bergt and his wife, Pauline, of Fairmont; niece, Janice Borcherdt of Fairmont; grandchildren: and Amanda Bergt of Fairmont, MN, Jered and Christine Sprecher of Board of Directors and Knoxville, TN, Jonathan and Nastasha Bergt of Woodbury, MN, Aaron Bergt of Fairmont, Cory

Bellevue, NE, and Timothy Bergt of Springfield, great-grandchildren: Joshua, Hannah, and Caleb Bergt of Fairmont, MN, Levi, Ezra, and Avram Sprecher of Knoxville, TN, Luke and Lillian Bergt of Woodbury, MN, and Ezekiel Prelerson of Bellevue, NE; nieces, nephews, and other extended family and friends.

He was preceded in death by his wife, Helen Bergt (December 2012); sisters: Eunice Polster and Bernice Carls; brothersin-law: Roy Borcherdt, Eric Polster, and Doris Carls; sister-in-law, Erma Borcherdt; and daughterin-law, Sharon Bergt.

lakeviewfuneralhome.net

# **Delores C.** Splinter, 94



Delores C. Splinter, age 94. of Fairmont, formerly of Lewisville and Tru-2018 at Lakeview Methodist Healthcare Center

Funeral Service for Al-

ice R. Meier, 81, of Amboy,

Minnesota will be 11:00

a.m., Wednesday, Novem-

ber 7th, 2018 at Lakeview

Funeral Home in Fair-

mont. Visitation will be

held prior to the service

from 10:00 a.m. to 11:00

a.m. Wednesday at the

Funeral Home. Burial will

follow the service at Nash-

ville Township Cemetery

in Nashville Township,

MN. Alice passed away

Alice R.

Meier, 81

in Fairmont surrounded by her family. Funeral Services were held Saturday, November 3rd, 2018 at Zion Lutheran Church in Lewisville with Pastor John Bennett officiating. Interment was at Riverside Cemetery in Madelia.

Delores was born March 25th, 1924 in St. James to Olga Martha (Boeck) Beck and Albert Adolph Wilheim Becker. She is the second youngest of 13 children. Delores was married to Clarence Splinter on February 4th, 1946. To this union three focused her attention to

vember 1st, 2018 at Mayo Clinic Health Systems in Mankato. Lakeview Funeral Home and Cremation Service of Fairmont is assisting the family with arrangements.

Alice Ruth Klaus was born January 18th, 1937, the daughter of Martin and Amalia (Mitzner) Klaus in Amboy, Minnesota. Growing up she attended school and graduated from Truman High School in 1954.

On June 24, 1954 Alice was united in marriage to William Bruce Meier. Together they made their Thursday evening, No- home in rural Amboy and

tending to the farm and the house; serving her farm. This is where she community as a seamstress. She also enjoyed quilting and making banners for the altar guild at church and doing other hosting several gathersewing projects. She was ings at her home. Delores always mending something. Cooking, baking and music played a big role in her life. Delores was a member of the Kitchen Band, as she was gifted ones did. with playing the harmonica. She was also a proud member of Lewisville Zion Lutheran Church.

man, died October 30th, children were born. Dur- moved from the farm near Delores didn't like, the ing her working years, she Lewisville into Truman in 1996, giving Delores the

> were blessed with one son, Lonnie.

Alice was a talented musician and for many years played the guitar and bass guitar in a band with Bruce, and eventually Lonnie joined the band. They would travel throughout Southern Minnesota and Northern Iowa to various ballrooms and put on shows. Alice also taught guitar lessons to other eager musicians. Alice was known for being a wonderful cook and had a love for animals, especially her pet dogs and farm cats.

became more social. Playing card games, like 500, becoming a member of the Red Hat Society, and was a devoted wife and mother, but she cherished the title of grandma and great-grandma most. She loved everything the little

life in an obituary, we tend to think of all the good and mention just the high-Delores and Clarence lights. When asked what (Brad) Haynes of Madunanimous response was 'there wasn't much... ex-

> Those left to cherish her memory include her husband, W. Bruce Meier of Amboy, son, Lonnie Meier and his wife, Connie of Truman; other extended family and many friends.

> In addition to her parents, Alice was preceded in death by her brother,

lakeviewfuneralhome.net

eat play shop

## slower paced life off the cept for Fall. That's when everything dies." How timely, that she died in the fall. The legacy that Delores leaves to those she loves is that of her strong faith. Her faith could move mountains and she displayed that very faith everyday. She will be remembered for being softhearted, kind to all and always being happy.

Delores is survived by When we sum up one's her three children, Cleo (Donald) Austin of Tucson, AZ, Dale Splinter, of Fairmont and Amy elia; grandchildren, Katie Leinert, Dawn (Michael) Lopau, Dustin (Natalie)

Splinter, Brandon (Denver Hertling) Splinter, Emily (Carter) Shumski, Nathan (Emily Green) Haynes, Nicholas Haynes and Sarah Haynes; great grandchildren, Courtney Lopau, Kelly Lopau, Brittney Lopau, Addison Splinter, Tyler Splinter and Ivy Brandts; nieces, nephews, other relatives and friends.

In addition to her parents, she is preceded in death by her husband Clarence (April 15th, 2004) and all of her 12 siblings and their spouses.

zahariafamilyfuneral.com



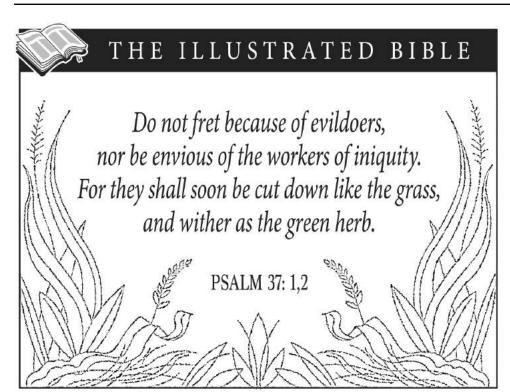


October 29 - Harold Bergt, 98, Fairmont Lakeview Funeral and Cremation Service October 30 - Delores C. Splinter, 94, Fairmont, formerly of Lewisville and Truman Zaharia Family Funeral and Cremation Service November 1 - Alice R. Meier, 81, Amboy Lakeview Funeral and Cremation Service

## In Memoriam One Year Ago This Week

October 29 - Marylin R. Lindgren, 84, Granada October 29 - Judy Carlson, 77, Rochester October 29 - Shirley L. Krahmer, 88, Truman October 29 - Marcelle M. Barker, 96, Fairmont October 30 - Michael W. Miller, 50, Fairmont October 31 - James P. Scholl, 90, Fairmont November 1 - Lucille E. Findley, 97, Fairmont November 1 - Luella B. Wolff, 100, Fairmont

November 3 - Steven L. Odegaard, 65, Welcome



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# by Wilson Casey

1. Is the book of Acts in the Old or New Testament or neither?

2. From Proverbs 30, what will pluck out the eyes of anyone who scorns their parents? *Demons, Ravens, Doves, Quails* 

3. Who wrote in 1 Timothy 6:10, The love of money is the root of all evil"? *Timothy, Isaiah, Moses, Paul* 4. From Matthew 8, what Roman

official asked Jesus to heal his servant? Marshall, Governor, Centurion, Jailor 5. How many times are the words "apple" or "apples" mentioned in the Bible (KJV)? 2, 11, 37, 63
6. Who was the father of Hosea?

Uzzah, Beeri, Joash, Ahab ANSWERS: 1) New; 2) Ravens; 3)

Paul; 4) Centurion; 5) 11; 6) Beeri Comments? More Trivia? Visit www. TriviaGuy.com

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Parsley is native to Southern Europe.

Cultivated for more than 2,000 years,
it was used medicinally and also see it was used medicinally and also as food. The ancient Greeks held it to be sacred, using it to adorn athletic Flat-leaf champions and to decorate the tombs of the dead. Ancient Romans used it in cooking, and Charlemagne grew it on his estates. Fool's parsley, a poisonous weed, is sometimes mistaken for the edible flat-leaf parsley. - Brenda Weaver

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Source: www.whfoods.com

# **MLHS** announces mid-semester honor roll

Classified Ads

for the

price of

The following students have earned Honor Roll status for 2018-19 Fall Midsemester at Martin Luther High School, Northrop:

\*Honor Roll with Distinction (All A's)

Honor Roll (A's & B's) Students are listed alphabetically in each cat-

9th grade Mallery Geistfeld\* Zachary Jenks\* Tyson Kube\* Trevor Rosburg\* Emily Sokoloski\* Kambria Steinhaus\* Josie Clow Mariah Geistfeld Abbie White

10th grade Josh Bergt\* Emma Bolen Michaelah Petrowiak 11th grade Alexys Flohrs\* Adriana Freitag\* Lydia Steinhaus\* Marah Engel Cayden Fischer Caleb Roiger Jordan Wiederhoeft 12th grade Sierra Geistfeld\* Bennett Shane\* Shawna Appel Dalton Fette Autumn Fischer Paxton Gravlin Isaac Johnson Mitchell Prafke Anna Schulte

# **FSA** county committee elections to begin

Agency (FSA) State Execuday announced that the U.S. Department of Agriculture (USDA) began mailing ballots to eligible agricultural producers for the 2018 FSA county committee elections on Monday, November 5th, 2018. Producers must revote is counted.

"County committee farmers, ranchers and forcommunities," said Martin. "Producers elected to these committees have always played a vital role in local agricultural decisions. It is a valued partnership that visit the FSA website at helps us better understand www.fsa.usda.gov/electhe needs of the farmers and ranchers we serve."

must participate or cooperate in an FSA program find an FSA office near you.

Minnesota Farm Service to be eligible to vote in the county committee election. tive Director Joe Martin to- Farmers and ranchers who supervise and conduct the farming operations of an entire farm, but are not of legal voting age, may also be eligible to vote.

Farmers and ranchers will begin receiving their ballots the week of Novemturn ballots to their local ber 5th. Ballots include the FSA offices by December names of candidates run-3rd, 2018, to ensure their ning for the local committee election. Voters who did not receive a ballot can pick members represent the one up at their local FSA office. Ballots returned by esters in our Minnesota mail must be postmarked no later than December 3rd, 2018. Newly elected committee members will take office January 1st, 2019.

For more information, tions. You may also contact your local USDA Service Martin said producers Center or FSA office. Visit http://www.farmers.gov to

# **Medicare cost plans** ending in most counties

the Senior Linkage Line, Robin Thompson wants nesotans on Medicare another Medicare Adthe Cost Plan changes".

Current Medicare Adcost-sharing, formulary and provider changes. It is important that Medicare beneficiaries review their Medicare plans and options to make sure that the plan they have for 2018 will work for them in 2019.

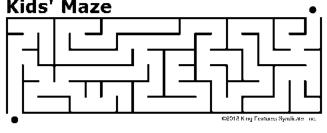
There are many new plans in Minnesota for nied the purchase of a Me-2019, so reviewing options is more important than ever. In addition, there are some premium-free plans available. These may still have other cost sharing, such as copays, deductibles and coinsurance, so it is important to compare.

Every Medicare beneficiary who is enrolled in a 333-2433 or visit www.se-Medicare Advantage plan niorlinkagelinecom. for 2019 will have a Medi-

As the Information and care Advantage Open Assistance Director with Enrollment period from January 1st to March 31st, 2019. During this time, everyone to know "there Medicare Advantage plan are several things all Min- enrollees can change to need to know, even if they vantage plan or disenroll are NOT AFFECTED by from their plan and return to Original Medicare and purchase a Medicare Part vantage and Cost Plans D plan. Only one choice have changes, including can be made during this time period.

> Important note: It is important to note that most beneficiaries will not have a guaranteed issue period to purchase a Medigap during this time. This means they can be health screened and dedigap. The only group that will have Medigap guaranteed issue rights are Cost Plan enrollees affected by the ending of their plan; these rights extend only through March 4th, 2019.

> To find out more information call the Senior LinkAge Line at 1-800-











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\*APY = Annual Percentage Yield, APY effective 3/2/18, 2.00% APY paid on daily balances up to \$10,000,00 each cycle the minimum requirem 0.25% will be earned for the daily balance in excess of \$10,000.00, which will result in an APY between 0.41% and 2.00%. If you do not meet the requirements per qualification cycle, your account will still function as a free checking account earning 0.03% APY without ATM fee refunds. Freedom Rewards Checking is a variable rate checking account, ind is therefore subject to rate change at any time without notice after the account is opened. Paper Statement Fee \$3.00, Fees may reduce earnings, Minimum account op osit of \$25.00. The monthly qualification cycle begins on the last day of the previous statement cycle and ends on the last business day before the next state ends. ATM transactions do not count as debit card transactions. ATM fees of \$4.99 or less will be reimbursed up to a maximum of \$4.99 per individual transaction, which covers most nationwide ATM. Transaction fees and surcharges. Maximum ATM fee refund \$20.00 per cycle. One per primary tax ID number. Only available as a personal account.

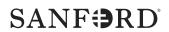


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Jackson

018016-00219 6/1



basement storage areas. You can imagine how excited I was to do that! But, I have to admit that since we moved into our home we have been putting things into storage, and just forgetting it. A lot of times it is fun to go digging through areas sheds a couple weekthat haven't seen the light of ends ago was quickly day in almost a decade. You answered. tend to discover things you have forgotten about and hope that maybe a "buried treasure" might be lurking in the back of the pile. raise the tires off the ground No treasure was found this time - unless you count the little collection of black wal- a protruding wheel hub. nut shells that were stuck Ken Fritz of rural Fairmont way back in the far corner of also stated the same thing our pantry area. I keep the as he had a pair of those in harvested black walnuts in his shed too. So, I guess I pails in the basement each have two brackets should I details and measurements rib supper is coming up monthly Community Cof-

ince I spent most covered, a clever mouse of last weekend in- must have found a way to doors with a cold, get some out and take into Karis decided it would be this corner to chew into the a good time to clean out shell and get the "meat" out. Luckily there was no evidence of the rodent!

#### "What is it?" answered!

My "What is it?" item from last week that I found while digging through my Kopeschka of Fairmont had my answer Wednesday night

stating it was a device to for? If you know the answer, can get back to watching of a Model T Ford or similar vehicles of that era with year. Even though they are ever acquire a Model T or to be featured in a future

similar vehicle in the future! This week I have an item that probably few know what it is or is used for. It is made out of metal and measures 10 inches long by 2 1/2 inches wide. There are measurement marks on the bottom side and on one vision once again without edge are small holes. The being bombarded with negcross piece has a lever to ative and sometimes disraise and adjust the length using the small holes. So,



drop me an email at jeff@ fairmontphotopress.com or call the office at 507-238-9456. Do you have an item that you want featured in a future column? Stop by the Photo Press with your item

# No more political ads!!

By the time you read this, the general elections will be over and the races, both locally and statewide will have been decided. I am so glad to be able to watch teleturbing political ads. When did it change from telling us

> to telling us why "positive" ones by at least 50 to 1. Now I

my favorite shows and complaining about how early the Christmas programs and ads are!

#### Fudge, good meals, prime rib and more!

Just a reminder that the November 17th and tickets fee Party from 8:30 to 11:00

are going fast! I have a few a.m. at the church. • Also if you want to pick some up ahead of time and save some money over taking the chance that any tickets will be left at the door for a higher price. I have a few events coming up in the week ahead I wanted to point out before I go. •The Wednesday Night Suppers at Community Covenant Church in what is it and what is it used why we should vote for you Huntley continue from 5:30 to 6:15 p.m. Free will offershouldn't ing. •On Thursday, Novemvote for the other ber 8th from 4:30 to 6:00 guy? I know it p.m. Aktion Club Theatre gets worse ev- will meet in the basement ery election, but of Grace Lutheran Church I think this year in Fairmont for a short planthe negative ads ning meeting. If you need a outnumbered ride to the event, call Pat Kietzer at 507-848-5017. •Saturday, November 10th there will be a benefit for Sharon Thate, former Fairmont resident who lives in Florida and lost many items in Hurricane Michael. The benefit will be from 8 to 11 a.m. at St. John's UCC in Fairmont. •Saturday, November 10th East Chain United Methso we can take a picture, get Sherburn Lions Club prime odist Church has their

tickets left here at my office on Saturday, November 10th will be the IHD Vendor Show at Five Lakes Centre in Fairmont from 10 a.m. to 3 p.m. Over 30 vendors will be present! • 5 Crazy Ladies will have their Christmas Sale at their old location on Lake Avenue November 8th - 10th from 10 a.m. to 5 p.m. on Thursday and Friday and 10 a.m. to 2 p.m. on Saturday. • Tuesday, November 13th the Winnebago Area Museum will have their annual Soup Supper at the museum from 5 to 7 p.m. • Are you looking for a unique Christmas gift or to satisfy your sweet tooth? Martin County People First group is selling 9 varieties of fudge in 1/2 pound boxes and also have two sugar-free flavors. Orders are being taken until November 20th at 507-848-5017. Have a great week!

> Drive safely - visit a shutin or family member - Eat, Play, Shop Local -honor our Veterans!



# "Just the other day"

**Guest Columnist** 



Tom Palen, broadcaster, pilot, writer

# "She's Back"

Subaru Outback from you're getting older?" retirement (the one We gave each other with 349,000 miles) and a look of disdain and decided I'm going to moved on. drive it until she dies.

states together and driven the Atlantic and Pacific rolled our eyes. oceans. We have a lot of always get along without for the right high beam." conflict.

you bucket of bolts!"

laugh about that and room. made our way to the city where my first stop tell me my car was ready. was the dentist's office. I paid my bill, he gave When I came out, Subie me the keys, and told asked me, "How did it me the car was parked go?" I'm going to need out front. That made me some work." I replied in happy. She's still good a deflated tone of voice. enough to be placed up Subie chuckled and front with the newer, asked, "Is it because lower mileage cars. you're getting older?"

I've pulled my old on your door because

Our next stop was This car and I go Miller Hill Subaru in way back; we've been Duluth. The service in all lower forty-eight guys, Rich, Casey and Garret, were surprised to a lot of Canada, too. see her again. "I thought over you retired that car?" every mountain range One said, another said, in America and all the "It's a blast from the plains. We've been to the past." Another suggested shores of all five Great seeing my old car was Lakes and the Great Salt like watching an episode Lake; the beaches of the of The Walking Dead. Gulf of Mexico and both Subie and I laughed and

Garrett waited on history together and we me, "What can I do for know each other well. you today?" He asked. That doesn't mean we "I need a new filament I said. Garret wrote a This morning, headed service ticket and in a south on Highway 1 minute or two, a tech toward Duluth, a dash came to take Subie into light came on that said, the shop. Watching her "Airbag." I snapped at the be driven away was like dashboard, "Yeah, sure! a parent seeing their I know I talk a lot, but child escorted down the don't call me an Airbag, hall to an exam room at the optometrist's office. We shared a good I went to the waiting

Soon, Garret came to

I went out, got in the Sarcastically, I laughed, car and pulled the door "Haha. Is that rust spot closed. "Wow! Whoever

brought my car out must have been a tall, longlegged dude." I slid my seat forward so I could reach the pedals, then fastened my safety belt. Facing the large panes of glass in the showroom windows, I could see our reflection as if we were in front of a big mirror. I smiled and waved at myself, my reflection waved back, then I started the car. When I released the parking

To read the rest of this story, visit our website at fairmontphotopress. com or stop in to our office for a paper copy upon request.



Fairmont Senior cheerleaders and parents cheering their last season at Fairmont Area Junior/Senior High. Right to left: Nyka Campbell, parents-Ross and Nancy Campbell; Kassandra Lopez, parents-Jose and Melinda Lopez; Hailey Meyers, parents-Zach and Kiley Meyers; Maddy Militello, parents-Jeff and Gwen Militello; Josee Varboncoeur, parents Jeff and Lydia Varboncoeur; Stephanie Young, parent-Cassandra Johnson. (Submitted photo)

# Amber Waves







by Dave T. Phipps



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# **HOT MEALS ON WHEELS**

Hot Meals on Wheels are Monday through Saturday for convalescents and persons who cannot purchase and prepare adequate meals. Meals are prepared by Lakeview Methodist Healthcare and volunteers deliver in Fairmont between 11 a.m. and noon each day. This is a community project and is non-profit and not government funded. For more info on Hot Meals Toupal 507-773-4547. Spreen beans, peaches.

# Holiday Kick-Off

Before & After Glows Parade

November 16th -17th

Friday 3-8 p.m. Saturday Normal **Business Hours** 

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Can't Wait to see our old friends and meet new ones!



# **TRUMAN AREA**

Menus subject to change due to inclement weather, shortages or delays in shipping.

**NOV 8 - 14** 

darin oranges, fruit.

THUR: Grilled ham/cheese, I JR/HS: Tator tot casserole, baked beans, spinach salad, man-

FRI: Taco in a bag, corn, rice, refried beans, fruit.

MON: Max sticks, sauce, spinach salad, CA blend veggie, ap-ple, fruit. **TUE:** Hot chicken sandwich,

fries, veggies, applesauce, fruit. on Wheels, contact Karen WED: Crispito, chili, rice.

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The Fairmont Eagles Burger of the Month is the Rodeo Burger, tater tots, and a bacon and chive sour cream sauce for \$9.50. Participate in the Meat Raffles!

Sunday, November 11 • 4-8pm: Steve Lang & Bob Petrowiak

Monday, November 12: Kitchen opens 5pm • Bingo 7pm

<u>Tuesday, November 13 • 5-7pm:</u> Fish Supper

<u>Tuesday, November 13 • 7pm:</u> Dart League

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**FAIRMONT AREA** Menus subject to change due to inclement weather,

shortages or delays in shipping. Breakfast menu can be found online. **NOV 8 - 14** 

THUR: K-6: Cheese stuffed breadsticks, berry parfait, peas, tossed salad, fruit. JR/HS: BBQ shredded pork sandwich, tator tots, carrots, coleslaw, broccoli,

lapple, pears. IFRI: K-6: Cheese pizza, pizza bagel fun lunch, corn, caesar salad, cucumbers, fruit. JR/HS: French bread pepperoni pizza, corn, cauliflower, pepper strips, orange, fruit cocktail.

MON: K-6: Popcorn chicken dinner roll, ckn caesar salad wrap, mashed potatoes, gravy, tossed salad, tomatoes, fruit. dinner roll, peas, carrots, broc-

www.martinlutherhs.com

coli, apple, pineapple tidbits. **TUE: K-6:** Grilled cheese sandwich, tomato soup, ham & to inclement weather, shortturkey chef salad, dinner roll, green beans, carrots, fruit. JR/ **HS:** Chicken nuggets, mashed **| THUR:** Italian meatball sub, **|** potatoes, gravy, coleslaw, cucum- 👔 tator tots, broccoli & cauli- 🛐

bers, orange, applesauce.

WED: K-6: Lasagna pasta
bake, breadstok, turkey ham & cheese sandwich, tator tots, caesar salad, celery sticks, fruit. JR/ HS: Tacos, brown rice, refried beans, jicama & celery sticks, banana, mandarin orange.



# **Northrop Legion**

Wednesday, Nov. 14 6:30 p.m.

> 20 Turkeys. Open to the Public.

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# ST. PAUL LUTHERAN **FAIRMONT**

Menus subject to change due I

# **NOV 8 - 14**

flower, caesar salad, broccoli,

FRI: Chicken nuggets, mashed potatoes, gravy, dinner roll, tomato & cucumber salad, pepper strips, orange, fruit cocktail. MON: Teriyaki chicken, brown rice, dinner roll, peas, carrots, caesar salad, apple, pineapple

TUE: Pepperoni pizza pasta bake, dinner roll, corn, coleslaw, cucumbers, orange, applesauce. **WED:** Chicken & cheese quesadilla, rice, broccoli, broccoli salad, celery sticks, banana, peaches.

## ST. JAMES **LUTHERAN SCHOOL**

Menus subject to change. **NOV 8 - 14** 

THUR: Chicken fajita, fixings,

peaches, jello cup. FRI: Pancakes, ham, green

beans, strawberries. IMON: Meat & cheese wrap, 🗐 TUE: Swiss steak, twice I I potato chips, coleslaw, banana. 🎼 baked potatoes veggie mix, I TUE: Taco salad, tortilla chips, 🛅 apple crisp.

# **Upcoming Events GOOD TIMES**

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at Friendship Village Monday
thru Friday. Meals catered by Lakeview Methodist Healthcare. To reserve your meal, call 238-1650 between 9 a.m. and noon the day before. All area seniors welcome. LSS Senior Nutrition is made possible in part under the Federal Older American Act through an award from the MN River Area Agency on Aging under an area plan approved by the MN Board on Aging.

# **NOV 8 - 14**

THURS: Baked ckn, sweet potato, wax beans, vanilla pudding.

FRI: Salmon, mashed potaotes, creamed cabbage, 🕤 carrot cake.

MON: Closed.

fixings, applesauce.

WED: Chicken patty sandwich, mac & cheese, broccoli, mixed fruit.

with fruit.

# CarCare 201 -Where to go to keep you moving-

# Time is money when it comes to car maintenance

changing the the replacing the tires, finding the economical. time to perform simple preventative vehicle maintenance is money in the bank.

According research firm Inc., one out of three services,

(NAPS)—Whether to-use online resource oil, can be personalized to wiper help make auto care checking more convenient and

In addition, the council's popular "Car Care Guide" for council's motorists is available at to no charge, electronically conducted or by printed copy, in by automotive market English and Spanish. IMR The guide covers major component



consumers who routine maintenance do because they cannot much more. find a convenient time. In addition, millennials source of information and those who own for the "Be Car Care older vehicles are more Aware" likely to delay routine maintenance.

# **Expert Advice**

that if you take care of to consumers. your car, your car will take care of you," said Rich vehicle, but car owners consumer value and save money by org. addressing small issues before they become more complicated, expensive repairs."

# What You Should Do

The most common maintenance procedures to keep a car operating safely and reliably while maintaining its longvalue involve term checking the oil, filters and fluids, the belts and hoses, brakes, tires and air-conditioning. An annual tune-up and wheel alignment are also good ideas.

# Where To Get Help

Tomakeiteasierforcar owners to remember to include auto care in their busy schedules, the Car Care Council offers a free custom service schedule and e-mail reminder service. This simple-

within put groups the vehicle vehicle, service interval so recommendations

The council is the consumer education campaign promoting the benefits of regular vehicle care, "There is an old adage maintenance and repair

# **Learn More**

For the latest car care White, executive director news, visit the council's of the nonprofit Car Care online media room at Council. "Making time http://media.carcare. to perform routine auto org. To order a free copy care not only ensures a of the popular "Car safer, more dependable Care Guide," visit the can preserve the trade-in website at www.carcare.

# Ask A Trooper: **Kids on Motorcycles**

by Sgt. Troy Christianson, **MN State Patrol** 

day, I saw a guy go by ger seat or in a sidecar. my house on a mo**torcycle. He had his** the age 18 must wear a **daughter sitting in** DOT approved helmet. front of him while he operated the motor- be able to reach both offers little to no procycle. This girl could footrests while seated tection if involved in a **not have been more** in the passenger seat. than seven years old. What is the age for a sengers must face forchild to legally ride as ward with one leg on thing that interferes a passenger in Minne- each side of the motorsota? A second question, is it legal for that **child to sit in front of** motorcycle is prohibthe actual operator?

in front of the operator tached to it. is an extremely danagainst the law.

operation with pas- make safe decisions to sengers:

- A motorcyclist may only ride on a perma-

**Question:** Yester- may ride on a passen-

- Passengers under
- Operators and pascvcle.
- The operator of a ited from carrying pas-Answer: A passen- sengers in a number in ger that is unable to excess of the designed lanes of traffic or in the place both feet on the capacity of the mo- same lane with anothfoot pegs or is riding torcycle or sidecar at- er vehicle. It is legal

Share the Road. gerous situation and Riders and motorists need to work together For safe motorcycle to share the road and prevent fatalities.

#### **Riders:**

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• Wear protective nent seat. Passengers gear, including a DOT

approved helmet. Wearing brightly-colored gear helps you stay visible to other drivers, and it's all that separates you from the road and other vehicles in case of a crash.

- Be attentive at all times and obey all traffic and equipment - Passengers must laws as a motorcycle crash.
  - Ride sober.
  - Do not carry anywith holding onto the handlebars.
  - Splitting traffic is illegal. No one except on-duty police officers may ride between

for two motorcyclists to ride side-by-side if both riders agree to it.

- Headphones and earphones are only allowed in one ear.
- Take a training course. Courses are available for beginner to expert riders now through September. They're an opportunity to polish and learn life-saving maneuvers to keep you safe on the road.

#### **Motorists:**

 Always look twice for motorcyclists before entering a roadway or changing lanes. Motorcycles are smaller, so their speed and distance is difficult to

# Continued on page 11



440 Winnebago Ave. • Fairmont, MN 56031





# CarCare 201 -Where to go to keep you moving—

# A beloved dog, a stolen car and a happy ending

(NAPS)—It started running outside of her out as a normal day for home with her shih tzu in, I was taken aback Mary Harrison—until Molly in the backseat she briefly left her car and went inside for just

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a second.

When she came back outside, however, her car—and Molly were gone. She called Verizon to see if her phone could help track her car, and a Verizon customer service representative saved the

"When Mary called with her car and dog being stolen," said the tech expert who answered the call. "I really felt for her. I work at home and my two dogs are at my feet all day."

They pulled up Harrison's account and saw that she had a Hum by Verizon device in her car. Hum is a vehicle diagnostic system from Verizon Connect. It takes the guesswork out of driving with connected car technology, so you can stay in touch with emergency services and your loved ones on the road.

For instance, if Hum detects a crash, it can notify emergency services and send help your way. With Hum's diagnostics vehicle feature you can check your car's health from your phone and detect issues before you go. You can also schedule maintenance reminders and Hum will text or e-mail you when it's time for a tune-up or an oil change. And if your car is stolen, as in Mary's case, Hum can send your car's location to local law enforcement.

"I knew with Hum there was a lot we could do to help her. I pulled up the stepby-step troubleshooting guide to reset her password and bring up the vehicle's location on her phone. As soon as she saw the car on her phone, she started to cry."

The car was not far



from Harrison's home. She could have walked there, but the customer service representative advised her to stay safe, call the police, and recover the car together. When Harrison got to the car, her dog was still there, safe inside.

"It made me feel great to be able to help her," the customer serrepresentative said. "I know that if it were my dog in the car, that would be my

biggest concern, too. I wouldn't even care about my car or my stuff, just getting my dog back safely. I was so impressed by how quickly and accurately Hum found her car. It's awesome that we have this great technology available."

## **Learn More**

For further facts how helpful about Hum can be, go to www.Hum.com.

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# **Continued from** page 10

judge.

• Give riders room to ride, pay attention and drive at safe speeds.

The summer months tend to be the time when there are a greater number of motorcycle fatalities. Speed is the most cited factor in Minnesota single vehicle motorcycle crashes. Preliminary numbers as of July 24th show 31 motorcyclists have died on Minnesota roads in 2018.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson - Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@ state.mn.us)

# CarCare 201 -Where to go to keep you moving-

# 9 Things all drivers need to know about their tires

(StatePoint) control. Ride assist. Ever- er conditions. more-powerful engines. your car -- it's your tires that connect it to the road, making their construction and maintenance critical for safe, effective driving.

So, what do you need to know? The experts at Cooper Tires are offering these helpful insights.

 Valve stems are crucial. Those little caps on time to replace the tire. the valve help to keep out moisture and dirt, as well as provide an additional seal to the valve core, holding air in the tires and helping maintain tire pressure.

Today's moderate weather. Install cars are packed with im- winter tires for dealing pressive features. Stability with severe winter weath-

- Tread check is easy. But no matter what tech- Tire tread should be more nology makes its way into than 2/32 of an inch deep. Check for this by inserting a penny into the tread with Lincoln's head facing down. If the top of Lincoln's head is covered by tread, there's at least a minimum acceptable amount of tread. If the top of his head is visible at any point around the tire, it's
  - Off-road adventures require off-road tires. Road tires may be able to handle the occasional jaunt down a gravel driveway or dirt road, but when you're heading off-road



Proper tire pressure is im- more rugged. portant for safety, performance and fuel economy, and can extend the life of sidewall for this information. That's where the maximum pressure allowed for the tire is listed. The proper inflation pressure can be found by checking the or the placard found on the driver's side doorjamb, glove box or fuel door.

• Beware of under-inflation. Even when tires look mance. properly inflated, they may be under-inflated by as much as 50 percent. Under-inflation can lead to tire failure, and tires that are under-inflated by 8 pounds per square inch (PSI) or more can increase your fuel consumption by 4 percent.

 Weather matters. Outside temperature can affect tire pressure more than you might expect. On average, experts say that tire pressure decreases by about 1 PSI for every 10-degree Fahrenheit drop in temperature. The changing seasons are a good reminder to check pressure.

• "All season" tires have limits. "All season" tires are meant for year-round

• Check the manual. you'll need something

• Tires should be checked regularly. Every month and before your tires by reducing the long road trips, perform chance of uneven wear. this DIY routine: check But don't check the tire tire pressure, check tread depth, check the overall condition of the tires for cuts, cracks, splits, punctures, irregular wear and

 Know the limits of vehicle's owner's manual your tires. If you're the type of driver more likely to use the gas pedal than the brake, choose tires designed for high-perfor-



# Ask A Trooper: **Deer collisions**

by Sgt. Troy Christianson, **MN State Patrol** 

procedure if I hit a deer deer silhouettes on the with my vehicle, can I shoulder of the road. If keep it?

Answer: The Minnesota State Patrol does issue law enforcement officer. An authorization permit your specific request, I tact the Department of You can contact the Conservation Officer in the area you are closest to or where you'd want to pick up the road kill. They should be able to prothe permits and this process. The following link will let you find officers statewide. www.dnr.state. mn.us/officerpatrolareas/index.html

# **Avoid Deer Crashes**

- Drive at safe speeds and always be buckled up.
- Be especially cautious from 6 to 9 p.m., when deer are most active.
- Use high beams as much as possible at night, Minnesota send your quesespecially in deer-active tions to Sgt. Troy Chris-
- Motorists: swerve to avoid a deer. Swerving can cause motorists to lose control and Troy. Christianson@state. travel off the road or into *mn.us*) oncoming traffic.
  - · Watch for the reflec-

Ouestion: What is the tion of deer eyes and for anything looks slightly suspicious, slow down.

- Slow down in areas permits for road-kill deer known to have a large deer generally right at the time population — such as arof the crash or soon after. eas where roads divide Any Minnesota resident agricultural fields from may claim a road-killed forest land; and whenever animal by contacting a in forested areas between dusk and dawn.
- Deer do unpredictcan be issued, allowing able things — they stop the individual to lawfully in the middle of the road possess the animal. For when crossing; cross and quickly re-cross back; would advise you to con- and move toward an approaching vehicle. Blow Natural Resources (DNR.) horn to urge deer to leave the road.
- If a deer is struck but not killed by a vehicle, keep a distance as deer may recover and move on. If a deer does not move vide more information on on, or poses a public safety risk, report the incident to a DNR conservation officer or other local law enforcement agency.

You can avoid a ticket – and a crash — if you Motorist Safety Tips to simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.

> If you have any questions concerning traffic related laws or issues in tianson - Minnesota State don't Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at,

# Ask A Trooper: Finding a wallet

by Sgt. Troy Christianson,

found a wallet at a big retail store while on vacation and was concerned about handing it off to the staff there, instead owner directly. He was eventually pulled over by local PD, with the wallet in hand, and was told he could be brought up on theft charges. What should he have done? His intent, clearly, was to ensure that the staff at the store wasn't going to pocket any cash from the wallet before putting it in their safe, but that's not how the police perceived

Answer: He should have turned it over to a supervisor at the store where it was found or reported it to the

Question: My father local Police Department or Sheriff's Office.

If the wallet had been stolen and discarded where your father found it, it would be considered deciding to contact the stolen property. Explaining to law enforcement how and where the wallet was found might clear him as a suspect of possessing stolen property. If further evidence is required, law enforcement could obtain video footage from the store that would support his statement.

> Wallets, purses and property found on state highways or freeways have been turned into troopers and MSP office staff employees. We examine the

# **Continued on** page 13



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# CarCare 2018 <del>-Where to go to keep</del> you mov<mark>in</mark>g–

# A clean car is money in the bank

new car is a major financial investment. Keeping it clean can be an easy and inexpensive way to protect its resale and trade-in value.

"Many motorists procrastinate when it comes to cleaning their vehicles," said Rich White, executive director of the nonprofit Car Care Council. "Whether you do it yourself or have it car clean on the outside and tidy on the inside will

Check out

our new

(NAPS)—Purchasing a your vehicle's value over time."

> The Car Care Council suggests five simple steps to keep a vehicle clean, helping protect it from the elements and preserve its value.

• Declutter-Start the cleaning process by removing excess clutter from inside the car as it can be distracting and mats. Be sure to vacuhazardous, especially when debris finds its way cleaned professionally, near the gas and brake proactively keeping your pedals. Don't forget to clear out items that have accumulated in the trunk pay big dividends when as they can add extra it comes to maintaining weight and reduce fuel Give your car a good

Walk

Behind

Tune-Up

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efficiency. • Clean the Interior— The next step is to thoroughly clean the interior, wash the windows, and

clean and install floor

using products specifically made for automobiles. Always clean the is the source of infortires and wheels before mation for the "Be Car washing the body and don't use the same wash-



um on a regular basis. A clean and orderly interior lets you spot issues in the cabin so you can get them repaired before they get worse.

• Wash the Exterior wash from top to bottom

TORO

Count on it.

TORO.

ing mitt or cloth for both.

 Wax Twice a Year— Waxing not only protects a vehicle's finish, it makes subsequent washing easier. Before proceeding, make sure there are no foreign particles on the paint. It's important to note that waxing should be done in the shade, not direct sunlight.

• Fix Chips—If you find minor paint damage, cover the paint chips as quickly as possible to prevent further damage. For a quick fix until you can get paint touch-up supplies, dab a little clear nail polish on

the scratch.

The Car Care Council Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair

to consumers.

## Free Guide

To order a free copy of the popular "Car Care Guide," visit the council's consumer education website, www.carcare. org.



# **Continued from** page 12

property in an attempt to find a form of identification that could be used to contact the owner.

If you lose a wallet or purse that contains credit

cards, contact your credit card company to report it missing as soon as possible. Contact your state's Department of Vehicle Services to report your driver's license missing and to request a duplicate license. If the wallet or purse is stolen, report it to your local law enforcement agency. A report will be generated and the items will be returned to you if found.

You can avoid a ticket - and a crash — if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us ďrive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson - Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us)







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# What is a Veteran?

author unknown

looks the world in the Korea, Vietnam and coneye, and who feels an ex- flicts and wars since. tra heartbeat when the FLAG goes by.

A Veteran is a one who rine. steps a little faster when

all assorted races, sizes Ordinance and Corpsand shapes.

A Veteran is big, small, short and tall.

A Veteran is a "Dough- dependent. boy" of World War I, the

A Veteran is a one who "G.I." of World War II, Protestant, Jew.

A Veteran is a Sailor, Soldier, Flyer and Ma-

A Veteran is Artillery, he hears a military band. Infantry, Medic, Chemi-A Veteran comes from cal Engineer, Armored,

> A Veteran is a Republican, Democrat and In-

A Veteran is a plumb-

er, doctor, salesman, mechanic, farmer, banker and much more.

A Veteran is Catholic, A Veteran is rich and

poor and in between. A Veteran is one who loves peace because they know the cost of war.

A Veteran is a good citizen and a person who knows the price of freedom.

A Veteran knows that eternal vigilance and preparedness are necessary if freedom is to be preserved.

A Veteran likes the majesty of American mountains, the tranquility of America's valleys and the bustle of America's cities.

A Veteran is proud of their American heritage, alert to their American present and confident of their American future.

A Veteran likes the legends of America's greats - the Washingtons, the Jeffersons, the Lincolns, the Roosevelts, the Trumans, the Robert E. Lees, the Stonewall Jacksons, the Pattons,

the Eisenhowers, the MacArthurs and all the proud patriots who have marched through America's history books.

A Veteran has bivouaced at Valley Forge, charged the hills at Gettsburg, faced the fire at San Juan Hill, stormed the sands of Guadalcanal, sloughed through the Marne, swarmed ashore at Omaha Beach, waded the cold mud of Korea and the steamy jungles of Vietnam, have faced the Scuds of the Persian Gulf and the

IEDs of Afghanistan and

In the very rear of a Veteran's secret heart there is always a tinge of sorrow, a souvenir of sadness for last and departed comrades.

A Veteran is a first class fighter, a citizen soldier and a peace time

A Veteran is America's most honored citizen and a member of history's most exclusive fra-

# 5 Facts to Know About **Veterans Day**

Nov. 5, 2018 | BY Katie Lange

well-known American holiday, but there are also a few misconceptions about it — like how it's spelled or whom exactly it celebrates. To clear some of that up, here are the important facts you should know.

**Veterans Day does** NOT have an apostrophe.

"Veterans' Day," but ans out there. they're wrong. The hol-

Veterans Day is a iday is not a day that ell-known American "belongs" to one vet-oliday, but there are eran or multiple veterans, which is what an apostrophe implies. It's a day for honoring all veterans — so no apostrophe needed.

> Veterans Day is NOT the Same as Memorial Day.

A lot of Americans get this confused, and we'll be honest — it A lot of people think can be a little annoying it's "Veteran's Day" or to all of the living veter-



Memorial Day is a time to remember those who gave their lives for our country, particularly in battle

erans Day honors all of those who have served the country in war or peace — dead or alive — although it's largely or from wounds they intended to thank livsuffered in battle. Vet- ing veterans for their

sacrifices.

It was originally called Armistice Day, commemorating the end of World War I.

World War I officially ended when the Treaty of Versailles was signed on June 28, 1919. However, the fighting ended about seven months before that when the Allies and Germany put into effect an armistice on the eleventh hour of the eleventh day of the eleventh month.

For that reason, Nov. 11, 1918, was largely considered the end of "the war to end all wars" and dubbed Ar-

mistice Day. In 1926, Congress officially recognized it as the end of the war, and in 1938, it became an official holiday, primarily a day set aside to honor veterans of World War I.

But then World War II and the Korean War happened, so on June 1, 1954, at the urging of veterans service organizations, Congress amended the commemoration yet again by changing the word "armistice" to "veterans" so the day would honor American veter-

# Continued on page 15

# **VETERAN'S DAY - SUNDAY, NOVEMBER 11, 2018**

As thousands of Americans in uniform wage war against terrorism around the globe, let us never waiver in our support for them and their families. Throughout America's history, military veterans served their country with honor, commitment and courage.



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# **Continued from** page 14

ans of all wars.

For a while, Veterans Day's date was changed, too, and it confused everybody.

Congress signed the Uniform Holiday Bill in 1968 to ensure that a few federal holidays — Veterans Day included — would be celebrated on a Monday. Officials hoped it would spur travel and other famplicable reason, the citizens wanted to celbill set Veterans Day commemorations for the fourth Monday of matter of historic and every October.

first Veterans Day un- signed another law held. We're not sure which returned the ansurprisingly, there was a lot of confusion about the change, and many states were unhappy, celebrate it, too, in choosing to continue their own ways. to recognize the day as

ebrate Veterans Day on Nov. 11, since it was a patriotic significance. So on Sept. 20, 1975, On Oct. 25, 1971, the President Gerald Ford der this new bill was (Public Law 94-97), why it took three years nual observance to its to implement, but not original date starting in 1978.

> Other countries

> > World War I was a multinational effort, so it makes sense that allies our also wanted to celebrate their veterans on Nov. 11. The name of the day and the types of commemorations differ, however.

Canada and Australia both call Nov. 11

"Remembrance Day." Canada's observance Within a few years, is pretty similar to our parent that most U.S. its citizens wear red poppy flowers to honor

Great Britain calls it "Remembrance Day," too, but observes it on the Sunday closest to Nov. 11 with parades, services and two minutes of silence in London to honor those who lost their lives in

# Sunday

Tribute is hosting a Veterans Day Dinner in Trimont this Sunday, November 11th from 6:30 to 9:30 p.m. in

All area veterans and their spouses are invited to attend the dinner and short program.

Area Veterans Tribute, which is located in Triumph Park in Trimont will

# **Veterans Day Dinner** in Fairmont Sunday

To honor our area vet- veterans first by Friday, erans, Lee C. Prentice November 9th and then American Legion Post the event will be open for #36 of Fairmont will be public reservation, subject sponsoring a free chicken to reservation availability, dinner to a veteran, and until Saturday, November spouse/guest, or spouse of 10th. The cost per meal is deceased veteran, on Sun- \$10. day, November 11th.

tendees. priority will be given to Plaza, Fairmont.

**PAGE 15** 

The dinner includes The event will be lim- two pieces of chicken, ited to the first 100 at- mashed potatoes and gra-Reservations vy and vegetables. Servwill be required by calling ing time will be from 4:30 the Blazer Bar & Grill at to 7:00 p.m. at the Blazer 238-2349. Pre-reservation Bar & Grill, 95 Downtown



ily activities over a long weekend, which would stimulate the economy. some inexthey previously had in November.

it became pretty ap- own, except many of

their war dead. In Australia, the day is more akin to our Memorial Day.

# Veterans **Day Dinner** in Trimont

Area Veterans Trimont.

An update of the Memorial take place at the dinner.



"A man who is good enough to shed his blood for his country, is good enough to be given a square deal afterwards."

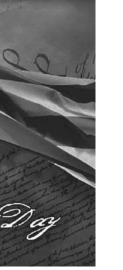
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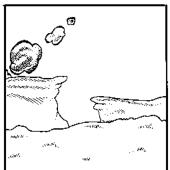
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City of Trimont to Cheryl Ann Holtz, Donald Holtz, PT Block 17, Original Plat Triumph

Amy Miller, Raymond Miller to Jamie J. Miller, S10' of Lot 15, Block 1 and Lot 16, Block 1, Taylor & Johnson Addition

Rene Kathleen Welchlin to Bonnie J. Vetter, Ramie M. Vetter, PT SW¼NW¼ 32-102-30 and PT NE¼ 31-102-30 Brady John Schmidt to Amanda L. Shumski, Keith

Schumski, Lot 13, Block 1, Martin Park 2nd Addition Ann R. Baca, Leo Baca to Stacy Martinson, W1/2 Lot

# MINNESOTA SECRETARY OF STATE CERTIFICATE OF ASSUMED NAME Minnesota Statutes, 333

The filing of an assumed name does not provide a use with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business

ASSUMED NAME: Martin County Construction, LIC#

PRINCIPAL PLACES OF BUSINESS: 916 East 1st Street, Fairmont, MN 56031 NAMEHOLDER(S): Joshua Mark Anderson

, the undersigned, certify that I am signing this document as the person whose signature is required or as agent of the person(s) whose signature would be required who has authorized me to sign this document of his/her behalf, or in both capacities. I further certify that I have competed all equired fields, and that the information in this documen is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I signed this document under oath.

DATE FILED: JULY, 30, 2018

SIGNED BY: Joshua Mark Anderson - Owner

PUBLISHED IN THE FAIRMONT PHOTO PRESS NOVEMBER 7, 14, 2018

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Beverly Munsterman to Hugoson Pork Inc, PT SW¼NE¼ 18-101-29

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# **Financial Focus**

Provided by:

Paul Schellpeper, Drew Schellpeper, Wyman Fischer, Dan Hamlet, Mandi Kosbab Financial Advisors, Edward Jones, www.edwardjones.com, Member SIPC

# Pension Buyout Offer: Annuity or Lump Sum?

wants to shrink its fu- Which choice is best? ture pension obligations or if your company has swer, but here are some been bought, and your factors to consider: new employer decides to terminate your existing case, you will likely have two main options: You

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Minnesota LLC to Bruce A. Hessler, Lot 3, Block 4, Lake George Addition

Bruce A. Hessler to Karen L. Mussmann, Lot 3, Block 4, Lake George Addition

Linda K. Shaw to Kevin L. Shaw, PT 3.00 AC w/50' easement, NW1/4NW1/4 19-103-31

Jeffrey A. Smith to Abby Ehlert, Lot 9, Block 1, Coult & Dixons Subdivision

Jean M. Maday, Thomas J. Maday to Jean M. Maday Revocable Trust, Jean M. Maday Trustee, Thomas J. Maday Trustee, Thomas J. Maday Revocable Trust, PT Lot 9, Block 1, Southgate Fourth Addition

Susan Mulso to Trina Liapis, EXC .17 AC, SW1/4NW1/4

Thomas Liapis, Trina Liapis to Susan Mulso, E½ of S½ EXC .01 AC, NW¼ 8-102-33

#### **OUIT CLAIM DEEDS**

Jane Fritscher to Trina Liapis, PT S½ NW¼ 8-102-33 Troy Baer, Dawn M. Gilbertson, James L. Gilbertson, Charles C. Newville, Chris L. Newville, Darren M. Newville, Diane Newville, Heather Newville, Holly Newville, Michael J. Newville, Wendy L. Newville to Janice M. Newville, Michael I. Newville, Lot 9, Block 4, Lake George Addition

Patricia A. Appeldoorn, Ronald E. Appeldoorn to Patria Anne Appeldoorn Trustee, Ronald Eugene Appeldoorn Trustee, Appeldoorn Living Trust, EXC PT SW1/4 and W½ 9.36 AC of SE¼, 2-104-30

# **CONTRACT FOR DEEDS**

Kelly J. Stokes to James L. Johnson, Lot 1, Block 4 and N½ Lot 2, Block 4, Taylor & Johnsons 2nd Addition

Denise Forell, Christiaan Marais, Denise Marais to Gerald Duane Hatfield, PT S½ Lot 2, Cardwells Addition Ceylon

# TRUSTEE DEED

Debra Harbitz, Susan Mulso, Donald W. Becker Irrevocable Trust to Jane Fritscher, Trina Liapis, EXC .01 AC of SE<sup>1</sup>/<sub>4</sub>NW<sup>1</sup>/<sub>4</sub> and EXC .17 AC of SW<sup>1</sup>/<sub>4</sub>NW<sup>1</sup>/<sub>4</sub>, 8-102-33

**Second Half Real Estate Taxes on** Farm Property bearing classification of Farm Homestead or Farm Non-Homestead and Mobile Homes are due by

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Credit Cards are accepted convenience fees will be applied tirement. To help ensure your lump sum is invested in a way that's appropriate for your goals and risk tolerance, you may want to work with a financial professional.

 Other sources of retirement income - If you don't think you will have enough money from other sources - such as Social Security and your investment portfolio - to meet your essential living expenses during retirement, you may want to consider taking your tax-deferred basis. Conpension funds as a lifetime annuity. (Keep in mind that the lifetime income payments from an annuity are subject to the issuer's ability to meet its commitments.) Conversely, if you think your retirement income will be more than sufficient to meet your living expenses, you could take the lump sum and put it in a mix of investments, some of which could offer long-term growth potential.

 Projected longevity - If you come from a long-living family and you are in good health at the time of your pension buyout, you may want to to provide a source of income you can't outlive. However, if you anticipate a shorter life span, possibly due to your family's medical history, you Jones Financial Advisor.

might be better off by taking the lump sum.

Wealth transfer goals - You might not be able to transfer a pension's annuity payments to your children or grandchildren. On the other hand, by taking the lump sum and investing it, you might have assets remaining at the time of your death - and you can include these assets in your estate plans.

• Taxes – If you take your pension buyout as a lump sum, it will be taxable as ordinary income, unless you roll it over to an IRA or an employer's qualified retirement plan. A direct rollover from your employer's pension plan to your IRA provider won't incur immediate taxes and can allow your investment to grow on a sult with your tax advisor before making this rollover. (Eventually, you will be taxed on the withdrawals, and withdrawals made before you reach 59 ½ may be subject to a 10% tax penalty.)

It's worth noting that some pension plans may allow you to split your benefit between an annuity and a lump sum, although these plans seem to be in the minority.

Clearly, you'll have much to consider if you're offered a buyout of your pension. So, take your time, evaluate all the factors, and work with your tax, legal and financial professionals to annuitize your pension reach the decision that makes the most sense for

> This article was written by Edward Jones for use by your local Edward



"Don't let anyone near him ... he's disgusting."

# ABELSON ESTATE LAND AUCTION

Monday Eve November 19, 2018 @ 7:00 p.m. To be held at Odin, MN Community Center

80 Acres of bare farm land, located on blacktop road, 77 acres tillable top soil types with 90.4% rating, excellent surface drainage with no crop loss in summer of 2018, one large field, has had excellent farming, good weed control. Located approx 4 mi NW of Odin, MN or 6 mi SE of Mt. Lake, MN, the W ½ of NE ¼ Sec. 16 Odin TWP Watonwan County,

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# 32 Pickups, Cars, Vans, & SUVs **For Sale**

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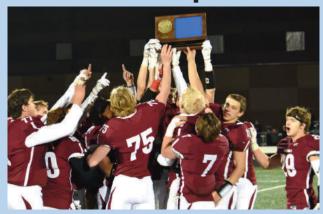
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# **Cards Earn Second Consecutive Trip to State**



Class The 3AAA #5-ranked section #1-seeded Cardinals defeated the #9-ranked section #2-seeded Jackson County Central 35-18 last Friday night in New Ulm to claim the Section 3AAA crown. It was the second year in a row the Cards defeated the Huskies and the fourth consecutive year they have played them for the title. The Cards led 21-0 after

the first quarter and led win the Cards will play the state quarterfinals 20-Cards 45-26 in the sec-

Croix Lutheran in 2011, lost to Rochester Lourdes in the quarterfinals in 2013. Other Card appearances in the state tournament include: 1978, 1982, 1989, 1992, and back to back in 1996 & 1997.

The Minnesota State High School League's football state tournament, held annually since 1972, begins this week. Here is a look at the Class AAA matchups for the 2018 state football tournament: The Quarterfinals start Saturday, November 10th. Cannon Falls (5-6) vs. #5-ranked 28-6 at the half. With the Fairmont (9-1) The Cards vs Cannon Falls win-Cannon Falls this Sat- ner will play the winner urday at Hopkins High of Perham (8-2) vs. Two School, 3 p.m. Last year Harbors (8-2). Returning the Cards lost to Jordan in champion and Class AAA #1-ranked Pierz (10-0) 13 after defeating them vs. #6-ranked Annandale 41-26 during the sea- (9-1). #8-ranked Jordan son. Jordan defeated the (9-1) vs. #2-ranked Rochester Lourdes (11-0). The ond game of the season Semifinals are Saturday, this year. The Cards were Nov. 17th, 2 p.m., & 4:30 state runner-ups to St. p.m. with the Prep Bowl

Championship Saturday, ages 26.5 points a game Nov. 24th 1 p.m. all at U.S. Bank Stadium.

The Cards have 20 seniors on the team and are led by quarterback Garrett Myren. Myren, with a completion average of 59%, has passed for over 1600 yards and 20 TDS. He also has rushed for over 500 yards and 10 TDs. WRs Dustin Schultz, 25 rec - 707 yards - 9 TDs and Havden Berhow, 23 rec - 282 yards - 4 TDs lead the receiving corp. RB Jordan Wolter has rushed for 649 yards and 7 TDs. The defense is led by leading tacklers Zac Ringnell, 131 tackles, along with Wolter, Dominick Ortiz, Nick Thate, Myren and Thomas Johnson. Caden Baarts and Schultz ment appearance was in lead the team in interceptions. Zac Ringnell will be playing in the 2018 Min- Pierz returns in search of nesota All Star game.

The Cards average 34.5 points a game while giving up 16. Their opponent Cannon Falls aver-

while giving up 22.5. The unranked Bombers, who finished the season 2-6, was the 5th seed in Section 4AAA. They upset Class AAA #4-ranked and #1 seed Breck 36-27 and took out #2-seed St. Croix Lutheran 27-10 to win the Section. RB Logan Hofstedt, who has committed to NDSU, has gained over 1500 yards and scored 18 TDs in the playoffs for the ground oriented Bombers offense. QB Jack Dommeyer has thrown just over 60 times during the season with 5TDs. Brodie Hansen, Marcus Banks and Hofstedt, with 14 sacks, lead the defense. Cannon Falls only state tourna-

Defending champion its third Class AAA championship since 2015. The Pioneers are powered by senior running back Reese Kapsner who has rushed for nearly 1,500 yards and scored 21 touchdowns. Rochester Lourdes is the only other undefeated team in the field. The Eagles bowed out in the quarterfinals in 2017. Rochester Lourdes won Class AAA championships in 2010, 2014 and 2016. Fairmont and Jordan also are making return trips from last sea-

Brackets and results: Posted on the League's website at www.mshsl. org Social Media: Follow the tournament on the League's Facebook page and on Twitter at @ MSHSL and @MSHSL-John. Streaming: School Space Media will stream all quarterfinal semifinal games. Find the live stream at www. prepspotlight.tv. There is no charge to view the games. The Prep Bowl Championship games will be streamed live and free of charge by 45TV at www.prep45.com

# **MSHSL State Cross Country meet results**

**Class A Boys results - 5** William Saari Fairmont, MCW, 20:27.3. 17:39.8.

Class A Girls results Kilometers 176 runners: - 5 Kilometers 175 run-Winner Geno Uhrbom ners: Winner Grace Ping announced their 2018-19 Sydney Hainy, Brittany Greenway Nashwauk Kee- Cotter 17:19.4; 34th Lauwatin, 15:38.0; 24th Car- ra Thompson Fairmont, son Kahler MCW, 16:37.8; 19:47.1; 64th Sarah Krum-28th Grant Strukel Blue holz Fairmont, 20:09.4; Lauren Davis Earth Area, 16:42.9; 116th 84th Marissa Whitehead



Marissa Whitehead

Sarah Krumholz (left)

and Laura Thompson



**Carson Kahler** 



William Saari (Photos Courtesy of Greg Abel)



(L to R): Abram Sanchez, Malachi Anderson, Matt Anderson and Joe Gerken represented the Fairmont Area High School boys soccer program at the Section 2A All-Star soccer game in Marshall last Saturday. (Photos Courtesy of Ruth Anderson)

# 2018-19 Season **Card Girls Tennis Awards**

Girls Tennis program has season awards

**MVP: Brittany Bass** 

Cardinal Award: Syd-

ney Hainy All Conference: Claire Nemmers

All Conference Honorable Mention: Sydney Hainy, Brittany Bass, Lau-

The Fairmont Cardinal ren Green, Maggy Totzke Academic All-State: Bass, Natalie Abel

End of the Season Ju-Most Improved Player: nior Varsity Tournament Results

1st Place: Shannon Green

2nd Place: Emily Hagen 3rd Place: Ellie Hernes 4th Place: Madison Northwick

5th Place: Izzy Munsch

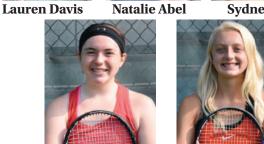




**Brittany Bass** 



**Sydney Hainy** 



**Claire Nemmers** 



Mikayla Stradtman, Jenna Lee Gustafson and Grace Higgins of Fairmont were among the many senior girls that were chosen by coaches in Section 2A to play in the All-Star soccer game held in Marshall last Saturday. Fun was had by all despite the rain. (Photos Courtesy of Tari Stradtman)



**TOUCHDOWN CELEBRATION - Cardinals Dustin** Schultz, who caught two TD passes, celebrates his touchdown catch with quarterback Garrett Myren. The Class 3AAA #5-ranked section #1-seeded Cardinals defeated the #9-ranked section #2-seeded Jackson County Central 35-18 last Friday night in New Ulm. Courtesy fairmontsports.com



SIDELINE SPRINT - Cards Jordan Wolter races past Jackson County Central's Parker Benda. Wolter scored on a 72- yard run and a 42-yard pass reception in the Cardinals victory over the Huskies. It's the second year in a row that the Cards have defeated the Huskies in the section championship game. Courtesy fairmontsports.com

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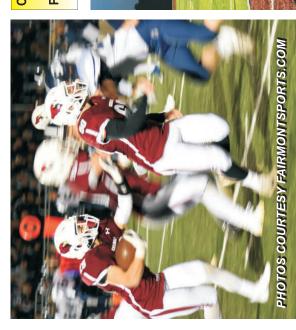
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CARDS (9-1) vs Cannon Falls (5-6) Perham (8-2) vs Two Harbors (8-2) 11/10 3PM Hopkins 11/10 3PM Brainerd

STATE 3AAA SEMI-FINAL 11/17 4:30 PM U.S. Bank Stadium

U.S. Bank Stadium 2018 STATE 3AAA CHAMPIONSHIP 11/24 1PM

STATE 3AAA SEMI-FINAL 11/17 2:00 PM U.S. Bank Stadium

Jordan (9-1) vs Roch. Lourdes (11-0) Pierz (10-0) vs Annandale (9-1) 11/10 5 PM St. Cloud 11/10 12 PM Hopkins







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